

Outcomes	Analysis	Effect size (95% CI)	k	n	I ² (%), programme level	I ² (%), outcome level
All time points	All substance use outcomes	0.079 (-0.025, 0.183)	9	54	27%	20%
	Omnibus substance use outcomes	0.127 (-0.035, 0.290)	7	11	0%	45%
	Illicit drug use	0.047 (-0.117, 0.212)	6	21	34%	26%
	Alcohol	0.050 (-0.063, 0.163)	6	18	21%	24%
	Smoking	0.053 (-0.038, 0.143)	3	4	0%	0%
Short-term time points	All substance use outcomes	0.086 (-0.025, 0.197)	9	36	27%	14%
	Omnibus substance use outcomes	0.169 (0.012, 0.326)	7	10	0%	36%
	Illicit drug use	0.050 (-0.141, 0.242)	6	14	8%	60%
	Alcohol	0.070 (-0.084, 0.224)	6	10	46%	0%