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1 THE FAECAL SCENT OF PAEDIATRIC IRRITABLE BOWEL SYNDROME AND FUNCTIONAL  
2 ABDOMINAL PAIN DIFFERS FROM ACTIVE INFLAMMATORY BOWEL DISEASE BUT NOT FROM  
3 HEALTHY STATE: PROOF OF PRINCIPLE STUDY

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20

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4 N van Gaal has nothing to declare.

5 S Bosch has nothing to declare.

6 R. Zuurbier has nothing to declare.

7 J.A. Covington has nothing to declare.

8 A. Wicaknoso has nothing to declare.

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16 TGJ de Meij

17

1 **Author contributions**

2 TGJ de Meij was the guarantor of this article.

3 N van Gaal and R Zuurbier collected the faecal samples.

4 R Zuurbier prepared the samples and performed VOC analysis.

5 JA Covington and A Wicaksono analysed the data and generated the results.

6 S Bosch drafted the first version of the manuscript.

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8 de Boer, TGJ de Meij reviewed the manuscript for important intellectual content.

9 S Bosch finalised the manuscript.

10 All authors agreed to the final version of the manuscript.

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15

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11 **Non-standard abbreviations**

12 VOC = volatile organic compound

13 FAIMS = field asymmetric ion mobility spectrometry

14 eNose = electronic nose

15 GC-MS = gas chromatography–mass spectrometry

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1 **Abstract (256 words)**

2 **Background** The diagnostic work-up of paediatric functional gastrointestinal  
3 disorders, including irritable bowel syndrome (IBS) and functional abdominal pain – not  
4 otherwise specified (FAP-NOS), and discrimination from organic conditions, like  
5 inflammatory bowel disease (IBD), commonly includes invasive tests carrying a high burden  
6 on patients. Therefore, there is an ongoing need to develop non-invasive diagnostic  
7 biomarkers for IBS and FAP-NOS. The aim of this study was to evaluate whether paediatric  
8 IBS/FAP-NOS could be discriminated from IBD and healthy controls by faecal VOCs (volatile  
9 organic compound) analysis.

10 **Methods** In this multicentre case-control study, IBS/FAP-NOS patients according to the  
11 ROME IV criteria, with age and sex matching *de novo* IBD patients aged 4 to 17 years, were  
12 recruited from outpatient clinics of three hospitals in Amsterdam, The Netherlands. Healthy  
13 controls (HC) were children without gastrointestinal symptoms. Faecal VOCs were analysed  
14 by means of field asymmetric ion mobility spectrometry (FAIMS, Lonestar®, Owlstone, UK).

15 **Results** Faecal VOCs of 15 IBS/FAP-NOS, 30 IBD (15UC, 15CD) patients and 15 HC were  
16 analysed and compared. Differentiation between IBS/FAP-NOS and IBD was feasible with  
17 high accuracy (AUC ± 95%CI, sensitivity, specificity; PPV; NPV; P-values; 0.94 (0.88-1), 1, 0.87,  
18 0.79, 1, 0.0000002613). IBS/FAP patients could not be discriminated HC (AUC ± 95%CI,  
19 sensitivity, specificity, PPV, NPV, P-values; (0.59 (0.41-0.77), 0.6, 0.3, 0.45, 0.76, 0.1667).

20 **Conclusion** Paediatric IBS/FAP-NOS could be differentiated from IBD by faecal VOC analysis  
21 with high accuracy, but not from controls. The latter finding limits the potential of faecal  
22 VOCs to serve as diagnostic biomarker for IBS/FAP-NOS. However, it could possibly serve as  
23 additional non-invasive biomarker to discriminate between IBS/FAP-NOS and IBD.

24

1 **Introduction**

2 Irritable bowel syndrome (IBS) and functional abdominal pain – not otherwise specified  
3 (FAP-NOS) are gastrointestinal disorders in children. It has a worldwide prevalence of about  
4 13% and often lasts for more than five years after the diagnosis has been established (1).

5 Since biochemical diagnostic biomarkers are yet not available, diagnosis relies on the  
6 symptom-based ROME IV criteria (2). The ROME IV criteria include that the symptoms  
7 cannot be explained by another medical condition after appropriate evaluation.

8 Differentiation between IBS and somatic disorders like inflammatory bowel disease (IBD) can  
9 be difficult. To exclude somatic diseases, the diagnostic work-up may include colonoscopy,  
10 which carries a high burden on patients, leads to high costs and risk of complications (3, 4).

11 Currently, faecal calprotectin (FCP) is the most commonly used non-invasive diagnostic  
12 biomarker to discriminate between IBS/FAP-NOS and IBD, which is characterized by a high  
13 sensitivity for mucosal inflammation (0.98, 95%CI 0.95-0.99), but limited specificity (0.68,  
14 95% CI 0.50-0.86) (5). Therefore, the search for an accurate, non-invasive biomarker to  
15 differentiate between IBD and functional disorders like IBS/FAP-NOS remains.

16

17 Alterations of the intestinal microbiota have been described in IBS/FAP-NOS patients (6).

18 Yet, microbiota analysis is not desirable as a non-invasive biomarker test in clinical practice,  
19 as the analysis is complex, time-consuming and expensive (7). Assessment of volatile organic

20 compound (VOC) composition, which are considered to reflect microbiota composition and

21 function, is an upcoming field in metabolomics (8). VOC analysis (i.e. detecting the odours

22 than emanate from a biological sample) has shown potential to serve as a diagnostic

23 biomarker for a broad range of gastrointestinal diseases, in particular those linked to

24 microbial dysbiosis, e.g. *Clostridium difficile* infection, IBD, colorectal cancer and necrotizing

1 enterocolitis (8-11). There are several techniques to analyse VOCs from simple gas sensor  
2 arrays to high-end analytical instruments such as gas chromatography/mass spectrometry. A  
3 more modern technique finding favour in many fields is Field asymmetric ion mobility  
4 spectrometry (FAIMS), which measures the mobility of ions in high electric fields. It is  
5 characterized by high reproducibility, relatively low costs and minimal sensor drift (12).

6 Differentiation between IBS, active IBD and healthy controls has been subject of a study on  
7 adults, showing high sensitivity (CD 94%, UC 96%, HC 90%) and specificity (CD 82%, UC 80%,  
8 HC 80%) (13).

9

10 We hypothesized that paediatric IBD and IBS/FAP-NOS could be distinguished based on  
11 differences in faecal VOC composition. The aim of this study was to investigate whether  
12 faecal VOC patterns, analysed by FAIMS, could serve as biomarker to distinguish IBS/FAP  
13 from IBD and from healthy controls, in a paediatric population.

14

## 1 **Methods**

### 2 *Study design*

3 This case-control study was performed at the outpatient clinics of the paediatric  
4 (gastroenterology) departments of the tertiary centres VU university medical centre, Emma  
5 Children's Hospital, and OLVG Oost (all centres located in Amsterdam, the Netherlands). The  
6 study was performed between December 2013 and December 2016.

7

### 8 *Study participants*

9 Three subgroups were defined:

#### 10 1) Inflammatory bowel disease

11 Participants aged 4 to 17 years were extracted from an existing cohort consisting of *de novo*  
12 treatment-naïve paediatric IBD patients (59 CD, 40 UC), included at the VU University  
13 medical centre and the Emma Children's Hospital (AMC) between December 2013 and  
14 October 2015 for a study on diagnostic biomarkers. The selection procedure is explained in  
15 the Matching procedure section. All participants were instructed to collect a faecal sample  
16 prior to bowel cleansing and colonoscopy. The diagnosis of IBD was made according to the  
17 revised diagnostic Porto-criteria for paediatric IBD, including endoscopic, histologic and  
18 radiologic findings(14). Localisation and behaviour of disease were classified according to the  
19 Paris Classification(15). Clinical activity was determined at study inclusion based on the  
20 Physician Global Assessment (PGA-score), levels of faecal calprotectin (FCP) and C-reactive  
21 protein (CRP). Exclusion criteria were the use of anti-/probiotics or immunosuppressive  
22 therapy three months prior to inclusion, immunocompromised disease (i.e. leukaemia,  
23 human immunodeficiency virus), diagnosis of another gastrointestinal disease, proven  
24 infectious colitis in the month before presentation (determined by positive stool culture for

1 *Salmonella spp., Shigella spp., Yersinia spp. Campylobacter spp., Clostridium spp.* toxins, or  
2 parasites in stools) and a history of gastrointestinal surgery (except appendectomy).

3

#### 4 2) IBS and FAP-NOS

5 Children aged 4 to 17 years visiting the outpatient clinic in one of the three hospitals  
6 between August and December 2016, and fulfilling the ROME IV criteria for IBS or FAP-NOS  
7 were eligible to participate(2). All subjects completed a questionnaire on abdominal  
8 symptoms, defecation pattern based on Bristol stool chart scores, medication use and  
9 medical history. Exclusion criteria were similar to the IBD subgroup.

10

#### 11 3) Healthy controls

12 Children aged 4 to 17 years visiting elementary and high schools in the province North-  
13 Holland, The Netherlands, were instructed to collect a faecal sample. Similar to the IBS/FAP-  
14 NOS group, all participants completed a questionnaire containing similar items. Exclusion  
15 criteria were functional gastrointestinal disorders according to the ROME IV criteria,  
16 diagnosis with a gastrointestinal or immunocompromised disease, history of gastrointestinal  
17 surgery (except appendectomy), or the use of pro- or antibiotics three months prior to  
18 inclusion.

19

#### 20 *Ethical considerations*

21 This study was approved by the Medical Ethical Review Committee (METc) of the VU  
22 University Medical Centre under file number 2015.393, and by the local medical ethical  
23 committees of other two participating centres. Written informed consent was obtained from  
24 all parents, and from the child in case of age over twelve years.

1 *Matching procedure*

2 A total of 15 IBS/FAP-NOS patients (9 IBS, 6 FAP-NOS) were strictly matched to 15UC, 15CD  
3 and 30HC based on age and gender. For this, the following procedure was performed. First,  
4 from the 99 IBD patients (59 CD, 40 UC) of the existing cohort, all of the eligible subjects  
5 were strictly matched to IBS/FAP-NOS patients. Then, IBD patients were randomly included  
6 from the matched groups in a 1:1:1 ratio (IBS/FAP-NOS to UC to CD). After this, 30 HC  
7 recruited for this study were matched to the IBS/FAP-NOS group in a 1:2 ratio.

8

9 *Sample collection*

10 Patients were instructed to collect a fresh faecal sample in a stool container (Stuhlgefäß  
11 10ml, Frickenhausen, Germany) and instructed to store the sample in the refrigerator at  
12 home directly following bowel movement. The samples were transported to the hospital by  
13 one of the researchers, using cool elements and a cool bag. Here, samples were stored at -20  
14 °C until further handling.

15

16 *Sample analysis*

17 Faecal volatile organic compounds analysis was performed using FAIMS (Lonestar, Owlstone  
18 Ltd., UK), according to the protocol as described in an earlier study by Bomers et.al. (9). In  
19 short, faecal samples were thawed to room temperature ten minutes prior to VOC analysis.  
20 A mixture of 0.5g faecal sample and 3.5mL tap water was manually shaken to homogenize  
21 the sample. Compressed air (0.1MPa) was used as carrier gas to transfer the sample  
22 headspace (the air above the sample) into the FAIMS instrument. The Lonestar was set up in  
23 a pressurised configuration with a flow rate of 2L/min. The temperatures were set at 35°C  
24 for the sample holder, 70°C for the lid and 100°C for the filter region. After the procedure

1 the air in the Lonestar was refreshed by analysing the headspace of 3.5mL tap water(16).  
2 The dispersion field passed through 51 equal settings between 0% and 100% (in the ratio of  
3 the high electric field to low electric field). The compensation voltage was set between +6V  
4 and -6V in 512 steps for each dispersion field(9). Each faecal sample was analysed three  
5 times sequentially, producing three matrices in 540s. For the statistical analysis, only the  
6 third matrix was used as we have previously shown that this approach gives the optimum  
7 diagnostic potential(12).

8

### 9 *Statistical analysis*

10 The demographic data of each group (IBS/FAP-NOS, UC, CD and HC) was compared using the  
11 Kruskal-Wallis-H test with the addition of the Wilcoxon-rank-sum test for continuous data.  
12 The Fisher's exact tests was performed for dichotomous data using IBM SPSS version 22.  
13 For FAIMS analysis, each sample consisted of 52224 data point in a 2D matrix. A pre-  
14 processing method was first performed to each sample data by applying a 2D discrete  
15 wavelet transform. This step aims to decompose the data and extract subtle chemical signals  
16 hidden within a much larger signal. A 10 fold cross validation was then applied, where  
17 feature selection and classifier training was performed to 90% of data (training set) and class  
18 predictions produced from 10% of data (test set). A Wilcoxon rank sum test as feature  
19 selection was used to calculate p-values in training set to identify which features are  
20 optimum for disease prediction. Four classification algorithms were applied, Sparse Logistic  
21 Regression, Random Forest, Gaussian Process, and Support Vector Machine. A receiver  
22 operator characteristic curve was created to predict area under curve (AUC), sensitivity,  
23 specificity, positive predictive value (PPV), negative predictive value (NPV), and p-values.

24

1 **Results**

2 *Baseline characteristics*

3 Baseline characteristics and disease specifics of the study subjects are displayed in Table 1.  
4 There were no significant differences in age, sex and BMI between the IBS/FAP-NOS, IBD and  
5 HC subgroups. In addition, no differences in faecal consistency based on the Bristol Stool  
6 Chart, faecal frequency and way of delivery were found between IBS/FAP-NOS and HC.

7

8 *IBS/FAP-NOS versus IBD*

9 The results of the VOC analysis by FAIMS technique are shown in *Table 2*. For each analysis,  
10 the best performing of the four different applied classification models is shown. A complete  
11 overview of the data generated by the four classification models is given in supplemental  
12 Table 1-4. Faecal VOCs of IBS/FAP patients differed from IBD patients (AUC  $\pm$  95%CI,  
13 sensitivity, specificity, PPV, NPV, P-values; 0.94 (0.88-1), 0.87, 0.79, 1, 0.00000002613).  
14 Corresponding Receiver Operating Characteristic (ROC)-curves are visualised in *Figure 1*. An  
15 overview of the complete outcome of the four performed classifiers is displayed in  
16 *supplementary tables 1-2*. In addition, there were significant differences between VOC  
17 profiles of IBS/FAP-NOS patients and both UC and CD subgroups (*table 2, Supp table 1-4*).

18

19 *IBS/FAP-NOS versus HC*

20 Children diagnosed with IBS/FAP could not be discriminated from HC (AUC  $\pm$  95%CI,  
21 sensitivity, specificity, PPV, NPV, P-values; (0.59 (0.41-0.77), 0.6, 0.3, 0.45, 0.76, 0.1667)  
22 (*Table 2, Supp table 1-4, Figure 1*).

23

24

1 *IBD versus HC*

2 Patients with IBD could be distinguished from HC (AUC  $\pm$  95%CI, sensitivity, specificity, PPV,  
3 NPV, P-values; 0.96 (0.9-1), 0.93, 0.97, 0.97, 0.94, 0.0000000003962) (*Table 2, Supp table 1-*  
4 *4, Figure 1*). Both IBD subtypes UC and CD could each be differentiated from HC (*Table 2,*  
5 *Supp table 1-4*).

6

7 *IBS versus FAP*

8 Patients with IBS could not be discriminated from patients with FAP-NOS (AUC  $\pm$  95%CI,  
9 sensitivity, specificity, PPV, NPV, P-values; (0.76 (0.44-1), 1, 0.6, 0.83, 1, 0.9504) (*Table 2,*  
10 *Supp table 1-4*).

11

12 *Duration of sample storage*

13 Duration of storage of the collected faecal samples did not differ between IBS/FAP-NOS and  
14 HC. IBD samples were stored for a significantly longer period compared to both other  
15 subgroups (medium in months; CD 31.7; UC 45.1; IBS/FAP 0.6; HC 1.4,  $P < 0.001$ ).

16

## 1 **Discussion**

2 In this multicentre case-control study, we observed that faecal VOC profiles could  
3 discriminate paediatric IBS/FAP-NOS patients from children with new onset, treatment naïve  
4 IBD with high accuracy, but not from HC. Furthermore, we validate earlier study results that  
5 IBD and HC could be discriminated with high accuracy.

6  
7 Studies on the potential of faecal VOC profiling to discriminate between paediatric IBS/FAP-  
8 NOS and IBD have not yet been performed. Ahmed et. al. compared faecal VOC profiles of 30  
9 adult diarrhoea-predominant IBS (IBS-D) patients, with 62 active CD, 48 active UC and 109  
10 healthy subjects using gas chromatography-mass spectrometry (GC-MS)(13). In that study,  
11 IBS-D could be discriminated from IBD, based on 60 statistically significant different  
12 metabolites. These metabolites were used to construct a discriminatory model with high  
13 diagnostic accuracy (AUC IBS-D vs CD 0.97; IBS-D vs UC 0.96;  $p=0.001$ ). This diagnostic  
14 accuracy is similar to that observed in our study. In addition, significantly increased levels of  
15 28 faecal metabolites were identified in IBS-D patients compared to HC and were used for a  
16 discriminatory model as well (AUC 0.92;  $p<0.05$ ). In the present study, however, IBS/FAP-  
17 NOS could not be discriminated from HC. This difference could possibly be explained by our  
18 relatively small sample size. Another explanation could be our heterogeneous IBS/FAP-NOS  
19 group in which subjects could experience a variety of symptoms (diarrhoea, abdominal pain,  
20 bloating, constipation), whereas Ahmed. et. al. solely included patients with diarrhoea-  
21 predominant IBS type. Though, we observed no significant differences in VOC profiles  
22 between the two subgroups IBS and FAP-NOS. In addition, the diagnostic accuracy could  
23 differ due to the fact that GC-MS is a more sensitive technique compared to FAIMS(17).  
24 However, since the diagnostic accuracy to differentiate between IBD and IBS/FAP-NOS is

1 very similar between these studies, we believe this had minimal influence on our study  
2 outcomes.

3 In a study performed by Walton et. al., differences in faecal VOC composition between adult  
4 IBS (n=26), active CD (n=22), active UC (n=20) and HC (n=19) were assessed by means of GC-  
5 MS and were found in eight metabolites, displaying gradually increased levels from HC to IBS  
6 to IBD (CD>UC)(18). Unfortunately, no AUC values are given in the article, which complicates  
7 comparison with our study. However, the authors did report considerable overlap of  
8 compound levels between the different subgroups, and a wide dynamic range in all groups  
9 including the controls.

10

11 Volatile organic compounds are considered to reflect (changes in) microbiota composition  
12 and function(8). In a recent study, gut microbiota composition of patients with IBS (n=30)  
13 and IBD (60 UC, 50 CD) were compared to HC (n=50) using DNA sequencing(19). Here,  
14 progressive increase in abundance of species belonging to the phyla *Proteobacteria* and  
15 *Firmicutes* were detected from HC to IBS to IBD, whereas *Bacteroidetes* representation was  
16 gradually reduced along this spectrum. The fact that differences in the microbiota  
17 composition between IBS and HC were shown in this study, whereas we did not find these  
18 differences based on VOC pattern, contradicts the above mentioned hypothesis. However,  
19 not all microbial changes might be reflected in corresponding alterations of VOC  
20 composition. Furthermore, VOC composition is not only influenced by the gut microbiota but  
21 also by systemic metabolic processes and exogenous VOCs like from diet and medication  
22 (20). Despite these facts, our results are in line with the finding that microbial differences  
23 between IBD and HC are larger than IBS and HC.

24

1 Until now, paediatric studies on faecal VOCs as non-invasive IBD biomarker have focussed on  
2 the discrimination between IBD patients and healthy subjects, lacking a reliable exploration  
3 of the specificity to discriminate IBD from IBS by VOC analysis. Main strength of this study  
4 was that a paediatric IBS/FAP-NOS group was included, allowing for assessment of the  
5 diagnostic accuracy in an intention-to-diagnose design. In addition, potential bias by colonic  
6 lavage, colonoscopy and medication on VOC composition was circumvented in IBD patients,  
7 since we only included *de novo* treatment-naïve IBD patients. Another strength is the  
8 participation of three medical centres, two referral hospitals and one district hospital.  
9 Furthermore, the performance characteristics of VOC analysis were assessed using  
10 supervised learning models, which are suitable for high-dimensional data as they reduce  
11 dimensionality. These classifiers have previously been shown effective in studies on the  
12 human microbiota(21). We have decided to provide a complete overview of all learning  
13 models applies in this study, as it is not known which model is most useful for VOC analysis.  
14 There were also several limitations. As noted previously, the IBS/FAP-NOS group represents  
15 a heterogeneous population, although no significant differences in VOC profiles were  
16 observed between these two subgroups. We therefore believe that the heterogeneity of this  
17 group has not significantly influenced study outcomes. Another limitation was that we have  
18 not taken potential influence of medication and diet on faecal VOC outcome into account,  
19 which could possibly have influenced the result(22, 23). Lastly, the potential influence of  
20 sample storage time on metabolic degradation of VOCs has not yet been studied. It could be  
21 hypothesized that storage duration influences VOC outcome by metabolic degradation, even  
22 in frozen state. Since storage time of the IBD samples differed from that of the HC/IBS/FAP-  
23 NOS samples, this may possibly have affected outcome. However, the diagnostic accuracy to  
24 differentiate between IBD and HC is similar to our earlier studies, in which samples with

1 comparable storage duration were used (10). We therefore believe that metabolite  
2 degradation has had no substantial influence on presented results.

3

4 Our findings implicate that faecal VOC analysis may serve as non-invasive biomarker to  
5 discriminate IBS from IBD, with a higher specificity (87%) compared to the currently used  
6 FCP (specificity 68%), but not IBS from healthy state. To discriminate between IBS-like  
7 symptoms and active disease in the course of IBD patients with nonspecific abdominal pain  
8 may be challenging in clinical practice, by limited specificity of FCP. Whether VOC analysis  
9 could serve as an additional biomarker in this specific population needs to be evaluated in  
10 future studies. Combination of the biomarkers FCP and faecal VOCs could possibly lower the  
11 rate of unnecessary colonoscopies in the diagnostic process of IBS/FAP-NOS patients. This  
12 was, however, a proof of principle study to explore the diagnostic value of faecal VOCs in  
13 IBS/FAP-NOS patients. Whether this technique sufficiently contributes to this diagnostic  
14 process needs to be elucidated in a larger 'intention-to-diagnose' cohort.

15

16 In conclusion, we have shown that patients with IBD could be distinguished from IBS/FAP-  
17 NOS and from HC with a high diagnostic accuracy based on faecal VOC analysis using FAIMS  
18 technology. This signifies its potential role as additional non-invasive biomarker in the  
19 diagnostic work-up of IBD to discriminate from functional gastrointestinal disorders.

20

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22

23

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1 **Table 1. Baseline characteristics**

	Crohn's disease (n=15)	Ulcerative colitis (n=15)	IBS/FAP-NOS (n=15 [9/6])	Control (n=30)
Sex, male (n [%])	9 [60]	8 [53]	8 [53]	15 [50]
Age (median [IQR]), years (minimum-maximum)	12.8 [5.0] (5.9 – 17.9)	11.8 [7.8] (3.2 – 17.8)	12.9 [8.4] (4.4 – 18.1)	12.7 [8.1] (4.1 – 17.9)
Storage time, median [IQR]), months (minimum-maximum)	31.7 [25.3]‡ (8.2 – 54.5)	45.1 [36.2]‡ (15.0 – 59.4)	0,6 [0.6]‡ (0.2 – 2.9)	1.4 [0.3]‡ (0.5 – 4.5)
BMI (median [IQR])	NA	NA	16.7 [5]	17.0 [3]
Bristol stool chart (n [%])	NA	NA		
Type 2			2 [14]*	4 [14]*
Type 3			5 [36]	19 [66]
Type 4			4 [29]	5 [17]
Type 5			3 [21]	1 [3]
Stool frequency (n [%])	NA	NA		
2 times a week or less			2 [14]*	1 [4]*
3-6 times a week			1 [7]	9 [33]
Once a day			5 [36]	14 [44]
2-3 times a day			5 [36]	4 [15]
4 times a day or more			1 [7]	1 [4]
Way of delivery	NA	NA		
Caesarean section (n [%])			3 [23]**	2 [7]*
Natural (n [%])			10 [77]	27 [93]
IBS/FAP	NA	NA	33	NA
Frequency of symptoms (IBS/FAP) (n [%])	NA	NA		NA
Once a week			4 [27]	
2 to 4 times a week			10 [66]	
Every day			1 [7]	
Duration of symptoms ((n [%])				NA
Over a year	0 [0]*	1 [7]	10 [67]	
2 to 12 months	11 [73]	7 [47]	3 [20]	
≤2 months	3 [13]	7 [47]	2 [13]	
Physician Global Assessment				
Quiescent	1	0	NA	NA
Mild	0	3	NA	NA
Moderate	5	5	NA	NA
Severe	9	7	NA	NA
Faecal calprotectin (µg/g) (median[IQR])	1214 [627-1860]	1260 [401-1950]	NA	NA
CRP (mg/l) (median[IQR])	21 [7-68]	4 [<2.5 – 7]	NA	NA
<i>Crohn's disease localisation</i> <sup>1</sup>				

Ileal (L1)	0	NA	NA	NA
Colonic (L2)	6	NA	NA	NA
Ileocolonic (L3)	9	NA	NA	NA
Proximal disease (L4)	5	NA	NA	NA
<i>Crohn's disease behaviour<sup>1</sup></i>				
B1 (NSNP)	11	NA	NA	NA
B1p (NSNP+p)	2	NA	NA	NA
B2 (S)	0	NA	NA	NA
B2p (S + p)	0	NA	NA	NA
B3 (P)	0	NA	NA	NA
B3p (P + p)	2	NA	NA	NA
<i>Ulcerative Colitis<sup>1</sup></i>				
Proctitis (E1)	NA	3	NA	NA
Left-sided (E2)	NA	2	NA	NA
Extensive (E3)	NA	10	NA	NA

- 1 All values were obtained at study inclusion. Localization of IBD was obtained by ileocolonoscopy and  
2 esophagogastroduodenoscopy before treatment initiation, and MR enteroclysis. Abbreviations: IQR,  
3 interquartile range; NA, not applicable; NSNP, non-stricturing non-penetrating; S, stricturing; P, penetrating; p,  
4 peri-anal disease. <sup>1</sup>Based on Paris classification for inflammatory bowel disease(15).  
5 \* Missing data from one subject. \*\* Missing data from two subjects. <sup>‡</sup> Significant differences between all  
6 subgroups p<0.001, analysed using Wilcoxon-rank-sum tests.

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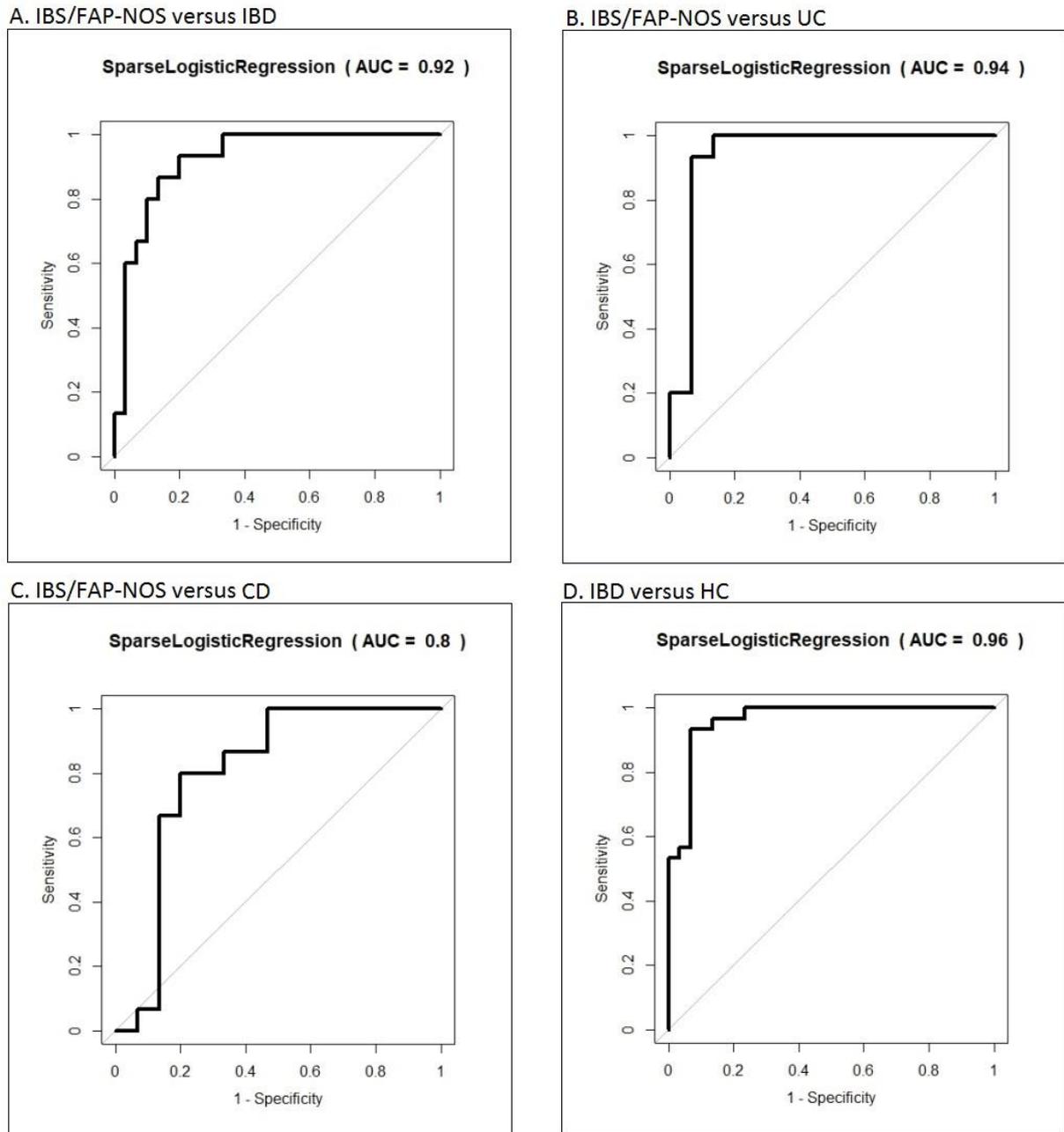
1 **Table 2. Performance characteristics for the discrimination of irritable bowel syndrome,**  
 2 **functional abdominal pain-not otherwise specified, inflammatory bowel disease and**  
 3 **healthy controls by faecal VOC analysis.**

	AUC (95% CI)	Sensitivity	Specificity	PPV	NPV	P
IBS/FAP-NOS vs IBD	0.94 (0.88 - 1)	1	0.87	0.79	1	0.0000002613
IBS/FAP-NOS vs CD	0.87 (0.73 - 1)	0.93	0.82	0.82	0.92	0.0001617
IBS/FAP-NOS vs UC	0.96 (0.91 - 1)	1	0.8	0.83	1	0.000007501
IBS/FAP-NOS vs HC	0.59 (0.41 - 0.77)	0.6	0.63	0.45	0.76	0.1667
IBS vs FAP-NOS	0.76 (0.44 - 1)	1	0.6	0.83	1	0.9504
IBD vs HC	0.96 (0.93 - 1)	0.93	0.97	0.97	0.94	0.000000003982
UC vs HC	0.98 (0.94 - 1)	0.93	0.97	0.93	0.97	0.000000005654
CD vs HC	0.95 (0.88 - 1)	0.93	0.93	0.88	0.97	0.0000001636

4 Table 2. Sensitivities, specificities, p-values and AUCs are reported for the respective optimum cut-points..  
 5 Abbreviations: AUC, area under the curve; PPV: positive predictive value; NPV: negative predictive value; IBS:  
 6 Irritable bowel syndrome; FAP-NOS: functional abdominal pain-not otherwise specified; IBD: Inflammatory  
 7 bowel disease; UC: ulcerative colitis; CD: Crohn's disease; HC: Healthy controls.

8

1 **Figure 1. Receiver operating characteristics for irritable bowel syndrome/functional**  
 2 **abdominal pain-not otherwise specified versus inflammatory bowel disease, ulcerative**  
 3 **colitis and Crohn’s disease and IBD versus healthy controls.**



4  
 5 **Figure 1. AUCs are reported for the Sparse logistic regression analyses. Abbreviations: AUC, area under the curve;**  
 6 **IBS: Irritable bowel syndrome; FAP-NOS: functional abdominal pain-not otherwise specified; IBD: Inflammatory**  
 7 **bowel disease; UC: ulcerative colitis; CD: Crohn’s disease; HC: Healthy controls.**