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# Quantum enhanced estimation of diffusion 

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#### Abstract

Momentum diffusion is a possible mechanism for driving macroscopic quantum systems towards classical behavior. Experimental tests of this hypothesis rely on a precise estimation of the strength of this diffusion. We show that quantum-mechanical squeezing offers significant improvements, including when measuring position. For instance, with 10 dB of mechanical squeezing, experiments would require a tenth of proposed free-fall times. Momentum measurement is better by an additional factor of three, while another quadrature is close to optimal. These have particular implications for the space-based MAQRO proposal-where it could rule out the spontaneous collapse theory due to Ghirardi, Rimini, and Weber-as well as terrestrial optomechanical sensing.


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## I. INTRODUCTION

Finding a unified description of microscopic and macroscopic systems remains an enduring quest of fundamental physics. One class of proposed solutions are collapse models [1-4] which span continuous spontaneous localization (CSL) [5-7], Karolyhazy [8], Diósi-Penrose [9-12], and quantum gravity [13], as well as collisional decoherence [14]. In the nonrelativistic regime, they posit spatial decoherence due to diffusion in momentum. The outcome is a description of the evolution in terms of a phase-space density distribution obeying a Fokker-Planck diffusion equation [15]. Experimental advances have now made the testing of this proposition a realistic prospect.

Mechanical systems have been used to bound the strength of such diffusive effects. Examples include gravitationalwave detectors [16], the LISA pathfinder experiment [16-18], ultracold cantilevers [19], and trapped ions [20]. Proposals for future experiments which could probe collapse models and further study macroscopic quantum states include the generation of macroscopic superpositions [21-26] and the space-based MAQRO mission $[27,28]$ which formed a key focus of a recent ESA feasibility study [29].

One simple experiment-which forms a part of the MAQRO mission [27,28]-to test collapse models is to let free particles evolve and measure the expanding width of the wave packet. Once all classical noise sources have been ruled out, any excess wave-packet width must be attributed to momentum diffusion associated with collapse models. MAQRO aims to utilize ultracold nanoparticles and exploit the nanogravity of space to observe free fall over 100 s enabling more precise sensing of momentum diffusion-as represented in Fig. 1.

Quantum techniques such as squeezing allow for more precise estimation [30,31]. Optical squeezing has been identified as valuable to fundamental physics, with squeezing-enhanced interferometry [32] set to enhance laser-interferometric
gravitational-wave detectors [33-35] and 15 dB squeezing of optical vacuum reported [36]. It has also found application in photonic-force microscopy [37,38], while microwave squeezing is being used in the search for axion dark matter [39]. Quantum squeezing of mechanical degrees of freedom is beginning to be explored in thermal states [40,41].

In this article, we show that quantum squeezing of the mechanical degree of freedom enables a more precise estimation of the strength of momentum diffusion. This enhancement is attainable with the currently proposed scheme of measuring the position of a particle. We conclude that squeezing can be used to achieve the same precision with reduced freefall time or center-of-mass cooling. This reduction could be 10 -fold for a squeezing of 10 dB . Thus, squeezing can compensate for reduced free-fall times, identified as one of the challenges for MAQRO $[27,28]$ in a recent ESA CDF study [29]. We further show that a momentum measurement is thrice as precise as that of position, while measurement of a more general quadrature is close to optimal. We briefly discuss the potential of the heterodyne and phonon counting measurements.

While our results will be presented in the context of collapse models, observing similar momentum diffusion processes could aid detection of certain dark-matter candidates [42-44]. Since excess heating of wave packets is also a consequence of momentum diffusion [20,45,46], our results imply a quantum enhanced estimation of heating. Finally, the ubiquitous phenomena of Brownian motion is also caused by diffusion. Our results can thus be applied in this very general scenario, as well as in particle tracking used to study biological systems [47,48].

Before presenting our results, we note some recent works that have theoretically considered continuously monitoring a thermal state [49] or squeezing a specific optomechanical coupling [50], with the latter providing no attainable advantage from squeezing when measuring the optical subsystem. Previous works in quantum metrology have analyzed


FIG. 1. A pictorial representation of the measurement of wavepacket expansion which forms part of the MAQRO proposals $[27,28]$. (a) A particle is initially trapped, (b) then released, (c) the free particle wave function expands, more rapidly with a localization term, and (d) the localization rate can be inferred through position measurements. Expansion as depicted in two spatial detections is for illustrative purposes; we analyze only one independent spatial dimension.
quantum-limited estimation of related noise parameters, including loss $[51,52]$, diffusion in phase shifts $[53,54]$ and displacements [55], and classical stochastic processes [56].

## II. BACKGROUND

A particle of mass $m$ in a harmonic potential has Hamiltonian $\hat{\mathcal{H}}=\hat{\mathcal{P}}^{2} / 2 m+m \omega^{2} \hat{\mathcal{X}}^{2} / 2$. Dimensionless position and momentum operators are $\hat{x}=\sqrt{m \omega} \hat{\mathcal{X}} / \sqrt{\hbar}$ and $\hat{p}=\hat{\mathcal{P}} / \sqrt{\hbar m \omega}$ whose commutators are given by the matrix $i \Omega$ where

$$
\Omega=-i\left(\begin{array}{cc}
{[\hat{x}, \hat{x}]} & {[\hat{x}, \hat{p}]}  \tag{1}\\
{[\hat{p}, \hat{x}]} & {[\hat{p}, \hat{p}]}
\end{array}\right)=\left(\begin{array}{cc}
0 & 1 \\
-1 & 0
\end{array}\right) .
$$

Quantum states of such a particle have a phase-space representation in terms of the Wigner function of an operator defined as [57, Chap. 1]

$$
\begin{equation*}
W_{\rho}(x, p)=\frac{2}{\pi} \operatorname{Tr}\left[\rho \hat{D}\left(\frac{x+i p}{\sqrt{2}}\right) \hat{\Pi} \hat{D}^{\dagger}\left(\frac{x+i p}{\sqrt{2}}\right)\right] \tag{2}
\end{equation*}
$$

where $\hat{D}(\alpha)=e^{\alpha \hat{a}^{\dagger}-\alpha^{*} \hat{a}}$ and $\hat{\Pi}=e^{i \pi \hat{a}^{\dagger} \hat{a}}$. Gaussian states are those whose Wigner function is Gaussian and so determined by the averages (displacement vector $\vec{d}$ ) and covariances (covariance matrix $\sigma$ ) of the position and momentum operators. Examples include thermal, coherent, and squeezed states. A thermal state has covariance matrix $\sigma=\kappa_{\mathrm{th}} \mathbb{1}$, with $\sigma=\mathbb{1}$ corresponding to the ground state.

We focus on the simplest setup to study momentum diffusion, that of a free particle as in Fig. 1. Initially the particle is trapped in a harmonic potential with frequency $\omega$ and cooled. Cooling of nanoparticles has been reported to the order of 100 phonons $[58,59]$ with theory anticipating cooling much closer to the ground state $[60,61]$. After cooling the trapping potential is turned off. The particle then evolves freely under the Hamiltonian $\hat{\mathcal{H}}=\hat{\mathcal{P}}^{2} / 2 m$ with Lindblad term $\Lambda[\hat{\mathcal{X}},[\hat{\mathcal{X}}, \rho]]$, whose strength $\Lambda$ is our parameter of interest. The master equation for momentum diffusion for this system-in terms of the dimensionless position and momentum operators-is

$$
\begin{equation*}
\frac{\partial \rho}{\partial \tau}=-\frac{i}{2}\left[\hat{p}^{2}, \rho\right]-\frac{1}{4} \lambda[\hat{x},[\hat{x}, \rho]], \tag{3}
\end{equation*}
$$

where $\tau=\omega t$ and $\lambda=\Lambda / \Lambda_{0}$ are dimensionless parameters, and $\Lambda_{0}=m \omega^{2} /(4 \hbar)$. Being quadratic the master equation Eq. (3) evolves Gaussian states to Gaussian states [62-64].

TABLE I. Parameter values based on Kaltenbaek et al. [28], primarily Table 1 therein.

| Localization rate $\Lambda$ | $10^{10}-10^{20} \mathrm{~m}^{-2} \mathrm{~s}^{-1}$ |
| :--- | :---: |
| Free-fall time $t$ | 100 s |
| Mechanical frequency $\omega$ | $10^{5} \mathrm{rad} \mathrm{s}^{-1}$ |
| Mass $m$ | $10^{8}-10^{10} \mathrm{u}$ |
| Thermal occupation number $n_{\mathrm{th}}$ | 0.3 |
| Thermal variance $\left(\kappa_{\mathrm{th}}=2 n_{\mathrm{th}}+1\right)$ | 1.6 |
| Limiting localization $\left(\Lambda_{0}=\frac{m \omega^{2}}{\hbar \hbar}\right)$ | $1.6 \times 10^{26} \mathrm{~m}^{-2} \mathrm{~s}^{-1}$ |
| Experiment timescale $(\tau=\omega t)$ | $6.3 \times 10^{7}$ |

${ }^{\text {a }}$ Using $m=10^{8} \mathbf{u}$.

Equation (3) can then be transformed to a Fokker-Planck equation $[63,65]$, in this case yielding

$$
\begin{equation*}
\frac{\partial}{\partial \tau} W(x, p, \tau)=\left[-p \frac{\partial}{\partial x}+\frac{1}{4} \lambda \frac{\partial^{2}}{\partial p^{2}}\right] W(x, p, \tau) \tag{4}
\end{equation*}
$$

which for Gaussian $W$ can be mapped to an equation of motion of form $[62,64]$

$$
\begin{equation*}
\frac{\partial \vec{\mu}}{\partial \tau}=A \vec{\mu}, \quad \frac{\partial \sigma}{\partial \tau}=A \sigma+\sigma A^{T}+D \tag{5}
\end{equation*}
$$

where $\vec{\mu}$ and $\sigma$ are the Gaussian's moments. For an initial Gaussian state with moments $\vec{d}$ and $\sigma$ the evolved moments under Eq. (4) become

$$
\begin{gather*}
\vec{d}(\tau)=\left(\begin{array}{ll}
1 & \tau \\
0 & 1
\end{array}\right) \vec{d}  \tag{6}\\
\sigma(\tau)=\left(\begin{array}{ll}
1 & \tau \\
0 & 1
\end{array}\right) \sigma\left(\begin{array}{ll}
1 & 0 \\
\tau & 1
\end{array}\right)+\lambda\left(\begin{array}{cc}
\tau^{3} / 3 & \tau^{2} / 2 \\
\tau^{2} / 2 & \tau
\end{array}\right) \tag{7}
\end{gather*}
$$

To estimate the strength of the momentum diffusion $\Lambda$, we begin with a single-mode Gaussian state. Such a state can be described as a thermal state $\kappa_{\text {th }} \mathbb{1}$ with a squeezing $r \geqslant 0$ of the quadrature $\hat{x} \sin \phi+\hat{p} \cos \phi$ giving an initial covariance matrix
$\sigma=\kappa_{\mathrm{th}}\left(\begin{array}{cc}\cosh 2 r+\sinh 2 r \cos 2 \phi & \sinh 2 r \sin 2 \phi \\ \sinh 2 r \sin 2 \phi & \cosh 2 r-\sinh 2 r \cos 2 \phi\end{array}\right)$,
with arbitrary displacements. The displacements do not begin with any parameter dependence and do not gain any through the evolution given by Eq. (6), and so their derivative with respect to the parameter satisfies $\partial_{\Lambda} \vec{d}=0$. We will consider tuning $\phi$ to maximize the precision for given thermal variance and squeezing magnitudes, with $\phi=0$ and $\phi=\pi / 2$ corresponding to momentum and position squeezing, respectively.

Our results apply to estimation of diffusion in any scenario governed by Eq. (3) for all values of $\lambda$ and $\tau$. We will highlight special cases for $\lambda \ll 1$ and $\tau \gg 1$, which is the regime for MAQRO [27,28] as in Table I, and $\kappa_{\text {th }} \sim 1$ which is around the MAQRO regime.

An estimator is required to estimate an unknown parameter from observed data. If limited to statistical noise the precision of the value produced by the estimator can be taken from the variance of that estimator. The Cramér-Rao bound (CRB)
lower bounds the variance of an unbiased estimator as [66-69]

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant \frac{1}{v F(\Lambda)} \geqslant \frac{1}{v H(\Lambda)} \tag{9}
\end{equation*}
$$

where $\nu$ is the number of repetitions of an experiment, $\tilde{\Lambda}$ is an estimator of the parameter $\Lambda$, and $F(\Lambda)$ and $H(\Lambda)$ are, respectively, the classical Fisher information (CFI) and quantum Fisher information (QFI). The CFI is a function of the probability distribution [66]

$$
\begin{equation*}
F(\Lambda)=\int d \vec{x} \frac{1}{P\left(\Pi_{\vec{x}} \mid \rho_{\Lambda}\right)}\left[\frac{\partial P\left(\Pi_{\vec{x}} \mid \rho_{\Lambda}\right)}{\partial \Lambda}\right]^{2} \tag{10}
\end{equation*}
$$

where the probabilities $P\left(\Pi_{\vec{\chi}} \mid \rho_{\Lambda}\right)$ are derived from applying the positive-operator valued measure $\Pi$ to the state $\rho_{\Lambda}$. The QFI is a function of the state alone $[30,31,69]$

$$
\begin{equation*}
H(\Lambda)=\operatorname{Tr}\left[\rho_{\Lambda} L_{\Lambda}^{2}\right] \tag{11}
\end{equation*}
$$

where $L_{\Lambda}$ is the symmetric logarithmic derivative (SLD) defined by $L_{\Lambda} \rho_{\Lambda}+\rho_{\Lambda} L_{\Lambda}=2 \partial_{\Lambda} \rho$.

These CFI and QFI provide the CRB and quantum CRB (QCRB), the first and second inequalities of Eq. (9), respectively. The equalities in Eq. (9) are obtained by an optimal measurement, where it exists, and an efficient estimator; we identify such a measurement and the maximum likelihood estimator is asymptotically efficient [66].

For a Gaussian state (where $\partial_{\Lambda} \vec{d}=0$ ) the QFI can be evaluated explicitly as [70,71]

$$
\begin{equation*}
H(\Lambda)=\frac{1}{2}\left(\partial_{\Lambda} \sigma\left|(\sigma \otimes \sigma-\Omega \otimes \Omega)^{-1}\right| \partial_{\Lambda} \sigma\right) \tag{12}
\end{equation*}
$$

where the inner product is $(A \mid B)=\operatorname{Tr}\left[A^{T} B\right]$.

## III. RESULTS

Using Eqs. (7) and (8), the QCRB can be calculated through Eq. (12) to be

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant \frac{\Lambda_{0}^{2}\left[\left(\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda Z+\frac{\tau^{4}}{12} \lambda^{2}\right)^{2}-1\right]}{\frac{\tau^{4}}{12}\left(1-\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda Z+\frac{\tau^{4}}{12} \lambda^{2}\right)+\frac{\tau^{2}}{2} \kappa_{\mathrm{th}}^{2} Z^{2}} \tag{13}
\end{equation*}
$$

where $Z=\left(1+\tau^{2} / 3\right) \cosh 2 r+\left[\left(1-\tau^{2} / 3\right) \cos 2 \phi+\right.$ $\tau \sin 2 \phi] \sinh 2 r$. The bound in Eq. (13) behaves as $(\Delta \widetilde{\Lambda})^{2} \gtrsim$ $\Lambda^{2}$ to leading order in $\Lambda$.

The QCRB in Eq. (13) is minimized by squeezing or antisqueezing (squeezing the orthogonal quadrature) with squeezing angle (see Appendix A)

$$
\begin{equation*}
\phi=\arctan \left(\frac{-3+\tau^{2}-\sqrt{9+3 \tau^{2}+\tau^{4}}}{3 \tau}\right) \tag{14}
\end{equation*}
$$

which tends to 0 for $\tau \gg 1$, corresponding to squeezing of position or momentum. When squeezing at this
angle in the regime of $\tau \gg 1$, with $\kappa_{\mathrm{th}}=1$, the QCRB simplifies to

$$
(\Delta \tilde{\Lambda})^{2} \gtrsim \Lambda_{0}^{2} \frac{8 \lambda\left(e^{-2 r}+\frac{\tau}{4} \lambda\right)\left(1+\frac{\tau^{3}}{6} e^{-2 r} \lambda+\frac{\tau^{4}}{24} \lambda^{2}\right)}{\frac{2 \tau^{3}}{3} e^{-4 r}+\frac{\tau^{4}}{3} e^{-2 r} \lambda+\frac{\tau^{5}}{12} \lambda^{2}}
$$

with the squeezing $r$ not necessarily positive as antisqueezing may be preferable (see Appendix A).

Measurement of the particle's position is a special case of homodyne detection, which involves measuring a linear combination of the position and momentum quadratures $[64,72]$. Heterodyne allows for the simultaneous measurement of position and momentum, but with added noise [73,74]. The QCRB can be reached through projection onto eigenstates of the SLD [75], which, for a Gaussian system, entails performing some squeezing and displacement followed by measurement of Fock states [51,64,70]. This additional squeezing is a resource applied to the system after the evolution as part of the measurement and does not improve the precision as an initial squeezing can. Further, in a mechanical system this involves measuring the number of phonons, which remains experimentally demanding [76,77]. In the following, we calculate the performance of all these measurements for estimating $\Lambda$.

Homodyne detection at an angle $\theta$ measures the quadrature $\hat{q}_{\theta}=\hat{x} \cos \theta+\hat{p} \sin \theta$. When performed on a Gaussian state the homodyne statistics are Gaussian [72], and the moments are the appropriate marginal of the Wigner function. For a homodyne angle $\theta$ the variance of the marginal is

$$
\begin{align*}
\Sigma=\kappa_{\mathrm{th}} & \left(\left[\left(1+\tau^{2}\right) \cos ^{2} \theta+\tau \sin 2 \theta+\sin ^{2} \theta\right] \cosh 2 r\right. \\
& +\left\{\left[\left(1-\tau^{2}\right) \cos ^{2} \theta-\tau \sin 2 \theta-\sin ^{2} \theta\right] \cos 2 \phi\right. \\
& \left.+\left[2 \tau \cos ^{2} \theta+\sin 2 \theta\right] \sin 2 \phi\right\} \sinh 2 r \\
& \left.+\lambda\left(\frac{\tau^{3}}{3} \cos ^{2} \theta+\frac{\tau^{2}}{2} \sin 2 \theta+\tau \sin ^{2} \theta\right)\right) \tag{15}
\end{align*}
$$

and as the Wigner function's mean is parameter-independent, so is the marginal's. The choices $\theta=0$ and $\theta=\pi / 2$ correspond to measurement of position and momentum, respectively. We will consider the optimization of $\theta$, which more generally requires measuring a linear combination of the position and momentum operators.

For a Gaussian probability distribution with a parameterindependent mean, the CFI is [66, Chap. 3]

$$
\begin{equation*}
F(\Lambda)=\frac{1}{2} \operatorname{Tr}\left[\Sigma^{-1} \partial_{\Lambda} \Sigma \Sigma^{-1} \partial_{\Lambda} \Sigma\right], \tag{16}
\end{equation*}
$$

where $\Sigma$ is the variance of the Gaussian distribution. Using Eqs. (15) and (16), the CRB for homodyne along an angle $\theta$ is

$$
\begin{align*}
(\Delta \widetilde{\Lambda})^{2} \geqslant 2 \Lambda_{0}^{2}[ & \lambda+\kappa_{\mathrm{th}}\left(\frac{\tau^{2} \cos ^{2} \theta+\tau \sin 2 \theta+1}{\frac{\tau^{3}}{3} \cos ^{2} \theta+\frac{\tau^{2}}{2} \sin 2 \theta+\tau \sin ^{2} \theta} \cosh 2 r\right. \\
& \left.\left.-\frac{\left(\tau^{2} \cos ^{2} \theta+\tau \sin 2 \theta-\cos 2 \theta\right) \cos 2 \phi-\left(2 \tau \cos ^{2} \theta+\sin 2 \theta\right) \sin 2 \phi}{\frac{\tau^{3}}{3} \cos ^{2} \theta+\frac{\tau^{2}}{2} \sin 2 \theta+\tau \sin ^{2} \theta} \sinh 2 r\right)\right]^{2} \tag{17}
\end{align*}
$$

To leading order in $\Lambda$ this is $(\Delta \tilde{\Lambda})^{2} \gtrsim 2 \Lambda^{2}$, which occurs when the first term in the square dominates, whereas when that can be neglected the bound is a $\Lambda$-independent constant. The bound on estimating the diffusion $\Lambda$ from position ( $\theta=0$ ) measurement is

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}}\left(\frac{\left[1+\tau^{2}\right] \cosh 2 r+\left\{\left[1-\tau^{2}\right] \cos 2 \phi+2 \tau \sin 2 \phi\right\} \sinh 2 r}{\tau^{3} / 3}\right)\right]^{2}, \tag{18}
\end{equation*}
$$

which behaves as

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \gtrsim 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}} \frac{\cosh 2 r-\sinh 2 r \cos 2 \phi}{\tau / 3}\right]^{2} \tag{19}
\end{equation*}
$$

for $\tau \gg 1$. Instead, for measuring the momentum $(\theta=\pi / 2)$ the bound on estimating the diffusion $\Lambda$ is

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}} \frac{\cosh 2 r-\sinh 2 r \cos 2 \phi}{\tau}\right]^{2}, \tag{20}
\end{equation*}
$$

which (neglecting squeezing) matches the large $\tau$ limit of position measurements when $\lambda \gg \kappa_{\mathrm{th}} / \tau$ and is a factor of 9 better when $\lambda \ll \kappa_{\text {th }} / \tau$.

The optimal input squeezing angle $\phi$ can in general be found by minimizing the coefficient of $\sinh 2 r$ in Eq. (17), which gives

$$
\begin{equation*}
\phi=-\arctan \left(\frac{1}{\tau+\tan \theta}\right) \tag{21}
\end{equation*}
$$

For momentum measurements $(\theta=\pi / 2)$ this squeezing angle is $\phi=0$ (squeezing of momentum), whereas for position measurements $(\theta=0)$ this is $\phi=-\arctan (1 / \tau)$ tending to $\phi=-\pi / 2$ for $\tau \ll 1$, and $\phi=0$ for $\tau \gg 1$.

In general the squeezing angle in Eq. (21) produces a precision

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}} e^{-2 r} \chi(\tau, \theta)\right]^{2} \tag{22}
\end{equation*}
$$

from which the unsqueezed case $(r=0)$ can also be extracted, where

$$
\begin{equation*}
\chi(\tau, \theta)=\frac{\tau^{2} \cos ^{2} \theta+\tau \sin 2 \theta+1}{\frac{\tau^{3}}{3} \cos ^{2} \theta+\frac{\tau^{2}}{2} \sin 2 \theta+\tau \sin ^{2} \theta} . \tag{23}
\end{equation*}
$$

One effect of squeezing is equivalent to an effective reduction of $\kappa_{\mathrm{th}}$ by $e^{-2 r}$. Unlike reducing the center-of-mass motionwhich reaches $\kappa_{\text {th }}=1$ at absolute zero-this squeezing allows an unlimited reduction in the second term. For $\tau \gg 1$ (as $\chi \sim$ $1 / \tau)$ the same squeezing could instead be considered as an effective increase in $\tau$ by a factor of $e^{2 r}$ to obtain the same precision from a much shorter free-fall time.

When the quadrature given by Eq. (21) is squeezed, the homodyne angle which minimizes the bound in Eq. (22) is

$$
\begin{equation*}
\theta=-\arctan \left(\frac{3+2 \tau^{2}+\sqrt{9+3 \tau^{2}+\tau^{4}}}{3 \tau}\right) \tag{24}
\end{equation*}
$$

which tends to $\theta \approx-\pi / 2+1 / \tau$ for $\tau \gg 1$. Measuring the quadrature given by Eq. (24) with squeezing as Eq. (21) gives a precision

$$
\begin{equation*}
(\Delta \tilde{\Lambda})^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}} e^{-2 r} \frac{3+\tau^{2}-\sqrt{9+3 \tau^{2}+\tau^{4}}}{\tau^{3} / 2}\right]^{2} \tag{25}
\end{equation*}
$$

Performing homodyne on the quadrature of Eq. (24) does not in general attain the QCRB. When $\lambda$ dominates, the QCRB behaves as $\Lambda^{2}$ while any homodyne terms tend to $2 \Lambda^{2}$. In the $\tau \gg 1$ regime, one could improve on the precision by no more than a factor of 2 using heterodyne detection (see Appendix B). Figure 6 suggests that heterodyne otherwise shows little promise.

Phonon counting-in combination with displacement and squeezing operations-can in principle attain the QCRB for all $\lambda$ and $\tau$ as the SLD is a quadratic operator in the quadrature operators $[64,70]$ and so has eigenstates which are squeezeddisplaced Fock states. The additional squeezing required to attain the QCRB is derived in full generality in Appendix C. For MAQRO, this squeezing seems nugatory, with 79 dB required to attain the QCRB for $\Lambda=10^{20} \mathrm{~m}^{-2} \mathrm{~s}^{-1}$, which would improve precision only by a factor of $\sqrt{2}$, to 158 dB for $\Lambda=10^{10} \mathrm{~m}^{-2} \mathrm{~s}^{-1}$, where the improvement on position measurements would be more pronounced. In other scenarios, however, this could be worthwhile. For $\tau \ll 1$ and $\lambda \tau^{2} \lesssim 1$ the squeezing needed is only $e^{2 z} \approx 1+\tau \approx 1$, while for $\tau \gg$ 1 and $\lambda \tau \gtrsim 1$ this goes to $e^{2 z} \approx 2 \tau / \sqrt{3}$.

## IV. DISCUSSION

Figure 2 shows the potential improvement in precision for estimating diffusion via momentum or general quadrature measurements, or through squeezing, for MAQRO parameters


FIG. 2. Precision of estimating momentum diffusion from wavepacket expansion for MAQRO parameters (Table I). Dashed lines denote a squeezing of 10 dB . The optimal homodyne and fundamental limit lines overlap until around $\Lambda \sim 10^{20} \mathrm{~m}^{-2} \mathrm{~s}^{-1}$. Three years' data collection with $t=100 \mathrm{~s}$ yields $v \sim 10^{6}$ repetitions.
as given in Table I. For reference, position measurement is the present proposal. We propose squeezing of the momentum quadrature, which offers a substantial improvement across much of the pertinent $\Lambda$ range for both measurement of position and momentum, with 10 dB enabling an order of magnitude higher resolution of $\Lambda$. Measuring the quadrature described by Eq. (24) allows further improvement, keeping within a factor of two of the QCRB across the whole regime.

Our bounds can be mapped to the wealth of diffusive processes whose parameters enter into the observed diffusion rate $\Lambda$. In the case of (mass-proportional) CSL the two parameters of interest are $\lambda^{\mathrm{CSL}}$ and $r_{\mathrm{C}}$, the time and length scales in the model. The observed diffusion rate $\Lambda$ for a free sphere of mass $m$ and radius $r_{\mathrm{s}}$ is-as a function of $\lambda^{\mathrm{CSL}}$ and $r_{\mathrm{C}}$-given by [28,45]

$$
\begin{equation*}
\Lambda=\frac{\lambda^{\mathrm{CSL}}}{4 r_{\mathrm{C}}^{2}}\left(\frac{m}{m_{0}}\right)^{2} f\left(\frac{r_{\mathrm{s}}}{r_{\mathrm{C}}}\right) \tag{26}
\end{equation*}
$$

where $m_{0}$ is a reference (nucleon) mass and $f(x)=$ $\frac{6}{x^{4}}\left[1-\frac{2}{x^{2}}+\left(1+\frac{2}{x^{2}}\right) e^{-x^{2}}\right]$. From this bounds on $\lambda^{\text {CSL }}$ as a function of $r_{\mathrm{C}}$ can be calculated using

$$
\begin{equation*}
\Delta \lambda^{\mathrm{CSL}}=4 r_{\mathrm{C}}^{2}\left[\left(\frac{m}{m_{0}}\right)^{2} f\left(\frac{r_{\mathrm{s}}}{r_{\mathrm{C}}}\right)\right]^{-1} \Delta \Lambda . \tag{27}
\end{equation*}
$$

To describe the minimal discernible $\lambda^{\text {CSL }}$ for measurement of a mechanical quadrature we take the limit of the singleshot CRB $\lambda_{0}^{\text {CSL }}=\lim _{\lambda^{\text {CSL }} \rightarrow 0} \Delta \lambda^{\mathrm{CSL}}$. Allowing for $v$ independent repetitions the uncertainty can be reduced to $\Delta \lambda^{\mathrm{CSL}} \approx$ $\sqrt{\frac{1}{v}}\left(\sqrt{\frac{1}{v}}+1\right) \lambda_{0}^{\mathrm{CSL}}$ at $\lambda^{\mathrm{CSL}} \approx \lambda_{0}^{\mathrm{CSL}} / \sqrt{\nu}$. To ensure any deviation can be recognized with statistical significance we take the minimum detectable collapse rate $\lambda_{\text {min }}^{\mathrm{CSL}}$ to be $\lambda_{\text {min }}^{\mathrm{CSL}} \sim \frac{2}{\sqrt{v}} \lambda_{0}^{\mathrm{CSL}}$. Thus, for a quadrature measurement we take the minimum
 Eq. (17).

For MAQRO such bounds can be seen in Fig. 3 for the position, momentum, and optimal quadratures. For position or momentum measurements with up to 10 dB squeezing the bounds are competitive across $10^{-8}-10^{-5} \mathrm{~m}$; below $10^{-8} \mathrm{~m}$ x-ray emission data begin to provide a tighter bound [78], while above $10^{-5} \mathrm{~m}$ LISA Pathfinder data are tighter $[16,18]$. Additional squeezing can of course further reduce the uncertainty, with 20 dB of squeezing sufficient to match the theoretical minimum collapse rate to above $10^{-7} \mathrm{~m}$. This would include testing the original parameters suggested by Ghirardi et al. [15].

The optimal quadrature identified in Eq. (24) meanwhile could yield a conclusive test of the conventional CSL model at a precision of six orders of magnitude more than the theoretical lower bound on CSL [7]. Attaining the QCRB can offer further improvements; however, this would be of little value to MAQRO if the optimal homodyne sensitivity can be reached.

In conclusion, we have shown that squeezing could be used to compensate for reduced free-fall times, an aspect which a recent ESA CDF study [29] has identified as one of the more demanding of the original proposals [27,28]. As, for


FIG. 3. Minimum detectable collapse rate for three years of observation with a 100 nm radius sphere of mass $5.5 \times 10^{9} \mathrm{u}$, with other parameters as Table I. The minimum required collapse rate given is based on the criteria of Ref. [7] to ensure macroscopic objects rapidly collapse to classical states. The magenta dot represents the values originally proposed by Ghirardi et al. [15].
both Eq. (19) and Eq. (20), the precision is constant for $e^{2 r} \tau$ being constant, longer effective free-fall times can be generated through mechanical squeezing. We have also shown the efficacy of momentum and general quadrature measurements over the proposed position measurement.

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## APPENDIXES

Appendix A calculates the necessary squeezing angle to maximize precision for the fundamental limit and quadrature measurements. Appendix B calculates the CRB of heterodyne measurements. Appendix C derives the necessary squeezing required to then project onto the eigenstates of the SLD by phonon counting. Appendix D compares performance of the fundamental limit, optimal homodyne quadrature, and heterodyne measurements. Appendix E translates the bounds on the observed diffusion rate $\Lambda$ to the parameters of CSL.

## APPENDIX A: OPTIMAL SQUEEZING

## 1. Fundamental limit

The QCRB is

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant B=\Lambda_{0}^{2} \frac{\left(\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda Z+\frac{\tau^{4}}{12} \lambda^{2}\right)^{2}-1}{\frac{\tau^{4}}{12}\left(\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda Z+\frac{\tau^{4}}{12} \lambda^{2}\right)+\frac{\tau^{4}}{12}\left(1-2 \kappa_{\mathrm{th}}^{2}\right)+\frac{1}{2} \kappa_{\mathrm{th}}^{2} \tau^{2} Z^{2}}, \tag{A1}
\end{equation*}
$$

where

$$
\begin{equation*}
Z=\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r+\left[\left(1-\frac{\tau^{2}}{3}\right) \cos 2 \phi+\tau \sin 2 \phi\right] \sinh 2 r \tag{A2}
\end{equation*}
$$

Minima with respect to the squeezing angle of the bound in Eq. (A1) are either solutions of $\frac{\partial B}{\partial Z}=0$ or $\frac{\partial Z}{\partial \phi}=0$ as

$$
\begin{equation*}
\frac{\partial B}{\partial \phi}=\frac{\partial B}{\partial Z} \frac{\partial Z}{\partial \phi} \tag{A3}
\end{equation*}
$$

and the second derivative

$$
\begin{equation*}
\frac{\partial^{2} B}{\partial \phi^{2}}=\frac{\partial^{2} B}{\partial Z^{2}}\left(\frac{\partial Z}{\partial \phi}\right)^{2}+\frac{\partial B}{\partial Z} \frac{\partial^{2} Z}{\partial \phi^{2}} \tag{A4}
\end{equation*}
$$

distinguishes minima and maxima. The stationary points of $B(Z)$ are

$$
\begin{equation*}
Z_{ \pm}=\frac{144\left(1-\kappa_{\mathrm{th}}^{4}\right)+24 \lambda^{2} \tau^{4}\left(1-2 \kappa_{\mathrm{th}}^{2}\right)+\lambda^{4} \tau^{8} \pm\left|12\left(1-\kappa_{\mathrm{th}}^{2}\right)+\lambda^{2} \tau^{4}\right| \sqrt{\left[12\left(1+\kappa_{\mathrm{th}}^{2}\right)+\lambda^{2} \tau^{4}\right]^{2}-48 \lambda^{2} \kappa_{\mathrm{th}}^{2} \tau^{4}}}{288 \lambda \kappa_{\mathrm{th}}^{3} \tau} \tag{A5}
\end{equation*}
$$

where the negative root is not possible with $r>0$ and for the positive root $\frac{\partial^{2} B}{\partial Z^{2}}<0$, and this means that the minimum of $B$ is found for $\frac{\partial Z}{\partial \phi}=0$. The stationary points of $Z(\phi)$ are

$$
\begin{equation*}
\phi_{ \pm}=\arctan \left(\frac{-3+\tau^{2} \pm \sqrt{9+3 \tau^{2}+\tau^{4}}}{3 \tau}\right) \tag{A6}
\end{equation*}
$$

where we have

$$
\begin{equation*}
\left(\phi_{+}-\phi_{-}\right) \quad \bmod \pi=\frac{\pi}{2} \tag{A7}
\end{equation*}
$$

as $\tan \left(\phi_{+}\right) \tan \left(\phi_{-}\right)=-1$. Hence we recognize that squeezing the quadrature $\hat{x}_{\phi_{+}}$is equivalent to antisqueezing of the orthogonal quadrature $\hat{x}_{\phi_{-}}=\hat{x}_{\phi_{+}+\frac{\pi}{2}}$. This follows as $r>0$ and $\phi \in[0, \pi]$, and $r \in \mathbb{R}$ and $\phi \in[0, \pi / 2]$ are equivalent parametrizations of the same squeezings; squeezing a quadrature $\hat{x}_{\phi}$ is equivalent to antisqueezing the quadrature $\hat{x}_{\phi+\pi / 2}$.

As $B\left(Z_{+}\right)$is a maximum and $Z_{-}<0$ is outside the range of $Z(\phi)$ at least one of $\phi_{ \pm}$is a minimum of $B(\phi)$. We therefore find the global minimum of $B(\phi)$ by finding the smaller of $B\left(\phi_{+}\right)$and $B\left(\phi_{-}\right)$. For $Z\left(\phi_{ \pm}\right)$,

$$
\begin{equation*}
Z\left(\phi_{ \pm}\right)=\left[\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r \pm \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r\right] \tag{A8}
\end{equation*}
$$

where we note that exchanging $\phi_{+} \rightarrow \phi_{-}$is equivalent to $r \rightarrow-r$.
For these squeezing angles ( $\phi_{ \pm}$) the bound [Eq. (A1)] is

$$
\begin{align*}
(\Delta \Lambda)^{2} \geqslant & \Lambda_{0}^{2}\left(\left\{\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda\left[\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r \pm \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r\right]+\frac{\tau^{4}}{12} \lambda^{2}\right\}^{2}-1\right) \\
& \times\left(\frac{\tau^{4}}{12}\left\{\kappa_{\mathrm{th}}^{2}+\tau \kappa_{\mathrm{th}} \lambda\left[\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r \pm \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r\right]+\frac{\tau^{4}}{12} \lambda^{2}\right\}\right. \\
& \left.+\frac{\tau^{4}}{12}\left(1-2 \kappa_{\mathrm{th}}^{2}\right)+\frac{\tau^{2}}{2} \kappa_{\mathrm{th}}^{2}\left[\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r \pm \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r\right]^{2}\right)^{-1} \tag{A9}
\end{align*}
$$

which can be written as

$$
\begin{equation*}
\frac{(a \pm b)^{2}-1}{c \pm d} \tag{A10}
\end{equation*}
$$

where

$$
\begin{gather*}
a=\kappa_{\mathrm{th}}^{2}+\kappa_{\mathrm{th}} \lambda \tau\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r+\frac{\tau^{4}}{12} \lambda^{2},  \tag{A11}\\
b=\kappa_{\mathrm{th}} \lambda \tau \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r,  \tag{A12}\\
c=\frac{\tau^{4}}{12}\left[1-\kappa_{\mathrm{th}}^{2}+\kappa_{\mathrm{th}} \lambda \tau\left(1+\frac{\tau^{2}}{3}\right) \cosh 2 r+\frac{\tau^{4}}{12} \lambda^{2}\right]+\frac{\tau^{2}}{2} \kappa_{\mathrm{th}}^{2}\left[\left(1+\frac{\tau^{2}}{3}\right)^{2} \cosh ^{2} 2 r+\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{4}}{9}\right) \sinh ^{2} 2 r\right],  \tag{A13}\\
d=\kappa_{\mathrm{th}} \lambda \frac{\tau^{5}}{12} \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \sinh 2 r+\kappa_{\mathrm{th}}^{2} \tau^{2}\left(1+\frac{\tau^{2}}{3}\right) \frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3} \cosh 2 r \sinh 2 r, \tag{A14}
\end{gather*}
$$

where we have $a, b, c$, and $d$ all positive as well as $a>b+1$ and $c>d$. The squeezing angle $\phi_{+}$therefore offers a better precision for

$$
\begin{equation*}
c<d\left(\frac{a^{2}+b^{2}-1}{2 a b}\right) \tag{A15}
\end{equation*}
$$

which in this case is

$$
\begin{align*}
0> & \lambda \tau\left[-\kappa_{\mathrm{th}}^{4}\left(1+3 \frac{\tau^{2}}{4}+\frac{\tau^{4}}{9}\right)+\frac{\tau^{2}}{12}\left(1+\frac{\lambda^{2} \tau^{4}}{12}\right)^{2}+\kappa_{\mathrm{th}}^{2} \frac{\tau^{2}}{6}\left(1-\frac{\lambda^{2} \tau^{4}}{12}\right)\right] \\
& +\kappa_{\mathrm{th}}\left(1+\frac{\tau^{2}}{3}\right)\left[1-\kappa_{\mathrm{th}}^{4}+\frac{\lambda^{2} \tau^{4}}{6}\left(1-2 \kappa_{\mathrm{th}}^{2}\right)+\left(\frac{\lambda^{2} \tau^{4}}{12}\right)^{2}\right] \cosh 2 r-\frac{\tau^{3}}{6} \kappa_{\mathrm{th}}^{4} \lambda \cosh 4 r \tag{A16}
\end{align*}
$$

## 2. Homodyne detection

The CRB for homodyne measurement of the quadrature $\hat{x} \cos \theta+\hat{p} \sin \theta$ is

$$
\begin{align*}
(\Delta \Lambda)^{2} \geqslant 2 \Lambda_{0}^{2} & {\left[\lambda+\kappa_{\mathrm{th}}\left(\frac{\left[1+\tau^{2}\right] \cos ^{2} \theta+\tau \sin 2 \theta+\sin ^{2} \theta}{\frac{1}{3} \tau^{3} \cos ^{2} \theta+\frac{1}{2} \tau^{2} \sin 2 \theta+\tau \sin ^{2} \theta} \cosh 2 r\right.\right.} \\
& \left.\left.+\frac{\left\{\left[1-\tau^{2}\right] \cos ^{2} \theta-\tau \sin 2 \theta-\sin ^{2} \theta\right\} \cos 2 \phi+\left\{2 \tau \cos ^{2} \theta+\sin 2 \theta\right\} \sin 2 \phi}{\frac{1}{3} \tau^{3} \cos ^{2} \theta+\frac{1}{2} \tau^{2} \sin 2 \theta+\tau \sin ^{2} \theta} \sinh 2 r\right)\right]^{2} \tag{A17}
\end{align*}
$$

## a. Optimal squeezing

The bound is minimized with respect to the squeezing angle $\phi$ by minimizing the coefficient of $\sinh 2 r$,

$$
\begin{equation*}
\left[\left(1-\tau^{2}\right) \cos ^{2} \theta-\tau \sin 2 \theta-\sin ^{2} \theta\right] \cos 2 \phi+\left[2 \tau \cos ^{2} \theta+\sin 2 \theta\right] \sin 2 \phi \tag{A18}
\end{equation*}
$$

which has minima

$$
\begin{equation*}
\phi=-\arctan \left(\frac{1}{\tau+\tan \theta}\right) \tag{A19}
\end{equation*}
$$

for which squeezing angle the CRB becomes

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+e^{-2 r} \kappa_{\mathrm{th}}\left(\frac{\left[1+\tau^{2}\right] \cos ^{2} \theta+\tau \sin 2 \theta+\sin ^{2} \theta}{\frac{1}{3} \tau^{3} \cos ^{2} \theta+\frac{1}{2} \tau^{2} \sin 2 \theta+\tau \sin ^{2} \theta}\right)\right]^{2} \tag{A20}
\end{equation*}
$$

The optimal homodyne detection can then be recognized as the angle $\theta$

$$
\begin{equation*}
\theta=-\arctan \left(\frac{3+2 \tau^{2}+\sqrt{9+3 \tau^{2}+\tau^{4}}}{3 \tau}\right) \tag{A21}
\end{equation*}
$$

and when this homodyne angle is used the optimal squeezing angle is

$$
\begin{equation*}
\varphi=\arctan \left(\frac{3 \tau}{3-\tau^{2}+\sqrt{9+3 \tau^{2}+\tau^{4}}}\right) \tag{A22}
\end{equation*}
$$

## b. Position and momentum squeezing

Squeezing of position and momentum can be evaluated with $\phi=0$, with $r>0$ corresponding to squeezing of momentum while $r<0$ is a squeezing $|r|$ of position. For $\phi=0$ the CRB [Eq. (A17)] becomes

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}}\left(\frac{e^{2 r} \cos ^{2} \theta+e^{-2 r}\left(\tau^{2} \cos ^{2} \theta+\tau \sin 2 \theta+\sin ^{2} \theta\right)}{\frac{1}{3} \tau^{3} \cos ^{2} \theta+\frac{1}{2} \tau^{2} \sin 2 \theta+\tau \sin ^{2} \theta}\right)\right]^{2} \tag{A23}
\end{equation*}
$$

The optimal homodyne quadrature is then

$$
\begin{equation*}
\theta=-\arctan \left(\frac{3 e^{4 r}+2 \tau^{2}+\sqrt{9 e^{8 r}+3 e^{4 r} \tau^{2}+\tau^{4}}}{3 \tau}\right) \tag{A24}
\end{equation*}
$$

which gives a precision

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant 2 \Lambda_{0}^{2}\left[\lambda+\kappa_{\mathrm{th}}\left(\frac{2\left(3 e^{2 r}+e^{-2 r} \tau^{2}-\sqrt{9 e^{4 r}+3 \tau^{2}+e^{-4 r} \tau^{4}}\right)}{\tau^{3}}\right)\right] \tag{A25}
\end{equation*}
$$

where squeezing of position $(r<0)$ is beneficial for $\tau<\sqrt{3}$ while squeezing of momentum (antisqueezing of position, $r>0$ ) is beneficial for $\tau>\sqrt{3}$.

## APPENDIX B: HETERODYNE DETECTION

Heterodyne detection is the projection onto the overcomplete basis of Gaussian states, which amounts to sampling from the Husimi Q function [73,74]. The Q function can be extracted from the Wigner function as [57]

$$
\begin{equation*}
Q(x, p)=\frac{1}{\pi} \int d x^{\prime} d p^{\prime} W\left(x^{\prime}, p^{\prime}\right) \exp \left[-\left(x-x^{\prime}\right)^{2}-\left(p-p^{\prime}\right)^{2}\right] \tag{B1}
\end{equation*}
$$

which is a convolution, and so for a Gaussian Wigner function with moments $\vec{d}$ and $\sigma$ the Q function will be Gaussian with moments $\vec{d}$ and $\sigma+\mathbb{1}$ [64, Chap. 5].

The mean of the distribution again contains no parameter dependence, and so Eq. (16) can also be applied here. The covariances from heterodyne detection are

$$
\Sigma(\tau)=\left(\begin{array}{cc}
1+\Sigma_{x x}+2 \tau \Sigma_{x p}+\tau^{2} \Sigma_{p p}+\frac{1}{3} \lambda \tau^{3} & \Sigma_{x p}+\tau \Sigma_{p p}+\frac{1}{2} \lambda \tau^{2}  \tag{B2}\\
\Sigma_{x p}+\tau \Sigma_{p p}+\frac{1}{2} \lambda \tau^{2} & 1+\Sigma_{p p}+\lambda \tau
\end{array}\right)
$$

giving a CRB of

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant \frac{12 \Lambda_{0}^{2}|\Sigma(\tau)|^{2}}{\tau^{4}|\Sigma(\tau)|+6 \tau^{2}\left(1+\Sigma_{x x}+\tau \Sigma_{x p}+\frac{\tau^{2}}{3} \Sigma_{p p}\right)^{2}+2 \tau^{4}\left[1+\Sigma_{x x}-\Sigma_{p p}-\Sigma_{x x} \Sigma_{p p}+\Sigma_{x p}^{2}+\frac{\tau^{2}}{3}\left(1-\Sigma_{p p}\right)\right]} \tag{B3}
\end{equation*}
$$

where $|\Sigma|$ is the determinant, and $\Sigma_{x x}, \Sigma_{x p}$, and $\Sigma_{p p}$ are the initial variances and covariance of the position and momentum operators. Without mechanical squeezing $(r=0)$ this is

$$
\begin{equation*}
(\Delta \Lambda)^{2} \geqslant \frac{6 \Lambda_{0}^{2}\left[\left(1+\kappa_{\mathrm{th}}\right)^{2}+\kappa_{\mathrm{th}} \tau^{2}+\lambda\left(1+\kappa_{\mathrm{th}}\right) \tau\left(1+\frac{\tau^{2}}{3}\right)+\frac{\tau^{4}}{12} \lambda^{2}\right]^{2}}{\frac{\tau^{2}}{3}\left[\left(1+\kappa_{\mathrm{th}}^{2}\right)\left(9+3 \tau^{2}+\tau^{4}\right)+\kappa_{\mathrm{th}}\left(18+6 \tau^{2}-\tau^{4}\right)\right]+\frac{\tau^{4}}{2}\left[\left(1+\kappa_{\mathrm{th}}\right)^{2}+\kappa_{\mathrm{th}} \tau^{2}+\lambda\left(1+\kappa_{\mathrm{th}}\right) \tau\left(1+\frac{\tau^{2}}{3}\right)+\frac{\tau^{4}}{12} \lambda^{2}\right]} . \tag{B4}
\end{equation*}
$$

## APPENDIX C: OPTIMAL MEASUREMENT

For a Gaussian system the SLD is a Hermitian operator, quadratic in the quadrature operators [64,70]. Any such Hermitian operator, quadratic in the quadrature operators, can be transformed through some squeezing and displacement to an operator diagonal in the Fock basis [64,70].

The SLD is primarily defined through identification of $L^{(2)}$, which is given by $[64,70]$

$$
\begin{equation*}
\sigma L^{(2)} \sigma+\Omega L^{(2)} \Omega=\partial \sigma, \tag{C1}
\end{equation*}
$$

which for a state with constant zero displacements $\vec{d}=0$ then gives the SLD [64,70]

$$
L_{\rho_{\Lambda}}=\left(\begin{array}{ll}
\hat{x} & \hat{p} \tag{C2}
\end{array}\right) L^{(2)}\binom{\hat{x}}{\hat{p}}-\frac{1}{2} \operatorname{Tr}\left[L^{(2)} \sigma\right] .
$$

The covariance matrix which we wish to solve for Eq. (C1) is Eq. (7), which gives $L^{(2)}$ as

$$
L^{(2)}=\frac{1}{\Lambda_{0}\left(|\sigma(\tau)|^{2}-1\right)}\left(\begin{array}{ll}
l_{x x}^{(2)} & l_{x p}^{(2)}  \tag{C3}\\
l_{x p}^{(2)} & l_{p p}^{(2)}
\end{array}\right)
$$

where

$$
\begin{gather*}
l_{x x}^{(2)}=\tau+\tau \sigma_{x p}(\tau)^{2}-\tau^{2} \sigma_{x p}(\tau) \sigma_{p p}(\tau)+\tau^{3} \sigma_{p p}(\tau)^{2}  \tag{C4}\\
l_{x p}^{(2)}=-\tau \sigma_{x x}(\tau) \sigma_{x p}(\tau)+\frac{\tau^{2}}{2}\left[\sigma_{x x}(\tau) \sigma_{p p}(\tau)+\sigma_{x p}(\tau)^{2}-1\right]-\frac{\tau^{3}}{3} \sigma_{x p}(\tau) \sigma_{p p}(\tau),  \tag{C5}\\
l_{p p}^{(2)}=\tau \sigma_{x x}(\tau)^{2}-\tau^{2} \sigma_{x x}(\tau) \sigma_{x p}(\tau)+\frac{\tau^{3}}{3}\left[1+\sigma_{x p}(\tau)^{2}\right] . \tag{C6}
\end{gather*}
$$

Then $L^{(2)}$ has eigenvalues

$$
\begin{equation*}
\alpha \pm \sqrt{\alpha^{2}-\tau^{2}\left[\sigma_{x x}(\tau)-\tau \sigma_{x p}(\tau)+\frac{\tau^{2}}{3} \sigma_{p p}(\tau)\right]^{2}-\frac{\tau^{4}}{12}(|\sigma(\tau)|-1)^{2}} \tag{C7}
\end{equation*}
$$

with

$$
\begin{equation*}
\alpha(\tau)=\frac{\tau}{2}\left\{1+\sigma_{x x}(\tau)^{2}-\sigma_{x p}(\tau)\left[\sigma_{x x}(\tau)+\sigma_{p p}(\tau)\right] \tau+\frac{\tau^{2}}{3}\left[1+\sigma_{p p}(\tau)^{2}\right]+\sigma_{x p}(\tau)^{2}\left(1+\frac{\tau^{2}}{3}\right)\right\} . \tag{C8}
\end{equation*}
$$

In order for phonon-number-resolving detection to become optimal we then seek the symplectic transformation which gives the Williamson normal form of $L^{(2)}$. For a single-mode system this can be recognized by first diagonalizing $L^{(2)}$ with a phase $\operatorname{shift}\left(\begin{array}{cc}\cos \psi & \sin \psi \\ -\sin \psi & \cos \psi\end{array}\right)$, followed by a squeezing $\operatorname{diag}\left(e^{z}, e^{-z}\right)$. The phase shift diagonalizes $L^{(2)}$, which has eigenvalues $D_{1}$ and $D_{2}$. The symplectic eigenvalue of $L^{(2)}$ is then $\sqrt{D_{1} D_{2}}$, and so the squeezing $z$ required to bring $L^{(2)}$ into its normal form is $e^{2 z}=e^{\frac{1}{2}\left|\ln D_{1}-\ln D_{2}\right|}$.

Thus the required squeezing is

$$
\begin{equation*}
e^{2 z}=\sqrt{\frac{1+\sqrt{1-\frac{1}{\alpha^{2}}\left\{\tau^{2}\left[\sigma_{x x}(\tau)-\tau \sigma_{x p}(\tau)+\frac{\tau^{2}}{3} \sigma_{p p}(\tau)\right]^{2}+\frac{\tau^{4}}{12}[|\sigma(\tau)|-1]^{2}\right\}}}{1-\sqrt{1-\frac{1}{\alpha^{2}}\left\{\tau^{2}\left[\sigma_{x x}(\tau)-\tau \sigma_{x p}(\tau)+\frac{\tau^{2}}{3} \sigma_{p p}(\tau)\right]^{2}+\frac{\tau^{4}}{12}[|\sigma(\tau)|-1]^{2}\right\}}}} . \tag{C9}
\end{equation*}
$$



FIG. 4. Ratio of quantum Fisher information against classical Fisher information for optimal homodyne quadrature [ $\left.F\left(\Lambda ; \theta_{\text {opt }}\right) / H(\Lambda)\right]$, plotted for $\kappa_{\mathrm{th}}=1$ and $r=0$. The red rectangle is representative of the MAQRO parameter regime.


FIG. 5. Ratio of quantum Fisher information against classical Fisher information for heterodyne detection $[F(\Lambda) / H(\Lambda)]$, plotted for $\kappa_{\mathrm{th}}=1$ and $r=0$. The red rectangle is representative of the MAQRO parameter regime.

## APPENDIX D: OPTIMALITY OF DETECTION SCHEMES

Our bounds cover a range of settings with $\Lambda_{0}^{2}$ prefactoring the bounds and their ratios being a function of only $\lambda, \tau, \kappa_{\text {th }}$, and squeezing $r e^{i \phi}$ (with parameters such as homodyne angle $\theta$ representing different measurement choices rather than properties of the system). This allows comparison of our bounds in terms of these parameters alone, perhaps the simplest case being where we assume trapping allows us to take $\kappa_{\text {th }}=1$ and that no external squeezing is applied.

## 1. Homodyne

For $\kappa_{\mathrm{th}}=1$ and $r=0$ we can easily compare the QCRB with the optimal homodyne CRB numerically across the $\lambda$ and $\tau$ variables in Fig. 4. The analytic form of the ratio is


FIG. 6. Ratio of classical Fisher information for heterodyne detection against classical Fisher information for homodyne detection of the optimal quadrature, plotted for $\kappa_{\mathrm{th}}=1$ and $r=0$. The red rectangle is representative of the MAQRO parameter regime.

$$
\begin{equation*}
R=\frac{\tau^{4}\left\{\left[\lambda \tau\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{3}}{12} \lambda\right)+1\right]^{2}-1\right\}}{72\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{3}}{6} \lambda-\frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3}\right)^{2}\left[\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{3}}{12} \lambda\right)^{2}-\frac{1}{2}\left(1+\frac{\tau^{2}}{3}\right)\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{3}}{6} \lambda\right)\right]} . \tag{D1}
\end{equation*}
$$



FIG. 7. Bounds plotted for a $r_{\mathrm{s}}=100 \mathrm{~nm}$ sphere of mass $5.5 \times 10^{9} \mathrm{u}$ with values otherwise as Table I. The minimum required collapse rate given is based on the criteria of Ref. [7]. The magenta dot represents the values originally proposed by Ghirardi et al. [15].


FIG. 8. Bounds plotted for a $r_{\mathrm{s}}=100 \mathrm{~nm}$ sphere of mass $5.5 \times 10^{9} \mathrm{u}$ with values otherwise as Table I . The minimum required collapse rate given is based on the criteria of Ref. [7]. The magenta dot represents the values originally proposed by Ghirardi et al. [15].

## 2. Heterodyne

For $\kappa_{\mathrm{th}}=1$ and $r=0$ we can easily compare the QCRB with the heterodyne CRB numerically across the $\lambda$ and $\tau$ variables in Fig. 5. The analytic form of the ratio is

$$
\begin{equation*}
R=\frac{\left\{\left[\lambda \tau\left(1+\frac{\tau^{2}}{3}+\lambda \frac{\tau^{3}}{12}\right)+1\right]^{2}-1\right\}\left[\left(1+\frac{\tau^{2}}{3}+\lambda \frac{\tau^{3}}{12}\right)^{2}+\left(1+\frac{\tau^{2}}{6}\right)^{2}\right]}{16\left(1+\frac{\tau}{2} \lambda\right)^{2}\left(1+\frac{\tau^{2}}{4}+\frac{\lambda \tau^{3}}{24}\right)^{2}\left[\left(1+\frac{\tau^{2}}{3}+\frac{\lambda \tau^{3}}{12}\right)^{2}-\frac{1}{2}\left(1+\frac{\tau^{2}}{3}\right)\left(1+\frac{\tau^{2}}{3}+\frac{\lambda \tau^{3}}{6}\right)\right]} \tag{D2}
\end{equation*}
$$

## 3. Homodyne and heterodyne

In the same $\kappa_{\mathrm{th}}=1$ and $r=0$ case we can compare the optimal homodyne CRB against the heterodyne CRB numerically across the $\lambda$ and $\tau$ variables in Fig. 6. This demonstrates no more than a factor of two advantage for heterodyne in the $\tau \gg 1$ and $\lambda \gg 1$, while in the $\lambda \ll 1$ regime the homodyne has a near unbounded advantage.

The analytic form of the ratio [which can be seen from Eqs. (D1) and (D2)] is

$$
\begin{equation*}
R=\frac{9\left[\left(1+\frac{\tau^{2}}{3}+\lambda \frac{\tau^{3}}{12}\right)^{2}+\left(1+\frac{\tau^{2}}{6}\right)^{2}\right]\left(1+\frac{\tau^{2}}{3}+\frac{\tau^{3}}{6} \lambda-\frac{\sqrt{9+3 \tau^{2}+\tau^{4}}}{3}\right)^{2}}{2 \tau^{4}\left(1+\frac{\tau}{2} \lambda\right)^{2}\left(1+\frac{\tau^{2}}{4}+\frac{\lambda \tau^{3}}{24}\right)^{2}} . \tag{D3}
\end{equation*}
$$

## APPENDIX E: TESTS OF CONTINUOUS SPONTANEOUS LOCALIZATION

For MAQRO the minimum resolvable $\lambda^{\mathrm{CSL}}$ for position and momentum can be seen in Fig. 7, plotted for a $r_{\mathrm{s}}=$ 100 nm sphere of mass $5.5 \times 10^{9} \mathrm{u}$ with values otherwise as Table I, where the black line is based on the minimum required CSL strength proposed in Toroš et al. [7]. This plot shows the potential improvements; with MAQRO already competitive
in $10^{-8}-10^{-5} \mathrm{~m}$, squeezing allows a test down to the lower bound for $r_{\mathrm{C}}<10^{-7} \mathrm{~m}$ and significant improvement on reported results up to $r_{\mathrm{C}}=10^{-5} \mathrm{~m}$.

This is plotted in Fig. 8, plotted again for a $r_{\mathrm{s}}=100 \mathrm{~nm}$ sphere of mass $5.5 \times 10^{9} \mathrm{u}$ with values otherwise as Table I. As might be guessed from the significant gap in Fig. 2 the optimal quadrature allows for a categorical test of CSL. This bound can be reduced through squeezing, and the fundamental
limit given by the QCRB will further allow a superior precision through a saturating measurement. Such improvements,
however, offer little significance, as the QCRB will give a lower bound no less than that of the optimal quadrature.
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