Patiromer for the management of hyperkalaemia in patients receiving renin–angiotensin–aldosterone system inhibitors for heart failure: design and rationale of the DIAMOND trial

Javed Butler\textsuperscript{1*}, Stefan D. Anker\textsuperscript{2}, Tariq Jamal Siddiqi\textsuperscript{3}, Andrew J.S. Coats\textsuperscript{4}, Fabio Dorigotti\textsuperscript{5}, Gerasimos Filippatos\textsuperscript{6}, Tim Friede\textsuperscript{7,8}, Udo-Michael Göhring\textsuperscript{5}, Mikhail N. Kosiborod\textsuperscript{9}, Lars H. Lund\textsuperscript{10}, Marco Metra\textsuperscript{11}, Carol Moreno Quinn\textsuperscript{5}, Ileana L. Piña\textsuperscript{12}, Fausto J. Pinto\textsuperscript{13}, Patrick Rossignol\textsuperscript{14}, Peter Szecsödy\textsuperscript{5}, Peter Van Der Meer\textsuperscript{11}, Matthew Weir\textsuperscript{16}, and Bertram Pitt\textsuperscript{17}

\textsuperscript{1}Department of Medicine, University of Mississippi, Jackson, MS, USA; \textsuperscript{2}Department of Cardiology (CVK); and Berlin Institute of Health Center for Regenerative Therapies (BCRT); German Center for Cardiovascular Research (DZHK) partner site Berlin; Charité Universitätsmedizin Berlin, Berlin, Germany; \textsuperscript{3}Department of Internal Medicine, Dow University of Health Sciences, Karachi, Pakistan; \textsuperscript{4}University of Warwick, Warwick, UK; \textsuperscript{5}Vifor Pharma, Glattbrugg, Switzerland; \textsuperscript{6}National and Kapodistrian University of Athens, School of Medicine, Athens University Hospital Attikon, Athens, Greece; \textsuperscript{7}University Medical Center Gottingen, Gottingen, Germany; \textsuperscript{8}DZHK (German Center for Cardiovascular Research), Göttingen partner site, Göttingen, Germany; \textsuperscript{9}Department of Cardiovascular Disease, Saint Luke's Mid America Heart Institute and University of Missouri-Kansas City, Kansas City, MO, USA; \textsuperscript{10}Department of Medicine, Unit of Cardiology, Karolinska Institute, Solna, Sweden; \textsuperscript{11}Department of Cardiology, University and Civil Hospital, Brescia, Italy; \textsuperscript{12}Central Michigan University, Mount Pleasant, MI, USA; \textsuperscript{13}Santa Maria University Hospital, CAML, CCUL, Faculdade de Medicina da Universidade de Lisboa, Lisbon, Portugal; \textsuperscript{14}Centre d’Investigation Clinique Plurithématique Pierre Drouin - INSERM CHU de Nancy, Nancy, France; \textsuperscript{15}Department of Cardiology, University Medical Center Groningen, Groningen, The Netherlands; \textsuperscript{16}Division of Nephrology, Department of Medicine, University of Maryland School of Medicine, Baltimore, MD, USA; and \textsuperscript{17}Division of Cardiology, University of Michigan, Ann Arbor, MI, USA

\textsuperscript{*}Corresponding author. University of Mississippi Medical Center, 2500 N. State Street, Jackson, MS 39216, USA. Tel: +1 601 984-5600, Fax: +1 601 984-5608, Email: jbutler4@umc.edu

Aims
In patients with current or a history of hyperkalaemia, treatment with renin–angiotensin–aldosterone system inhibitors (RAASi) is often compromised. Patiromer, a novel potassium (K\textsuperscript{+}) binder, may improve serum K\textsuperscript{+} levels and adherence to RAASi.

Methods
The DIAMOND trial will enroll \(~820\) patients with heart failure with reduced ejection fraction (HFrEF; ejection fraction \(\leq 40\%\)). Patients meeting the screening criteria will enter a single-blinded run-in phase where they will be started or continued on a mineralocorticoid receptor antagonist (MRA) titrated to 50 mg/day and other RAASi therapy to \(\geq 50\%\) target dose, and patiromer. Patiromer will be titrated up to a maximum three packs/day (8.4 g/pack) to achieve optimal doses of RAASi without hyperkalaemia. The run-in phase will last up to 12 weeks, following which patients will undergo double-blind randomization in a 1:1 ratio to receive either continued patiromer or placebo (patiromer withdrawal). The primary endpoint is the mean difference in serum K\textsuperscript{+} from randomization between patiromer and placebo arms. Secondary endpoints will include hyperkalaemia events with K\textsuperscript{+} value \(>5.5\) mEq/L, durable enablement of MRA at target dose, investigator-reported adverse events of hyperkalaemia, hyperkalaemia-related clinical endpoints and an overall RAASi use score (using a 0–8-point scale) comprising all-cause death, occurrence of cardiovascular hospitalization or usage of comprehensive heart failure medication.

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Conclusion

The DIAMOND trial is designed to determine if patiromer can favourably impact K⁺ control in patients with HFrEF with hyperkalaemia or a history of hyperkalaemia leading to RAASI therapy compromise, and in turn improve RAASI use.

Keywords
Heart failure • Potassium • Hyperkalaemia • Patiromer • Renin–angiotensin–aldosterone system inhibitors • Mineralocorticoid receptor antagonists • Adherence • Trial design

Introduction

Renin–angiotensin–aldosterone system inhibitors (RAASI) are recommended for patients with heart failure (HF) with reduced ejection fraction (HFrEF). These agents have multiple beneficial effects, but they increase the risk of hyperkalaemia, which is more pronounced in patients with heart failure, who tend to be older and have chronic kidney disease (CKD) and diabetes mellitus. This often contributes to suboptimal prescription of RAASI therapy. Previous studies have demonstrated that after an episode of hyperkalaemia, RAASI doses are lowered in a large proportion of patients. Many patients discontinue therapy permanently and suffer adverse outcomes. Epstein et al. observed that nearly 60% of patients with HF who discontinued RAASI experienced an adverse clinical event. Trevisan et al. showed that stopping mineralocorticoid receptor antagonist (MRA) after a hyperkalaemia episode was associated with a lower risk of recurrent hyperkalaemia but a higher risk of death and cardiovascular (CV) events. Consequently, a gap remains between guideline recommendations and real-world practice, where management of HF with optimal use and dose of RAASI is hindered by hyperkalaemia.

Patiromer is a sodium-free, novel potassium (K⁺) binder that is well tolerated and efficacious in maintaining normokalaemia. The DIAMOND (Patiromer for the Management of Hyperkalaemia in Subjects Receiving RAASI Medications for the Treatment of Heart Failure; NCT03888066) trial was initially designed to evaluate whether patiromer-enabled RAASI therapy can improve clinical outcomes in patients with HFrEF with either hyperkalaemia or history of hyperkalaemia-related compromise of RAASI therapy. However, related to the impact of ongoing coronavirus disease 2019 (COVID-19) pandemic on clinical trials, the trial’s primary endpoint was changed to serum K⁺ control prior to closeout and database lock or unblinding of treatment assignment.

Study design

Trial structure and oversight

The DIAMOND trial is a prospective phase 3b multinational, multicentre, double-blind, randomized withdrawal, parallel-group, placebo-controlled trial that is designed to evaluate whether patiromer treatment in patients who developed hyperkalaemia while receiving RAASI medications will result in improvements in K⁺ concentration and in turn lead to optimization of RAASI use consistent with guidelines. The trial is conducted in accordance with the principles of the Declaration of Helsinki and the International Conference on Harmonization Good Clinical Practice. An independent ethics committee approved the clinical protocol at every participating centre. All subjects provide written informed consent. The sponsor is Vifor Pharma, Inc.

The trial was designed by the Executive Committee, whose members included academic investigators and representatives of Vifor Pharma, Inc. The Executive Committee was responsible for developing the trial protocol, supervising the development of case report forms, and the statistical plan, overseeing the enrolment, and the quality of follow-up. National leaders from different countries ensured that investigators remain committed to their responsibilities and encourage recruitment. A blinded Endpoint Adjudication Committee assessed all potential clinical events to evaluate whether they adhere to pre-specified criteria for a clinical or a safety endpoint. An independent Data Monitoring Committee was responsible for assuring safety and making recommendations regarding the continuity or cessation of the trial. The members of these Committees are listed in online supplementary Appendix S1.

Study participants

Men and women aged ≥18 years who have chronic HFrEF, New York Heart Association functional class II–IV symptoms with a left ventricular ejection fraction of ≤40% as measured by any echocardiographic, radionuclide, magnetic resonance imaging, angiographic, or computed tomography within 12 months of randomization are eligible for enrolment (Table 1). Subjects are required to have hyperkalaemia at screening (defined by two K⁺ values of >5.0 mEq/L) while receiving an angiotensin-converting enzyme inhibitor (ACEI)/angiotensin II receptor blocker (ARB)/angiotensin receptor–neprilysin inhibitor (ARNI), and/or an MRA. Alternatively, subjects are also eligible if they are normokalaemic at screening but have a prior history of RAASI discontinuation due to hyperkalaemia. Table 2 displays the B-type natriuretic peptide and N-terminal pro B-type natriuretic peptide thresholds that had to be met for inclusion, according to history of atrial fibrillation and previous HF hospitalizations. Subjects with an estimated glomerular filtration rate (eGFR) <30 ml/min/1.73 m² per the Chronic Kidney Disease Epidemiology Collaboration equation, acute decompensated HF within 4 weeks before screening, symptomatic hypotension or systolic blood pressure <90 mmHg, or any significant comorbidity which may impact the patient’s clinical course, independent of HF, were excluded from the trial. A complete list of exclusion criteria is provided in Table 3.
Study visits and follow-up

Following screening, eligible subjects are enrolled into a single-blinded run-in phase with weekly visits. The purpose of the run-in phase is to control K⁺ levels with patiromer while simultaneously optimizing the use and doses of RAASi medications, including MRA (titrated to 50 mg/day). Patiromer is titrated up to a maximum of three packs/day (8.4 g/pack). After the run-in phase that can last for up to 12 weeks, subjects undergo double-blind randomization in a 1:1 ratio, to receive either continued patiromer or placebo (patiromer withdrawal) (Figure 1). Randomization is performed by using permuted block design and is stratified by geographic region. Randomized subjects continue the same number of packets of patiromer as established at the end of the run-in phase and are instructed to continue the ACEi/ARB/ARNi and MRA regimen that was administered at the end of the run-in phase.

Prior to initiation of assigned patiromer/placebo, and as part of the randomization criteria, K⁺ concentration is measured at baseline. Thereafter, samples for the measurement are collected at every visit, starting from Day 3, and then at Weeks 1, 2, 6, 18 and every 3 months thereafter until the end of study (EoS). The original EoS date would have been set by the sponsor when sufficient number of subjects would have been enrolled to reach the expected number of events. However, the study endpoint was changed to control of K⁺ levels, and the total number of patients enrolled was adjusted. Patient-reported outcomes are evaluated using the Kansas City Cardiomyopathy Questionnaire and EuroQol five-dimension, five-level (EQ-5D-5L) questionnaire. Subjects are monitored for changes in renal function, especially during medication adjustments and when there is a change in clinical status. All randomized subjects are followed for the occurrence of pre-specified outcome events during the course of the trial. Subjects who prematurely discontinue patiromer/placebo should remain in the study for the collection of events data up to and including the common EoS and receive usual care during the study phase.

Primary and secondary endpoints

The original primary endpoint of the trial was to assess the efficacy of patiromer-enabled optimization of RAASi therapy on time to CV death or first CV hospitalization. However, due to the impact of the COVID-19 pandemic, slowing of the enrolment rate, and the shift in hospitalization patterns and the adaptations of the treatment...
Table 2  B-type natriuretic peptide and N-terminal pro B-type natriuretic peptide threshold levels (based on local laboratory), comorbidities, and previous hospitalizations

<table>
<thead>
<tr>
<th>Subjects with hospitalization for HF or equivalent* within last 12 months</th>
<th>Subjects with no hospitalization for HF or equivalent* within last 12 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subjects presenting without atrial fibrillation when the blood sample was collected</td>
<td>BNP&lt;sub&gt;b&lt;/sub&gt; &gt;150 pg/ml (18 pmol/L) or NT-proBNP &gt;600 pg/ml (71 pmol/L)</td>
</tr>
<tr>
<td>Subjects presenting with atrial fibrillation when the blood sample was collected</td>
<td>BNP&lt;sub&gt;b&lt;/sub&gt; &gt;300 pg/ml (35 pmol/L) or NT-proBNP &gt;1200 pg/ml (142 pmol/L)</td>
</tr>
</tbody>
</table>

BNP, B-type natriuretic peptide; HF, heart failure; NT-proBNP, N-terminal pro B-type natriuretic peptide.

*For example urgent emergency room or outpatient visit for worsening HF during which the subject received intravenous medications for the treatment of HF.

**For subjects treated with angiotensin receptor–neprilysin inhibitor (sacubitril/valsartan) in the previous 4 weeks before screening, only NT-proBNP values are to be considered.

Table 3  Exclusion criteria for the DIAMOND trial

1. Current acute decompensated heart failure within 4 weeks before screening. Subjects with a discharge from a hospitalization for acute decompensation of heart failure longer than 4 weeks before screening may be included
2. Symptomatic hypotension or systolic blood pressure <90 mmHg
3. Significant primary aortic or mitral valvular heart disease (except secondary mitral regurgitation due to left ventricular dilatation)
4. Heart transplantation or planned heart transplantation (i.e. currently on a heart transplant waiting list) during the study period
5. Diagnosis of peripartum or chemotherapy-induced cardiomyopathy or acute myocarditis in the previous 12 months
6. Implantation of a cardiac resynchronization therapy device within 4 weeks before screening
7. Restrictive, constrictive, hypertrophic, or obstructive cardiomyopathy
8. Unaggressive ventricular arrhythmia with syncope in the previous 4 weeks
9. History of, or current diagnosis of, a severe swallowing disorder, moderate-to-severe gastroparesis, or major gastrointestinal surgery (e.g. bariatric surgery or large bowel resection)
10. A major cardiovascular event within 4 weeks prior to screening, including acute myocardial infarction, stroke (or transient ischaemic attack), a life-threatening atrial or ventricular arrhythmia, or resuscitated cardiac arrest
11. Liver enzymes (alanine aminotransferase, aspartate aminotransferase) >5 times upper limit of normal at screening based on the local laboratory
12. Diagnosis or treatment of a malignancy in the past 2 years, excluding non-melanoma skin cancer and carcinoma in situ of the cervix, prostate cancer with Gleason score <7, or a condition highly likely to transform into a malignancy during the study
13. Presence of any condition (e.g. drug/alcohol abuse; acute illness) that, in the opinion of the investigator, places the subject at undue risk, or prevents complete participation in the trial procedures, or potentially jeopardizes the quality of the study data
14. Use of any investigational product for an unapproved indication within 4 weeks prior to screening or currently enrolled in any other type of medical research judged not to be scientifically or medically compatible with this study
15. Known hypersensitivity to patiromer (RLYS016) or its components
16. Subjects currently being treated with or having taken any one of the following medications in the 7 days prior to screening: sodium or calcium polystyrene sulfonate or sodium zirconium cyclosilicate, or patiromer
17. An employee, spouse, or family member of the Sponsor (Vifor Pharma), investigational site or the Contract Research Organization
18. Planned or scheduled dialysis within 3 months of screening

practices for HF, there was a profoundly lower-than-expected enrolment rate as well as event rate. Additionally, considering the risk to the patients as well as the logistics concerns related to the impact on the COVID-19 pandemic on the operations of the trial, the objective of the study was adjusted by the academic oversight team and the sponsor while the study remained blinded.

The primary endpoint was changed to mean change in K<sup>+</sup> levels from baseline to all available post-baseline K<sup>+</sup> values (with sufficient numbers of patients at follow-up visits) to be analysed by a mixed model for repeated measures approach. A Gaussian linear model for repeated measures will be used to evaluate the primary endpoint with treatment, geographic region, sex, baseline type 2 diabetes mellitus status and treatment by visit interaction serving as factors, and baseline K<sup>+</sup> level and eGFR as covariates. All analyses will be restricted to serum K<sup>+</sup> levels and not substituted by plasma values, as plasma values are systematically lower. K<sup>+</sup> values, either central or local laboratory measured, will be assessed at all visits, and if both values are present at a given visit, then central values will be used. Least squares mean changes from baseline will be reported for both treatment groups with 95% confidence intervals.
confidence intervals (CIs) as well as the difference between the least squares group means with 95% CI and p-value testing the null hypothesis of no treatment effect.

Secondary efficacy endpoints will be analysed in a hierarchical manner and summarized descriptively through the calculation of point estimates by treatment group along with 95% CIs for the treatment differences. First, the time to the first event of hyperkalaemia (K\(^+\) > 5.5 mEq/L) will be analysed. Second, the time to event of reduction of the MRA dose below target (50 mg of spironolactone or eplerenone) will be assessed using a Cox proportional hazards regression model. Discontinuation of target dose would be required for at least 14 days, or less if at the EoS. Third, investigator-reported adverse events of hyperkalaemia (time-to-first and recurrent) will be analysed using a negative binomial regression with the logarithm of the individual follow-up time as offset. A joint frailty model of the total (first and recurrent) hyperkalaemia events and time to death as terminating event will be performed. Hyperkalaemia-related specific outcomes will be analysed using the unmatched win-ratio approach, with the following hierarchical components, all assessed during comparable follow-up times: time to CV death; total number of CV hospitalizations; and total number of hyperkalaemia events with K\(^+\) > 6.5 mEq/L, >6.0–6.5 mEq/L and >5.0–6.0 mEq/L. In addition, the RAASI use score will be analysed using the win-ratio approach for each pair of patients at the end of the comparable follow-up period for that pair of patients. Hierarchical components of the RAASI use score are illustrated in Figure 2.\(^{18}\) This score, ranging from 0 to 8 points, will be analysed at the respective time points for each patient in each comparison, and consists of all-cause death, total number of CV hospitalizations, and HF medication use. A list of other secondary endpoints, other endpoints and safety evaluations are provided in Table 4.

**Sample size and power calculation**

The sample size of 410 subjects per treatment arm for a total of 820 subjects will provide 90% power to detect a difference between the placebo and the patiromer group on the mean change in K\(^+\) levels from baseline. This sample size calculation was based upon the following assumptions: 2-sided alpha level of 5%, a difference between group means of 0.116, a standard deviation of 0.5, and a 5% loss to follow-up.\(^{19}\)

**Discussion**

The DIAMOND trial will evaluate whether the use of patiromer, a novel K\(^+\) binder, allows better serum K\(^+\) control in patients with HFrEF who are hyperkalaemic or have a history of hyperkalaemia and are being optimized on RAASI therapy. Previous studies have consistently demonstrated an association between elevated K\(^+\) levels with lower use of RAASI, which has poor prognostic implications in HFrEF.\(^{4,5}\) High K\(^+\) levels often lead to dose reduction or discontinuation of these proven therapies.\(^{4,6}\) Patiromer is a non-absorbable polymer that binds to free K\(^+\) in the gastrointestinal tract, thereby reducing the amount of K\(^+\) being absorbed in the blood.\(^{20}\) This ensures maintenance of normokalaemia without incurring adverse events due to the suboptimal dosing of guideline-recommended HF therapies.

The safety and efficacy of patiromer in patients with HF and/or CKD receiving RAASI therapy were initially established in several key clinical studies. In the 4-week PEARL-HF trial (Evaluation of Patiromer in Heart Failure Patients), patients treated with patiromer were significantly more likely to increase their dose of spironolactone from 25 to 50 mg/day compared with those receiving placebo without experiencing hyperkalaemia.\(^{19}\) Similarly, in the
DIAMOND design and rationale

Figure 2 Hierarchical components of the renin–angiotensin–aldosterone system inhibitor use score. ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ARNi, angiotensin receptor–neprilysin inhibitor; BB, beta-blocker; CV, cardiovascular; MRA, mineralocorticoid receptor antagonist.

12-week OPAL-HK study (A Two-Part, Single-Blind, Phase 3 Study Evaluating the Efficacy and Safety of Patiromer for the Treatment of Hyperkalemia), 6% and 56% of patients in the patiromer and placebo groups, respectively, had to discontinue RAASi therapy due to recurrence of hyperkalaemia.\(^1\) However, the reliability of these findings is limited by small sample size, short follow-up period and restricted analysis of HF subgroups that were not well phenotyped. Similar to patiromer, sodium zirconium cyclosilicate (SZC) is also a Food and Drug Administration-approved treatment for chronic hyperkalaemia.\(^2,3\) The PRIORITIZE HF (Potassium Reduction Initiative to Optimize RAAS Inhibition Therapy With Sodium Zirconium Cyclosilicate in Heart Failure) trial was also evaluating the efficacy and safety of using SZC to initiate and intensify RAASi therapy in HFrEF. However, the trial was prematurely terminated due to the COVID-19 pandemic, which resulted in a reduced sample size and inconclusive results.\(^4\) The REALIZE-K (Study to Assess Efficacy and Safety of SZC for the Management of High Potassium in Patients With Symptomatic HFrEF Receiving Spironolactone) trial is currently ongoing to determine if SZC can allow safe optimization of RAASi in patients with HFrEF while maintaining normokalaemia.\(^5\)

In circumstances where discontinuation of RAASi therapy is deemed necessary in HFrEF due to hyperkalaemia, guidelines suggest that the drug discontinuation period is kept to a minimum with the reintroduction of RAASi therapy when possible.\(^6,7\) However, evidence suggests that a significant proportion of these patients are unable to benefit from these recommendations due to prescriber inertia or persistent risk or fear of hyperkalaemia.\(^8,9\) Indeed, MRAs are often discontinued but rarely restarted after an episode of hyperkalaemia.\(^10\) The DIAMOND study included high-risk subjects (e.g. those with CKD, diabetes mellitus, older age, elevated natriuretic peptides) who pose the greatest therapeutic dilemma to clinicians, because they have the highest risk of developing hyperkalaemia but stand to benefit most from RAASi therapies. The DIAMOND trial will also assess clinical endpoints, such as time to CV death and CV hospitalization, but will not be powered for them. It will also evaluate quality-of-life measures. In addition, the trial will assess a novel
### Table 4  List of secondary endpoints, other endpoints and safety evaluations

#### Key secondary endpoints (hierarchically ordered)

1. Hyperkalaemia events with a $K^+ > 5.5$ mEq/L
2. Durable enablement to stay on the MRA target dose (of 50 mg daily spironolactone or eplerenone, respectively) as assessed by the between-treatment group difference of the cumulative frequency of patients not staying on that target dose

*Note:* Discontinuation of the target dose for at least 14 days (or less if at the EoS) is required to confirm this endpoint.

3. Investigator-reported events of hyperkalaemia (first and recurrent events)
4. Hyperkalaemia-related hard outcomes endpoints (win ratio)
   - Time to CV death
   - Total number of CV hospitalizations
   - Total number of hyperkalaemia toxicity events with $K^+ > 6.5$ mEq/L
   - Total number of hyperkalaemia toxicity events with $K^+ > 6.0–6.5$ mEq/L
   - Total number of hyperkalaemia toxicity events with $K^+ > 5.0$ mEq/L

5. RAASi use score (win ratio)

*Note:* This score (of 0–8 points) will be analysed at the respective time points for each patient in each comparison, and it consists of the following components:
   - All-cause death
   - Occurrence of a CV hospitalization
   - HF medication use and dose for (i) an ACEi/ARB/ARNi, (ii) an MRA, and (ii) a beta-blocker

#### Other secondary endpoints

- Durable enablement to stay on the target dose of ACEi/ARB/ARNi as assessed by the between-treatment group difference of the cumulative frequency of subjects not staying on that target dose

*Note:* Discontinuation of the target dose for at least 14 days (or less if at the EoS) is required to confirm this endpoint.

- Durable hyperkalaemia-free enablement to stay on the MRA target dose (days on 50 mg MRA without hyperkalaemia)

- Total number of hyperkalaemia toxicity events with $K^+ > 6.0–6.5$ mEq/L

- Emergency treatment for hyperkalaemia (hospitalization or emergency room)

- Total number of hyperkalaemia toxicity events with $K^+ > 5.0–6.0$ mEq/L

- KCCQ, OSS, CSS and TSS during the treatment phase

- Investigator-reported events of hyperkalaemia (recurrent events)

- Proportion of subjects on $\geq 50\%$ of target dose of ACEi, ARB, or ARNi and of MRA at the EoS visit

- Time to first occurrence of CV death or CV hospitalization

#### Other endpoints

- CV death
- First and recurrent CV hospitalizations
- First and recurrent HF hospitalizations (or equivalent in outpatient clinic)
- Patient-reported outcome: EQ-SD-5L questionnaire
- Proportion of subjects on any dose of MRA at the EoS visit
- Proportion of subjects on any dose of ACEi, ARB, or ARNi at the EoS visit
- Change in proteinuria from screening
- Change in NT-proBNP from screening
- Change in high-sensitivity troponin from baseline
- Functional status by NYHA class
- 30-day HF rehospitalization after a prior HF hospitalization
- Health economics and outcomes research analyses
- Proportion of subjects on $\geq 50\%$ of target dose of ACEi, ARB, or ARNi at the EoS visit
- Change in proteinuria from screening
- Change in NT-proBNP from screening
- Change in high-sensitivity troponin from baseline
- Functional status by NYHA class
- 30-day HF rehospitalization after a prior HF hospitalization
- Health economics and outcomes research analyses
- Mean difference in K^+ change from baseline between active and placebo arms at other time points

#### Safety evaluations

- Adverse events, including all-cause mortality
- All-cause mortality
- All-cause mortality
- Slope of eGFR change during the study
- Decline in eGFR $>50\%$ or end-stage renal disease, renal death, or need for dialysis
- Laboratory parameters other than those defined as efficacy endpoints

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ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ARNi, angiotensin receptor–neprilysin inhibitor; BNP, B-type natriuretic peptide; CSS, clinical summary score; CV, cardiovascular; eGFR, estimated glomerular filtration rate; EoS, end of study; EQ-SD-5L, EuroQol five-dimension, five-level; HF, heart failure; K^+, serum potassium; KCCQ, Kansas City Cardiomyopathy Questionnaire; MRA, mineralocorticoid receptor antagonist; NT-proBNP, N-terminal pro-B-type natriuretic peptide; NYHA, New York Heart Association; OSS, overall summary score; RAASi, renin–angiotensin–aldosterone system inhibitor; TSS, total symptom score.
composite endpoint including a RAASi use score using the win ratio.\(^\text{18}\)

The COVID-19 pandemic continues to evolve and has affected all aspects of clinical research, including enrolment, conduct of study procedures, and the natural history trajectory of the disease process, which has had an impact on outcomes. The DIAMOND trial is the first, and so far only, trial that was designed to assess clinical outcomes with the use of an enablement strategy for RAASi therapy. Unfortunately, for the foreseeable future, this question will remain unanswered with the change in the plans for the DIAMOND trial described herein. These dynamics will continue to affect other trials and hinder development of novel therapies for various diseases, underscoring the need for adapting to alternate research strategies to achieve these goals.

The DIAMOND trial will be the largest trial ever performed to assess the impact of patiromer on K\(^+\) control in patients with HFrEF with hyperkalaemia or a history of hyperkalaemia on a background of guideline-directed RAASi medication. Given the contraindication of hyperkalaemia with the usage of RAASI, this trial will add significantly to our knowledge about controlling K\(^+\) levels and the possible benefits of enabling RAASI in patients with HFrEF with the use of patiromer.

### Supplementary Information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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### References


