

Table S1. Example of Search in MEDLINE

Number	Searches	Results
1	Exp Obesity/ or obes* .mp.	242564
2	overweight.mp. or exp Overweight/	183771
3	body weight.mp. or exp Body weight/	485372
4	body mass index.mp. or exp Body mass Index/	159627
5	1 or 2 or 3 or 4	632007
6	Patient satisfaction.mp. or exp Patient Satisfaction/	79798
7	exp Attitude/ or attitude* .mp.	337234
8	exp Attitude to Health/	340049
9	exp Patient Preference/	4663
10	preference* .mp.	109573
11	view* .mp.	338314
12	experiences* .mp.	127567
13	opinion* .mp.	82517
14	qualitative research.mp. or exp Qualitative Research/	33475
15	6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14	782304
16	diet.mp. or exp Diet/	381891
17	nutrition.mp.	171014
18	physical activity.mp. or exp Motor Activity/	258395
19	exp Exercise/ or exercise.mp.	294114
20	health behavio?r.mp. or exp Health Behaviour/	144927
21	behavio?r change.mp.	7749
22	health promotion.mp. or exp Health Promotion/	72529
23	exp Behavior/ or behavio?r.mp.	1765389
24	Behavio?r therapy.mp. or Behavior Therapy/	61092
25	exp Counseling/ or counsel?ing.mp.	91413
26	nutritional support.mp. or exp Nutritional Support/	43024
27	social support.mp. or exp Social Support/	67467
28	16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27	2549921
29	exp Adolescent/ or adolescen* .mp.	1792851
30	teen* .mp.	22855
31	youth.mp.	44165
32	young person* .mp.	2669
33	young adult* .mp.	577014
34	29 or 30 or 31 or 32 or 33	2072001
35	5 and 15 and 28 and 34	5627
36	Limit 35 to humans	5553