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1 **A longitudinal study of factors associated with acute and chronic mastitis**
2 **and their impact on lamb growth rate in 10 suckler sheep flocks in Great**
3 **Britain**

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7

8 **ABSTRACT**

9 A 2-year prospective, longitudinal study of 10 suckler sheep flocks in Great Britain was run
10 to identify factors associated with acute mastitis (AM) and chronic mastitis, and their impact
11 on lamb growth rate. Data were collected on AM, intramammary masses (IMM; a marker for
12 chronic mastitis), udder and teat conformation, teat lesions, body condition, ewe nutrition,
13 litter size, lamb weight and general flock management. Each flock was visited twice each
14 year, approximately 4 weeks before lambing and 9 weeks into lactation, for two years and all
15 ewes present at a visit were examined. There were 7021 examinations in total. AM was
16 reported in 2.1 - 3.0% of ewes / year; this ranged from 0.0% to 37.1% by flock. IMM were
17 detected in 4.7% of ewes in pregnancy and 10.9% of ewes in lactation. Once an IMM had
18 been detected there was an increased risk of future IMM although IMM were not consistently
19 present. The majority of ewes had good udder conformation to suckle lambs. Factors
20 associated with AM, IMM in pregnant and lactating ewes, udder conformation and lamb
21 daily live weight gain were explored using mixed effect multivariable models. An increased
22 risk of AM was associated with underfeeding protein in pregnancy (OR 4.05), forward

23 pointing teats (OR 2.54), downward pointing teats (OR 4.68), rearing ≥ 2 lambs (OR 2.65),
24 non-traumatic teat lesions (OR 2.09); and marginally associated with the presence of IMM.
25 An increased risk of IMM in lactation was associated with AM during lactation (OR 12.39),
26 IMM in pregnancy (OR 4.79), IMM in the previous lactation (OR 4.77), underfeeding energy
27 in pregnancy (OR 6.66) and traumatic teat lesions (OR 2.48). An increased risk of IMM in
28 pregnancy was associated with IMM in the previous pregnancy, IMM in the previous
29 lactation and underfeeding energy in the previous lactation (OR 2.95). Lower lamb daily live
30 weight gain was associated with traumatic teat lesions, IMM in lactation (-0.01 kg / day) and
31 AM (-0.04 kg / day). We conclude that inadequate nutrition is an important cause of mastitis
32 in suckler ewes which farmers could address in part using current nutritional guidelines but
33 further work is needed. The relationship between AM and IMM indicates that separating or
34 culling ewes with IMM would help reduce AM.

35

36 **Key words:** Longitudinal study; Suckler ewe; Mastitis; Lamb daily live weight gain; Mixed
37 effect models.

38 **1. Introduction**

39 In ewes, acute mastitis (AM) can lead to sudden death, loss of an affected udder half, chronic
40 intramammary infection detected as masses (abscesses) in the mammary gland, raised
41 somatic cell count (SCC), or full recovery. Farmers have reported a flock incidence of AM of
42 0 - 5% per year in England and Ireland (Cooper et al., 2016; Onnasch et al., 2002), although
43 the true figures might be higher. It has been suggested that farmers under-report AM, even in
44 dairy ewes that are observed more frequently than suckler ewes (Lafi et al., 1998). Anecdotal
45 reports from farmers indicate that 20 – 30% of ewes culled from the flock at weaning have
46 udder damage from AM or chronic mastitis with palpable intramammary masses (IMM).

47 Given that the average replacement rate in suckler flocks in the UK is 20%, this amounts to
48 approximately 8% of the national flock removed because of mastitis each year.

49 The economic costs of mastitis for the farmer therefore come from treatment costs, costs of
50 replacement ewes when ewes die or are prematurely culled (due to losing the function of one
51 or both glands or other udder damage such as IMM), reduced income from loss of lambs and
52 for ewes with a SCC > 400,000 cells / ml milk, reduced milk production that causes slower
53 growth rates in lambs (Arsenault et al., 2008; Huntley et al., 2012). AM is also a significant
54 welfare concern; it is a painful disease that can lead to death while ewes with IMM are often
55 prematurely culled by farmers. AM and IMM both affect milk production (Arsenault et al.,
56 2008; Huntley et al., 2012) which impacts negatively on lamb health and welfare.

57 Larger litter size, older age, a previous case of mastitis, breed, management systems and
58 geographical region are all reported risk factors for AM (Arsenault et al., 2008; Larsgard and
59 Vaabenoe, 1993; Pereira et al., 2014; Waage and Vatn, 2008) indicating that both individual
60 ewe and environmental factors are involved in disease pathogenesis. Poor body condition has
61 been linked to increased risk of subclinical mastitis (Arsenault et al., 2008; Huntley et al.,
62 2012), clinical mastitis (Onnasch et al., 2002) and traumatic teat lesions (Cooper et al., 2013)
63 and so poor nutrition is also likely to be an important risk for mastitis.

64 In dairy sheep, good udder conformation is associated with a decreased risk of mastitis (Casu
65 et al., 2010). A number of linear scoring systems of udder traits have been developed in
66 European dairy sheep to assess udder conformation (de la Fuente et al., 1996; Marie-
67 Etancelin et al., 2005; Casu et al., 2006). In some dairy breeds udder traits, such as vertically
68 aligned teats (Labussière 1988), have been included in breeding programmes with the aim of
69 improving machine milking ability (de la Fuente et al., 1996; Marie-Etancelin et al., 2005;
70 Casu et al., 2006) . In suckler ewes an optimum teat angle of 45° downwards to the horizontal

71 (score 5 in Casu et al., 2006) was associated with greater weight gain in lambs (Huntley et al.,
72 2012) and decreased risk of traumatic teat lesions caused by lambs (Cooper et al., 2013) than
73 other teat angles. This indicates that suckler and dairy ewe 'ideal' udder conformation varies
74 for some traits. Other traits are uniformly consistent, for example, dairy ewes with pendulous
75 udders and teats placed high on the udder are more prone to poor udder health (Casu et al.,
76 2010) and in suckler ewes pendulous udders are associated with higher milk SCC (Huntley et
77 al., 2012).

78 A common practice among suckler sheep farmers is to check the udder of each ewe at the end
79 of lactation or 6 weeks before the start of the breeding season. Ewes with udder damage or
80 IMM are often, but not always, culled. The impact of this practice is unknown; possible
81 hypotheses include that it reduces onward transmission of bacterial strains causing mastitis,
82 reduces the number of slow growing lambs in a flock, reduces the selection of replacement
83 lambs from ewes with chronic mastitis and slows down the selection of more susceptible
84 offspring.

85 The aims of this study were to examine the hypotheses above, by investigating ewe risks for,
86 and inter-relationships between, AM, IMM and udder conformation and their impact on lamb
87 growth rate, in approximately 4000 ewes observed prospectively for two years.

88

89 **2. Materials and methods**

90 *2.1. Selection of study farms*

91 Study farms were identified from farmers with existing relationships with the University of
92 Warwick and from a list of farmers interested in participating in research on mastitis provided
93 by AHDB Beef & Lamb. Farmers who expressed an interest were visited by Edward Smith

94 (EMS) and Laura Green (LEG) and the project was explained in full. Once farmers agreed to
95 participate, informed consent was obtained; participants were free to withdraw from the
96 project at any stage. We aimed to recruit 4000 ewes, assuming that 8% of ewes would have
97 udder abnormalities, this sample size had a power of 80% with 95% significance to detect
98 factors that double the risk of disease, assuming a minimum exposure of 10%.

99 *2.2. Data collection*

100 Data collection occurred from November 2012 to July 2014. Each flock was visited twice
101 each year, once when ewes were in late pregnancy and once when ewes were in mid - late
102 lactation. Farmers were interviewed to gather information on flock management and
103 nutrition. Data on number of lambs in pregnant ewes at scanning, lambing dates, litter size
104 and lamb birth and 8-week weights were obtained from farm records. Farmers were asked to
105 record all cases of AM treated during each lactation; this was part of their routine prior to
106 participation in the study. In addition, researchers took note of any ewe they observed with
107 AM during the examination in lactation. If that ewe was missing from the farmer's records it
108 was added to the list of ewes with AM used in the analysis.

109 Every ewe was inspected at each visit. Sheep were examined upright in the narrowest portion
110 of a race, while held by a clamp, or while restrained by an assistant. Udder conformation
111 scores were assessed from a kneeling / crouched position behind the ewe using sight and
112 touch. One of two trained researchers (EMS or CG (Claire Grant)) examined the ewes. An
113 assistant recorded data into a handheld data-logger (Agrident APR500) using custom-
114 designed software (Border Software Ltd).

115 At the examination during pregnancy, ewe identification, body condition score (BCS: 0 – 5 in
116 0.5 increments; Defra PB1875) and the presence / absence of IMM in each udder half were
117 recorded. Masses were defined as a physically detectable mass of abnormal consistency

118 compared with the rest of the glandular tissue. At the examination during lactation, ewe
119 identification, BCS and the presence / absence of IMM in each udder half were also recorded.
120 In addition, udder conformation, including teat position, teat angle, udder drop and degree of
121 separation of udder halves; was recorded using a linear scoring system of udder traits adapted
122 from Casu et al. (2006) and similar to that reported in Cooper et al. (2013) (Figure S1). Udder
123 width was measured at the widest point of the udder (1 cm increments) and teat length was
124 recorded by measuring the left teat in 0.5 cm increments. The presence of wool on the udder
125 was recorded, as were any teat lesions, recorded as traumatic (broken skin) or non-traumatic
126 (e.g. warts, spots, orf-like lesions).

127 Two researchers carried out the examinations, so an inter-rater reliability study was
128 conducted to test between observer variability. Both researchers (EMS and CG) carried out
129 the examination during lactation on the same 137 ewes at different times on the same day
130 supported by different assistants.

131 Nutrition was assessed by taking representative samples of forage and concentrates and
132 submitting them to Sciantech Analytical Services (Selby, Yorkshire, England) for analysis.
133 The metabolisable energy (ME; MJ/kg), crude protein (CP; %), moisture (%), ash (%), oil-b
134 (%) and dry matter (DM; %) content of the concentrates; and the DM (g/kg), CP (g/kg), oil-b
135 (g/kg), ash (g/kg), neutral detergent fibre (NDF; g/kg), acid detergent fibre (ADF; g/kg),
136 sugar (g/kg), D value (digestibility of the dry matter)(%), ME (MJ/kg) and digestible energy
137 (DE; MJ/kg) of the forages were determined. Silage samples were analysed for intake and
138 fermentation characteristics, effective rumen degradable protein (ERDP; g/kg), digestible
139 undegraded protein (DUP; g/kg) and nitrogen solubility. Spring and winter grass (nutrition
140 value assumed to be 12.3MJ/kgDM and 19% CP and 10.8 MJ/kgDM and 17% CP

141 respectively) was assumed to be in sufficient supply to meet the appetite of the ewes in
142 combination with any supplementary feeds offered, unless otherwise advised.

143 ADAS UK Ltd. were contracted to carry out analysis of each farm's nutritional data using the
144 ADAS Sheepfeed rationing program (a computer program based on the Agricultural and
145 Food Research Council (Great Britain) 1993 advisory manual on the energy and protein
146 requirements of ruminants (AFRC, 1993)) and Microsoft Excel 2010 (Microsoft Corp.,
147 Redmond, WA) for grass based diets. Adequacies of energy and protein levels were assessed
148 and within each flock, ewes were categorised by scanning results / number of lambs reared as
149 'OVERFED', 'UNDERFED' or 'ADEQUATE' for dietary energy during pregnancy, dietary protein
150 during pregnancy, dietary energy during lactation and dietary protein during lactation.

151 *2.3. Data management*

152 Data were downloaded from the datalogger as text files and converted to Microsoft Excel
153 2010 (Microsoft Corp., Redmond, WA) format. All the animal, nutrition and management
154 data from each farm, for each year, were combined into a single dataset per farm, which was
155 imported into Microsoft Access 2010 (Microsoft Corp., Redmond, WA) to create a single
156 database of all farms. Data checks and corrections were carried out at each stage. Queries
157 were written to extract information as required for analysis. A single spreadsheet containing
158 all the required data from all farms and both years was produced. Data for all ewes were kept
159 in the dataset regardless of any missing data, which may have occurred due to incomplete
160 examinations, incomplete records sent by the farmer and / or ewes being absent at an
161 examination.

162 The annual cumulative incidence rate of acute mastitis was calculated from farmer records
163 and researcher observations. The point prevalence of intramammary masses was calculated
164 per farm per visit. A variable "Intramammary mass detected in the previous lactation" was

165 created where ewes were categorised as “No” (no IMM detected in the previous lactation),
166 “Yes” (at least 1 IMM detected in the previous lactation) or “Don’t know” (ewe was not
167 examined). All ewes in the dataset were categorised as “Don’t know” in year 1.

168 Lamb daily live weight gain (DLWG) was calculated by subtracting the lamb birth weight
169 from the lamb 8-week weight and dividing by the lamb’s age in days at the 8-week weighing.
170 Where lambs were not weighed at birth, but lambs of the same breed were weighed (on the
171 same or another farm), the average of this weight (for lambs born as singles, twins or triplets)
172 was used to calculate DLWG based on lambing dates and litter size. Birth weights and
173 DLWGs of litter mates were summed to give litter birth weights and litter DLWGs for each
174 ewe.

175 *2.4. Statistical analyses*

176 Minitab 17 (Minitab Inc. 2013) was used for preliminary data analysis. Frequency
177 distributions of explanatory variables were explored and where a category contained low
178 numbers (in most cases < 50) of observations it was merged with the neighbouring category
179 where appropriate. Ewes rearing ≥ 3 lambs were merged with ewes rearing 2 lambs because
180 only 119 ewes reared ≥ 3 lambs over the two years. IMM in an udder half was re-categorised
181 as at least one IMM in the whole udder because there were very few explanatory variables at
182 udder half level.

183 Data from the inter-rater reliability study was analysed using percentages of exact agreement
184 / 1-2-3 point disagreements, Cohen’s Kappa, Kendall’s coefficient of concordance, intra-class
185 correlation coefficients and tests for correlation and bias. Latent class analysis in Mplus
186 version 7 (Muthén and Muthén, 1998-2012) was used to elucidate whether ewes could be
187 sub-grouped by the teat and udder conformation variables.

188 The following were investigated in mixed effect multivariable models: factors associated
 189 with AM, IMM in pregnancy, IMM in lactation, and lamb daily live weight gain. In addition,
 190 factors associated with traumatic teat lesions, non-traumatic teat lesions, BCS, and each
 191 udder conformation variable were explored. Longitudinal analyses were restricted to
 192 variables that had been recorded at an earlier visit or at the same time as the outcome
 193 variable. Where explanatory variables were recorded at the same time as the outcome
 194 variable and cause and effect were not differentiated, excluding the variable was investigated.

195 Two three-level binary logistic models were used to explore the factors associated with AM
 196 and IMM in lactating ewes. These models took the form:

$$197 \text{Logit}(\pi_{ijk}) = \beta_0 + \beta x_k + \beta x_{jk} + \beta x_{ijk} + v_k + u_{jk}$$

198 where $\text{Logit}(\pi_{ijk})$ is the log odds of the probability that IMM or AM is present; β_0 is the
 199 constant, βx is a series of vectors of fixed effects that vary at k (farm), j (ewe) and i
 200 (observation), with residual variance estimates at farm (v_k) and ewe (u_{jk}). Level 1 variance
 201 followed a binomial error distribution.

202 One two-level binary logistic model was used to explore factors associated with IMM in
 203 pregnant ewes in year 2. This model took the form:

$$204 \text{Logit}(\pi_{ij}) = \beta_0 + \beta x_j + \beta x_{ij} + u_j$$

205 where $\text{Logit}(\pi_{ij})$ is the log odds of the probability that IMM are present, β_0 is the constant, βx
 206 is a series of vectors of fixed effects that vary at j (farm) and i (ewe), with residual variance
 207 estimates at u_j and level 1 variance followed a binomial error distribution.

208 A three-level continuous outcome model was used to explore the factors associated with lamb
 209 DLWG. This model took the form:

$$210 y_{ijk} = \beta_0 + \beta x_k + \beta x_{jk} + \beta x_{ijk} + v_k + u_{jk} + e_{ijk}$$

211 where y is the continuous outcome variable DLWG, β_0 is the intercept, and βx is a series of
212 vectors of fixed effects that vary at k (farm), j (ewe) and i (lamb), with residual variance
213 estimates at v_k , u_{jk} and at level 1 e_{ijk} with a mean of zero and standard deviation of 1.

214 All models were run in MLwiN version 2.31 (Rasbash et al., 2014) with iterative generalised
215 squares for sample estimation. Forward manual stepwise model building was used to identify
216 the variables that had a significant association ($P < 0.05$) with the outcome variable.

217 Variables were considered significant when the 95% confidence intervals did not include
218 unity for binomial models, 0 for continuous outcome models (Wald's test). All non-
219 significant variables were retested in the final model to investigate residual confounding (Cox
220 and Wermuth, 1996). Where two variables were highly correlated the most biologically
221 plausible variable was retained in the model. The models were also run with farm as a fixed
222 effect as well as a random term. The model fits were tested by examining plots of the
223 residuals (continuous outcome models) and by the Hosmer - Lemeshow test (binary logistic
224 models).

225

226 **3. Results**

227 *3.1. Summary statistics*

228 Data from 10 farms were included in the final dataset. Six farms participated in both years of
229 the study, three farms participated for year 1 only (one farm provided management data for
230 year 2) and one farm participated for year 2 only. The farms were located throughout Great
231 Britain in Cheshire, Devon, Gloucestershire, Gwynedd, Herefordshire, Northumberland,
232 Perth and Kinross, Powys, Shropshire and West Sussex. They included both pedigree and
233 commercial flocks and indoor and outdoor lambing flocks (Table 1).

234 Data were collected on 3650 ewes in year 1 and 3371 in year 2, giving a total of 7021
235 examinations of 4721 ewes over the two years. A total of 1604 ewes were present over the
236 two years of the study, and 1307 of those were examined at all four visits. Summary statistics
237 are presented in Tables S1 and S2. The inter-rater reliability study showed good agreement
238 between the two researchers on all measures (data not shown).

239 Acute mastitis affected 2 - 3% of all ewes per year, flock range 0% to 37.1% (Table 2).
240 Approximately 5% of pregnant ewes and 11% of lactating ewes had at least one IMM over
241 the course of the study; flock range from 1.4 – 41.2% (Table 2). There were 1294 ewes
242 examined for IMM at all 4 examinations. Ewes with an IMM at an examination were at
243 increased risk of an IMM in future examinations although IMM were not consistently
244 detected at subsequent examinations (Table 3).

245 Over 75% of ewes were fed adequate energy and protein during pregnancy in year 1 (Table
246 S3). This did vary by flock: on farm E ewes bearing ≥ 2 lambs were underfed energy and all
247 ewes were underfed protein; on farm B, single bearing ewes were underfed while twin and
248 triplet bearing ewes were overfed; and on farm G single bearing ewes were overfed energy.
249 During lactation in year 1, only 35% of ewes were fed adequate energy and 53% of ewes
250 were fed adequate protein. Ewes rearing ≥ 2 lambs were underfed energy on all farms.
251 Generally ewes rearing ≥ 2 lambs were also underfed protein.

252 In year 2, most ewes were fed adequate energy and protein during pregnancy, except on farm
253 B, where all ewes were overfed both. There was, again, more underfeeding in lactation but
254 slightly less than in year 1. In both years, dietary energy and protein tended to be correlated,
255 especially during pregnancy, with ewes either receiving adequate amounts of both or neither.

256

257 3.2. *Multivariable analyses*

258 3.2.1. *Factors associated with acute mastitis in lactating ewes*

259 Data from 3847 examinations (3019 ewes) were included in the model investigating AM
260 (Table 4). Key results were that underfeeding protein in pregnancy was associated with an
261 increased risk of AM. In addition, older ewes, those rearing ≥ 2 lambs, terminal sire
262 producing pedigree ewes, teat angle and position and non-traumatic teat lesions had
263 significant associations with AM. IMM during lactation the previous year and IMM when
264 pregnant were moderately associated with a higher risk of AM although they were not
265 significant at $P < 0.05$. With farm added as a fixed effect, Farms C, D, E and G had a
266 significantly higher risk of AM than Farm A and age at lambing > 7 , non-traumatic teat
267 lesions and underfeeding protein in pregnancy were no longer significant (data not shown),
268 indicating flock level differences in nutrition, teat health and age of ewes.

269 3.2.2. *Factors associated with intramammary masses in lactating ewes*

270 Data from 3735 examinations (2916 ewes) were included in the model investigating IMM in
271 lactating ewes in years 1 and 2 (Table 5). There was a greater than 12-fold odds of IMM in
272 lactation when a ewe had AM and greater than 4-fold odds if the ewe had had previous IMMs
273 in pregnancy or lactation. In addition, a higher flock percentage of IMM in pregnancy was
274 associated with a significant increased risk of IMM in lactation. All these risk factors
275 highlight the strong role of prior infection in the ewe and flock for current IMM.
276 Underfeeding energy in lactation was a significant risk for IMM (> 6 -fold odds), again
277 highlighting the role of poor nutrition in mastitis in these suckler ewes. Teat lesions and
278 udder conformation was also associated with IMM.

279

280

281 *3.2.3. Factors associated with intramammary masses in pregnant ewes*

282 Data from 1427 ewes were included in the model investigating intramammary masses in
283 pregnant ewes in year 2 (Table 6). As with IMM in lactation, previous infection and poor
284 nutrition were the key risks: ewes with IMM at previous examinations in year 1 were
285 significantly more likely to have IMM when pregnant in year 2 than those without IMM at
286 previous examinations and underfeeding energy in lactation in year 1 was associated with an
287 increased risk of IMM while underfeeding protein in lactation in year 1 was associated with a
288 decreased risk of IMM when pregnant in year 2. No other variables were significantly
289 associated with an IMM in pregnancy in year 2.

290 *3.2.4. Factors associated with lamb daily live weight gain*

291 Data from 6453 lambs were included in the model investigating lamb DLWG (Table 7). Key
292 results were that lambs reared by ewes that had AM, an IMM, a traumatic teat lesion or a
293 non-traumatic teat lesion, had lower DLWG than lambs reared by ewes without these issues.

294 *3.2.5. Factors associated with udder conformation and teat lesions in lactating ewes*

295 Results from the mixed effect multivariable models of the udder conformation variables,
296 traumatic and non-traumatic teat lesions are included in the supplementary material (Tables
297 S4 – S11). Key results were that generally across the models, udder and teat conformation
298 were associated with increasing age (i.e. increasing parities) and the mastitis disease
299 variables, suggesting that conformation is poorer with increasing age and disease. Latent
300 class analysis indicated that there were four classes of ewe; young ewes with good teat and
301 udder conformation; young-middle aged ewes with poorer conformation, young-middle aged
302 ewes with good conformation and older ewes with poorer conformation (data not shown).
303 IMM when lactating and rearing ≥ 2 lambs were associated with an increased risk for both
304 types of teat lesions.

305 The model fits were good (Figures S2.1 – S2.14).

306 **4. Discussion**

307 This is the first prospective, longitudinal study of suckler ewes on the risks and
308 interrelationships between AM, IMM, udder and teat conformation and lamb growth rate.

309 The associations between AM, IMM and udder conformation are complex with, for example,
310 dependent variables in one model (e.g. AM) being explanatory variables in another. The aim
311 of investigating each aspect of udder health and conformation in multivariable models was to
312 elucidate associations and develop hypotheses for development of AM and IMM. Udder
313 conformation was investigated because in previous papers (Casu et al., 2010; Huntley et al.,
314 2012) some udder and teat conformations have been linked to intramammary infections.

315 One key result was that AM was strongly associated with IMM in lactation. This 12-fold
316 odds is indicative of causality with IMM a result of an episode of AM. Not all IMM were
317 associated with AM, this could indicate that farmers are not observing all cases of AM
318 because some are mild and others are missed, as suggested in dairy ewes (Lafi et al., 1998)
319 and as observed by researchers in the current study when AM had not been recorded by
320 farmers in some instances. The risk of IMM in lactation was also associated with previous
321 IMM and flock percentage of IMM. This suggests that IMM can be a source of infection to
322 other ewes in the flock, as is commonly thought and given as a reason for culling ewes with
323 IMM (Gelasakis et al., 2015).

324 There was a tendency for IMM in pregnancy the same year or lactation the previous year to
325 be associated with a higher risk of AM in the subsequent lactation. However, ewes were
326 culled, sold or died throughout the study for many reasons, including some ewes with IMM
327 removed from some flocks between years 1 and 2, and this might have weakened the
328 association detected between IMM and subsequent IMM and AM. We can hypothesise that

329 IMM are a result of an acute disease event and are themselves chronic, persistent infection
330 that may increase a ewe's risk of subsequent AM.

331 The percentage of IMM was very high in the smaller flocks in the current study. These were
332 pedigree flocks where the farmers were less likely to cull ewes with IMM and so the flock
333 prevalence of IMM would have increased each year. Consequently a high percentage of IMM
334 could be due to spread of disease being more rapid in these flocks where affected and
335 unaffected ewes and lambs were kept together, or because of management decisions to retain
336 affected ewes.

337 In the current study, IMM were not detected at all subsequent examinations once first
338 detected, however, ewes with previously detected IMM were approximately 3 - 5 times more
339 likely to have IMM at a later date (Tables 5 & 6). IMM in suckler ewes are typically
340 abscesses (Smith et al., 2015). Abscesses are thought to be polymicrobial (Brook, 2002); they
341 develop and rupture as part of their maturation cycle. Rupture facilitates the spread of
342 bacteria which can subsequently reform abscesses elsewhere within their environment
343 (Cheng et al., 2011). This cycle of growth and rupture might explain why IMM were present
344 at one examination and not at a second but then present again at the third or fourth
345 examination.

346 Another key finding of this study was that dietary levels of energy and protein in pregnancy
347 and lactation impacted significantly on AM and IMM. One Flock (E) underfed protein to all
348 ewes in pregnancy in year 1 and many flocks underfed energy and protein in lactation by
349 current guidelines. Whilst underfeeding protein in pregnancy was not common on study
350 farms, it warrants discussion because of the risk should this occur on any farm; insufficient
351 protein in pregnancy will lead to reduced mammary development and inadequate milk supply
352 throughout lactation (Fthenakis et al., 2012). Underfeeding energy in pregnancy and

353 lactation was also a risk for IMM and the latter was common on our study farms (Table S3),
354 but underfeeding protein was apparently protective. One recent study reported that if energy
355 in the diet is adequate increasing protein beyond requirements has no benefit for lamb growth
356 rate (Van Emon et al., 2014). Another study (Barbagianni et al., 2015) reported that
357 experimental ewes fed insufficient energy during pregnancy (to bring on pregnancy
358 toxemia) had more mastitis after lambing, these authors suggested that this was due to an
359 impaired immune response caused by the increased concentrations of β -hydroxybutyrate, but
360 it could have been a direct effect of low energy in the diet. It is possible that current
361 guidelines on the absolute amount of energy and protein required, or the ratio between the
362 two, are wrong.

363 AM might occur from poor diet because an inadequate milk supply leads to hungry lambs
364 that traumatise the teats and udder (Cooper et al., 2013). Although we did not find an
365 association between traumatic teat lesions and AM (in univariable or multivariable analysis)
366 this was probably because we examined ewes at approximately 9 weeks after lambing and so
367 lesions would have healed: Cooper et al. (2013) found that the incidence of traumatic teat
368 lesions was greatest 3 - 4 weeks after lambing and healed within two weeks.

369 We studied a small number of convenience-selected farms, but if inadequate diets are
370 common on GB sheep farms, nutrition could be a large attributable risk to udder health and
371 farmers could improve udder health considerably using current nutritional guidelines
372 (Agricultural and Food Research Council, 1993). We did not detect associations between ewe
373 body condition and AM or IMM as in other studies (Arsenault et al., 2008; Huntley et al.,
374 2012; Onnasch et al., 2002). This may be because we measured BCS at two time points, once
375 in pregnancy and once lactation, when most ewes had adequate body condition. Huntley et al.

376 (2012) reported an association between low BC and high SCC when BCS was measured
377 weekly.

378 The majority of ewes in our study had udders with good conformation (teat angle 5, teat
379 position 3, udder drop 7; Figure S1) to suckle lambs (Huntley et al., 2012). Udder
380 conformation that differed from this optimum was associated with a small but significant
381 increased risk of IMM and AM (Tables 4 & 5), as reported previously (Casu et al., 2010;
382 Huntley et al., 2012). This association is likely to be causal in some instances, with increased
383 exposure of the teat end to contamination or poor teat positioning making suckling difficult
384 for lambs and so causing teat lesions. Udder conformation also changed in some ewes with
385 IMM and after a severe case of AM (CG personal observation). These results, and the latent
386 class analysis, suggest udder conformation is generally good but that age and udder disease
387 can impact on udder and teat conformation. Breeders should be aware of avoiding selecting
388 away from good udder conformation in any selection programme that inadvertently selects
389 for altered phenotype. That said, in general, not selecting replacement ewes from ewes with
390 poor udder conformation would be sensible.

391 Several other factors were associated with AM or IMM, including increasing ewe age and
392 larger litter size. These risks are important and have been reported previously (Arsenault et
393 al., 2008; Larsgard and Vaabenoe, 1993; Pereira et al., 2014; Waage and Vatn, 2008). We
394 conclude that age needs to be managed through planned culling of older ewes. Where ewes
395 are not able to feed their lambs adequately (due to age or large litter sizes / weights) then
396 supplementing lambs' feed would reduce the risk of over-demand for milk from ewes.

397 Importantly for farmers, the presence of AM, IMM in lactation, traumatic teat lesions and
398 non-traumatic teat lesions all impacted negatively on lamb daily live weight gain (Table 7).
399 This is in line with previous findings (Arsenault et al., 2008; Huntley et al., 2012) and could

400 be due to decreased milk production in the diseased gland or to ewes preventing lambs from
401 suckling. Whatever the reason, this association adds to the economic cost of AM and IMM.

402 The study design was selected so that longitudinal data could be collected. This could only be
403 done on a small number of farms and so the intention was not to identify representative farms
404 but rather strengths of associations between factors to improve our understanding of the
405 biology of AM, IMM and teat and udder conformation. Because of the need to visit farms on
406 four occasions and to have extra data on AM, lamb weights and litter sizes between visits, we
407 convenience-selected farms that were already collecting such data and where farmers were
408 compliant with the study demands. Overall this was successful, although we aimed to follow
409 4000 ewes over 2 years but due to one large commercial farm dropping out of the study in
410 year 2 and a high rate of attrition among the ewes, surprisingly only 1307 ewes were seen at
411 all 4 examinations. Therefore we may not have had sufficient power to detect all risks,
412 particularly when ewes were culled or sold at the end of year 1 due to AM and IMM.

413 Another potential weakness of this study is that 7 of the 10 farms were pedigree sheep
414 breeding farms where management practices are different from large commercial farms, e.g.
415 pedigree sheep breeders may be less likely to cull ewes for IMM as ewes are more valuable
416 and replacement costs are higher, however, these flocks were selected because we could
417 study the impact of retaining ewes with IMM.

418 Despite these weaknesses the results from this study are likely to be qualitatively
419 generalisable to other flocks. Due consideration of diet, management of older ewes, ewes
420 with large litters and ewes with IMM is necessary to reduce the risk of AM and IMM and to
421 maintain growth rates of lambs.

422

423 **5. Conclusions**

424 We conclude that this study of 10 flocks indicates that IMM, diet and udder conformation all
425 contribute to cases of acute and chronic mastitis in suckler ewes. The relationships are
426 complex, but the pattern of events appears to be that ewes fed inadequate protein in
427 pregnancy and inadequate energy in pregnancy and lactation are at greater risk of AM and
428 IMM. AM leads to development of IMM, IMM persist and may cause more IMM and AM
429 within a flock. We conclude that feeding appropriate levels of energy and protein both in
430 pregnancy and lactation and managing IMM would increase udder health and consequently
431 increase flock productivity and profitability.

432

433 **Conflict of interest**

434 The authors have no conflicts of interest to declare.

435

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511

512

513 Table 1. Summary of the ten study farms.

Farm	Main Breed	Lambing		No. ewes Yr. 1	No. ewes Yr. 2	No. ewes present Yr. 1 & 2
		Month	Indoor / Outdoor			
A	Lleyn	Apr/May	O*	321	322	225
B	Charollais	Dec	I	145	155	75
C	Charollais	Dec/Jan	I	60	56	37
D	Charollais	Dec	I	74	93	44
E	Texel	Feb/Mar	I	116	89	72
F	Lleyn	Apr/May	O*	1522	1509	1151
G	Texel	Mar/Apr	I	165	NV	NA
H	Texel	Feb	I	87	NV	NA
I	Crossbreeds / Lleyn	Mar/Apr	I	1160	NV (1113)†	(689)
J	Texel	Feb/Mar	I	NV	34	NA
Total number of ewes				3650	3371	2293 (1307 PFE)

514 I: Indoor lambing; O*: Outdoor lambing /small number lambed indoors; NV: Not visited; NA: Data not
515 available for this farm; PFE: Present at all four exams; †: Not visited year 2 but provided data.

516

517 Table 2. Number and percentage of acute mastitis and intramammary masses in lactation and
 518 pregnancy for 10 GB sheep flocks.

Farm	Acute mastitis				Lactation IMM				Pregnancy IMM			
	Year 1		Year 2		Year 1		Year 2		Year 1		Year 2	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
A	5	1.6	5	1.6	14	4.4	40	12.4	11	3.4	21	6.5
B	3	2.1	13	8.4	34	23.4	21	13.5	17	11.7	8	5.2
C	3	5.0	1	1.8	11	18.3	9	16.1	4	6.7	4	7.1
D	6	8.1	8	8.6	22	29.7	19	20.4	10	13.5	3	3.2
E	43	37.1	11	12.4	18	15.5	18	20.2	11	9.5	4	4.5
F	15	1.0	18	1.2	71	4.7	164	10.9	22	1.4	81	5.4
G	9	5.5	NA	NA	13	7.9	NA	NA	16	9.7	NA	NA
H	0	0	NA	NA	7	8.0	NA	NA	8	9.2	NA	NA
I	25	2.2	14	1.3	81	7.0	NA	NA	38	3.3	NA	NA
J	NA	NA	2	5.9	NA	NA	14	41.2	NA	NA	6	17.6
Total No. & % affected	109	3.0	72	2.1	271	8.7	285	14.3	147	4.1	128	5.7
Total No. examined	3650		3371		3101		1992		3562		2238	

519 IMM: Intra-mammary mass; No.: number; %: percentage of flock; NA: Data not available.

520

521

522 Table 3. Number and percentage of intramammary masses (IMM) in pregnancy and lactation
 523 in 1294 ewes from 6 GB sheep flocks present for all 4 observations over 2 years.

Pregnancy Year 1 IMM present	Lactation Year 1 IMM present	Pregnancy Year 2 IMM present	Lactation Year 2 IMM present	
No: 1255 (97.0%)	No: 1202 (95.8%)	No: 1139 (94.8%)	No: 1001 (87.9%)	
		Yes: 63 (5.2%)	Yes: 138 (12.1%)	
	Yes: 53 (4.2%)	No: 44 (83.0%)	No: 42 (66.7%)	No: 28 (63.6%)
			Yes: 21 (33.3%)	Yes: 16 (36.4%)
		Yes: 9 (17.0%)	No: 1 (11.1%)	No: 1 (11.1%)
			Yes: 8 (88.9%)	Yes: 8 (88.9%)
Yes: 39 (3.0%)	No: 28 (71.8%)	No: 21 (75.0%)	No: 16 (76.2%)	
		Yes: 7 (25.0%)	Yes: 5 (23.8%)	
	Yes: 11 (28.2%)	No: 10 (90.9%)	No: 5 (71.4%)	No: 3 (30%)
			Yes: 2 (28.6%)	Yes: 7 (70%)
		Yes: 1 (9.1%)	No: 0	No: 0
			Yes: 1 (100%)	Yes: 1 (100%)

524

525

526

527 Table 4. Three-level binary logistic model of factors associated with acute mastitis in 3847
 528 observations of 3019 ewes.

Variable	Category	N affected	% affected	OR	Lower 95% CI	Upper 95% CI
Age at lambing (yrs.)	1	6	1.37	Reference		
	2	63	4.40	4.19	0.71	24.60
	3	36	2.54	1.71	0.28	10.67
	4	23	2.49	3.52	0.55	22.40
	5 - 7	34	2.60	3.07	0.50	18.84
	> 7	3	6.00	13.00	1.24	136.33
Number of lambs rearing	1	59	2.49	Reference		
	≥ 2	112	3.17	2.65	1.49	4.72
Breed	Lleyn	62	1.40	Reference		
	Crossbreeds	26	1.74	1.09	0.34	3.50
	Charollais	31	6.04	6.67	2.20	20.23
	Texel	62	13.60	18.75	6.04	58.20
Teat angle	5	30	1.46	Reference		
	7 - 9	13	3.85	1.18	0.49	2.86
	6	34	3.41	1.76	0.89	3.47
	4	38	2.63	3.99	2.05	7.79
	3 - 1	9	4.89	4.68	1.36	16.16
Teat position	3	47	1.81	Reference		
	1 - 2	61	4.10	2.54	1.51	4.28
	4 - 5	17	1.79	0.82	0.40	1.69
Non-traumatic teat lesions	None	111	2.32	Reference		
	At least 1 teat	21	7.09	2.09	1.07	4.09
IMM when pregnant	No	138	2.50	Reference		
	Yes	26	9.49	1.82	0.90	3.70
IMM in the previous lactation	No	27	1.76	Reference		
	Yes	8	11.27	3.16	0.82	12.15
	Don't know	146	2.70	1.52	0.73	3.18
Pregnancy protein	Adequate	115	1.93	Reference		
	Overfed	16	7.31	2.65	0.82	8.58
	Underfed	43	35.83	4.05	1.44	11.35
Litter DLWG (kg)		Overall mean	Affected mean			
		0.52	0.43	0.03	0.01	0.18
Random effects		Variance	SE			
	Farm	1.22	1.18			
	Ewe	1.00	1.00			
	Year					

529 N: Number; OR: Odds ratio; CI: Confidence interval; DLWG: Daily live weight gain; SD: Standard deviation.
 530 Reference: baseline category for comparison.
 531 Where categories are in **bold** they are statistically different from the reference category at $P < 0.05$.

532

533

534 Table 5. Three-level binary logistic model of factors associated with intramammary masses in
 535 lactation in year 1 and 2 in 3735 observations of 2916 ewes.

Variable	Category	N affected	% affected	OR	Lower 95% CI	Upper 95% CI
Acute mastitis	No	479	7.00	Reference		
	Yes	77	42.54	12.39	6.57	23.38
IMM when pregnant	No	456	8.25	Reference		
	Yes	88	32.00	4.79	3.23	7.12
IMM in the previous lactation	No	186	12.13	Reference		
	Yes	34	47.89	4.77	2.52	9.03
	Don't know	336	9.19	0.52	0.39	0.69
Pregnancy protein	Adequate	424	7.11	Reference		
	Overfed	34	15.53	1.64	0.60	4.48
	Underfed	26	21.67	0.07	0.01	0.34
Pregnancy energy	Adequate	417	7.04	Reference		
	Overfed	43	15.03	0.62	0.24	1.58
	Underfed	24	26.67	6.66	1.46	30.48
Traumatic teat lesions	None	508	10.40	Reference		
	At least 1 teat	48	24.00	2.48	1.56	3.95
Non-traumatic teat lesions	None	506	10.57	Reference		
	At least 1 teat	50	16.89	1.83	1.20	2.78
Age at lambing (yrs.)	1	16	3.66	Reference		
	2	110	7.68	1.48	0.73	2.98
	3	117	8.25	1.90	0.92	3.89
	4	96	10.39	2.74	1.30	5.76
	5 - 7	151	11.54	2.32	1.13	4.78
	> 7	8	16.00	1.84	0.55	6.16
Degree of separation of udder halves	3	133	10.12	Reference		
	6 - 8	37	8.56	0.43	0.26	0.72
	5	59	6.88	0.42	0.28	0.64
	4	97	9.16	0.72	0.51	1.03
	2	114	13.36	1.10	0.78	1.55
	1	72	20.93	1.72	1.13	2.61
Udder drop	7	284	8.63	Reference		
	8 - 9	79	10.10	0.94	0.64	1.40
	6	130	16.31	1.81	1.34	2.45
	5 - 1	47	31.54	4.35	2.59	7.31
Teat position	3	261	10.01	Reference		
	1 - 2	186	12.50	1.34	1.01	1.78
	4 - 5	94	9.87	0.95	0.69	1.31
		Overall mean	Affected mean			
Flock % of IMM in pregnancy		4.47	5.85	1.11	1.06	1.17
Litter DLWG (kg)		0.52	0.51	0.25	0.11	0.54
Days in milk		69.79	68.75	1.01	1.00	1.02

		Variance	SE
Random effects	Farm	1.00	1.00
	Ewe	1.10	1.24
	Year		

536 *N*: Number; OR: Odds ratio; CI: Confidence interval; IMM: Intramammary mass; DLWG: Daily live weight

537 gain; SD: Standard deviation; Reference: baseline category for comparison.

538 Where categories are in **bold** they are statistically different from the reference category at $P < 0.05$.

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542 Table 6. Two-level binary logistic model of factors associated with intramammary masses in
 543 pregnancy in year 2 in 1427 ewes.

Variable	Category	N affected	% affected	OR	Lower 95% CI	Upper 95% CI
Year 1 IMM when lactating	No	80	5.73	Reference		
	Yes	13	18.31	3.13	1.49	6.58
Year 1 IMM when pregnant	No	88	5.73	Reference		
	Yes	9	20.45	4.05	1.69	9.70
Lactation energy year 1	Adequate	23	3.46	Reference		
	Overfed	1	11.11	1.80	0.17	18.88
	Underfed	71	9.14	2.95	1.78	4.89
Lactation protein year 1	Adequate	80	6.91	Reference		
	Overfed	0				
	Underfed	15	5.10	0.32	0.16	0.62
Random effects	Farm		Variance 1.00	SE 1.00		
	Ewe					

544 N: Number; OR: Odds ratio; CI: Confidence interval; IMM: Intramammary mass; SD: Standard deviation;
 545 Reference: baseline category for comparison.
 546 Where categories are in **bold** they are statistically different from the reference category at $P < 0.05$.

547

548

549 Table 7. Three-level continuous outcome model of factors associated with lamb daily live
 550 weight gain (kg) in 6453 lambs from 9 farms over 2 years.

Variable	Category	N	Mean	Coefficient	Lower 95% CI	Upper 95% CI
Lamb gender	Male	4356	0.35	Reference		
	Female	4325	0.33	-0.03	-0.03	-0.02
Number of lambs reared	1	2194	0.38	Reference		
	≥ 2	6254	0.32	-0.05	-0.06	-0.04
Lamb breed	Lleyn	4456	0.32	Reference		
	Crossbreeds	3129	0.36	0.04	0.03	0.04
	Charollais	695	0.33	0.08	0.01	0.15
	Texel	329	0.35	0.06	0.01	0.11
Acute mastitis	No	8466	0.34	Reference		
	Yes	215	0.28	-0.04	-0.05	-0.02
IMM when lactating	No	6058	0.34	Reference		
	Yes	715	0.33	-0.01	-0.02	-0.01
Traumatic teat lesions	No	6485	0.34	Reference		
	Yes	288	0.31	-0.02	-0.03	-0.01
Non-traumatic teat lesions	No	6350	0.341	Reference		
	Yes	422	0.338	-0.01	-0.020	-0.004
BCS in pregnancy	3	3278	0.34	Reference		
	Below 3	2965	0.35	-0.01	-0.009	-0.002
	Above 3	2205	0.33	0.01	0.002	0.010
BCS in lactation	3	2023	0.34	Reference		
	Below 3	4633	0.34	0.01	0.003	0.011
	Above 3	1440	0.34	0.00	-0.004	0.008
Pregnancy protein	Adequate	7935	0.34	Reference		
	Overfed	316	0.32	-0.12	-0.15	-0.09
	Underfed	113	0.29	-0.10	-0.13	-0.07
Lactation protein	Adequate	6453	0.34	Reference		
	Overfed	24	0.56	0.12	0.08	0.16
	Underfed	1929	0.34	-0.02	-0.02	-0.01
Lactation energy	OK	3329	0.35	Reference		
	Overfed	70	0.43	-0.03	-0.05	-0.01
	Underfed	5007	0.33	-0.01	-0.023	-0.001
Teat position	3	3525	0.34	Reference		
	1 - 2	1987	0.35	0.000	-0.003	0.004
	4 - 5	1216	0.34	-0.004	-0.0792	-0.0001
Udder drop	7	4468	0.34	Reference		
	5	240	0.36	-0.01	-0.02	0.00
	6	1211	0.35	0.00	-0.01	0.00
	8	794	0.33	-0.02	-0.02	-0.01
Udder width		8681		0.008	0.006	0.010
Teat length		8681		0.008	0.004	0.012

Lamb BW (kg)		8667	-0.003	-0.005	-0.001
Lamb age when	^ 1	8681	0.032	0.01	0.05
when weighed (days)	^ 2		-0.0009	-0.0015	-0.0004
	^ 3		0.00001	0.000006	0.000018
	^ 4		0.000	0.00	0.00
Age at lambing (yrs.)		7879	0.004	0.002	0.006
		Variance	SE		
Random effects	Farm	0.00215	0.00103		
	Ewe	0.00139	0.00008		
	Lamb	0.00282	0.00007		

551 *N*: Number; CI: Confidence interval; BW: Birth weight; BCS: Body condition score; SD: Standard deviation;
552 Reference: baseline category for comparison. (Lamb age when weighed (days) was entered as a quadratic term).
553 Where categories are in **bold** they are statistically different from the reference category at $P < 0.05$.

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