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Using physical barriers to prevent carrot fly (*Psila rosae* (Fabricius)) damage in domestic production

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Complete List of Authors:	Platoni, Anna; Royal Horticultural Society Garden Wisley, ; University of Cambridge, Department of Plant Science Bird, Stephanie; Royal Horticultural Society Garden Wisley Waghorn, Ian; Royal Horticultural Society Garden Wisley, Plant Health Perry, Joe; Royal Horticultural Society Garden Wisley Collier, Rosemary; University of Warwick, School of Life Sciences Clover, Gerard; Royal Horticultural Society Garden Wisley
Keywords:	barrier protection, physical control methods, damage levels, home gardeners, insect-proof netting, carrot yield

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1 Abstract

2 A field experiment ~~employing a randomised block design~~ was used to assess the effectiveness of
3 different barriers in protecting garden-scale carrot production from carrot fly (*Psila rosae* (Fabricius))
4 damage. Some of the vertical barriers tested were found to provide a useful method of protecting
5 early season carrots from carrot fly in terms of the percentage of carrots free from damage but, under
6 cumulative pest pressure of several generations of carrot fly, such barriers were found to provide
7 insufficient protection. Gardeners should therefore completely cover their carrot crop to attain an
8 acceptable level of control, this was found to be especially important for carrots harvested later in the
9 season. There were positive effects of some barrier types on yield which may be due, at least in part,
10 to the protection given by the barriers to carrot seedlings.

11

12 Keywords: barrier protection, physical control methods, damage levels, home gardeners; insect-
13 proof netting; carrot yield

14

15

16 Introduction

17 Carrot fly (*Psila rosae* (Fabricius)) is an important pest of apiaceous crops including carrots, parsnips,
18 celery and parsley both in commercial production and for the home gardener (Fox Wilson, 1945;
19 Collier & Finch 2009). Crop damage is caused by the fly larvae which feed on the developing roots
20 (Coppock, 1974). Early season damage can kill young seedlings and the tunnelling of larvae in more
21 developed roots reduces quality and affects storage (Coppock, 1974). Since 1967, ~~when computerised~~
22 ~~records began~~, more than 81% of all carrot pest enquiries from Royal Horticultural Society members
23 have related to carrot fly damage. In addition, many gardeners are entirely put off from growing
24 carrots due to expected damage from carrot fly (G. Barter, pers. comm.).

25
26 Female carrot flies enter carrot crops from field boundaries and lay eggs around plants either singly
27 or in small clumps of up to seven, approximately 3-6 mm under the soil (Petherbridge, Wright &
28 Davies, 1942; Ellis, Freeman, Dowker, Hardman & Kingswell, 1987). In the UK, carrot flies have two
29 generations per year with a partial third generation at some warm sites in the south (Collier & Finch,
30 2009). After the initial colonisation of carrot crops from boundaries, flies from subsequent generations
31 can emerge from within the crop. Emergence period varies from year to year and between sites
32 (Barnes, 1942) but can be predicted using a simulation model that is run with air and soil temperatures
33 (Collier, Finch & Phelps, 1992). There is some evidence that, with climate change, damage from carrot
34 fly may worsen both due to higher average temperatures during the second generation leading to a
35 longer emergence period (as demonstrated during the 2013 and 2014 seasons) and the climatic
36 conditions leading to a damaging third generation becoming more common in the UK (Jukes, Elliot,
37 Mead & Collier, 2016).

38 Control options for the home gardener for this pest are limited. Although some pesticides are licenced
39 for use in agriculture industry against carrot fly, mainly pyrethroids applied either as seed treatments
40 or foliar sprays (Jukes *et al.*, 2016), there are no chemical treatments available to amateur gardeners

41 (Pollock, 2008). Despite concern from home gardeners, and the challenges involved in controlling
42 carrot fly, the most recent research focussing on developing controls for home gardeners was
43 published by the RHS in the 1940s (Fox Wilson, 1945). This ~~previous~~ project, ~~which~~ investigated the
44 effect of staggered sowings, harvesting date and planting site on carrot fly damage, was small in scale
45 and designed to assist with the control of carrot fly in gardens. More recent research has focussed on
46 large-scale infestations in agricultural systems (for review see Collier & Finch, 2009).

47 In the absence of effective pesticides, the main methods of control used by home gardeners are either
48 cultural or physical. Cultural controls are most often based around sowing dates. Carrots that are sown
49 late (i.e. after mid-May) avoid the first generation of this pest whilst carrots harvested before late
50 August avoid damage by the second generation (Pollock, 2008) but in order to achieve a reasonable
51 length of growing season all carrots are likely to face attack from at least one generation of the pest.

52
53 This study focusses on physical control methods. One of the most widely used and effective physical
54 methods used by home gardeners is to completely cover the crop with insect-proof netting which
55 excludes the adult fly, preventing egg laying. Completely ~~C~~covering ~~completely~~plants has
56 disadvantages; the process of covering can be relatively labour intensive and expensive whilst plot
57 maintenance can be made more difficult since access for activities such as weeding and thinning is
58 restricted. Finally, by affecting the microclimate, covering can favour fungal diseases and weeds
59 (Siekman & Hommes, 2007).

60
61 An alternative to completely covering crops is to use a barrier fence. The theory behind the use of
62 fences is that adult carrot flies (~~and the adults of other related species~~) are relatively weak fliers which
63 tend to fly close to the ground whilst looking for host plants (Judd, Vernon & Borden, 1985). Using
64 yellow sticky traps positioned at varying heights at the edges of crops Judd *et al.* (1985) found that
65 early in the season the largest proportion of *P. rosae* was captured 10 to 20 cm above the soil or 5 to
66 10 cm above the crop. Above a height of 80 cm significantly fewer flies were caught. From this

67 evidence barriers were proposed to be able to modify flight direction and alter where and how often
68 carrot flies land (Boiteau & Vernon, 2001). Using a structure specifically as a physical barrier to stop
69 pest insects accessing plants has been established for 40 years (Weintraub, 2009). The use of barrier
70 fences, as opposed to completely covering the crops, was first reported as a novel method in the
71 scientific literature by Vernon and Mackenzie (1998) to protect swede from cabbage root flies (*Delia*
72 *radicum* (L.)) although unpublished work by Garden Organic pre-dates this (Margi Lennartsson, pers.
73 comm.). Barrier methods have been shown to be effective against carrot fly and ~~related other~~ pests
74 ~~in several studies~~, for example Jukes, Collier & Elliott (2009) ~~who~~ found that a 1.7 m fence surrounding
75 plants decreased the number of carrot fly adults caught on yellow sticky traps ~~to 15 %~~ by 85% when
76 compared to those of the number caught outside the barriers. Vernon and Mackenzie (1998) showed
77 that there was an inverse linear relationship between fence height and the number of cabbage flies,
78 a pest with stronger flight strength than carrot fly, that were able to entering a swede plot.

79

80 This study explores barrier efficacy, testing different barrier heights and designs to find the method
81 most effective at minimising carrot fly damage, whilst being feasible for application by the home
82 gardener. Most testing of barriers against carrot fly has been done on a field-scale basis making results
83 potentially inapplicable to home gardeners. Even when plot sizes are small (for example in Siekmann
84 & Hommes, 2007) fence height is still up to 1.7 m tall, a height impractical to all but the most
85 determined home gardeners. Shorter barriers are considered more convenient for gardeners as plot
86 maintenance is easier. If shorter barriers give some protection compared to no barrier at all then
87 perhaps some gardeners would find these shorter barriers preferable. To make the study applicable
88 to home gardeners, small (1.5 m²) plots were used and popular control methods employed by
89 gardeners were tested; 'fences' (barriers) of several different heights, together with complete plot
90 covering.

91

92

93 Methods

94 This field experiment ~~used a randomised block design to assess~~ed the effectiveness of different barrier
95 heights and designs. The experimental plots were located at the Royal Horticultural Society's field
96 study site at Deer's Farm, Surrey, UK (Grid ref: TQ 064 592). The field work occurred during the spring,
97 summer and autumn of 2016.

98 The soils of the field site belong predominantly to the Bagshot Beds soil formation which is
99 characterised by free draining sandy loam, suitable for carrot cultivation (Fox Wilson, 1945; Jarvis *et*
100 *al.*, 1984). The field site, previously amenity grassland, was prepared in March 2015; the soil was
101 mechanically rotavated and, after analysis, was fertilised for best carrot growth (according to
102 Department for Environment, Food & Rural Affairs Nutrient Management Guide RB209,
103 2010)~~according to Defra RB209~~ by applying sulphate of potash at 35 g/m² and ammonium sulphate at
104 33 g/m².

105 A plot adjacent to the experimental site was sown with carrots in the season preceding this experiment
106 (May 2015) to attract carrot fly to the site, creating a source of the pest which would then overwinter
107 ~~ready to emerge~~ and infest the carrots grown for this study. Two 15 m rows of Nantes 2 Early (Lge)
108 carrots (Marshall's Seeds, UK) were sown on the 27th March 2015 with a second sowing of two rows
109 on the 26th May 2015. These source carrots were harvested on the 20th October 2015 and damage
110 levels recorded. The infestation level was low; approximately 7 % of carrots were damaged by carrot
111 fly. ~~It did, however, show that that the pest could migrate from other nearby sites despite its assumed~~
112 ~~poor dispersal ability.~~

113

114 For the main study, Nantes 2 Early (Lge) seeds (Marshall's Seeds, UK) were sown on the 22nd March
115 2016 (early first sowing) and 2nd June 2016 (second late sowing) into 40 1.5 x 1.5 m plots. Sowing was
116 timed so that ~~plants at suitable developmental stages~~seedlings were available for host searching
117 carrot fly in April, May and August.

118

119 The plots were arranged into eight five-plot experimental blocks, each containing one plot of the five
120 treatments: no barrier, 60 cm barrier, 60 cm barrier with an overhang, 90 cm barrier and complete
121 cover, arranged randomly within them. These blocks ran parallel to a 3 m high alder (*Alnus glutinosa*)
122 hedge and potential carrot fly source population (the bed in which source carrots had been sown in
123 2015) which ran along the north of the plots. This orientation was chosen because it is known that
124 adult carrot flies aggregate in sheltered areas near their food source, the nectar of wild flowers, and
125 it is from these areas that females migrate into the crop to lay their eggs (Ellis *et al.*, 1987). The location
126 of the hedge and source population in relation to the plots were therefore assumed to be the biggest
127 potential bias in the experiment and this was taken into account by setting out the experimental blocks
128 in parallel to these features. Each of the rows of plots were numbered, beginning with the row nearest
129 the hedge and carrot fly source. These row numbers served as a proxy for a measured distance from
130 the hedge.

131 Plots were separated by a gap of 1 m which served as access for weeding, thinning and harvesting.
132 Each plot contained a total of four rows of carrots, with two rows sown for the first 'early' sowing in
133 March and two rows being sown in the 'late' 'second' sowing in June. The seeds were sown at a rate of
134 approximately 100 seeds/m (150 seeds per 1.5 m row). ~~This rate was achieved by first calculating the
135 average weight of 150 carrot seeds based on the weight of 10 batches of counted seeds. This average
136 weight was then used to weigh out batches of approximately 150 seeds, one batch for each row. Each
137 batch was then sprinkled at an approximately even rate over the 1.5 m row.~~

138 Immediately after the first seed sowing, barriers were erected around the plots. The barriers and plot
139 coverings were constructed using wooden stakes and insect-proof netting (polythene 16
140 threads/sq.in. (Fargro Ltd., UK)).

141 In this study barriers of 60 cm were used as the 'short' barriers as these are the minimum height
142 usually recommended (e.g. Pollock, 2008), are available for home gardeners to buy commercially and,

143 according to the findings of Judd *et al.* (1985), should intercept the majority of the flies. The tallest
144 barriers used in this study were 90 cm. These are also available commercially for home gardeners and
145 should be expected to improve protection by intercepting more flies. It should be noted that home
146 gardeners also construct their own barriers which vary in height and reported efficacy. The final type
147 of barrier tested was a 60 cm barrier with the addition of a 20 cm 'overhang' positioned at a 45° angle
148 to the top of the outside of the barrier. It is thought that an 'overhang' may improve the efficacy of
149 the barrier, based on observations of Malaise traps where flying insects encountering a barrier fly
150 upwards and become trapped in a collection bottle at the structure's apex (Vernon & Mackenzie,
151 1998). In previous experiments an overhang at a 45° angle at the top of a barrier has been found to
152 significantly improve fly catches (Bomford, Vernon, & Päts, 2000). Since space limitations prevented
153 adding the overhang to both the 60 cm and 90 cm barrier treatments, the 60 cm barrier was chosen
154 as, since this is the most commonly recommended barrier height for gardeners, it was thought
155 worthwhile to see if its performance could be improved with a simple alteration.
156 Some plots were also completely covered in insect-proof netting in order to determine the minimum
157 levels of damage that could be expected. Plots without any barrier or covering acted as a control
158 treatment.

159
160 Plots were maintained following RHS advice to mirror garden management practices so that the
161 results could be as relevant as possible to amateur gardeners. Plots were weeded when necessary,
162 approximately once every two weeks. Overhead irrigation was used when the weather was dry as
163 necessary. After germination, carrots were thinned to a 5 cm spacing within plants. Poor emergence
164 or early carrot fly attack (the relative contribution of each cannot be ascertained from these results)
165 left gaps of more than 5 cm in some plots, especially those that were completely uncovered. Thinning
166 effort was therefore not constant between plots, but effectively resulted in a maximum seedling rate
167 of approximately 30 plants per row with plots where the majority of seeds had germinated being
168 thinned to this number and in the plots where seed emergence was poor, less thinning took place but

169 often fewer than 30 seedlings per row resulted. The number of seedlings per row ranged from 3 to 36
170 with the average number across all plots being 25-

171 The timing of seed sowing and damage counts was calculated to distinguish damage caused by the
172 first and second generation carrot flies. Plants from the first sowing were harvested and assessed on
173 19th-22nd July 2016 and those from the second sowing on 21st- 25th November 2016. Carrot fly larvae
174 continue feeding throughout the winter and deterioration of the roots is most rapid in October and
175 early November, meaning the damage count in November is likely to be worse than in September
176 (Petherbridge *et al.*, 1942). The timing of the second damage measure was left purposefully late in the
177 season so as to view the most extreme levels of damage that could occur using the different methods
178 of protection.

179

180 The variables recorded from each plot were: distance from the hedge and carrot fly source, the total
181 number of roots and fresh harvest root weight. All roots were harvested and each root was assessed
182 individually for damage by carrot fly larvae. All roots from a plot were harvested as opposed to a
183 subset or samples since previous studies have shown that, in the case of carrot fly damage
184 assessments, the smaller the area of the experiment, the greater the number of samples that must be
185 lifted, as otherwise the level of damage is underestimated (Fox Wilson, 1945).

186 -Each root was assigned to a damage category based on a visual survey approximating the percentage
187 of the surface area damaged (~~see Table 1~~) after Jukes *et al.* (2009). The damage categories were 0%,
188 <5%, 5 – 10%, 10 – 25% and 25 – 50% of the surface area affected by carrot fly. These equated to
189 damage scores of 0, 1, 2, 3, 4 and 5 respectively. A measure of 'damage severity' was calculated by
190 dividing the sum of the carrot damage scores in the plot by the total number of damaged carrots per
191 plot. The severity is therefore the average damage score seen on damaged carrots in the plot. A low
192 severity score would indicate that, of the carrots that were damaged, this damage was generally of a
193 low level.

194 ~~Damage severity was used in tandem with the Two measures were used to quantify the level of~~
195 ~~damage by carrot fly in plots protected by the different barrier methods. Firstly the proportion of~~
196 ~~harvested carrots that were undamaged by carrot fly (after Jukes *et al*, 2016) was calculated for each~~
197 ~~plot to quantify the level of damage . Carrots that are completely undamaged by carrot fly may be~~
198 ~~considered by gardeners to be highly preferable when compared to even those damaged to a low~~
199 ~~degree. This is because any carrot fly damage will affect, not only the aesthetic appeal of a carrot, but~~
200 ~~will also affect storage, meaning that they must be eaten before secondary rots set in. Roots attacked~~
201 ~~by carrot fly are also more susceptible to frost damage than undamaged carrots (Petherbridge *et al*,~~
202 ~~1942). The second, complementary, measure used was damage severity. This is the mean damage~~
203 ~~score of all the damaged carrots in a plot. A low severity score would indicate that, of the carrots that~~
204 ~~were damaged, this damage was generally of a low level.~~

205 ~~In this experiment a barrier treatment can be considered to have been more successful than another~~
206 ~~if it has a higher proportion of undamaged carrots and a lower severity score. This would mean that~~
207 ~~few carrots were damaged and, those that were, had only a low level of damage~~

208

209 For the ~~late-second~~ sowing, in order to estimate root yield per plot, a representative sub-sample was
210 taken from each plot; either 16 roots, or a quarter of the roots retrieved, whichever was greater.
211 Where plots had had fewer than 16 roots in total, all roots were included. The wet weight of each
212 subsample was recorded ~~(in addition to the wet weight of all the roots in the plot)~~, roots were then
213 sliced into cross sections no more than 5 mm in width and dried in an oven at 100°C for seven days
214 before being re-weighed to obtain dry mass for each subsample.

215 Variables analysed were: ~~estimated crop yield (second sowing)~~, the percentage of carrots undamaged
216 by carrot fly ~~and~~, damage severity ~~and estimated crop yield (late sowing)~~.

217 Statistical analysis was conducted in GenStat (VSN International, 2017). ~~with some graphs being~~
218 ~~produced in RStudio (RStudio, 2016).~~ For data meeting parametric analysis assumptions, one way
219 ANOVAs or chi-squared tests were performed and, where data were not normally distributed, they
220 were transformed appropriately; percentage of undamaged roots were transformed to logits and
221 severity transformed to logarithms. Interaction between treatment and sowing was included as an
222 effect and, where no significant interaction was found, mean values are presented over earlyfirst and
223 secondlate sowings. For each variable, interactions between treatment and sowing were tested for
224 and, if found, would have been analysed separately.

225

226

For Peer Review

227 Results

228 There was no significant effect of distance from the hedge and carrot fly source on the percentage of
229 undamaged carrots in either the firstearly sowing ($\chi^2=1.71$, $df=3$, $p>0.5$) or the late-second sowing
230 ($\chi^2=0.65$, $df=3$, $p<0.5$). There was no significant effect of distance from the hedge and carrot fly source
231 on damage severity for either the early-first sowing ($\chi^2 = 0.55$, 3 df , $p > 0.05$) or the late-second sowing
232 ($F_{3,36} = 0.805$, $p > 0.05$).

233 The estimated crop yield (only calculated for carrots harvested from the the 2nd-second harvestsowing)
234 differed significantly between the treatments ($F_{4,28} = 5.01$, $p = 0.004$) (Table 12). Plots unprotected
235 by a barrier produced the lowest estimated crop yield. Plots protected by 60 cm barriers had increased
236 production when compared to unprotected plots, whilst those protected by a 60 cm barrier with the
237 addition of an overhang produced a larger estimated crop yield, similar to that produced in plots
238 surrounded by a 90 cm barrier.

239 For percentage undamaged roots and severity, there was no significant interaction between
240 treatment and sowing (in both cases, $F_{4,63}<2.5$, $P>0.05$) and therefore mean values are over first and
241 second sowings.

242 The percentage of undamaged roots differed significantly between treatments ($F_{4,35}=23.5$, $p<0.001$)
243 (Table 12). Plots protected by any of the three barrier treatments produced a higher percentage of
244 undamaged roots than those unprotected by a barrier, but none produced a comparable percentage
245 of undamaged carrots to those plots completely covered in insect-proof netting.

246 The severity (i.e. average damage score seen on damaged carrots in each plot) varied significantly with
247 treatment ($F_{4,35}=12.1$, $p<0.001$) (Table 12). The average level of damage seen on fly-attacked carrots
248 was similar between unprotected plots and those protected by the shortest barrier (60 cm). Plots
249 protected by the 60 cm barriers with an overhang and the taller 90 cm barriers had lower levels of

250 damage. None of the barrier methods, however, came close to the protection afforded by completely
251 covering the carrots with insect-proof netting.

252 ~~How the percentage of undamaged carrots and the damage severity was affected by treatment is~~
253 ~~summarised visually for the early sowing in Figure 1a and the late sowing in Figure 1b.~~

254

For Peer Review

256 Discussion

257 ~~Two measures were used to quantify the level of damage by carrot fly in plots protected by the~~
258 ~~different barrier methods. Firstly the proportion of harvested carrots that were undamaged by carrot~~
259 ~~fly (after Jukes *et al*, 2016) was calculated for each plot. Carrots that are completely undamaged by~~
260 ~~carrot fly may be considered by gardeners to be highly preferable when compared to even those~~
261 ~~damaged to a low degree. This is because any carrot fly damage will affect, not only the aesthetic~~
262 ~~appeal of a carrot, but will also affect storage, meaning that they must be eaten before secondary rots~~
263 ~~set in. Roots attacked by carrot fly are also more susceptible to frost damage than undamaged carrots~~
264 ~~(Petherbridge *et al*, 1942). The second, complementary, measure used was damage severity. This is~~
265 ~~the mean damage score of all the damaged carrots in a plot. A low severity score would indicate that,~~
266 ~~of the carrots that were damaged, this damage was generally of a low level. In this experiment a~~
267 ~~barrier treatment can be considered to have been more successful than another if it has a higher~~
268 ~~proportion of undamaged carrots and a lower severity score. This would mean that few carrots were~~
269 ~~damaged and, those that were, had only a low level of damage~~

270 In both measures used to quantify damage by carrot fly, damage levels were greater in carrots
271 harvested from the second harvest sowing than in the first harvest from the first (see Figures 1a and
272 1b). This is likely to be because damage to this second sowing of carrots occurred not only due to the
273 maggots laid by second generation flies that managed to overcome the barrier defences and enter the
274 plots, but also from eggs laid by flies that emerged within the barriers i.e. the offspring of those that
275 had entered the plots earlier in the season (Collier & Finch, 2009). This means that when using barriers,
276 damage from carrot fly is usually greater after the second or third generation, where one occurs
277 (Collier & Finch, 2009). This underlines the importance for gardeners to practice crop rotation when
278 using barriers or covers.

279 The proportion of undamaged carrots harvested from uncovered plots in roots from the first
280 sowing harvest varied from around 0.6 to 1.0 (Figure 1a) suggesting that, in some cases, gardeners

281 might be able to achieve an acceptable harvest without protecting crops but, with a mean undamaged
282 proportion of 0.81 roots and a minimum of 0.6, this is not always the case and gardeners must be
283 prepared to accept the risk of losing almost half a carrot crop if they do nothing to protect it from
284 carrot fly. The level of damage seen in a particular plot is also likely to depend on the season's weather
285 conditions, proximity of the plot to other carrot growing sites and occurrence of alternative host plants
286 and the resulting size of the local carrot fly population. It should also be noted that this experiment
287 took place on plots where no carrots had been grown previously and not close to any other carrot
288 crops. It is therefore likely that the damage levels seen here will underestimate those likely in gardens
289 or allotments where carrots are grown regularly.

290 It has been shown in previous studies of carrot fly biology that non-crop habitats such as hedgerows
291 around carrot fields can provide shelter for, and allow aggregation of, carrot fly resulting in extensive
292 damage to adjacent carrots (Baker, Ketteringham, Bray & White, 1942; Barnes, 1942; Petherbridge &
293 Wright, 1943; Wainhouse & Coaker, 1981). Based on this previous research it was expected that in
294 this study the distance of the carrot plots from the adjacent hedge would affect the amount of carrot
295 fly damage. This was not the case, however, and there was no significant relationship between
296 distance from the hedge and either the percentage of undamaged carrots or the severity of damaged
297 of affected carrots although, had there been such a relationship, it would have been accounted for
298 between treatments by the experimental blocking. The most likely explanation of this unexpected
299 result may relate to the relatively small spatial scale of the study. Most previous studies, even those
300 considered 'small-scale', have examined the effects of carrot fly over areas much larger than the
301 current study. Fox Wilson (1945) for example, noted a higher proportion of unsaleable roots in rows
302 near to hedges when compared to those further away but the beds extended 28 m from the hedge.
303 Wright & Ashby (1946) noted a similar 'headland effect' between the headlands and an area
304 approximately 27 m from the hedge, which was defined as 'midfield'. The experimental area in this
305 study only extended approximately 15 m away from the hedge and so it is perhaps not surprising that,
306 in this case, the distance from the hedge did not produce a significant effect on the levels of carrot fly

307 damage. This experiment was most likely simply too small to see these differences but, if this is the
308 case, then the majority of UK gardens are also too small. The average garden size in Great Britain is 14
309 m² (Horticultural Trade Association, 2018). In garden settings therefore, there is unlikely to be enough
310 space to avoid the effects of a boundary fence or hedge on a carrot plot. Gardeners should be
311 reassured that their placement of carrot plots with respect to boundary fences should not, in ordinary
312 circumstances, make a difference to the damage levels they experience. This also demonstrates the
313 value of matching the scale of a study to that of the relevant system as, in this case, conclusions
314 reached from large scale studies of commercial production may be unhelpful to domestic production.
315 The likely reasons behind the yield differences between treatments are probably a combination of
316 poor seedling emergence and/ or early carrot fly attack leading to a difference in carrot yield (as
317 measured by the dry mass of harvested carrots from the ~~late-second~~ sowing). Yield was increased by
318 covering the carrots and by some of the barrier treatments when compared to plots with no barrier
319 (Table 12).

320 -There are two likely explanations for this effect of barriers. ~~Firstly, -A second factor that may have~~
321 ~~contributed to the comparatively greater yield harvested from the plots that were covered, had a 90~~
322 ~~cm barrier or the 60 cm barrier with an overhang, as compared to the uncovered crops is early attack~~
323 ~~by carrot fly. When carrot flies lay eggs in clumps around seedlings the resulting maggots can destroy~~
324 ~~or seriously damage the plant's tap root leading to the death of many plants (Ellis et al., 1987).~~
325 ~~Uncovered plots which had less protection from carrot fly may have lost more roots early in the season~~
326 ~~leading to the resulting lower numbers of carrots harvested and contributing to the lower yield in~~
327 ~~these plots.~~

328

329

330 ~~Firstly barriers~~Secondly barriers can influence the microclimate around the crop, reducing wind speed
331 and evapotranspiration and therefore water stress, as well as altering the air and soil temperature
332 (Skidmore, Jacobs, & Hagen, 1972). In the case of winter wheat (*Triticum aestivum* L.) for example,
333 plants sheltered by a slat-fence wind barrier grew taller, had larger leaves, and suffered less from
334 water-stress when compared with those in an open field (Skidmore, Hagen, & Naylor, 1974). Carrot
335 yields are known to be negatively correlated with increasing water stress (Reid & Gillespie, 2017)
336 especially when this water stress occurs at the seedling emergence stage (Schmidhalter & Oertli,
337 1991).

338 ~~A second factor that may have contributed to the comparatively greater yield harvested from the plots~~
339 ~~that were covered, had a 90-cm barrier or the 60-cm barrier with an overhang, as compared to the~~
340 ~~uncovered crops is early attack by carrot fly. When carrot flies lay eggs in clumps around seedlings the~~
341 ~~resulting maggots can destroy or seriously damage the plant's tap root leading to the death of many~~
342 ~~plants (Ellis et al., 1987). Uncovered plots which had less protection from carrot fly may have lost more~~
343 ~~roots early in the season leading to the resulting lower numbers of carrots harvested and contributing~~
344 ~~to the lower yield in these plots.~~

345 It is difficult from these data to ascertain the relative contribution of the effects of barrier shelter and
346 carrot fly attack on the differing carrot yields from the plots. However, the plots were well irrigated
347 when the weather was dry and the hedge running along the north of the plots is likely to have given
348 some shelter against the prevailing south-west winds. Moreover, the patterns of yield and the
349 numbers of harvested carrots follow roughly the same pattern as damage levels. Finally, the yield from
350 plots protected by a 60 cm barrier with an overhang was greater than that from those plots with a 60
351 cm barrier alone and the overhang is unlikely to have caused much of an increase in shelter but is
352 known to provide addition protection against the fly (Bomford et al., 2000) it therefore seems likely
353 that early season carrot fly attack may have been the main contributing factor. Regardless of the
354 reason however, improved yield would be of interest to carrot growers and so this information could

355 be used to make more informed decisions regarding barrier choice and whether ~~or not~~ to completely
356 cover the plots.

357 In conclusion the best option for reducing damage levels, both in terms of the percentage of carrots
358 damaged and the damage levels those carrots are subject to, is to completely cover plots with insect-
359 proof netting. This is of greater importance for carrots that will be harvested later in the season (or
360 potentially in areas where the risk of infestation is higher than that encountered in our study). It should
361 be noted that garden crop rotation practices must still be employed given that even completely
362 covering the crops did not provide total protection, allowing carrot fly of successive generations to
363 emerge within the covering if crops are not rotated.

364 Our study was conducted on one site and over one field season and so some caution must be adopted
365 in using the results to generalise to all garden sites. From the results however we recommend that,

366 if carrot growers are willing to accept some level of carrot fly attack, are planning to harvest their
367 carrots early and/or live in an area where this pest has not previously been a problem then they could
368 choose to install barriers, with the 90 cm and 60 cm with an overhang. These barriers provide~~ing~~ some
369 protection when compared to no barriers at all, whilst also being easier to install and garden within
370 when compared to completely covered plots. The percentage of carrots damaged and damage
371 severity levels encountered within the plots protected by the 60 cm barrier was significantly higher
372 than for the completely covered treatment; the levels of damage these carrots received was not
373 significantly different to installing no barrier, so may not be worth the effort for gardeners.

374 Given the prevalence of information recommending 60 cm barriers as offering sufficient protection,
375 efforts now need to be made to update advice in the light of these results and to recommend to home
376 gardeners a combination of crop rotation with completely covering carrot crops rather than the
377 currently recommended 60 cm barrier fences.

378

379 Conflict of interest statement

380 The authors have no conflicts of interest to disclose.

381

382 Author contribution

- 383 • Author 1, author 5 and author 6 conceived research.
- 384 • Author 1, author 2 and author 3 conducted experiments.
- 385 • Author 1, author 2 and author 4 analysed data and conducted statistical analyses.
- 386 • Author 2 produced the graphical figures
- 387 • Author 1 wrote the manuscript.
- 388 • Author 6 secured funding.
- 389 • All authors read and approved the manuscript.

390 Data availability statement

391 Authors can confirm that all relevant data are included in its supplementary information files

392

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466 Table and figure legends

467

468 **Table 1.** Carrot fly damage scores with their numeric value after Jukes *et al.* (2009).

469

470 **Table 12.** Estimated plot dry mass (i.e. crop yield), percentage of undamaged roots per plot and
471 Severity (i.e. average damage score seen on damaged carrots in each plot). For percentage
472 undamaged roots and severity, there was no significant interaction between treatment and sowing
473 (in both cases, $F_{4,63} < 2.5$, $P > 0.05$) Interaction between treatment and sowing included as an effect
474 but no significant interaction was found and therefore mean values are over first early and late second
475 sowings. *F* and *P* values apply to treatment effects.

476

477 **Figure 1a.** Cumulative stacked bar charts of the percentage of carrot roots assigned to each damage severity
478 level (bright orange = damage level 0, through to black = damage level 5) for each of the treatments (no barrier,
479 60 cm barrier, 60 cm barrier with an overhang, 90 cm barrier and covered) for the early sowing. Error bars
480 plotted using the standard error.

481

482 **Figure 1b.** Cumulative stacked bar charts of the percentage of carrot roots assigned to each damage severity
483 level (bright orange = damage level 0, through to black = damage level 5) for each of the treatments (no barrier,
484 60 cm barrier, 60 cm barrier with an overhang, 90 cm barrier and covered) for the late sowing. Error bars plotted
485 using the standard error.

486

<i>Treatment</i> <i>(Transformation)</i>	<i>Estimated plot dry mass</i> <i>(g) (i.e. crop yield)</i> <i>(untransformed)</i>	<i>Percentage undamaged roots</i>		<i>Severity</i>	
		<i>(transformed to logits)</i>	<i>Back-transformed (%)</i>	<i>(transformed to logarithms)</i>	<i>(back-transformed)</i>
No barrier	211	-2.88	5.3	0.548	2.5
60 cm	335	0.24	56	0.555	2.6
60 cm + overhang	467	1.46	81	0.441	1.8
90 cm	479	2.39	92	0.398	1.5
Covered	487	5.23	99	0.201	0.6
SED	73.5	0.866		0.059	
df	28	63		63	
F from ANOVA	5.01	23.5		12.1	
P from ANOVA	0.004	<0.001		<0.001	

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