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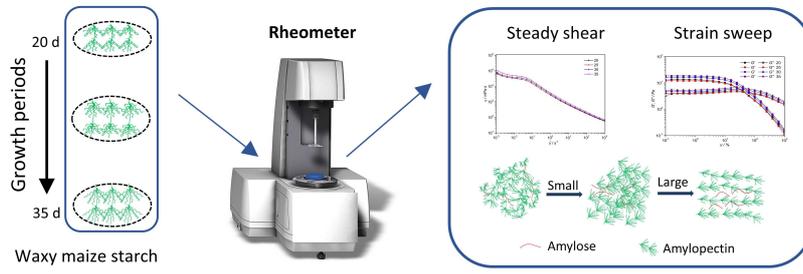
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Graphical Abstract

Journal Pre-proof

1 **An insight into the structural evolution of waxy maize starch**
2 **chains during growth based on nonlinear rheology**

3
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14
15 **Abbreviations**

16 WMS, waxy maize starch; NMR, nuclear magnetic resonance; GPC, gel permeation
17 chromatography; LS, light scattering; LAOS, large amplitude oscillating shear; SAOS, small
18 amplitude oscillating shear; LVR, linear viscoelastic region; NVR, nonlinear viscoelastic region;
19 DP, degree of polymerization

20 **Abstract:** This work investigated the chain structure and large amplitude oscillatory shear
21 (LAOS) rheological properties of waxy maize starch (WMS) at different growth periods and
22 established a motion model to clarify the evolution of chain structure. During the growth period
23 of 20-25 days, the apparent viscosity and dynamic moduli for WMS paste decreased, along with
24 a greater degree of nonlinearity. This could be correlated with an increasing branching degree of
25 starch due to more short-branched chains generated during growth. With the growth period
26 reaching 25 days, the apparent viscosity, dynamic moduli and zero-strain nonlinearity (Q_0) for
27 WMS increased and the b value deviated from 2 seriously, indicating obvious nonlinearity
28 accompanied by a weak stress overshoot and shear-thickening. This could be explained by the
29 growing length of branched chains and the rising content of B₃- and B₄-chains. Thus, this work
30 demonstrate LAOS rheology can be used as a new and effective method to characterize the chain
31 structural evolution of starch through monitoring the motion pattern of different starch chains
32 under shear conditions.

33

34 *Keywords:* Waxy maize starch; Amylopectin; Nonlinear rheology; Large amplitude oscillating
35 shear

36

37 **1 Introduction**

38 Starch is the main storage carbohydrate in plants. As a natural polymer material, starch has
39 been widely used in diverse applications such as in food, pharmaceutical and chemical industries
40 due to its advantages such as biodegradability, biocompatibility and low-price (Kochkina &
41 Lukin, 2020). Starch consists of amylose and amylopectin, which form a semi-crystalline
42 structure (Cai & Shi, 2010). According to amylose content, maize starch can be subdivided into
43 high-amylose maize starch, normal maize starch and waxy maize starch. Waxy maize starch
44 (WMS) is almost composed of amylopectin, which has a higher molecular weight and branching
45 degree (Bertoft, 2013). The side chains of amylopectin can be divided into the outermost
46 branchless A-chains, the backbone C-chains with a reductive end, and the B-chains that connect
47 A-chains and C-chains, which can be further subdivided into B₁-chains, B₂-chains and B₃-chains
48 depending on the degree of polymerization (Hizukuri, 1986; Madhusudhan & Tharanathan,
49 1996; Singh, Inouchi, & Nishinari, 2006). The understanding of starch chain structure is highly
50 important as it is closely related to starch processability (Hsieh, Liu, Whaley, & Shi, 2019; Li,
51 Su, Shi, Wang, & Chen, 2017). However, it is still highly challenging to analyze the chain
52 structure of natural polymers, especially branched polymers. Commonly used spectroscopy and
53 chromatographic analysis methods such as nuclear magnetic resonance (NMR), gel permeation
54 chromatography (GPC), and light scattering (LS), all have certain limitations. For example,
55 NMR cannot distinguish branched chains with length of six or more carbon atoms (Usmanov,
56 1991). GPC-LS can qualitatively explain the existence of branched chains by mean square radius
57 of gyration, but the calculation of branching degree still needs to be based on the assumption of
58 molecular structure (Wang, Kharchenko, Migler, & Zhu, 2004). Nowadays, there is still no direct
59 method to determine the topological molecular structure of natural polymers. However, when the

60 molecular mass of starch branched chains exceed a critical value, chain entanglement results. In
61 this case, these branched chains can be called rheologically long branched chains. Specifically,
62 the rheological properties of the starch solution are sensitive to the molecular structure especially
63 branched-chain length, and thus rheology can be used for the qualitative and quantitative
64 characterization of starch chain structure (Liu et al., 2019b).

65 Rheological properties are important properties of starch-based food and materials, such as
66 during hot-extrusion 3D printing (Liu, Chen, Zheng, Xie, & Chen, 2020) and starch film (Silva-
67 Weissa, Bifani, Ihl, Sobralc, & Gómez-Guillénd, 2013), having great scientific and practical values in
68 understanding the starch structure and guiding starch processing (Yong et al., 2019). Starch paste
69 is a kind of pseudoplastic fluid with shear thinning behavior, as starch chains undergo
70 disentanglement and orientational arrangement under shear, leading to decreases in flow
71 resistance and viscosity (Ketthaisong, Suriharn, Tangwongchai, & Lertrat, 2014; Zhang, Li,
72 Zhang, Wei, & Fang, 2019). Dynamic rheology can effectively reflect the processing properties
73 and monitor the movement of molecular chains and the structural evolution of materials during
74 processing (Lee, Porcar, & Rogers, 2019). When starch paste is subjected to small-amplitude
75 shear, its solidity (elastic modulus) becomes more apparent, and its elastic modulus depends on
76 the degree of heterogeneity (Rodríguez-Hernández, Durand, Garnier, Tecante, & Doublier,
77 2006). Under large-strain shearing, the junctions connecting starch chains in starch paste are
78 broken and the chains are rearranged (Carmona, Ramírez, Calero, & Muñoz, 2014). Since strain
79 amplitude and frequency can be controlled independently under nonlinear viscoelastic
80 measurement, more information about the structure and properties of complex materials can be
81 obtained (Ghosh et al., 2019).

82 With the rapid development of precision instruments and computational simulations, large-
83 amplitude oscillating shear (LAOS) rheology has drawn much attention to probe the
84 microstructure of complex polymer systems (Ducarci, Yazar, & Kokini, 2017; Oliver, Scholten,
85 & van Aken, 2015). Hyun et al. (2009) investigated the nonlinear rheological properties of linear
86 and comb polystyrene and found two obvious peaks on the nonlinear viscoelasticity curve. The
87 peaks at low and high frequency correspond to the relaxation of backbone chains and branched
88 chains, respectively (Hyun & Wilhelm, 2009). They also reported that the relative intensity of
89 3rd harmonics ($I_{3/1}$) for linear polymers is proportional to the square of strain (γ_0^2), while the
90 slope of $I_{3/1}$ for branched polymers is normally less than 2. Therefore, the branching degree of
91 polymers can be measured quantitatively by the slope, and zero-strain nonlinearity can be used
92 for defining the nonlinearity of rheological behavior (Hyun et al., 2009). Oelschlaeger et al.
93 studied the microphase orientation/reorientation alignment behavior of two kinds of block
94 copolymers by LAOS rheology and found that the kinetics of orientation was strongly dependent
95 on the strain amplitude, and $I_{3/1}$ can be described by a stretched exponential function to
96 distinguish diblock copolymers and triblock copolymers with lamellar structure (Oelschlaeger et
97 al., 2010). By examining the interaction between fish gelatin and Arabic gum through LAOS
98 testing, Anvari et al. found the two gels had strong electrostatic attraction under a suitable pH
99 condition, thus forming a compact rigid network structure, which increased viscous dissipation
100 and led to a shift from elastic-dominated to viscous-dominated behavior (Anvari & Joyner,
101 2018). The main analysis methods of nonlinear rheology include Fourier-transform rheology,
102 Lissajous curves, stress decomposition, etc., and they can separate the structural characteristics
103 and flow behavior contained in a nonlinear stress response, which is highly useful for

104 understanding the molecular topology, molecular interactions, micromorphology and
105 crystallization of polymer fluids (Hyun et al., 2011).

106 In this study, WMS at different growth periods was studied by ion chromatography and
107 LAOS measurements to understand its chain-length distribution and nonlinear rheological
108 properties and to establish a correlation between them. Based on this, a motion model of starch
109 chains under different shear conditions was established. This study demonstrates the application
110 of nonlinear rheology in the analysis of starch chain structure and provides new knowledge
111 regarding the starch chain structural evolution during growth.

112 **2 Materials and methods**

113 **2.1 Materials**

114 Waxy maize of inbred line L5 was planted by the Zhong Luotan Experimental Base of the
115 Guangdong Academy of Agricultural Sciences (Guangzhou, China), and waxy maize seeds at
116 different growth periods (20 d, 25 d, 30 d and 35 d) were collected as experimental materials.
117 Amylose and amylopectin standards were purchased from the Heilongjiang Academy of
118 Agricultural Sciences (Harbin, China). Isoamylase (Cat. No. I5284, activity $\geq 3,000,000$ U/mg)
119 from pseudomonas was purchased from Sigma-Aldrich Co., Ltd (Santa Clara, USA). Double
120 distilled water was used in this work. All reagents were of analytical grade and were used as
121 received without further purification.

122 **2.2 Sample preparations**

123 WMS was isolated from waxy maize following our previous method with minor
124 modification (Wang, Wang, Li, Chen, & Zhang, 2017). Waxy maize seeds at different growth
125 periods (20 d, 25 d, 30 d and 35 d) were selected and mixed with 0.45% (w/w) sodium

126 pyrosulfite at a weight ratio of 1:2. The mixture was smashed in a Waring Blender (HR 1727
127 Philips, Zhuhai, China) for 30 s, then stood at 4 °C for 12 h. The slurry was sieved by gauze and
128 sieve (75 µm) to eliminate fibers. Next, the slurry was centrifuged at 2800 g for 15 min and the
129 obtained precipitate was washed with sufficient water three times. Finally, the precipitate was
130 evenly mixed with absolute ethyl alcohol and filtered through a sieve (75 µm), and starch was
131 dried at 35 °C for 24 h. The prepared starch was named as starch 20, starch 25, starch 30 and
132 starch 35 according to its growth periods, respectively.

133 **2.3 Amylose content determination**

134 Amylose content of starch was determined using a previous method (Chen, Liang, Li,
135 Chen, & Xie, 2016; Liu, Zhang, Chen, Li, & Zheng, 2019a). The prepared starch (100 mg, dry
136 basis) was dispersed in 1 mol/L NaOH and then distilled water was added to achieve a 1 mg/mL
137 solution. Next, I₂/KI solution (0.0025 mol/L I₂ and 0.0065 mol/L KI) was used for amylose
138 complexation and the absorbance at 620 nm of the product was measured using a
139 spectrophotometer (Evolution 201, Thermo Scientific, USA). Amylose content was obtained
140 from a standard curve range from 0% to 100% that established using solutions of amylose and
141 amylopectin, and amylopectin content was equal to 100% minus amylose content.

142 **2.4 Amylopectin chain-length distribution**

143 The prepared starch (2 mg, dry basis) was dispersed in 0.5 mL of ethanol (95%) and 4.5
144 mL of distilled water. Then, the mixture was heated in boiling water for 60 min. Next, 2.5 mL of
145 the gelatinized starch paste was mixed with 125 µL of sodium acetate solution (600 mmol/L), 25
146 µL of sodium hydrazoic acid solution (2%, w/w) and 10 µL of isoamylase. After standing at 38
147 °C for 24 h, the pH was adjusted to 9.0 with ammonia solution (5%, w/w) and 375 µL of sodium
148 borohydride solution (2%, w/w) was added. The sample was equally divided into 600 µL per

149 tube and dried under vacuum at 25 °C. The dried sample was dissolved in 60 μ L of NaOH
 150 solution (1 mol/L) and diluted with 540 μ L of distilled water, then centrifugated at 12000 rpm for
 151 10 min. All supernatant prepared was uniformly mixed into one tube for analysis.

152 The amylopectin chain-length distribution was performed using a high-performance ion
 153 chromatographer (HPIC) (ICS-5000, Dionex, USA) coupled with a pulsed amperometric
 154 detection. The sample was eluted from an AP1 column (Dionex, USA) at a flow rate of 0.5
 155 mL/min at 30 \square using a mixture of three eluents: 0.1 mol/L NaOH (eluent A), 0.1 mol/L NaOH
 156 + 1 mol/L NaAc (eluent B), and water (eluent C). PAD signal was analyzed with the software
 157 Peaknet (Dionex, USA) to obtained chain-length distribution (Kong, Bertoft, Bao, & Corke,
 158 2008; Noda, Takahata, & Sato, 1995).

159

160

Table 1 Elution gradient (Kong, Bertoft, Bao, & Corke, 2008).

t / min	ϕ_A / %	ϕ_B / %	ϕ_C / %
0	55	10	35
8	40	25	35
25	35	30	35
65	20	45	35
75	55	10	35

161

162 2.5 Rheological measurements

163 Steady shear testing was performed on an MCR302 rheometer (Anton Paar, Austria) with a
 164 parallel-plate geometry (25 mm diameter and 1 mm gap). WMS suspension of 4% (w/w, dry
 165 basis) concentration was heated and stirred at 95 °C for 20 min, and then WMS paste was made
 166 and preserved at 25 \square . WMS paste was loaded and equilibrated at 25 \square for 5 min. Steady shear

167 testing in a range of 10^{-3} - 10^3 s⁻¹ was conducted, and flow curves were acquired using
168 RheoCompass 1.21 software (Fang et al., 2019).

169 Strain sweep testing was performed on an ARES-G2 rheometer (TA Instruments, USA)
170 with a parallel-plate geometry (25 mm diameter and 1 mm gap). Similarly, 4% WMS paste was
171 loaded and equilibrated. Dynamic strain sweep testing in a range of 0.01%-1000% at 6.28 rad/s
172 was undertaken (Liu, Chen, Zheng, Xie, & Chen, 2020). Raw data under oscillation shear was
173 analyzed and processed by MITlaos (MATLAB Version, USA).

174 **2.6 Statistical analysis**

175 All tests were conducted at least in triplicate and the experimental data were analyzed
176 using SPSS Statistics 23.0 (IBM, USA). One-way analysis of variance was used to find the
177 significant difference by Duncan's test ($p \leq 0.05$).

178 **3 Results and discussion**

179 **3.1 Amylopectin content and amylopectin chain-length distribution**

180 Amylopectin has a higher density of branching attached by α -D-(1, 6)-glucosyl linkage in
181 the main α -D-(1,4)-glucosyl chain, which is mainly composed of A-chains, B-chains and C-
182 chains. Among them, there is only one C-chain in each amylopectin molecule, which has both a
183 non-reductive end and a reductive end. As branched chains, both A-chains and B-chains has only
184 non-reductive ends. Thus, enzymatic glucose chains produced by isoamylase also have multiple
185 hydroxyl groups, and they are dissociated into the form of anions in a strongly basic buffer.
186 Amylopectin chain-length distribution can be analyzed by measuring the retention time through
187 HPIC. As glucose chains of different length have different retention time, the chain-length
188 distribution can be determined according to the peak time and peak area in the chromatogram

189 (Kong et al., 2008). Generally, the chain-length distribution of starch can be divided into four
 190 parts: A-chains (DP 6-12), B₁-chains (DP 13-24), B₂-chains (DP 25-36) and B₃-chains (DP>36)
 191 (Madhusudhan et al., 1996; Singh et al., 2006). As presented in Table 1, the amylopectin content
 192 and the B₂- and B₃-chain lengths of WMS all increased ($P \leq 0.05$) with a prolonged growth
 193 period, while the length of B₁-chain, as the main type of amylopectin branch, increased first and
 194 then decreased. The B₁-chain length of WMS increased notably during 20-25 d, and meanwhile,
 195 amylopectin produced more short-branched chains. Nonetheless, when the growth period was
 196 above 25 d, the degree of polymerization of branched chains further increased, leading to
 197 increases in the B₂- and B₃-chain lengths.

198

199 Table 2 Amylopectin content and amylopectin chain-length distribution of WMS at different
 200 growth periods.^A

Sample	Amylopectin content / %	A-chains / %	B ₁ -chains / %	B ₂ -chains / %	B ₃ -chains / %
20	98.09±0.03 ^c	20.6±0.2 ^a	42.5±0.1 ^b	18.9±0.1 ^c	18.0±0.2 ^b
25	98.18±0.02 ^c	20.2±0.2 ^b	42.9±0.1 ^a	18.8±0.3 ^c	18.1±0.2 ^b
30	98.53±0.01 ^b	20.0±0.2 ^b	41.6±0.1 ^c	20.0±0.2 ^b	18.4±0.3 ^a
35	98.89±0.02 ^a	19.5±0.3 ^c	41.2±0.2 ^d	20.8±0.3 ^a	18.5±0.2 ^a

201 ^A The chain-length distribution is the percentage of individual chains in the total of the four chains.
 202 Different letters above the same column indicate a significant difference ($P \leq 0.05$).

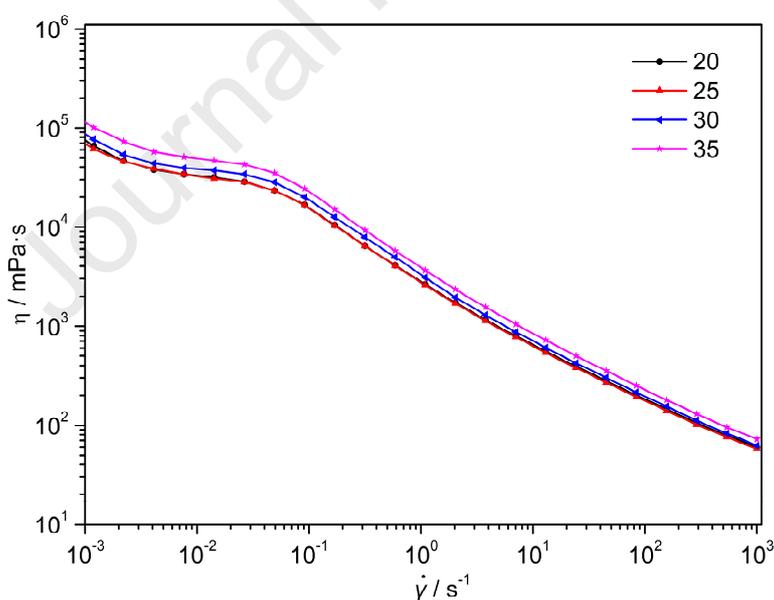
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204 3.2 Steady shear characteristics

205 Fig. 1 shows the viscosity curves for WMS at different growth periods. Starch pastes are
 206 typical pseudoplastic fluids with strong shear-thinning behavior. Regarding this, intertwined
 207 starch chains were stretched under shear force and reoriented along the shear direction, causing
 208 decreases in shear resistance and viscosity. In the low-shear rate region, the original structure of
 209 WMS paste was destroyed, which was mainly caused by the unwinding of main chains, which

210 reduced the viscosity. With increasing shear rate, WMS paste flowed into the high-shear rate
211 region. In this case, the branched chains of starch also began to orientationally arrange under
212 shear, resulting in stronger shear-thinning behavior (Hyun et al., 2009). Compared with starch
213 20, the branching degree of starch 25 was higher with more short-branched chains, which limited
214 chain entanglement to some extent and thus resulted in lower viscosity of the starch paste. With
215 an even longer growth period, the DP of branched chains increased, contributing to chain
216 entanglement in the low-shear rate region and thus increasing the starch paste viscosity.
217 However, in the high-shear rate region, the long-branched chains ($DP \geq 25$) also promoted the
218 unwinding and orientation of chains, and the formed structure was more sensitive to shear,
219 showing a strong non-Newtonian flow behavior with shear-thinning.

220



221

222

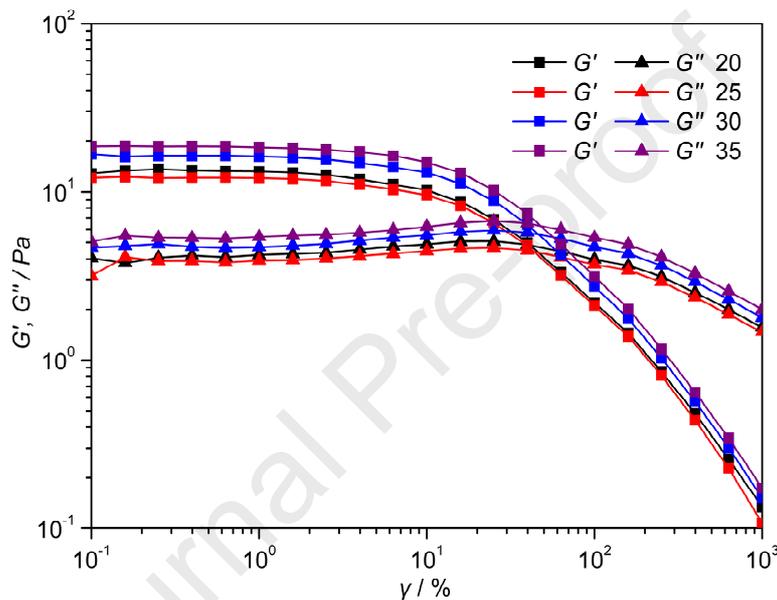
Fig. 1 Viscosity curves for WMS pastes at different growth periods.

223

224 3.3 Dynamic rheological properties

225 The dynamic viscoelasticity of WMS paste was determined by strain sweep testing. As
226 shown in Fig. 2, when the strain was 0.1-1%, the G' and G'' values of WMS paste did not change
227 with strain, indicating that the WMS paste was in the LVR and its network structure deformed
228 reversibly without destruction. Once the strain was greater than 1% and exceeded the LVR, G'
229 decreased with increasing strain, while G'' first rose slightly and then decreased abruptly. Once
230 WMS paste entered into NVR, its network structure began to collapse irreversibly, accompanied
231 by weakened chains interactions and mechanical strength of the paste, until reaching the flow
232 point where G' equals G'' . In the strain sweep curves, G'' had a pronounced maximum value but
233 G' did not, showing a typical phenomenon of weak stress overshoot (Cloitre, Borrega, & Leibler,
234 2000; Hyun et al., 2011). This observation could indicate that the network junctions of WMS
235 paste were in a dynamic change process in the transition region. With increasing strain, the main
236 chains of starch were unwinding while partial long branched chains became entangled under
237 shearing. At this point, both the rates of creation and loss of junctions were positive, leading to a
238 balanced state. Afterwards, the creation rate was smaller than the loss rate, leading to the
239 weakening of chains entanglement. This further destroyed the cohesiveness of the network
240 structure, resulting in the occurrence of a yield point. From the dynamic strain sweep curves
241 (Fig. 2), both the G' and G'' values for starch 25 were smaller than those for starch 20, while the
242 G' and G'' values for starch 35 were the largest with an obvious stress overshoot. This was due to
243 the higher branching degree of starch 25 compared with that of starch 20. Nonetheless, its
244 branched chains were still not long enough to form entanglements, which led to a looser structure
245 of WMS paste with a larger molecular gap. In this case, the interactions between main chains
246 were restricted to some extent and the starch paste had reduced viscosity and rigidity as shown

247 by decreases in G' and G'' . With the prolonging of the growth period, the length of branched
 248 chains rose, and entanglement between branched chains occurred creating more junctions, which
 249 increased the cohesiveness and the energy loss of the starch paste, as shown by increases in G'
 250 and G'' .
 251



252
 253 Fig. 2 Dynamic strain sweep curves for WMS pastes at different growth periods.

254 255 3.4 LAOS rheology analysis

256 Oscillatory shear testing is classified into two categories, namely small-amplitude
 257 oscillatory shear (SAOS) and LAOS (Melito, Daubert, & Foegeding, 2012). When the applied
 258 strain amplitude (γ_0) is small enough, the stress ($\sigma(t)$) responds within the linear viscoelastic
 259 region (LVR). With increasing strain at a certain frequency, the rheological behavior transits
 260 from linear to nonlinear gradually and falls into the nonlinear viscoelastic region (NVR)
 261 (Ptaszek, 2017). When the strain is low in the LVR, the storage modulus (G') and loss modulus

262 (G'') are independent of strain, and $\sigma_{(t)}$ is a sine function. When the strain exceeds a certain value,
 263 the moduli begin to change with strain, and the waveform of $\sigma_{(t)}$ becomes distorted and
 264 transforms into a non-sinusoidal function, in which case the common linear viscoelastic theory is
 265 not applicable (Narsimhan, 1994). The main analysis methods for LAOS results proposed are
 266 Fourier-transform rheology, Lissajous curves, and stress decomposition.

267 In Fourier-transform rheology, the relative strength of higher harmonics is taken as the
 268 nonlinear metric, and the non-sinusoidal stress generated from LAOS testing is represented by
 269 the Fourier series of elastic scaling (Eq. (1)) and viscous scaling (Eq. (2)) (Yan, Costanzo, Jeong,
 270 Chang, & Vlassopoulos, 2016). In LAOS testing, $\sigma_{(t)}$ is a non-sinusoidal periodic function and
 271 higher harmonics contribution appear under the Fourier transform, thus there are obvious signal
 272 peaks at the ωt , $3\omega t$, $5\omega t$... in the Fourier-transform rheology spectrum (Cogswell, 1991;
 273 Wilhelm, Reinheimer, & Ortseifer, 1999). Wilhelm et al. studied the relative intensity of a high
 274 harmonic and the first harmonic ($I_{n/1} = I_n / I_1$) and found that the nonlinear rheological behavior
 275 of complex materials with different structures can be characteristic by $I_{3/1}$ (Wilhelm, Reinheimer,
 276 Ortseifer, Neidhöfer, & Spiess, 2000). The nonlinear coefficient (Q) (Eq. (3)) in Fourier-
 277 transform rheology provides strong evidence for the transformation from LVR to NVR.
 278 Furthermore, the zero-strain nonlinearity (Q_0) (Eq. (5)) is defined as a constant value at relatively
 279 small strain, which can effectively represent the inherent nonlinearity of complex fluids (Hyun et
 280 al., 2009).

$$281 \quad \sigma(t, \omega, \gamma_0) = \gamma_0 \sum_{n=odd} [G'_n(\omega, \gamma_0) \sin(n\omega t) + G''_n(\omega, \gamma_0) \cos(n\omega t)] \quad (1)$$

$$282 \quad \sigma(t, \omega, \gamma_0) = \dot{\gamma}_0 \sum_{n=odd} [\eta'_n(\omega, \gamma_0) \sin(n\omega t) + \eta''_n(\omega, \gamma_0) \cos(n\omega t)] \quad (2)$$

$$283 \quad Q = I_{3/1} / \gamma_0^2 \quad (3)$$

$$284 \quad \log I_{3/1} = a + b \log \gamma_0 \quad (4)$$

$$285 \quad Q_0 = \lim_{\dot{\gamma}_0 \rightarrow 0} Q(\dot{\gamma}_0) = \lim_{\dot{\gamma}_0 \rightarrow 0} (I_{3/1}/\dot{\gamma}_0^2) \quad (5)$$

286 Where $\dot{\gamma}_0$ represents the maximum strain-rate, and G'_n and G''_n represent the elastic and
 287 viscous moduli for the Nth harmonic, and η'_n and η''_n represent the apparent viscosity in phase
 288 and out of phase for the Nth harmonic, and I , Q and Q_0 represent the relative intensity of high
 289 harmonic, zero-strain nonlinearity and the slope of the fitting curve respectively.

290 The stress response in the NVR is processed by Fourier-transform to obtain the
 291 contribution of higher harmonics, and it is found that the amplitude of the 3rd harmonic is high
 292 and available. Therefore the nonlinear viscoelasticity of WMS paste at different growth periods
 293 can be investigated by $I_{3/1}$ (Hyun et al., 2011). Fig. 3a shows that $I_{3/1}$ rose from 1% to 15% with
 294 increasing strain. In LAOS testing, the branching degree of WMS can be measured quantitatively
 295 by the slope b and Q_0 , which were calculated by fitting using Eq. (4) and (5) (Fig. 3). As a rule,
 296 the more the b value deviated from 2, the higher was the branching degree of WMS paste; and a
 297 larger Q_0 value indicates a greater degree of the inherent nonlinearity. The prolonging of the
 298 growth period was found to decrease b from 0.7384 to 0.4671 (Table 3), which deviated from 2
 299 largely, while Q_0 increased from 0.0017 to 0.0087 (Table 3). This indicates that the inherent
 300 nonlinear characteristic of WMS paste became more significant. These results were ascribed to
 301 increases in amylopectin content and the length of branched chains in WMS. In this case, there
 302 was an unstable network structure in WMS paste, which was prone to show nonlinearity under
 303 LAOS testing.

304

305

306

307

Fig. 3 Curves of $I_{3/1}$ and Q for WMS pastes at different growth periods.

308

309

Table 3 Fitting parameters for WMS pastes at different growth periods.

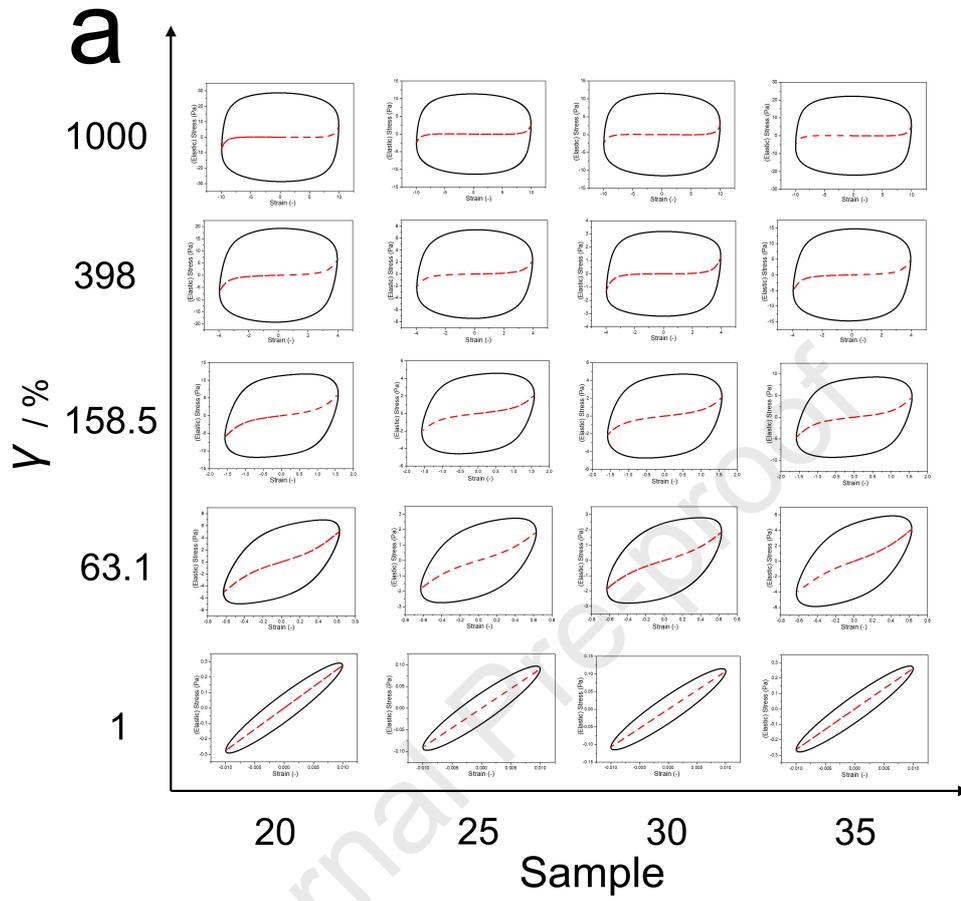
	20	25	30	35
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b	0.7384	0.5998	0.5913	0.4671
Q_0	0.0017	0.0036	0.0039	0.0087

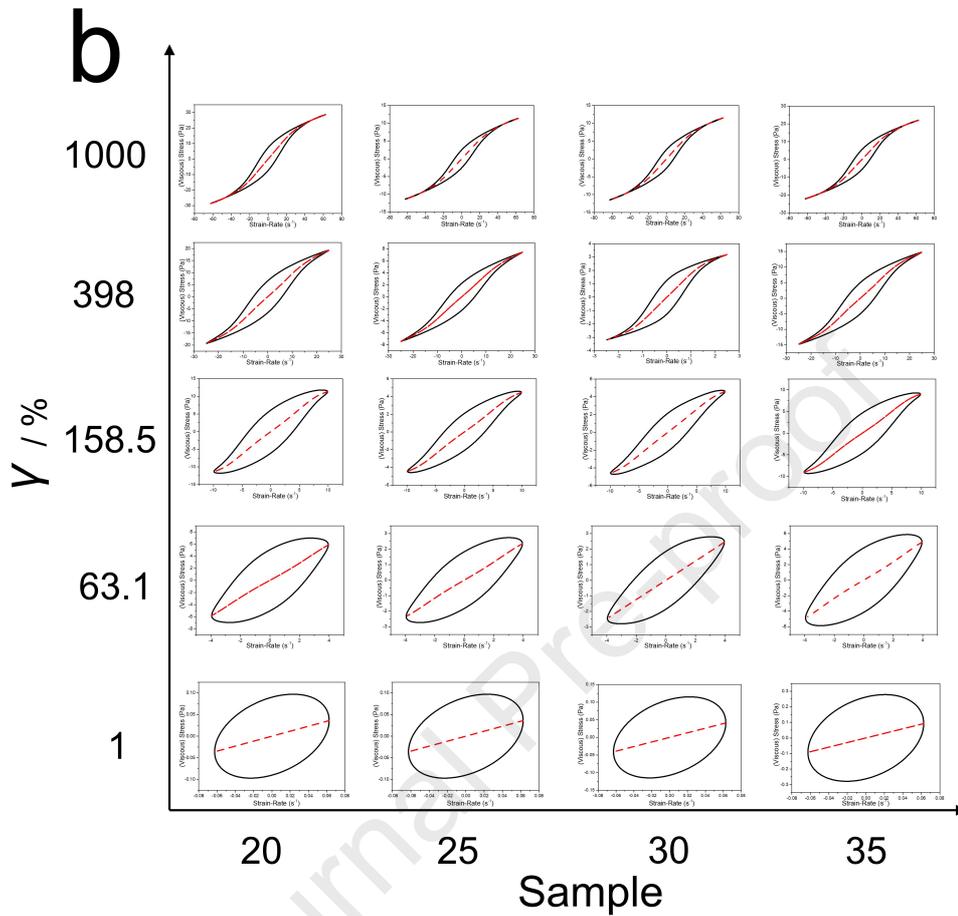
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311 Nonlinear stress response can be probed by associated Lissajous curves, where the
312 obtained stress curve can be easily separated into the strain function and the shear rate function
313 to display the elastic contribution and the viscous contribution of the nonlinear response,
314 respectively (Ptaszek, et al., 2016). A Lissajous curve eliminates the influence of time variables,
315 and different Lissajous curves are generated with different frequency and strain. Notably, the
316 elastic and viscous Lissajous plots can be represented as a function of strain (Fig. 4a) and strain-
317 rate (Fig. 4b), and the dotted line indicates elastic stress and viscous stress, respectively (Anvari
318 et al., 2018). All elastic and viscous Lissajous plots for WMS pastes at different growth periods
319 were elliptic at 1% strain, and the elastic and viscous stress were in a straight line, indicating
320 ideal viscoelastic behavior. With increasing strain, the Lissajous plots changed from ellipse to
321 parallelogram with distortion, and the elastic and viscous stresses became bent, indicating
322 nonlinear viscoelasticity with the appearance of high harmonic contribution. In the high strain
323 range, the slope of elastic stress increased significantly, suggesting strain-stiffening behavior of
324 the WMS paste (Fig. 4a), while the slope of viscous stress decreased with shear-thinning in the
325 high strain-rate range (Fig. 4b).

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327



328

329 Fig. 4 Lissajous plots for WMS pastes at different growth periods. (a) the elastic parts; (b) the
 330 viscous parts.

331

332 G'_L and G'_M are determined as the secant modulus at the maximum and zero strains.

333 Similarly, η'_L and η'_M are determined as the dynamic viscosity at the maximum and zero shear

334 rates (Ewoldt, Hosoi, & McKinley, 2008). As can be seen from Table 4, the G'_L and G'_M , η'_L and

335 η'_M values for WMS pastes at different growth periods were equal at 1% strain, which also

336 suggests that the tests were within the LVR. When the strain exceeded 1%, the G'_L and G'_M , η'_L

337 and η'_M value began to be different, and the tests were beyond the LVR, resulting in strain-

338 stiffening/softening and shear-thickening/thinning. Under the same strain, the LAOS parameters

339 for WMS paste decreased first and then increased with a longer growth period. Among them, the
 340 parameters for starch 25 were the smallest, in agreement with the strain sweep results. Compared
 341 with that of starch 20, the amylopectin content of starch 25 increased but its branched chains
 342 were relatively short, thus the presence of short-branched chains without entanglements inhibited
 343 interactions between main chains and there were fewer junctions in the network structure,
 344 leading to lower rigidity and viscosity. When the growth period was more than 25 d, the length
 345 of branched chains increased significantly, which led to enhanced chain interactions, resulting in
 346 increased elastic moduli and viscosity of the starch paste.

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Table 4 LAOS parameters for WMS pastes at different growth periods.

Sample	Viscoelasticity	$\gamma = 1\%$	$\gamma = 63.1\%$	$\gamma = 158.5\%$	$\gamma = 398\%$	$\gamma = 1000\%$
20	G_M' / Pa	27.606±0.031	4.679±0.016	1.245±0.015	0.154±0.002	-0.030±0.001
	G_L' / Pa	27.606±0.031	8.036±0.019	3.860±0.018	1.662±0.004	0.741±0.012
	$\eta_M' / \text{Pa}\cdot\text{s}$	1.541±0.018	1.329±0.010	1.179±0.013	0.891±0.008	0.689±0.018
	$\eta_L' / \text{Pa}\cdot\text{s}$	1.541±0.018	1.477±0.011	1.141±0.014	0.773±0.019	0.458±0.014
25	G_M' / Pa	9.042±0.022	1.825±0.015	0.474±0.013	0.028±0.001	-0.014±0.001
	G_L' / Pa	9.042±0.022	2.907±0.017	1.322±0.010	0.569±0.018	0.253±0.007
	$\eta_M' / \text{Pa}\cdot\text{s}$	0.576±0.017	0.547±0.009	0.459±0.011	0.348±0.010	0.269±0.009
	$\eta_L' / \text{Pa}\cdot\text{s}$	0.576±0.017	0.593±0.002	0.449±0.014	0.298±0.009	0.182±0.009
30	G_M' / Pa	10.746±0.023	1.798±0.014	0.469±0.012	0.031±0.002	-0.023±0.001
	G_L' / Pa	10.746±0.023	2.945±0.016	1.357±0.014	0.617±0.012	0.263±0.010
	$\eta_M' / \text{Pa}\cdot\text{s}$	0.652±0.018	0.616±0.009	0.495±0.010	0.413±0.014	0.280±0.010

$\eta_L' / \text{Pa}\cdot\text{s}$	0.652±0.018	0.617±0.013	0.463±0.008	0.319±0.014	0.184±0.005
G_M' / Pa	26.331±0.027	4.232±0.012	0.951±0.011	0.102±0.008	-0.024±0.001
G_L' / Pa	26.331±0.027	6.598±0.018	2.950±0.017	1.265±0.017	0.561±0.0013
$\eta_M' / \text{Pa}\cdot\text{s}$	1.472±0.012	1.103±0.010	0.907±0.016	0.689±0.012	0.527±0.011
$\eta_L' / \text{Pa}\cdot\text{s}$	1.472±0.012	1.237±0.013	0.906±0.017	0.592±0.012	0.353±0.007

35

349 To investigate the change in elastic modulus and instantaneous viscosity of materials under
 350 shear, Ewoldt et al. (2008) proposed to use the ratios of strain-stiffening (S) (Eq. (6)) and shear-
 351 thickening (T) (Eq. (7)) to further understand if it is strain-stiffening ($S > 0$) or softening ($S < 0$)
 352 and if it is shear-thickening ($T > 0$) or thinning ($T < 0$) under nonlinear intracycle shearing
 353 (Ewoldt et al., 2008; Hyun et al., 2011; Carmona et al., 2014; Zhang et al., 2019).

$$354 \quad S = (G'_L - G'_M) / G'_L \quad (6)$$

$$355 \quad T = (\eta'_L - \eta'_M) / \eta'_L \quad (7)$$

356 As shown in Fig. 5, all the S values for WMS paste was a positive value and increased with
 357 increasing strain, showing strong shear-stiffening behavior. During dynamic shearing, the
 358 network structure of WMS paste was in the reversible deformation without destruction in the
 359 LVR, while WMS paste underwent plastic deformation when the strain exceeded the yield point.
 360 In the case, molecular chains were aligned along the strain direction, and hydrogen-bonding
 361 interactions occurred between starch chains, which increased the ordering and deformation-
 362 resistance. Thus, the S curve continued to rise but the slope gradually decreased. Besides, the
 363 interior structure of WMS paste was destroyed and reorganized constantly to form more stable
 364 and a strong network structure under shearing, further contributing to stress-hardening. On the
 365 other hand, the T value for WMS paste increased first and then decreased and T was a positive
 366 value only at 63.1% strain, suggesting WMS paste showed intracycle shear-thickening only at

367 63.1% strain but shear-thinning under other strain conditions. Compared with other starch
368 samples, the S value for starch 35 was the maximum at 63.1% strain due to its relatively high
369 content of amylopectin and long-branched chains, in agreement with the strain sweep results.
370 Regarding this phenomenon, loose and irregular long branched chains had a shorter relaxation
371 time than main chains so that it had enough time to move and re-entangle, resulting in increased
372 viscosity and shear-thickening. With a continuous increase in strain, main chains and branched
373 chains in WMS paste were rearranged orientationally under shearing and the entanglements
374 between starch chains weakened, leading to decreased viscosity with shear-thinning behavior.
375

376

377 Fig. 5 The S and T curves of WMS at different growth periods.

378 The total stress obtained in oscillating shear testing can be decomposed into two parts
379 (elastic stress and viscous stress). Cho et al. used Chebyshev polynomials to perform the
380 orthogonal decomposition of total stress (Eq. (8) and (9)), where the Chebyshev coefficient
381 nicely explains the contribution of higher harmonics and is closely related to the elastic and

382 viscous stresses in nonlinear rheology (Cho, Hyun, Ahn, & Lee, 2005). The strain-
 383 stiffening/softening and shear-thickening/thinning are judged by the sign of the third-order
 384 Chebyshev coefficients, and $e_3 > 0$ and $v_3 > 0$ indicate intracycle strain-stiffening and shear-
 385 thickening, respectively, whereas $e_3 < 0$ and $v_3 < 0$ correspond to intracycle strain-softening and
 386 shear-thinning, which further clarified the motion of molecular chains under large-strain
 387 conditions, including directional arrangement and reconstruction (Cho et al., 2005; Ewoldt et al.,
 388 2008), and it is similar to the case shown by Fourier-transform rheology (Cho et al., 2005).

$$389 \quad \sigma' \left(\frac{\dot{\gamma}}{\dot{\gamma}_0} \right) = [\sigma(\gamma, \dot{\gamma}) - \sigma(-\gamma, \dot{\gamma})] / 2 = \gamma_0 \sum_{n=odd} e_n(\omega, \gamma_0) T_n \left(\frac{\dot{\gamma}}{\dot{\gamma}_0} \right) \quad (8)$$

$$390 \quad \sigma'' \left(\frac{\dot{\gamma}}{\dot{\gamma}_0} \right) = [\sigma(\gamma, \dot{\gamma}) - \sigma(\gamma, -\dot{\gamma})] / 2 = \dot{\gamma}_0 \sum_{n=odd} v_n(\omega, \gamma_0) T_n \left(\frac{\dot{\gamma}}{\dot{\gamma}_0} \right) \quad (9)$$

391 Where σ' and σ'' represent elastic stress and viscous stress respectively, and the e_n and v_n
 392 represent the Chebyshev coefficients at Nth order, T_n represents the Chebyshev functions.

393 Fig. 6 provides that e_3 was a positive value for all the samples, showing strong shear-
 394 stiffening behavior. And, v_3 was a positive value only at 63.1% strain but negative under other
 395 strain conditions, which was consistent with the results in Fig. 5.

396

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Fig. 6 e_3 and v_3 curves for WMS pastes at different growth periods.

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399 **3.5 Motion model of WMS chains**

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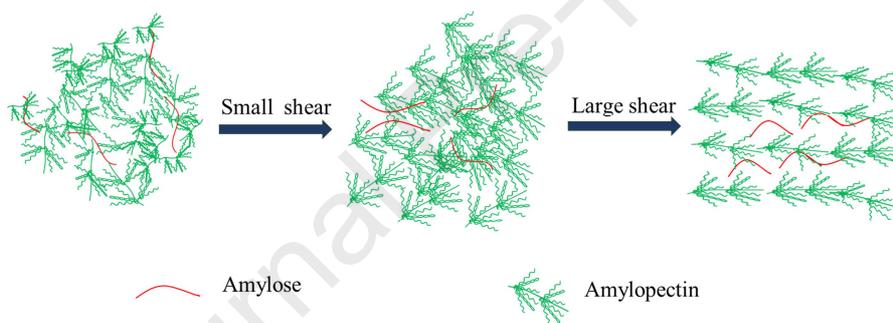
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In the steady shear testing, the apparent viscosity change of WMS paste was divided into two parts, namely the unwinding and reorientation of main chains under weak shear and the unwinding and reorientation of main chains and branched chains under intensive shear, as reflected by its strong shear-thinning behavior. In dynamic shear testing, when the strain exceeded the yield point, the WMS paste structure began to break down and reconstruct, and the test entered the NVR. Besides, from LVR to NVR, WMS paste appeared to show a weak stress overshoot and shear-thickening behavior because the long branched chains with a shorter relaxation time had enough time to re-entangle under shearing, which led to increased loss modulus. Once WMS paste was subject to strain that is large enough, main chains and branched chains of amylopectin were unwound under shearing and they changed from random coils to an orientated state following the damage and restructuring of the starch structure. This resulted in

411 the formation of a more stable and stronger network structure with intracycle strain-stiffening.
 412 Meanwhile, the entanglement or hooking effect of starch chains was weakened, leading to
 413 decreased instantaneous viscosity with intracycle shear-thinning behavior. Most short-branched
 414 chains of starch 25 were not long enough to form entanglements and thus chain interactions were
 415 restricted, resulting in decreased viscosity and moduli. When the growth period was longer than
 416 25 d, the DP of branched chains increased and more starch chains intertwined, leading to
 417 increased viscosity and moduli of the WMS paste. This reveals obvious nonlinearity
 418 accompanied by a weak stress overshoot and shear-thickening behavior. Therefore, the structural
 419 evolution of WMS chains can be clearly shown by the nonlinear rheological data.



420

421

Fig. 7 Motion model of WMS chains under shearing

422 4 Conclusion

423 We investigated that the amylopectin content and branched chains of WMS increased with
 424 prolonged growth period, in which long branched chains ($DP \geq 25$) improved the apparent
 425 viscosity and dynamic moduli of the starch paste, while short branched chains did the reverse. In
 426 the steady shear testing, compared with main chains, long branched chains underwent unwinding
 427 and reorientation accompanied by strong shear-thinning behavior at high shear rate. In the
 428 dynamic shear testing, long branched chains re-entangled in the strain transition region, leading
 429 to a weak stress overshoot and shear-thickening ($T > 0$). When WMS paste was subjected to

430 LAOS, it showed intracycle strain-stiffening and shear-thinning behaviors, while the nonlinearity
431 of WMS paste became more distinct with increasing amylopectin content and branched chains
432 length. In all, nonlinear rheology can be used as a new way to characterize the structural
433 evolution of starch chains.

434 **Conflict of interests**

435 The authors declare to have no conflict of interests.

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Highlights

- Nonlinear rheology was used in the insight into waxy maize starch chains
- Branched chains ($DP \geq 25$) improved the apparent viscosity and dynamic moduli
- Amylopectin content and B-chains length increased its nonlinearity
- Motion model of WMS chains under shearing was established

– Declaration of Interest–

An insight into the structural evolution of waxy maize starch chains during growth based on nonlinear rheology

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The authors declare that there is no conflict of interest regarding the publication of this article.