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1 ‘Super’ or just ‘above average’? Supershedders and the
2 transmission of *Escherichia coli* O157:H7 among feedlot
3 cattle.

4 Simon EF Spencer*, Thomas E Besser†, Rowland Cobbold‡ and Nigel P French§

5 **Abstract**

6 Supershedders have been suggested to be major drivers of transmission of *Escherichia coli*
7 O157:H7 (*E. coli* O157:H7) among cattle in feedlot environments, despite our relatively limited
8 knowledge of the processes that govern periods of high shedding within an individual animal.
9 In this study we attempt a data-driven approach, estimating the key characteristics of high
10 shedding behaviour, including effects on transmission to other animals, directly from a study
11 of natural *E. coli* O157:H7 infection of cattle in a research feedlot, in order to develop an
12 evidence-based definition of supershedding.

13 In contrast to the hypothesised role of supershedders, we found that high shedding individuals
14 only modestly increased the risk of transmission: individuals shedding over 10^3 cfu/g faeces

*Dept of Statistics, University of Warwick, UK. Email: s.e.f.spencer@warwick.ac.uk

†Dept Veterinary Microbiology and Pathology, Washington State University, Pullman WA 99164

‡School of Veterinary Science, University of Queensland, Gatton QLD 4343

§EpiLab, Infectious Disease Research Centre, Institute of Veterinary Animal and Biomedical Sciences, Massey University, New Zealand

15 were estimated to pose a risk of transmission only 2.45 times greater than those shedding below
16 that level. The data suggested that shedding above 10^3 cfu/g faeces was the most appropriate
17 definition of supershedding behaviour and under this definition supershedding was surprisingly
18 common, with an estimated prevalence of 31.3% in colonized individuals. We found no evidence
19 that environmental contamination by faeces of shedding cattle contributed to transmission over
20 timescales longer than 3 days and preliminary evidence that higher stocking density increased
21 the risk of transmission.

22 Key Index words or phrases: Supershedder, *Escherichia coli* infections/veterinary, cattle dis-
23 eases/epidemiology, Bayesian statistics

24 **1 Introduction**

25 Shiga toxin-producing *Escherichia coli* O157:H7 (*E. coli* O157:H7) continue to present a serious
26 threat to public health in many countries around the world [1–3]. The pathogen is associated
27 with severe haemorrhagic diarrhoea and serious sequelae which can result in loss of life [4, 5].
28 Cattle are considered the main reservoir host [6, 7] and, since the emergence of *E. coli* O157:H7
29 in 1982 [8] considerable efforts have been made to reduce the risk of zoonotic transmission
30 via food and environmental pathways, prompting the development of interventions such as
31 vaccination [9, 10]. Infection in cattle has major consequences for international trade in animal
32 products, particularly meat from cattle, and this, combined with the direct public health costs,
33 presents a major burden to the economies of many countries [11].

34 Mathematical models have been used to inform the design and impact of interventions [12–14],
35 understand transmission dynamics in dairy [15, 16] and beef [17, 18] production systems, and
36 determine the key processes that drive infection dynamics [16, 19]. To date, much of the
37 modelling has been carried out by constructing and simulating from mechanistic models [16]

38 and, fitting these models to experimental infection data [20] or cross sectional data on prevalence
39 and concentration of *E. coli* O157:H7 in cattle faeces [19].

40 A number of studies have focused on the role and importance of supershedders in transmission
41 and the maintenance of infection in cattle [1, 19]. Although the precise definition varies, su-
42 pershedders are usually defined as animals shedding relatively large concentrations of *E. coli*
43 O157:H7 in their faeces, generally between 10^3 and 10^4 cfu/g, for an extended period [21, 22].
44 They are considered to be responsible for a disproportionate amount of transmission. For ex-
45 ample, using data from Scotland [23], high shedders, defined as $\geq 3 \times 10^3$ cfu per gram of
46 faeces were estimated to constitute 8% of the cattle but 99% of the bacteria shed. It has been
47 suggested that these high shedders represent those animals that are colonized at the recto-anal
48 junction (RAJ), whereas the subset of low shedders are not colonized, and in some way rep-
49 resent a distinct process, whereby non-colonized animals amplify *E. coli* O157:H7 elsewhere
50 in the gut lumen and shed more briefly [1]. However, some important questions remain: is
51 there robust evidence for the presence of a distinct, identifiable sub-population of cattle that
52 are colonized and shed at high levels for a prolonged period and, if so, how important are these
53 animals for ongoing transmission and maintenance of this pathogen in groups of animals?

54 In this study, we present a formal consideration of the relationship between the concentration
55 of *E. coli* O157:H7 shed in faeces and transmission, using the results from a large-scale study
56 of natural infection in feedlot cattle [22] and fitting Bayesian SIS models that consider in detail
57 the relationship between shedding and R_0 , and the characteristics of the tests used to detect
58 shedding cattle. We derive the relationship between shedding and transmission and provide
59 new insight into the role played by supershedders in the maintenance of infection in cattle
60 populations. Finally we consider an appropriate definition of ‘supershedding’.

61 **2 Methods**

62 **2.1 Experimental data collection**

63 The data originate from a study of naturally occurring infection in feedlot cattle, described
64 elsewhere [22]. In brief, 20 pens of 8 steers were sampled approximately twice weekly over a
65 13 week grain feeding period. Animals were held in small research pens located on a working
66 commercial feedlot with over 10,000 animals on the premises. The pens were non-adjacent, so
67 that animals could only come into physical contact with their pen-mates. On each sampling
68 date, samples consisted of a Recto-Anal Mucosal Swab (RAMS) sample [24] and a sample of
69 freshly passed manure. Each sample was tested by PCR for the presence of *E. coli* O157:H7
70 and the shedding level measured by bacteriologic cultures as described [22]. The 12 pens in the
71 North of the facility measured 6×17 m (102 m²), whilst the 8 South pens measured 6×37 m
72 (222 m²).

73 **2.2 Transmission model**

74 A discrete time Susceptible-Infected-Susceptible (SIS) transmission model (Figure 1) was used
75 to model the spread of infection through a pen. In this framework each individual is assumed to
76 belong to one of two states for each day in the study: either susceptible or colonized (infected).
77 Colonized individuals were assumed to shed sufficient quantities of bacteria to infect other indi-
78 viduals in the pen, possibly indirectly via the environment, and so being colonized was assumed
79 to be the same as being infectious. Likewise we did not allow for any potential immunity, and
80 so being uncolonized was assumed to be the same as being susceptible to infection. We denote
81 the colonization status of individual i in pen p on day t by $X_{p,i,t}$ (for $p = 1, \dots, 20$, $i = 1, \dots, 8$,
82 $t = 1, \dots, 99$), where $X_{p,i,t} = 1$ if the individual was colonized and $X_{p,i,t} = 0$ otherwise.

83 Susceptible individuals were assumed to be at risk from colonization from both unmeasured
84 sources outside of the pen (such as contaminated feed, wildlife etc.) and other colonized individ-
85 uals within the pen. We assumed that the probability a susceptible individual avoids colonized
86 from sources outside of the pen on any given day was $e^{-\alpha}$: the probability of observing no
87 events in 1 time unit of a Poisson process with rate α . This parameterization therefore allows
88 α to be interpreted as the colonization rate from outside of the pen.

89 The main aim of this study was to quantify the relationship between the risk of colonization
90 and shedding. We assume the probability that an individual in pen p which is susceptible on
91 day t avoids colonization on day $t+1$ from individual j is given by $\exp\{-\beta f_{p,j,t}(\mathbf{X}_{p,j,1:t})\}$, where
92 the function $f_{p,j,t}$ characterises the total force of infection from material shed between days 1
93 and t by individual j in pen p and $\mathbf{X}_{p,i,1:t}$ denotes the vector $(X_{p,i,1}, \dots, X_{p,i,t})$. Therefore the
94 probability that an individual susceptible on day t avoids colonization on day $t+1$ is given by

$$P(X_{p,i,t+1} = 0 | X_{p,i,t} = 0) = \exp \left\{ -\alpha - \beta \sum_{j=1}^8 f_{p,j,t}(\mathbf{X}_{p,j,1:t}) \right\}.$$

95 These assumptions yield a non-Markovian model that has the potential to allow infectious
96 material to accumulate in the environment and cause colonizations later in the study. Note
97 that we do not distinguish between different transmission pathways, so that all within-pen
98 colonizations (such as direct contact between animals, or indirect transmission via the pen
99 floor, the water trough etc.) are captured by the parameter β . We assumed that the rate of
100 colonization between the study pens was negligible. The North pens and the South pens were
101 of significantly different sizes and so we allowed for different transmission rates in these two
102 environments, denoted by β_N and β_S respectively.

103 Once colonized, individuals were assumed to remain so for a number of days that followed a
104 negative binomial distribution with shape parameter r and mean duration μ . More precisely,

105 for $r > 0$, $\mu > 1$ and $k = 1, 2, \dots$,

$$\begin{aligned} & \text{P}(X_{p,i,(t+1):(t+k)} = \mathbf{1}_k, X_{p,i,t+k+1} = 0 | X_{p,i,t} = 0, X_{p,i,t+1} = 1) \\ &= \frac{\Gamma(r+k-1)}{(k-1)!\Gamma(r)} \left(\frac{r}{r+\mu-1}\right)^r \left(\frac{\mu-1}{r+\mu-1}\right)^{k-1}, \end{aligned}$$

106 where $\mathbf{1}_k$ is a vector of k ones. This non-standard parameterization ensures that the minimum
107 duration of colonization is one day, the mean duration is μ and the variance is $\mu - 1 + \frac{(\mu-1)^2}{r}$.
108 Finally, we assumed that at the start of the study each animal was colonized independently
109 with probability π .

110 2.3 Modelling the RAMS and faecal tests

111 Very little is known about the internal processes that govern RAJ colonization and the re-
112 sulting shedding behaviour. Many existing studies have been cross-sectional and are therefore
113 uninformative regarding the duration and intensity of shedding during a typical colonization
114 episode. In this study we circumvented the need to model such processes internal to the animal
115 by splitting the observed data (the RAMS counts and faecal counts) into two parts. First we
116 used exponential smoothing to bridge the gaps between the tests and to combine the RAMS
117 counts with the faecal counts. Where there were only negative tests we inserted the detection
118 limit of the tests so that the output can be interpreted as the estimated shedding level over
119 time conditional on the animal being colonized. Secondly, in an entirely separate inferential
120 step, we fitted the SIS transmission model described in Section 2.2 to the binary outcomes of
121 the RAMS and faecal tests (i.e. simply whether or not *E. coli* O157:H7 was detected).

122 Since each putative *E. coli* O157:H7 isolate was confirmed by multiple phenotypic and genetic
123 markers [22], we assumed that both the RAMS and the faecal tests had 100% specificity. We
124 estimated both test sensitivities separately, with parameters θ_R for the RAMS test and θ_F

125 for the faecal test. Note that these sensitivities represent the sensitivity of the whole sample
126 acquisition and testing procedure and not simply the laboratory benchmark sensitivity, which
127 could reasonably be assumed to be the same for both tests. We also assumed that the tests were
128 conditionally independent given the colonization status of the animal. Under these assumptions
129 if either the RAMS or the faecal test were positive then the animal must have been colonized.
130 If neither of the tests were positive, the animal may still have been colonized, but neither of
131 the tests was sufficiently sensitive to detect it.

132 **2.4 Estimating shedding levels**

133 Exponential smoothing was used to estimate the shedding level on each day for each animal,
134 conditional on the animal being colonized. First we examined only the cases where both the
135 RAMS and the faecal samples were positive. The mean for RAMS was $4.589 \log_{10}$ cfu per gram
136 and the mean for the faecal samples was 3.306, 1.283 lower. This difference is likely to be from
137 the dilution of the bacteria from the recto-anal junction colonization site by faeces. Therefore
138 for the purposes of combining these two counts into an overall shedding level we subtract 1.283
139 from each of the RAMS counts to bring them onto the same scale as the faecal counts.

140 The shedding level of individual i in pen p on day t was given by

$$S_{p,i,t} = \sum_{k \in T_{i,p}} w_k(t) o_k,$$

141 where $T_{i,p}$ is the index set for all of the RAMS and faecal tests for individual i in pen p ; o_k is
142 the k th observation and $w_k(t)$ is the weight of observation k .

143 When only one of the two tests was positive then the negative test was given a weight of zero.
144 When neither test was positive, then since we wish to interpret the count as the shedding level
145 given that the animal is positive, we included a single observation with the detection limit of

146 the RAMS sample, which equated to $0.64 \log_{10}$ cfu per gram faeces. The weight function $w_k(t)$
147 was calculated using

$$w_k(t) \propto \exp(-\lambda|t - t_k|),$$

148 where t_k is the day sample o_k was taken. The weights were normalised to sum to 1. Finally, λ
149 was chosen to be $\log(2)$ so that the influence of each observation halved with each additional
150 day moved away from it.

151 **2.5 Relating shedding to colonization**

152 The principal aim of this study was to characterise the relationship between episodes of high
153 shedding and the risk of colonization. We assumed that individuals that shed above a certain
154 quantity contribute a relative increase in risk.

$$f_{p,j,t}(\mathbf{X}_{p,j,1:t}) = \begin{cases} \rho X_{p,j,t} & S_{p,j,t} \geq \tau, \\ X_{p,j,t} & S_{p,j,t} < \tau. \end{cases}$$

155 The threshold τ can be either chosen to match a prespecified definition of a supershedder or
156 derived directly from the data. We considered the following predefined values for τ : 2, 2.717,
157 3, 3.333, 3.477 and $4 \log_{10}$ cfu/g for the faecal test (see Table 2).

158 **2.6 Extended model: environmental accumulation and decay**

159 We extended the model in 2.5 so that infectious material shed earlier in the study can accumu-
160 late in the environment and retain some risk of infection. It was assumed that the risk reduced

161 by a fixed proportion δ each day, resulting in a geometric decay in risk.

$$f_{p,j,t}(\mathbf{X}_{p,j,1:t}) = \sum_{u=1}^t \delta^{t-u} \rho^{\mathbb{1}_{\{S_{p,j,u} > \tau\}}} X_{p,j,u}.$$

162 2.7 Model fitting

163 The models described in section 2.5 and 2.6 were fitted in a Bayesian framework using Markov
164 chain Monte Carlo (MCMC). In all cases prior distributions were chosen to be relatively un-
165 informative. Parameters representing probabilities (θ_R , θ_F and π) were given Beta(1, 1) priors
166 and updated using Gibbs steps. Parameters on finite domains, such as δ and τ , were given
167 uniform priors. The remaining parameters (see Table 1) with domains on $[0, \infty)$ were given
168 Gamma(1, 1) priors and updated in blocks using multivariate normal Metropolis-Hastings pro-
169 posals. Appropriate proposal covariance matrices were estimated from pilot runs. The hid-
170 den colonization status $X_{p,i,t}$ was updated using an adaptation of the method of O’Neill and
171 Roberts [25], described in SI.

172 3 Results

173 3.1 Raw data

174 *E. coli* O157:H7 was isolated in all 20 study pens, with an average prevalence of 13.5% in North
175 pens and 11.2% in South pens. The RAMS tests (473 positives) were found to be more sensitive
176 than the faecal samples (283 positives). Figure 2 (left plots) shows the timecourses of positive
177 tests for pens 7 and 8, which contain 4 of the 5 supershedders as defined in Cobbold *et al.* [22].
178 Plots for the remaining pens are given in SI. Figure 2 (right plots) show the level of shedding
179 for the two individuals highlighted in the left plots. To ensure comparability between RAMS

180 and faecal levels, the RAMS levels have been adjusted to the same scale as the faecal tests in
181 order to account for the dilution of the bacteria with faeces.

182 Using their definition of a supershedder (an individual with mean shedding level greater than
183 $4 \log_{10}$ cfu per positive RAMS and at least 4 consecutive positive RAMS), Cobbold *et al.* [22]
184 identified 5 supershedding animals contained in 3 pens. In this study we reconsidered the
185 concept of identifying individual animals as supershedders and instead focus on supershedding
186 behaviour, which we define to be periods of time in which shedding exceeds a certain thresh-
187 old. We considered both a list of predefined thresholds for supershedding (see Table 2) and a
188 threshold estimated from the data.

189 **3.2 Smoothed shedding levels**

190 The first stage of our analysis was to estimate the shedding level of each animal for each day
191 in the study, given that it was colonized, via exponential smoothing. The smoothed shedding
192 levels for two animals are given in Figure 2. When both the RAMS and faecal tests were
193 negative, we assumed that the animal was shedding at the detection limit of the RAMS given
194 that it was colonized. Plots of the smoothed shedding levels for every animal are given in SI.

195 **3.3 Natural history parameters**

196 The primary focus for this study was in developing an appropriate model to relate the risk of
197 colonization to the shedding level. Nonetheless fitting an explicit transmission model allowed
198 us to estimate several biologically interesting parameters relating to the natural history of *E.*
199 *coli* O157:H7 colonization and the study procedures. These parameters appear in all of the
200 models and since their inferred values were broadly unaltered by the choice of supershedding
201 threshold (τ), we summarise the results here from the model described in 2.5, in which the

202 value of τ was inferred from the data. Posterior summaries and parameter interpretations are
203 given in Table 1.

204 We estimated the posterior median colonization period to be 9.6 days, with a posterior median
205 shape parameter of 1.5. We also estimated that 9.8% of the animals were colonized at the start
206 of the study. The posterior median test sensitivity of the RAMS was estimated to be 78%, and
207 the faecal test 47%.

208 We inferred the posterior probability of colonization for every animal in every day of the study.
209 Animal 6 in pen 8 is given as a typical example in Figure 3(a), with the RAMS and faecal tests
210 superimposed at 1 if positive and at 0 if negative. Full details of these posterior distributions
211 are given in the supplement.

212 **3.4 Colonization parameters**

213 The posterior median rate of external transmission was 0.009 which implies each pen receives
214 one external infectious contact on average every 14.5 days. In the North pens the posterior
215 median of the within-pen colonization rate was 0.011, which implies that a single colonized
216 individual within the pen exerts approximately the same infectious pressure as all of the external
217 sources of infection. In the South pens the within-pen colonization rate was roughly half that of
218 the North pens, recalling that the South pens were approximately twice the area of the North
219 pens. The posterior median of the ratio β_N/β_S was 2.41 (95% CI 1.31–5.70).

220 Figure 3(c) shows the posterior distribution of the supershedding threshold τ . Recall that
221 individuals shedding at levels above τ pose a relative risk ρ times that of individuals shedding
222 below τ . The posterior distribution of ρ is given in Figure 3(d). The joint posterior distribution
223 of ρ and τ (given in SI) reveals that when $\tau > 4$ the shape of the posterior follows the shape
224 of the prior distribution and so the data were only weakly informative about the risk posed by

225 individuals shedding above this level.

226 Clearly the supershedding threshold τ and the relative risk ρ are highly dependent parame-
227 ters, and so to better illustrate their relationship we have calculated the posterior expected
228 reproduction function (Figure 3(b)). The reproduction function is an extension of the basic
229 reproduction number R_0 stratified as a function of the level of shedding. We define the repro-
230 duction function to be the expected number of secondary colonizations that would result from a
231 single colonized individual shedding at a fixed level throughout their colonization period, in an
232 otherwise uncolonized pen. This quantity encapsulates all of the epidemic parameters except
233 for the external transmission rate, and has the property that where the reproduction function
234 is greater than one the level of transmission within the pen is sufficient to result in a sustained
235 outbreak without any external contributions.

236 **3.5 Fixed supershedding threshold**

237 We wished to explore further the effect that different definitions of supershedding would have
238 on the risk posed by supershedders. We refitted the model with supershedding threshold fixed
239 at a range of predefined values.

240 When τ was chosen to be 10^3 cfu/g faeces we found that the posterior median relative risk was
241 2.449 for supershedding cattle. Results for other choices of τ are given in Table 2. The 95%
242 credible interval for the relative risk did not include 1 under this definition of supershedding,
243 showing significant evidence of an increase in risk. The remaining definitions did not show
244 significant evidence for an increase.

245 **3.6 Extended model: environmental accumulation and decay**

246 Finally we consider an extended model described in 2.6 in which faecal material accumulates in
247 the environment once it has been shed, before decaying away. This allows individuals to become
248 colonized from animals that were shedding earlier in the study but are not shedding contem-
249 poraneously. Figure 4 displays the posterior distribution for the half-life of risk attributed to
250 faecal material shed into the environment. The posterior median half-life for the risk of col-
251 onization was 0.45 days (95% CI: 0.15–1.68). The majority of the posterior distribution lies
252 shorter than 2 days, which is less than the shortest interval between tests. Therefore there
253 is no evidence from these data that faecal material shed into the environment posed a risk of
254 colonization to other animals in the pen for substantial amounts of time after it had been shed.
255 Posterior distributions for the remaining parameters (given in SI) are remarkably similar to the
256 ones for the model without environmental accumulation.

257 **4 Discussion**

258 The three key findings from this study are that (i) supershedding individuals appear to pose
259 approximately double the risk of transmission resulting in colonization, compared to low shed-
260 ding individuals; (ii) a data-driven estimate for the definition of a supershedding threshold was
261 $3 \log_{10}$ cfu/g faeces and (iii) there was no evidence of environmental transmission occurring
262 over timescales longer than 2 days.

263 Finding (i) contrasts sharply with the prevailing view expressed in the literature on supershed-
264 ders of *E. coli* O157:H7, that since high shedding animals are expelling several orders of mag-
265 nitude more bacteria, then their risk of transmission must be raised by a similar amount [19].
266 Our finding appeared to be robust to whether the threshold for supershedding was estimated
267 from the data (Figure 3(d)) or whether it was predetermined (Table 2). Even low dose ex-

268 posures have been shown to lead to colonizations in challenge studies [26, 27], and this might
269 explain why the risk of colonization was not strongly related to the number of bacteria shed.
270 It has been suggested that interventions targeting high shedding individuals would be dispro-
271 portionally effective [19, 22] but our results suggest that such interventions would not reduce
272 within-herd transmission by as much as anticipated.

273 Our results do suggest a potential intervention to reduce transmission within pens. The South
274 pens were 2.18 times the area of the North pens, and the transmission rate 2.41 times lower in
275 the South pens. This might suggest reducing animal density as a means to reduce within-pen
276 transmission in the feedlot environment. It was notable that in the South pens the reproduction
277 functions were generally below one, implying that infection from outside the pen was necessary
278 for the infection to persist in the pen. The animal densities in these study pens approximate
279 those of high density (North pens) and low density (South pens) commercial feedlot pens,
280 so the range of stocking density here is directly relevant to those in use in the industry [28].
281 Furthermore, the use of increased stocking density during summer months as a management
282 tool to reduce feedlot dust emissions [29, 30] roughly correlates with the higher average *E. coli*
283 O157:H7 faecal prevalence in feedlot cattle during that period [31]. Our study was not designed
284 to investigate pen area as a risk factor for transmission, however our data is supported by a
285 previous study in which it was observed that cattle density within feedlot pens correlated with
286 the prevalence of faecal *E. coli* O157:H7 shedding [32]. On the other hand, Renter *et al.* did
287 not detect an effect of confinement on the prevalence of faecal shedding of *E. coli* O157:H7
288 by cattle when comparing feedlot and pastured cattle, after controlling for the younger age of
289 the feedlot cattle [33]. It may be that there are different drivers of transmission in pasture
290 environments, such as infection from wild animals and increased contact between cattle around
291 water sources.

292 Cobbold *et al.* [22] defined a supershedder to be an individual with a mean RAMS greater than
293 $4 \log_{10}$ cfu/swab with at least 4 consecutive RAMS tests. Although this definition characterises

294 individuals that are colonized at the recto-anal junction (RAJ) with high levels of bacteria and
295 for a sustained period, there are two important drawbacks with this as a general definition
296 of supershedding. Firstly, it is difficult to generalize to cross-sectional studies or longitudinal
297 studies with a different sampling frequency because of the requirement for 4 consecutive pos-
298 itive tests. Secondly, because the average RAMS level is taken over all positive tests in the
299 study it will regress towards the mean shedding level as greater numbers of positives appear.
300 Consequently this definition actually favours individuals with fewer positives. There is clear
301 evidence of this effect in Figure 2, where 3 of the 4 supershedders identified by Cobbold *et*
302 *al.* (labelled on the left hand side with “SS”) have close to the minimum number of positive
303 RAMS tests – just 4 consecutive ones. The remaining supershedder identified in the study also
304 had 4 positive RAMS tests (not shown).

305 These considerations motivate the need for a more generalisable definition of supershedding
306 behaviour. There remains little evidence from longitudinal studies on how long supershedding
307 behaviour persists in individual animals. It is certainly not well established that individuals
308 identified to be shedding at high levels will again shed at high levels after a period free from
309 colonization. Cattle infected by *E. coli* O157:H7 respond with specific mucosal and systemic
310 immune responses, and these responses may contribute to clearance of infection [34,35]. How-
311 ever, cattle have been shown to be susceptible to recolonization shortly after clearance in both
312 observational and experimental studies, albeit often accompanied by faecal shedding reduced in
313 level and duration [36,37]. Therefore the process through which individual animals clear colo-
314 nization remains undefined. One hypothesis might be that supershedding is the indirect result
315 of interactions between different components of the RAJ microbiome that permits temporary
316 or persistent dominance by *E. coli* O157:H7. Likewise, the process of decolonization may be
317 the result of changes in the competing bacterial flora at the RAJ, perhaps acting in concert
318 with RAJ mucosal immune responses.

319 These considerations lead us to suggest moving away from the idea that individual animals

320 can be categorized as supershedders, but instead that supershedding behaviour is a transient
321 property that can appear and disappear over time. We propose that supershedding behaviour
322 be defined by achieving a single shedding level above a certain threshold. Ideally the shedding
323 level would be measured using the RAMS test as we found it to be more sensitive than the faecal
324 test and it is presumably more specific to RAJ colonization. However since faecal sampling is
325 more widespread and far easier to undertake, we have described our results in terms of this
326 test. All that remains is to decide on an appropriate threshold.

327 A variety of different thresholds for supershedding of *E. coli* O157:H7 in cattle have been used in
328 the literature, including 10^4 cfu/RAMS [22], 10^4 cfu/g faeces [38–40], 10^3 cfu/g faeces [41] and
329 3×10^3 cfu/g faeces [12]. In this study we have converted these into cfu/g faeces, based on an
330 average swab weight of 0.242g and a faecal dilution factor of 5.21% ($10^{-1.283}$) when comparing
331 RAMS and faecal tests. These conversions are summarised in Table 2. By fitting a model in
332 which the supershedding threshold τ could be estimated from the data, this study has been the
333 first to provide a data-driven definition of supershedding. The posterior median supershedding
334 threshold was $3.2 \log_{10}$ cfu/g faeces however the posterior mode was closer to 3. This suggests
335 that 10^3 cfu/g faeces might be the most appropriate threshold for supershedding. This definition
336 also produced the highest relative risk posed by supershedders (Table 2). However note that
337 there is considerable uncertainty in the posterior distribution of the supershedding threshold
338 (Figure 3(c)), and so this finding will be worth re-evaluating as more evidence becomes available.

339 The raw prevalence, based on samples in which at least one of the two tests was positive, was
340 12.6%. The posterior expected prevalence, which takes into account colonized animals that
341 failed to test positive was 14.6%. Using 10^3 cfu/g faeces as the threshold for supershedding
342 behaviour we find a prevalence of supershedding behaviour of 4.6% and hence the prevalence of
343 supershedding behaviour during colonization was 31.3%. The abundance of supershedding be-
344 haviour adds further weight to the idea that supershedding may not be particularly exceptional
345 or influential to transmission and is therefore somewhat misnamed.

346 In Section 3.6 an extended model was fitted which had the ability to capture the accumulation
347 and removal of bacteria in the environment as the study progressed. In particular, the risk of
348 infection from faeces continued beyond the day on which it was shed. This model estimated
349 that the half-life for the risk of colonization from faeces (Figure 4) was 0.45 days. This is much
350 smaller than existing survival estimates in experimental settings, such as survival in soils [42,43]
351 and on farmyard material surfaces [44]. We found no significant risk of colonization beyond 2
352 or 3 days after shedding, which coincides with the shortest time interval between tests in our
353 study. Consequently there was not the temporal resolution in our dataset to determine whether
354 the risk of infection was spread across a few days or concentrated around the time that shedding
355 occurs. However the data appear to contain no evidence of longer-term risk of transmission.
356 For reasons of parsimony it therefore appears most sensible to use a Markovian transmission
357 model, in which the risk of transmission occurs only on the day of shedding, because such
358 models require fewer parameters.

359 If we link together the findings that the risk of transmission is not strongly linked to the level
360 of shedding, but it is related to pen area, then this could support the hypothesis that ingestion
361 of faecal material from the pen floor is the prevailing risk-factor for within pen transmission.
362 In particular the density of recent faecal pats on the pen floor (irrespective of the concentration
363 of bacteria within the faeces) may be worth further investigation as a driver of transmission
364 within the feedlot environment.

365 The two diagnostic tests produced very different posterior median sensitivity estimates: 0.78
366 (95% CI 0.73–0.82) for the RAMS and 0.46 (95% CI 0.42–0.51) for the faecal test. Note that
367 these sensitivities encompass the whole sampling procedure (sample capture, transportation
368 and lab work); and not just the laboratory benchmark sensitivity, which could reasonably
369 be assumed to be the same for both tests. The faecal test sensitivity is likely to be lower
370 due to the dilution of the bacteria with faeces, which coincides with most of the existing
371 literature [24,45,46], but not all [47–49]. It is unsurprising that there is some variation between

372 studies as the sensitivity is likely to depend strongly on the exact sampling protocol and study
373 design.

374 An obvious weakness with the models discussed in this paper is the assumption that the sen-
375 sitivity of the RAMS and faecal tests does not depend on the shedding level of the animal. *A*
376 *priori* we would expect that high shedding individuals would be easier to detect than individ-
377 uals shedding at levels close to the detection limit of the tests and this should be addressed
378 in future modelling work. A further weakness is that the model does not account for any un-
379 certainty in the shedding levels, which were estimated via exponential smoothing in a separate
380 inferential step. Ideally the shedding level would be estimated concurrently with the coloniza-
381 tion status, but to do so would require the model to describe the way that shedding levels
382 evolve through time within an individual animal. At present there is not enough available data
383 or understanding of the biological processes involved to parametrise such a model.

384 *External validity.* The data used in this study come from research pens of 8 cattle which, due
385 to their small size, may not entirely reflect the dynamics of transmission within the much larger
386 pens used in commercial feedlots, although pen densities are likely to be comparable. However,
387 the research pens were located outside on a fully operational commercial feedlot and, except for
388 the sampling procedures, the treatment was the same as for the full-scale commercial setting.
389 The costs of performing such intensive sampling on commercial scale pens would be prohibitive
390 and so having sufficient data to reconstruct the transmission dynamics must necessarily come
391 at a cost to external validity. A recent review [50] highlighted only one longitudinal study with
392 larger pen sizes [38] with an average pen size of 31.9, however the sampling frequency was once
393 per month, which would make reconstructing the transmission process between tests extremely
394 challenging from these data. Our observations regarding the effects of supershedder thresholds
395 and animal density on transmission rates are plausible but should be applied tentatively to
396 other cattle production systems or to other host-agent systems for which supershedders are
397 proposed to play a role.

398 To our knowledge this study has been the first to employ a data-driven approach to characterise
399 supershedding behaviour. Although our findings were based on data from only one study on a
400 much smaller scale than a commercial feedlot, our modelling approach could readily be applied
401 to more comprehensive longitudinal datasets as they emerge. In contrast to previous efforts
402 to model the effects of supershedders, we report here little support for dramatically higher
403 effects of these animals in driving transmission. In addition, our data give little indication that
404 individual cattle persistently exhibit supershedder behaviour but rather, are consistent with
405 periodic or episodic supershedding among many or most colonized cattle.

406 **Author contributions**

407 S.E.F.S. designed the model, carried out the statistical analyses and drafted the manuscript;
408 T.E.B., R.C. and N.P.F. provided input on contextual interpretation and practical impacts of
409 findings and drafted the manuscript. R.C. provided the data. All authors gave final approval
410 for publication.

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| Parameter | Posterior median | Interpretation |
|------------|----------------------|---|
| α | 0.009 (0.006, 0.012) | External colonization rate (days ⁻¹) |
| β_N | 0.011 (0.006, 0.016) | Within-pen colonization rate, North (days ⁻¹) |
| β_S | 0.004 (0.002, 0.009) | Within-pen colonization rate, South (days ⁻¹) |
| τ | 3.199 (2.319, 5.170) | Supershedding threshold (log ₁₀ cfu/g faeces) |
| ρ | 1.910 (0.111, 4.093) | Supershedding relative risk |
| μ | 9.578 (8.170, 11.04) | Mean colonization duration (days) |
| κ | 1.524 (0.910, 2.518) | Shape parameter of colonization period |
| π | 0.098 (0.056, 0.154) | Probability colonized initially |
| θ_R | 0.776 (0.733, 0.817) | Sensitivity of RAMS |
| θ_F | 0.464 (0.423, 0.507) | Sensitivity of faecal test |

Table 1: Interpretation and posterior medians of the model parameters, for the model in which the supershedding threshold τ is inferred from the data (see Section 2.5). Values in parenthesis indicate 95% credible intervals.

| Supershedding definition | Supershedding threshold (log ₁₀ cfu/g faeces) | Posterior median relative risk |
|---------------------------------------|---|--------------------------------|
| 10 ² cfu/g faeces | 2 | 1.209 (0.527, 2.653) |
| 10 ⁴ cfu/g RAMS | 2.717 | 1.843 (0.852, 4.034) |
| 10 ³ cfu/g faeces [41] | 3 | 2.449 (1.232, 4.618) |
| 10 ⁴ cfu/swab RAMS [22] | 3.333 | 1.930 (0.766, 3.742) |
| 3 × 10 ³ cfu/g faeces [12] | 3.477 | 2.221 (0.793, 4.654) |
| 10 ⁴ cfu/g faeces [38–40] | 4 | 1.622 (0.142, 4.286) |

Table 2: Posterior median relative risk for selected supershedding thresholds converted to log₁₀ cfu/g faeces. Values in parenthesis indicate 95% credible intervals.

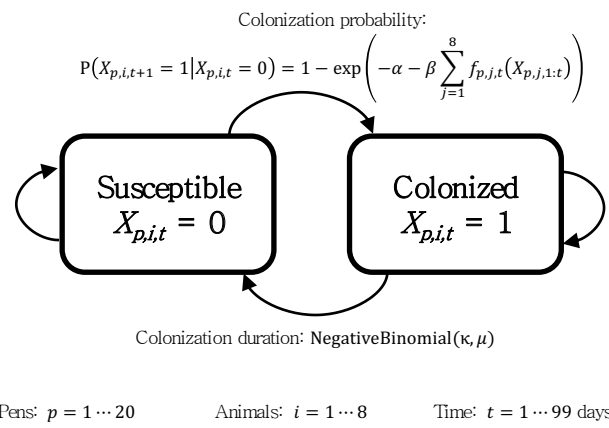


Figure 1: Illustration of the transmission model.

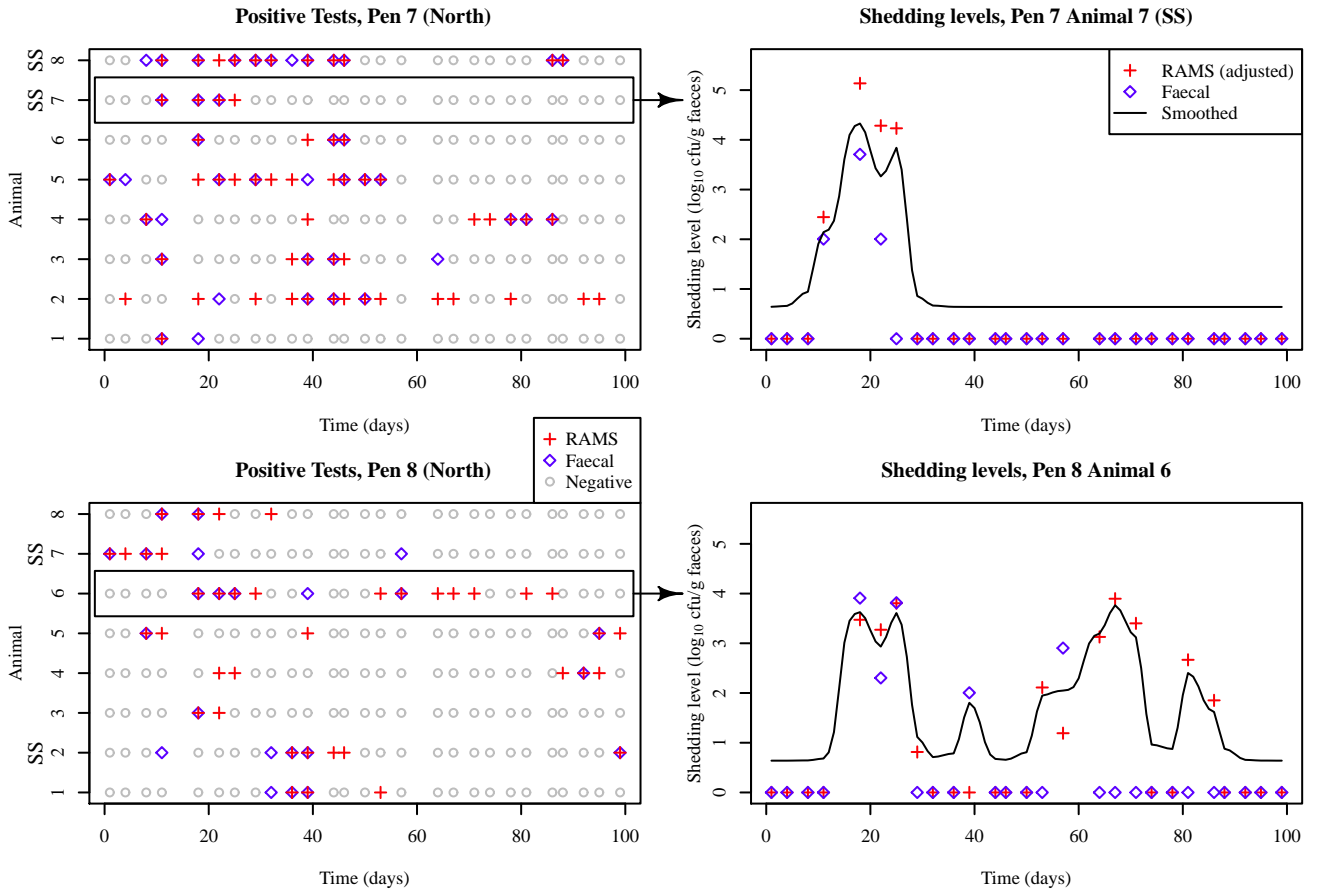


Figure 2: *E. coli* O157:H7 positive tests against time (left plots) for pens 7 and 8 with measured shedding levels and exponentially smoothed shedding levels (right plots) for two animals. The letters “SS” indicate that the animal was termed a supershedder under the definition of [22]. Complete plots given in SI.

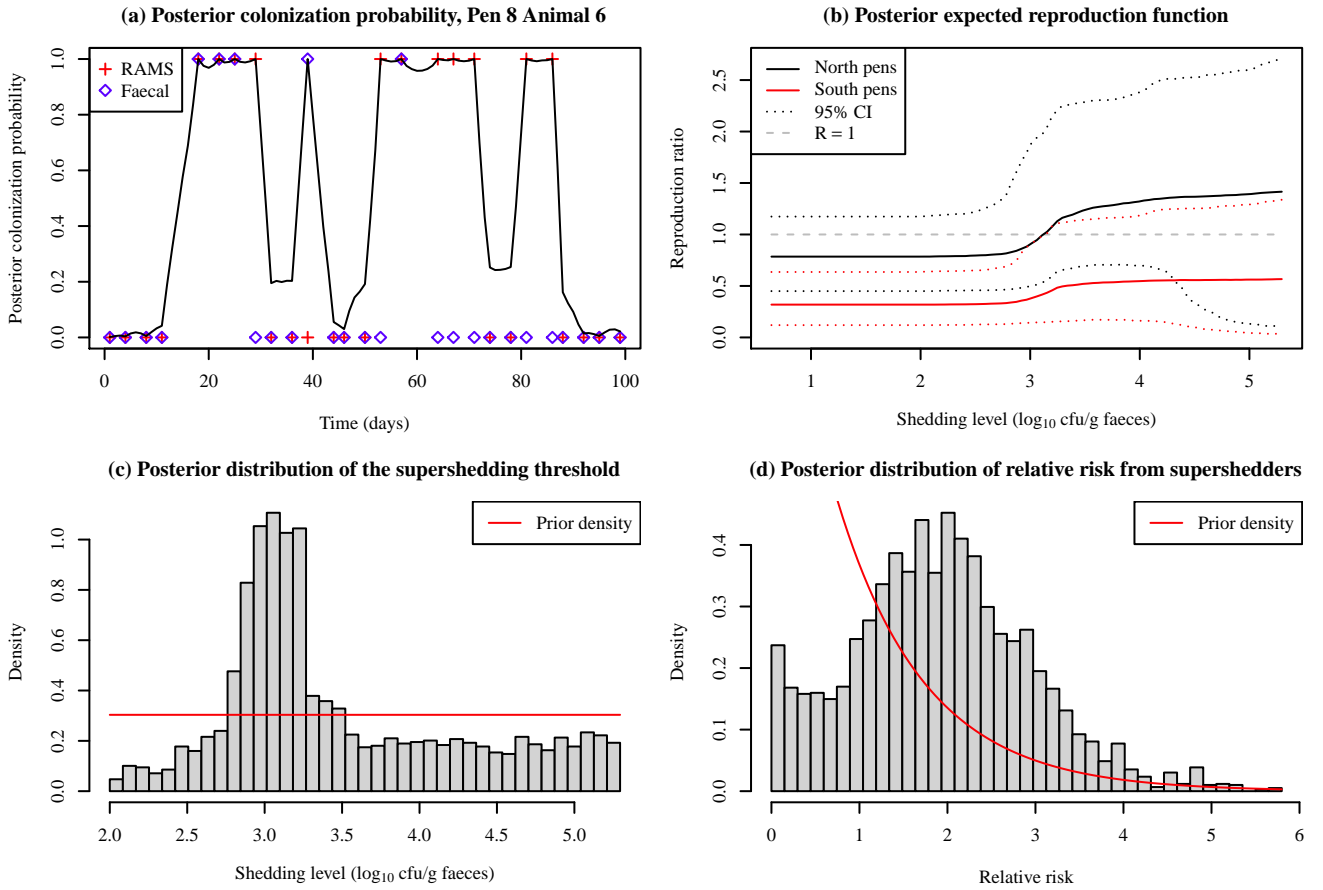


Figure 3: (a) Posterior colonization probability with positive and negative tests marked at 1 and 0 respectively. (b) Posterior expected reproduction function against shedding level with 95% credible intervals as dotted lines. (c) Posterior and prior distributions of the supershedding threshold τ . (d) Posterior and prior distributions for the relative risk ρ posed by individuals shedding above the supershedding threshold τ .

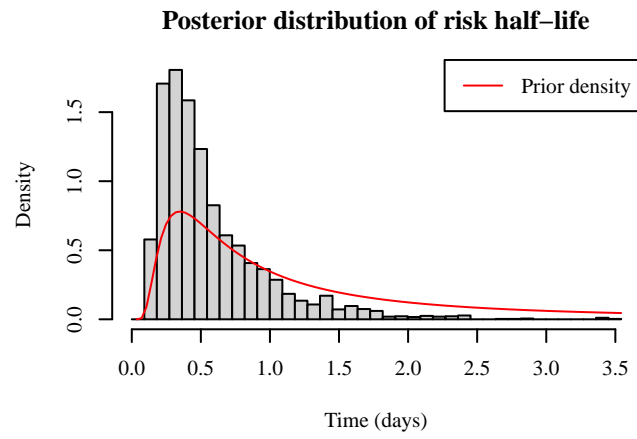


Figure 4: Posterior and prior distributions for the half-life of the risk from faecal material shed into the environment.