# ALMOST BI-LIPSCHITZ EMBEDDINGS AND ALMOST HOMOGENEOUS SETS 

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#### Abstract

This paper is concerned with embeddings of homogeneous spaces into Euclidean spaces. We show that any homogeneous metric space can be embedded into a Hilbert space using an almost bi-Lipschitz mapping (biLipschitz to within logarithmic corrections). The image of this set is no longer homogeneous, but 'almost homogeneous'. We therefore study the problem of embedding an almost homogeneous subset $X$ of a Hilbert space $H$ into a finite-dimensional Euclidean space. We show that if $X$ is a compact subset of a Hilbert space and $X-X$ is almost homogeneous, then, for $N$ sufficiently large, a prevalent set of linear maps from $X$ into $\mathbb{R}^{N}$ are almost bi-Lipschitz between $X$ and its image.


## 1. Introduction

In this paper we investigate abstract embeddings between metric spaces, Hilbert spaces, and finite-dimensional Euclidean spaces. Historically (starting with Bouligand in [3]), attention has been on bi-Lipschitz embeddings. By weakening this to almost bi-Lipschitz embeddings, we are able to obtain a number of new results.

A metric space $(X, d)$ is said to be $(M, s)$-homogeneous (or simply homogeneous) if any ball of radius $r$ can be covered by at most $M(r / \rho)^{s}$ smaller balls of radius $\rho$. Since any subset of $\mathbb{R}^{N}$ is homogeneous and homogeneity is preserved under biLipschitz mappings, it follows that $(X, d)$ must be homogeneous if it is to admit a bi-Lipschitz embedding into some $\mathbb{R}^{N}$ (cf. comments in Hajłasz [6). The Assouad dimension of $X, d_{\mathrm{A}}(X)$, is the infimum of all $s$ such that $(X, d)$ is $(M, s)$ homogeneous for some $M \geq 1$.

Assouad [1] showed that $(X, d)$ is homogeneous if and only if the snowflake spaces $\left(X, d^{\alpha}\right)$ with $0<\alpha<1$ admit bi-Lipschitz embeddings into some $\mathbb{R}^{N}$ (where $N$ depends on $\alpha$ ). However, the three-dimensional Heisenberg group equipped with its Carnot-Carathéodory metric is homogeneous but cannot be embedded into any Euclidean space in a bi-Lipschitz way (see Semmes [22]). Furthermore, there are examples due to Laakso [13] (see also Lang \& Plaut [12]) of homogeneous spaces that do not even admit a bi-Lipschitz embedding into an infinite-dimensional Hilbert

[^0]space. This paper starts with a simple result, based on Assouad's argument, that any homogeneous metric space admits an almost bi-Lipschitz embedding into an infinite-dimensional Hilbert space.

The class of $\gamma$-almost $L$-bi-Lipschitz mappings $f:(X, d) \rightarrow(\tilde{X}, \tilde{d})$ (or almost bi-Lipschitz mappings for short) consists of all those maps for which there exists a $\gamma \geq 0$ and an $L>0$ such that

$$
\begin{equation*}
\frac{1}{L} \frac{d(x, y)}{\operatorname{slog}(d(x, y))^{\gamma}} \leq \tilde{d}(f(x), f(y)) \leq L d(x, y) \tag{1.1}
\end{equation*}
$$

for all $x, y \in X$ such that $x \neq y$. Here $\operatorname{slog}(x)$ is the 'symmetric logarithm' of $x$, defined as

$$
\operatorname{slog}(x):=\log \left(x+x^{-1}\right)
$$

and so an almost bi-Lipschitz map is bi-Lipschitz to within logarithmic corrections.
Although the bi-Lipschitz image of a homogeneous set is homogeneous, this is not true for almost bi-Lipschitz images; they are, however, almost homogeneous: we say that $(X, d)$ is $(\alpha, \beta)$-almost $(M, s)$-homogeneous if

$$
\begin{equation*}
\mathcal{N}_{X}(r, \rho) \leq M\left(\frac{r}{\rho}\right)^{s} \operatorname{slog}(r)^{\beta} \operatorname{slog}(\rho)^{\alpha} \tag{1.2}
\end{equation*}
$$

for all $0<\rho<r<\infty$, where $\mathcal{N}_{X}(r, \rho)$ is the minimum number of balls of radius $\rho$ necessary to cover any ball of radius $r$. The Assouad $(\alpha, \beta)$-dimension of $X$, $d_{\mathrm{A}}^{\alpha, \beta}(X)$, is the infimum of all $s$ such that $X$ is $(\alpha, \beta)$-almost $(M, s)$-homogeneous for some $M \geq 1$.

If $X$ is a subset of a vector space, then one can define the set of differences $X-X$ :

$$
X-X=\left\{x_{1}-x_{2}: x_{1}, x_{2} \in X\right\}
$$

Olson [17] showed that given a compact $X \subset \mathbb{R}^{N}$ with $d_{\mathrm{A}}(X-X)=d$, almost every projection of rank $k>d$ provides an almost bi-Lipschitz embedding of $X$ into $\mathbb{R}^{k}$. In this paper we show a similar result for compact subsets $X$ of a Hilbert space: if the set of differences ${ }^{1} X-X$ is almost homogeneous with $d_{\mathrm{A}}^{\alpha, \beta}(X-X)=d$, then 'most' linear maps into Euclidean spaces $\mathbb{R}^{k}$ with $k>d$ provide almost bi-Lipschitz embeddings of $X$. More explicitly, if $k>d$, then the set of almost bi-Lipschitz embeddings into $\mathbb{R}^{k}$ is prevalent in the space of all linear maps into $\mathbb{R}^{k}$, in the sense of Hunt, Sauer \& Yorke [9.

There is an unfortunate gap here. An almost homogeneous metric space has an almost bi-Lipschitz image that is an almost homogeneous subset of a Hilbert space. However, our embedding theorem for a subset $X$ of a Hilbert space requires that not $X$ itself, but the set $X-X$ of differences, is almost homogeneous.

In Section 2 we state some elementary properties of the $(\alpha, \beta)$-Assouad dimension and show that any almost homogeneous metric space ( $X, d$ ) can be embedded into a Hilbert space in an almost bi-Lipschitz way. That such almost bi-Lipschitz images

[^1]of almost homogeneous spaces are again almost homogeneous is shown in Section 3. Section 4 treats the local versions of homogeneity and almost homogeneity. Section 5 contains our main result on embedding a subset $X$ of a Hilbert space with $X-X$ almost homogeneous, while in Section 6 we consider what is possible for such subsets knowing only properties of $X$. In Section 7 we explore the relationship between $d_{\mathrm{A}}^{\alpha, \beta}(X)$ and $d_{\mathrm{A}}^{\alpha, \beta}(X-X)$. After Section 8 , where we give an example of a homogeneous subset of a Hilbert space that cannot be bi-Lipschitz embedded into any $\mathbb{R}^{k}$ using any linear map, we finish with some interesting open problems.

Throughout the paper all Hilbert spaces are real.

## 2. Almost homogeneous metric spaces

As discussed above, we will say that a metric space $(X, d)$ is $(\alpha, \beta)$-almost $(M, s)$ homogeneous (or simply almost homogeneous) if any ball of radius $r$ can be covered by at most ${ }^{2}$

$$
\begin{equation*}
\mathcal{N}_{X}(r, \rho) \leq M\left(\frac{r}{\rho}\right)^{s} \operatorname{slog}(r)^{\beta} \operatorname{slog}(\rho)^{\alpha} \tag{2.1}
\end{equation*}
$$

balls of radius $\rho$ (with $\rho<r$ ), for some $M \geq 1$ and $s \geq 0$, where $\operatorname{slog}(x)=$ $\log \left(x+x^{-1}\right)$.

We now give some simple properties of the function slog.
Lemma 2.1. Given $L>0$ and $\gamma \geq 0$, there exist constants $A_{L}, B_{L}, a_{\gamma}, b_{\gamma}, \sigma \in$ $(0, \infty)$ independent of $x$ such that
(p1) $|\log (x)| \leq \operatorname{slog}(x) \leq \log 2+|\log (x)|$, in particular $\operatorname{slog}\left(2^{k}\right) \leq(1+|k|) \log 2$,
(p2) $A_{L} \operatorname{slog}(x) \leq \operatorname{slog}(L x) \leq B_{L} \operatorname{slog}(x)$,
(p3) $a_{\gamma} \operatorname{slog}(x) \leq \operatorname{slog}\left(x \operatorname{slog}(x)^{\gamma}\right) \leq b_{\gamma} \operatorname{slog}(x)$,
for all $x \geq 0$, and
(p4) if $2^{-(k+1)} \leq x \leq 2^{-k}$, then $\operatorname{slog}(x) \geq \sigma \operatorname{slog}\left(2^{-k}\right)$.
Proof. (p1) is elementary. For (p2) consider the quotient function $g:(0, \infty) \rightarrow$ $(0, \infty)$ defined by

$$
g(x)=\frac{\operatorname{slog}(L x)}{\operatorname{slog}(x)}
$$

Let $a_{L}=\inf \{g(x): x \in(0, \infty)\}$ and $b_{L}=\sup \{g(x): x \in(0, \infty)\}$. Since

$$
\lim _{x \rightarrow 0} g(x)=1, \quad \lim _{x \rightarrow \infty} g(x)=1, \quad \text { and } \quad 0<g(x)<\infty \text { for } x \in(0, \infty)
$$

then both $a_{L}$ and $b_{L}$ are finite positive constants. The proof of (p3) is similar. For (p4) set $x=2^{-r}$ with $k \leq r \leq k+1$. Since $\operatorname{slog}(x)=\log (x+1 / x) \geq \log 2$ and $\operatorname{slog}\left(2^{-r}\right) \geq\left|\log 2^{-r}\right|=|r| \log 2$ from (p1), then $\operatorname{slog}(x) \geq(1+|r|) / 2$. Therefore, the estimate

$$
\frac{\operatorname{slog}\left(2^{-k}\right)}{\operatorname{slog}(x)} \leq \frac{(1+|k|) \log 2}{(1+|r|) / 2} \leq 4 \log 2
$$

gives $(\mathrm{p} 4)$ with $\sigma=1 /(4 \log 2)$.

[^2]We define the Assouad $(\alpha, \beta)$-dimension of $X, d_{\mathrm{A}}^{\alpha, \beta}(X)$, to be the infimum of all $s$ for which $X$ is $(\alpha, \beta)$-almost $(M, s)$-homogeneous. When $\alpha=\beta=0$ we recover the standard definition of a homogeneous space and the usual Assouad dimension.

We note here that it is straightforward to show that the Assouad $(\alpha, \beta)$-dimension satisfies the minimal properties we would ask for in a dimension, namely that

$$
X \subseteq Y \quad \Rightarrow \quad d_{\mathrm{A}}^{\alpha, \beta}(X) \leq d_{\mathrm{A}}^{\alpha, \beta}(Y), \quad d_{\mathrm{A}}^{\alpha, \beta}(X \cup Y)=\max \left(d_{\mathrm{A}}^{\alpha, \beta}(X), d_{\mathrm{A}}^{\alpha, \beta}(Y)\right)
$$

and $d_{\mathrm{A}}^{\alpha, \beta}(\mathcal{O})=n$ if $\mathcal{O}$ is an open subset of $\mathbb{R}^{n}$. Furthermore,

$$
\begin{equation*}
\alpha_{1} \geq \alpha_{2} \quad \text { and } \quad \beta_{1} \geq \beta_{2} \quad \Rightarrow \quad d_{\mathrm{A}}^{\alpha_{1}, \beta_{1}}(X) \leq d_{\mathrm{A}}^{\alpha_{2}, \beta_{2}}(X) \tag{2.2}
\end{equation*}
$$

We now show that if $(X, d)$ is almost homogeneous, then it can be embedded into an infinite-dimensional Hilbert space in an almost bi-Lipschitz way. Key to this result is the following proposition, which although not given explicitly in this form, essentially occurs in Assouad's paper. Indeed, it is the main ingredient in his proof of the existence of bi-Lipschitz maps between $\left(X, d^{\alpha}\right)$ and $\mathbb{R}^{N}$.

Proposition 2.2. Let $(X, d)$ be an $(\alpha, \beta)$-almost $(M, s)$-homogeneous metric space and distinguish a point $a \in X$. Then there are constants $A, B, C>0$ such that for every $j \in \mathbb{Z}$ there exists a map $\phi_{j}:(X, d) \rightarrow \mathbb{R}^{M_{j}}$, where $M_{j}=C(1+|j|)^{\alpha+\beta}$, with $\phi_{j}(a)=0$, and for every $x_{1}, x_{2} \in X$
(a1) $2^{-(j+1)}<d\left(x_{1}, x_{2}\right) \leq 2^{-j}$ implies that $\left\|\phi_{j}\left(x_{1}\right)-\phi_{j}\left(x_{2}\right)\right\| \geq A$, and
(a2) $\left\|\phi_{j}\left(x_{1}\right)-\phi_{j}\left(x_{2}\right)\right\| \leq B M_{j} \min \left[1,2^{j} d\left(x_{1}, x_{2}\right)\right]$.
Proof. The proof follows exactly the steps in Assouad's original paper (see also Heinonen's book [7] or lecture notes [8] for an account that is easier to follow) which we outline very briefly here: if $N_{j}$ is a maximal $2^{-j}$ net in $(X, d)$, then for every $x \in X$

$$
\begin{aligned}
\operatorname{card}\left(N_{j} \cap B\left(x, 12 \cdot 2^{-j}\right)\right) & \leq \mathcal{N}_{X}\left(12 \cdot 2^{-j}, 2^{-j-1}\right) \\
& \leq 24 M \operatorname{slog}\left(12 \cdot 2^{-j}\right)^{\alpha} \operatorname{slog}\left(2^{-j-1}\right)^{\beta} \\
& \leq C(1+|j|)^{\alpha+\beta}
\end{aligned}
$$

where the constant $C$ is a product of $M$ and constants appearing in Lemma 2.1 Thus, there exists a 'colouring map' $\kappa_{j}: N_{j} \rightarrow\left\{e_{1}, \ldots, e_{M_{j}}\right\}$, where $\left\{e_{1}, \ldots, e_{M_{j}}\right\}$ is the standard basis of $\mathbb{R}^{M_{j}}$, such that $\kappa_{j}(a) \neq \kappa_{j}(b)$ if $d(a, b)<12 \cdot 2^{-j}$. Let

$$
\tilde{\phi}_{j}(x)=\sum_{a_{i} \in N_{j}} \max \left\{\left(2-2^{j} d\left(x, a_{i}\right)\right), 0\right\} \kappa_{j}\left(a_{i}\right) .
$$

Note that $2^{2-j}<d\left(x_{1}, x_{2}\right) \leq 2^{3-j}$ implies that $\tilde{\phi}_{j}\left(x_{1}\right) \underset{\sim}{\text { is }}$ orthogonal to $\tilde{\phi}_{j}\left(x_{2}\right)$. It is then straightforward to show that the map $\phi_{j}(x)=\tilde{\phi}_{j+3}(x)-\tilde{\phi}_{j+3}(a)$ satisfies the properties given in the statement of the proposition.

Theorem 2.3. Let $(X, d)$ be an $(\alpha, \beta)$-almost $(M, s)$-homogeneous metric space and $H$ an infinite-dimensional separable Hilbert space. Then, for every $\gamma>\alpha+\beta+\frac{1}{2}$, there exists a map $f: X \rightarrow H$ and a constant $L$ such that

$$
\frac{1}{L} \frac{d(x, y)}{\operatorname{slog}(d(x, y))^{\gamma}} \leq\|f(s)-f(t)\| \leq L d(x, y)
$$

i.e., $f$ is $\gamma$-almost bi-Lipschitz.

Proof. Let $\left\{e_{j}\right\}_{j \in \mathbb{Z}}$ be an orthonormal set of vectors in some Hilbert space. Let $\delta>1 / 2$ and define $f:(X, d) \rightarrow \bigoplus_{j=-\infty}^{\infty} \mathbb{R}^{M_{j}} \otimes e_{j} \simeq H$ by

$$
\begin{equation*}
f(x)=\sum_{j=-\infty}^{\infty} \frac{2^{-j}}{(1+|j|)^{\delta} M_{j}} \phi_{j}(x) \otimes e_{j} \tag{2.3}
\end{equation*}
$$

where the maps $\phi_{j}$ are those of Proposition 2.2 Since $f(a)=0$, the upper bound on $\|f(s)-f(t)\|$ that we now prove will also show convergence of the series (2.3) defining $f$. Let $\left(x_{1}, x_{2}\right)$ be a pair of distinct points of $X$. Thus, there exists $l \in \mathbb{Z}$ such that $2^{-(l+1)}<d\left(x_{1}, x_{2}\right) \leq 2^{-l}$. Note that for such a pair of points $\left\|\phi_{l}\left(x_{1}\right)-\phi_{l}\left(x_{2}\right)\right\| \geq A$. We have

$$
\begin{aligned}
\left\|f\left(x_{1}\right)-f\left(x_{2}\right)\right\|^{2} & =\sum_{j=-\infty}^{\infty} \frac{2^{-2 j}}{(1+|j|)^{2 \delta}} \frac{\left\|\phi_{j}\left(x_{1}\right)-\phi_{j}\left(x_{2}\right)\right\|^{2}}{M_{j}^{2}} \\
& \leq \sum_{j=-\infty}^{\infty} \frac{B^{2}}{(1+|j|)^{2 \delta}} d\left(x_{1}, x_{2}\right)^{2} \\
& \leq c_{1} d\left(x_{1}, x_{2}\right)^{2},
\end{aligned}
$$

where the sum converges since $2 \delta>1$.
The lower bound is straightforward, since

$$
\begin{aligned}
\left\|f\left(x_{1}\right)-f\left(x_{2}\right)\right\| & \geq \frac{2^{-l}}{(1+|l|)^{\delta} M_{l}}\left\|\phi_{l}\left(x_{1}\right)-\phi_{l}\left(x_{2}\right)\right\| \geq A \frac{2^{-l}}{(1+|l|)^{\delta} M_{l}} \\
& \geq c_{2} \frac{2^{-l}}{(1+|l|)^{\alpha+\beta+\delta}} \geq c_{2} \frac{d(x, y)}{(1+|l|)^{\alpha+\beta+\delta}} .
\end{aligned}
$$

Since $d(x, y)=2^{-r}$ with $l \leq r<l+1$ it follows using ( p 1 ) from Lemma 2.1 that

$$
\frac{1+|l|}{\operatorname{slog}(d(x, y))}=\frac{1+|l|}{\operatorname{slog}\left(2^{-r}\right)} \geq \frac{1+|l|}{(1+|r|) \log 2} \geq \frac{1}{2 \log 2}
$$

and so

$$
\left\|f\left(x_{1}\right)-f\left(x_{2}\right)\right\| \geq c_{3} \frac{d(x, y)}{\operatorname{slog}(d(x, y))^{\alpha+\beta+\delta}} .
$$

Taking $L=\max \left(c_{1}, 1 / c_{3}\right)$ finishes the proof.
We note here that if $(X, d)$ is bounded, then there exists a $k$ such that $d\left(x_{1}, x_{2}\right)$ $\leq 2^{k}$ for all $x_{1}, x_{2} \in X$. In this case the definition of $f$ in (2.3) can be simplified to

$$
\begin{equation*}
f(x)=\sum_{j=-k}^{\infty} \frac{2^{-j}}{(1+|j|)^{\delta} M_{j}} \phi_{j}(x) \otimes e_{j} \tag{2.4}
\end{equation*}
$$

and will still provide a $\gamma$-almost bi-Lipschitz embedding.

## 3. Almost bi-Lipschitz images of sets

Since we can embed any almost homogeneous metric space into a Hilbert space using an almost bi-Lipschitz map, it is natural to study the effect of such mappings on almost homogeneous spaces. Here we show that almost bi-Lipschitz images of almost homogeneous metric spaces are still almost homogeneous. In particular this implies that it is necessary that $X$ be almost homogeneous if it is to enjoy an almost bi-Lipschitz embedding into some $\mathbb{R}^{N}$.

Lemma 3.1. Let $(X, d)$ be an $(\alpha, \beta)$-almost $(M, s)$-homogeneous metric space and $\phi:(X, d) \rightarrow(\tilde{X}, \tilde{d})$ a $\gamma$-almost L-bi-Lipschitz map. Then $(\phi(X), \tilde{d})$ is an almost homogeneous metric space with $d_{\mathrm{A}}^{\alpha+\gamma, \beta+\gamma}(X) \leq d_{\mathrm{A}}^{\alpha, \beta+\gamma}(\phi(X)) \leq d_{\mathrm{A}}^{\alpha, \beta}(X)$.

Proof. Increase $L$ if necessary so that

$$
\begin{equation*}
L^{2} b^{\gamma}(\log 2)^{\gamma} \geq 1 \tag{3.1}
\end{equation*}
$$

where here and in the rest of the proof $b=b_{\gamma}$, with $b_{\gamma}$ the constant occurring in (p3) in Lemma 2.1] clearly $\phi$ remains $\gamma$-almost $L$-bi-Lipschitz under this assumption. Take $s>d_{\mathrm{A}}^{\alpha, \beta}(X), 0<\rho<r<\infty$, and consider an arbitrary ball $B_{\tilde{X}}(\phi(x), r)$ of radius $r$ in $\phi(X)$. Now, we have

$$
B_{\tilde{X}}(\phi(x), r) \subseteq \phi\left\{B_{X}\left(x, L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}\right)\right\}
$$

since using (p3) in Lemma 2.1

$$
\frac{1}{L} \frac{L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}}{\operatorname{slog}\left(L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}\right)^{\gamma}} \geq \frac{r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}}{\left[b \operatorname{slog}\left(L r b^{\gamma}\right)\right]^{\gamma}}=r
$$

By our choice of $L$ in (3.1) and since $\rho<r$ we have $0<\rho / L<L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}$, and so we can cover $B_{X}\left(x, L r b^{\gamma} \operatorname{sog}\left(L r b^{\gamma}\right)^{\gamma}\right)$ by

$$
\begin{aligned}
& \mathcal{N}_{X}\left(L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}, \rho / L\right) \\
& \quad \leq M\left(\frac{L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}}{\rho / L}\right)^{s} \operatorname{slog}\left(L r b^{\gamma} \operatorname{slog}\left(L r b^{\gamma}\right)^{\gamma}\right)^{\beta} \operatorname{slog}(\rho / L)^{\alpha} \\
& \quad \leq c_{1}\left(\frac{r}{\rho}\right)^{s} \operatorname{slog}(r)^{\beta+\gamma} \operatorname{slog}(\rho)^{\alpha}
\end{aligned}
$$

balls of radius $\rho / L$ (in $X$ ), where $c_{1}$ depends on $M, L$ and the constants appearing in Lemma 2.1. Denote these balls by $B_{X}\left(x_{i}, \rho / L\right)$. Since

$$
\phi\left\{B_{X}\left(x_{i}, \rho / L\right)\right\} \subseteq B_{\tilde{X}}\left(\phi\left(x_{i}\right), \rho\right)
$$

and $B_{\tilde{X}}(\phi(x), r)$ was arbitrary, it follows that

$$
\mathcal{N}_{\phi(X)}(r, \rho) \leq c_{1}\left(\frac{r}{\rho}\right)^{s} \operatorname{slog}(r)^{\beta+\gamma} \operatorname{slog}(\rho)^{\alpha}
$$

for any $0<\rho<r<\infty$. Thus $\phi(X)$ is $(\alpha, \beta+\gamma)$-almost $\left(c_{1}, s\right)$-homogeneous. Taking the infimum over $s>d_{\mathrm{A}}^{\alpha, \beta}(X)$ yields $d_{\mathrm{A}}^{\alpha, \beta+\gamma}(\phi(X)) \leq d_{\mathrm{A}}^{\alpha, \beta}(X)$.

By considering the inverse map $\phi^{-1}: \phi(X) \rightarrow X$ similarly, one obtains the lower bound $d_{\mathrm{A}}^{\alpha, \beta+\gamma}(\phi(X)) \geq d_{\mathrm{A}}^{\alpha+\gamma, \beta+\gamma}(X)$.

Combined with Lemma 3.1, the embedding result of Theorem 2.3 shows that any almost homogeneous metric space $(X, d)$ has an almost bi-Lipschitz image $f(X)$ that is an almost homogeneous subset of a Hilbert space.

We end by noting that since almost bi-Lipschitz maps are, in fact, Lipschitz, then for any almost bi-Lipschitz map $\phi$ the upper box-counting ('fractal') dimension (see footnote 1 for a definition) satisfies $d_{\mathrm{F}}(\phi(X)) \leq d_{\mathrm{F}}(X)$. Moreover, it is not difficult to prove the following:

Lemma 3.2. Let $(X, d)$ be a metric space and $\phi:(X, d) \rightarrow(\tilde{X}, \tilde{d})$ an almost bi-Lipschitz map. Then $d_{\mathrm{F}}(\phi(X))=d_{\mathrm{F}}(X)$.

## 4. Aside: Compact spaces and local versions of (ALMOST) HOMOGENEITY

In this section we briefly discuss the local definitions of homogeneity and almost homogeneity, and the dimensions associated with them. While they agree for compact spaces, they are distinct in general.

A metric space $(X, d)$ is said to be locally $(M, s)$-homogeneous (or simply locally homogeneous) if there exists an $\epsilon>0$ such that any ball of radius $r<\epsilon$ can be covered by at most $M(r / \rho)^{s}$ smaller balls of radius $\rho$. The constant $\epsilon$ for a locally homogeneous space may be interpreted as a small scale beneath which the set may be viewed as homogeneous. In this case $M$ may depend on $\epsilon$, which in turn depends on the units of measurement used in the definition of the metric.

Movahedi-Lankarani [16] defined the metric (or 'Bouligand') dimension as

$$
\begin{equation*}
d_{\mathrm{B}}(X)=\lim _{\epsilon \rightarrow 0} \lim _{t \rightarrow \infty} \sup \left\{\frac{\log \mathcal{N}_{X}(r, \rho)}{\log (r / \rho)}: 0<\rho<r<\epsilon \text { and } r>t \rho\right\} . \tag{4.1}
\end{equation*}
$$

This dimension, $d_{\mathrm{B}}(X)$, is the infimum of all $s$ such that $(X, d)$ is locally $(M, s)$ homogeneous for some $M \geq 1$.

Here we give a simple example that shows that the concepts of homogeneous and locally homogeneous are indeed different. Let $H$ be a Hilbert space with orthonormal basis given by $\left\{e_{n}\right\}_{n \in \mathbb{N}}$. Define

$$
X=\left\{\rho_{n} e_{n}: n \in \mathbb{N}\right\}, \quad \text { where } \quad \rho_{n}=1-\frac{1}{n}
$$

If $(X, d)$ is $(M, s)$-homogeneous for some $M$ and $s$, then

$$
\begin{equation*}
\mathcal{N}_{X}\left(\rho_{2 n}, \rho_{n}\right) \leq M\left(\rho_{2 n} / \rho_{n}\right)^{s}=M\left(\frac{2 n-1}{2 n-2}\right)^{s} \leq M \tag{4.2}
\end{equation*}
$$

However, each ball $B\left(0, \rho_{2 n}\right)$ contains the $n$ points

$$
\{0\} \cup\left\{\rho_{k} e_{k}: n<k<2 n\right\}
$$

which are mutually more than a distance $\rho_{n}$ apart. Therefore $\mathcal{N}_{X}\left(\rho_{2 n}, \rho_{n}\right) \geq n$. Taking $n$ large enough shows that (4.2) cannot hold, and so $(X, d)$ is not homogeneous. On the other hand, $(X, d)$ is locally homogeneous for any $\epsilon<1$.

Note that if $(X, d)$ is compact, then the notions of homogeneous and locally homogeneous are equivalent (see Olson [17]). Thus $d_{\mathrm{A}}(X)=d_{\mathrm{B}}(X)$ for compact spaces $X$.

As with homogeneous spaces, there is a similarly distinct notion of locally $(\alpha, \beta)$ almost ( $M, s$ )-homogeneous. This means there is some $\epsilon>0$ such that (2.1) holds for all $0<\rho<r<\epsilon$. Similar arguments to those given in Olson 17] show that the notions of almost homogeneous and locally almost homogeneous are equivalent when $(X, d)$ is compact. Define the local Assouad $(\alpha, \beta)$-dimension of $X, d_{\mathrm{B}}^{\alpha, \beta}(X)$, to be the infimum of all $s$ such that $(X, d)$ is locally $(\alpha, \beta)$-almost $(M, s)$-homogeneous for some $\epsilon>0$ and $M \geq 1$.

Let $(X, d)$ be a metric space. In general $d_{\mathrm{B}}^{\alpha, \beta}(X) \leq d_{\mathrm{A}}^{\alpha, \beta}(X)$. Both $d_{\mathrm{A}}^{\alpha, \beta}$ and $d_{\mathrm{B}}^{\alpha, \beta}$ are invariant under a rescaling of the metric. Thus, the metric space $(\tilde{X}, \tilde{d})$, where $\tilde{X}=X$ and $\tilde{d}=\eta d$ for some $\eta>0$, has $d_{\mathrm{A}}^{\alpha, \beta}(\tilde{X})=d_{\mathrm{A}}^{\alpha, \beta}(X)$ and $d_{\mathrm{B}}^{\alpha, \beta}(\tilde{X})=d_{\mathrm{B}}^{\alpha, \beta}(X)$. Note that

$$
d_{\mathrm{B}}^{\alpha+\theta \beta,(1-\theta) \beta}(X) \leq d_{\mathrm{B}}^{\alpha, \beta}(X) \leq d_{\mathrm{B}}^{(1-\theta) \alpha, \theta \alpha+\beta}(X)
$$

for $0 \leq \theta \leq 1$. Moreover, if $X$ is compact, then

$$
d_{\mathrm{F}}(X) \leq d_{\mathrm{A}}^{\alpha, \beta}(X)=d_{\mathrm{B}}^{\alpha, \beta}(X)
$$

where $d_{\mathrm{F}}(X)$ denotes the fractal or upper box-counting dimension.
We note here that $d_{\mathrm{B}}$ shares with $d_{\mathrm{A}}$ the usual properties of dimension discussed in Section 2 along with the monotonicity property in (2.2).

## 5. Embedding Hilbert subsets $X$ with $X-X$ homogeneous

In this section we prove our main result, in which we take a subset $X$ of a Hilbert space, assume that $X-X$ is almost homogeneous, and obtain an almost bi-Lipschitz embedding into a finite-dimensional space.

Our argument is essentially a combination of that of Olson [17], who treated a subset $X$ of a Euclidean space with $d_{\mathrm{A}}(X-X)$ finite, and that of Hunt \& Kaloshin [11, who considered a subset of a Hilbert space with finite upper boxcounting ('fractal') dimension. The key to combining these successfully is Lemma 5.3. below.

In line with the treatment in Sauer, Yorke \& Casdagli 21 and in Hunt \& Kaloshin [11, our main theorem is expressed in terms of prevalence. This concept, which generalises the notion of 'almost every' from finite to infinite-dimensional spaces, was introduced by Hunt, Sauer \& Yorke [9; see their paper for a detailed discussion.

Definition 5.1. A Borel subset $S$ of a normed linear space $V$ is prevalent if there exists a compactly supported probability measure $\mu$ such that $\mu(S+v)=1$ for all $v \in V$. In particular, if $S$ is prevalent, then $S$ is dense in $V$.

Note that if we set $Q=\operatorname{supp}(\mu)$, then $Q$ can be thought of as a 'probe set', which consists of 'allowable perturbations' with which, given a $v \in V$, we 'probe' and test whether $v+q \in S$ for almost every $q \in Q$.

Since we will use it below, and for its historical importance, we quote Hunt \& Kaloshin's result here, in a form suitable for what follows. Given a set $X$, its upper box-counting ('fractal') dimension is defined as

$$
d_{\mathrm{F}}(X)=\limsup _{\epsilon \rightarrow 0} \frac{\log N(X, \epsilon)}{-\log \epsilon},
$$

where $N(X, \epsilon)$ denotes the minimum number of balls of radius $\epsilon$ necessary to cover $X$. Also, its thickness exponent, $\tau(X)$, is

$$
\begin{equation*}
\tau(X)=\limsup _{\epsilon \rightarrow 0} \frac{\log d(X, \epsilon)}{-\log \epsilon} \tag{5.1}
\end{equation*}
$$

where $d(X, \epsilon)$ is the minimum dimension of all finite-dimensional subspaces, $V$, of $B$ such that every point of $X$ lies within $\epsilon$ of $V$. We note here for later use that $\tau(X) \leq d_{\mathrm{F}}(X)$.

Theorem 5.2 (Hunt \& Kaloshin). Let $X$ be a compact subset of a Hilbert space $H, D$ an integer with $D>d_{\mathrm{F}}(X-X)$, and $\tau(X)$ the thickness exponent of $X$. If $\theta$ is chosen with

$$
\theta>\frac{D(1+\tau(X) / 2)}{D-d_{\mathrm{F}}(X-X)}
$$

then for a prevalent set of linear maps $L: H \rightarrow \mathbb{R}^{D}$ there exists a $c>0$ such that

$$
c\|x-y\|^{\theta} \leq|L x-L y| \leq\|L\|\|x-y\| \quad \text { for all } \quad x, y \in X
$$

in particular these maps are injective on $X$.
We note here that $d_{\mathrm{F}}(X-X) \leq 2 d_{\mathrm{F}}(X)$, so that for zero thickness sets with finite box-counting dimension one can choose any $D>2 d_{\mathrm{F}}(X)$ and $\theta>D /\left(D-2 d_{\mathrm{F}}(X)\right)$.
5.1. Construction of the probability measure $\mu$ for a given $X$. We now apply the definition of prevalence given a particular compact subset $X$ of our Hilbert space $H$ such that $X-X$ is $(\alpha, \beta)$-almost $(M, s)$-homogeneous.

For some fixed $N$, let $V$ be the set of linear functions $L: H \rightarrow \mathbb{R}^{N}$. We now construct a compactly supported probability measure $\mu$ on $V$ (as required by the definition of prevalence) that is carefully tailored to the particular set $X$. The key to this is the following result.

Lemma 5.3. Suppose that $X$ is a compact $(\alpha, \beta)$-almost $(M, s)$-homogeneous subset of $H$. Then there exists a sequence of nested linear subspaces $U_{n}$ with $U_{n} \subseteq U_{n+1}$,

$$
\operatorname{dim} U_{n} \leq C(1+n)^{\alpha+\beta+1}
$$

and

$$
\left\|P_{n} x\right\| \geq \frac{1}{8}\|x\| \text { for all } x \in X \text { with }\|x\| \geq 2^{-n}
$$

where $P_{n}$ is the orthogonal projection onto $U_{n}$.
Proof. Consider the collection of shells

$$
\Delta_{j}=\left\{x \in X: 2^{-(j+1)} \leq\|x\| \leq 2^{-j}\right\}
$$

Since $\Delta_{j} \subset B\left(0,2^{-j}\right)$ it can be covered using

$$
\mathcal{N}_{X}\left(2^{-j}, 2^{-(j+3)}\right) \leq 8^{s} M(\log 2)^{2}(1+|j|)^{\beta}(4+|j|)^{\alpha} \leq c_{2}(1+|j|)^{\alpha+\beta}:=M_{j}
$$

balls of radius $2^{-(j+3)}$, where $c_{2}$ is independent of $j$. We choose the centres $\left\{u_{i}^{(j)}\right\}_{i=1}^{M_{j}}$ of these balls so that $\left\|u_{i}^{(j)}\right\| \geq 2^{-(j+2)}$.

Since $X$ is compact, $X \subset B\left(0,2^{k}\right)$ for some $k$ sufficiently large, and so

$$
\bigcup_{j=-k}^{n} \Delta_{j}=\left\{x \in X:\|x\| \geq 2^{-n}\right\}
$$

Let $P_{n}$ be the orthogonal projection onto the linear subspace $U_{n}$ spanned by the collection $\left\{u_{i}^{(j)}: j=-k, \ldots, n\right.$ and $\left.i=1, \ldots, M_{j}\right\}$. Then the dimension of $U_{n}$ is bounded by $c_{3}(1+n)^{\alpha+\beta+1}$ using the same estimate as in (6.1). Moreover, for every $x \in \Delta_{j}$ there exists $u_{i}^{(j)}$ such that $x=u_{i}^{(j)}+v$, where $\|v\| \leq 2^{-(j+3)}$. Since $\left\|P_{n}\right\|=1$ and $\left\|P_{n} u\right\|=\|u\|$ for $u \in U_{n}$, then

$$
\left\|P_{n} x\right\|=\left\|P_{n}\left(u_{i}^{(j)}+v\right)\right\| \geq\left\|P_{n} u_{i}^{(j)}\right\|-\left\|P_{n} v\right\| \geq 2^{-(j+2)}-2^{-(j+3)} \geq \frac{1}{8}\|x\|
$$

Applying this lemma to $X-X$ there are subspaces $U_{k}$ with $\operatorname{dim} U_{k} \leq d_{k}:=$ $c(1+k)^{\alpha+\beta+1}$ such that $\left\|P_{k} z\right\| \geq\|z\| / 8$ for all $z \in X-X$ with $\|z\| \geq 2^{-k}$. Let $S_{k}$ denote the closed unit ball in $U_{k}$. Clearly any $\phi \in S_{k}$ induces a linear functional $L_{\phi}$ on $H$ via the definition $L_{\phi}(u)=(\phi, u)$, where $(\cdot, \cdot)$ is the inner product in $H$. Let $\zeta>0$ be fixed and define $C_{\zeta}=1 / \sum_{k=1}^{\infty} k^{-1-\zeta}$. We now define the probe set

$$
\begin{equation*}
Q=\left\{\left(l_{1}, \ldots, l_{N}\right): l_{n}=L_{\phi_{n}}, \text { where } \phi_{n}=C_{\zeta} \sum_{k=1}^{\infty} k^{-1-\zeta} \phi_{n k} \text { with } \phi_{n k} \in S_{k}\right\} . \tag{5.2}
\end{equation*}
$$

We can identify $S_{j}$ with the unit ball $B_{d_{j}}$ in $\mathbb{R}^{d_{j}}$, and we denote by $\lambda_{j}$ the probability measure on $S_{j}$ that corresponds to the uniform probability measure on $B_{d_{j}}$. We let $\mu$ be the probability measure on $Q$ that results from choosing each $\phi_{n k}$ randomly with respect to $\lambda_{d_{k}}$. Note that $Q$ is a compact subset of $V$ and that all elements of $Q$ have Lipschitz constant at most $\sqrt{N}$.

Before proving our main theorem we will prove a key estimate on $\mu$. Although the argument is essentially the same as that in Hunt \& Kaloshin [11], our version is a little more explicit and we include it here for completeness. The estimate relies on the following simple inequality.
Lemma 5.4. If $x \in \mathbb{R}^{j}$ and $\eta \in \mathbb{R}$, then

$$
\lambda_{j}\left\{\omega \in B_{j}:|\eta+(\omega \cdot x)|<\epsilon\right\} \leq c j^{1 / 2} \epsilon|x|^{-1}
$$

where $c$ is a constant that does not depend on $\eta$ or $j$.
Proof. Let $\hat{x}=x /|x|$. This follows immediately from the estimate

$$
\begin{aligned}
\lambda_{j}\left\{\omega \in B_{j}:|\eta+(\omega \cdot x)|<\epsilon\right\} & \leq \lambda_{j}\left\{\omega \in B_{j}:|\omega \cdot \hat{x}|<\epsilon|x|^{-1}\right\} \\
& =\frac{\Omega_{j-1}}{\Omega_{j}} 2 \int_{0}^{\min \left(\epsilon|x|^{-1}, 1\right)}\left(1-\xi^{2}\right)^{(j-1) / 2} \mathrm{~d} \xi \\
& \leq \frac{\Omega_{j-1}}{\Omega_{j}} 2 \epsilon|x|^{-1}
\end{aligned}
$$

where $\Omega_{j}=\pi^{j / 2} \Gamma(j / 2+1)$ is the volume of the unit ball in $\mathbb{R}^{j}$.
Lemma 5.5. If $x \in H$ and $f \in V$, then

$$
\mu\{L \in Q:|(L-f)(x)|<\epsilon\} \leq c\left(d_{k}^{1 / 2} k^{1+\zeta} \epsilon\left\|P_{k} x\right\|^{-1}\right)^{N}
$$

for every $k \in \mathbb{N}$, where $c$ is a constant independent of $f$ and $k$.
Proof. Given $k \in \mathbb{N}$, let $\mathcal{J}$ be the index set $\mathcal{J}=\mathbb{N} \backslash\{k\}$ and define

$$
B=\left(\bigoplus_{j \in \mathcal{J}} B_{d_{j}}\right)^{N}
$$

Given $\alpha=\left(\left(\alpha_{n j}\right)_{j \in \mathcal{J}}\right)_{n=1}^{N} \in B$ fixed, define

$$
A_{\alpha}=\left\{\left(\phi_{n k}\right)_{n=1}^{N}:\left|\left(\eta_{n}+k^{-1-\zeta} \phi_{n k}\right)(x)\right|<\epsilon \text { for all } n\right\}
$$

where

$$
\eta_{n}(x)=C_{\zeta} \sum_{j \in \mathcal{J}} j^{-1-\zeta} \alpha_{n j}(x)-f_{n}(x)
$$

By Lemma 5.4 there is a constant $c$ independent of $\alpha, f$ and $k$ such that

$$
\lambda_{d_{k}}^{N}\left(A_{\alpha}\right) \leq c\left(d_{k}^{1 / 2} k^{1+\zeta} \epsilon\left\|P_{k} x\right\|^{-1}\right)^{N}
$$

Let $P=\mu\{L \in Q:|(L-f)(x)|<\epsilon\}$. Then

$$
P \leq \mu\left\{L \in Q:\left|\left(l_{n}-f_{n}\right)(x)\right|<\epsilon \text { for all } n\right\}
$$

Let

$$
\Phi_{N}=\left\{\left(\left(\phi_{n k}\right)_{k=1}^{\infty}\right)_{n=1}^{N}: C_{\zeta}\left|\sum_{k=1}^{\infty} k^{-1-\zeta}\left(\phi_{n k}-f_{n}\right)(x)\right|<\epsilon, \forall n=1, \ldots, N\right\}
$$

Then by Fubini's theorem

$$
\begin{aligned}
P & \leq\left(\bigotimes_{j=1}^{\infty} \lambda_{d_{j}}\right)^{N} \Phi_{N} \\
& =\int_{\alpha \in B} \int_{\phi \in A_{\alpha}} \mathrm{d} \lambda_{d_{k}}^{N}(\phi) \mathrm{d}\left(\bigotimes_{j \in \mathcal{J}} \lambda_{d_{j}}\right)^{N}(\alpha) \\
& \leq \int_{\alpha \in B} c\left(d_{k}^{1 / 2} k^{1+\zeta} \epsilon\left\|P_{k} x\right\|^{-1}\right)^{N} \mathrm{~d}\left(\bigotimes_{j \in \mathcal{J}} \lambda_{d_{j}}\right)^{N}(\alpha) \\
& =c\left(d_{k}^{1 / 2} k^{1+\zeta} \epsilon\left\|P_{k} x\right\|^{-1}\right)^{N} .
\end{aligned}
$$

This finishes the proof.
5.2. Almost bi-Lipschitz embeddings. We are now in a position to state and prove our main theorem, that a compact subset $X$ of a Hilbert space with $X$ $X$ almost homogeneous admits almost bi-Lipschitz linear embeddings into finitedimensional spaces. Unfortunately homogeneity of $X$ is not automatically inherited by $X-X$ : Olson [17] exhibits an example of a set $X$ with $d_{\mathrm{A}}(X)=0$ but for which $d_{\mathrm{A}}(X-X)=+\infty$ (for more see Section 77).

Theorem 5.6. Let $X$ be a compact subset of a Hilbert space $H$ such that $X-X$ is $(\alpha, \beta)$-almost homogeneous with $d_{\mathrm{A}}^{\alpha, \beta}(X-X)<s<N$. If

$$
\gamma>\frac{2+N(3+\alpha+\beta)+2(\alpha+\beta)}{2(N-s)}
$$

then a prevalent set of linear maps $f: H \rightarrow \mathbb{R}^{N}$ are injective on $X$ and, in particular, $\gamma$-almost bi-Lipschitz.

Proof. First choose $\zeta>0$ in the definition of $Q$ small enough such that

$$
\begin{equation*}
\gamma>\frac{2+N(3+2 \zeta+\alpha+\beta)+2(\alpha+\beta)}{2(N-s)} \tag{5.3}
\end{equation*}
$$

Since $\tau(X) \leq d_{\mathrm{F}}(X) \leq d_{\mathrm{F}}(X-X) \leq d_{\mathrm{A}}^{\alpha, \beta}(X-X)$ we can apply Hunt \& Kaloshin's result (Theorem 5.2, above) with $\theta$ chosen so that

$$
\theta>\frac{N(1+s / 2)}{N-s}
$$

to obtain a prevalent set $S_{0}$ of linear functions $f: H \rightarrow \mathbb{R}^{N}$ such that $f \in S_{0}$ implies there exists a $\theta<1$ and $c_{1}>0$ such that

$$
\begin{equation*}
|f(x)-f(y)| \geq c_{1}\|x-y\|^{\theta} \quad \text { for all } \quad x, y \in X \tag{5.4}
\end{equation*}
$$

(We note here that the compactly supported probability measure used in the definition of prevalence for $S_{0}$ differs from the measure $\mu$ constructed in Section 5.1. but is defined on the same normed linear space $V$ of linear maps from $H$ to $\mathbb{R}^{N}$.)

We use this result to bootstrap a refined argument that makes use of the stronger hypothesis that $d_{\mathrm{A}}^{\alpha, \beta}(X-X)<\infty$.

Let $S_{1}$ be the subset of $V$ consisting of those linear functions $f: H \rightarrow \mathbb{R}^{N}$ such that $f \in S_{1}$ implies there exists $\delta>0$ such that

$$
\begin{equation*}
|f(x)-f(y)| \geq \frac{\|x-y\|}{\operatorname{slog}(\|x-y\|)^{\gamma}} \quad \text { for all } \quad\|x-y\|<\delta \tag{5.5}
\end{equation*}
$$

We now show that the set $S_{1}$ is also prevalent. Given $f \in V$, let $K$ be the Lipschitz constant of $f$. We wish to show that $\mu\left(f+S_{1}\right)=1$. This is equivalent to showing that $\mu\left(Q \backslash\left(f+S_{1}\right)\right)=0$.

Define the layers of $X-X$ by

$$
\begin{equation*}
Z_{j}=\left\{z \in X-X: 2^{-(j+1)} \leq\|z\| \leq 2^{-j}\right\} \tag{5.6}
\end{equation*}
$$

and the set $Q_{j}$ of linear maps that fail to satisfy the required continuity property ${ }^{3}$ for some $z \in Z_{j}$ by

$$
Q_{j}=\left\{L \in Q:|(L-f)(z)| \leq \Psi_{-\gamma}\left(2^{-j}\right) \text { for some } z \in Z_{j}\right\}
$$

where

$$
\Psi_{-\gamma}\left(2^{-j}\right):=\frac{2^{-j}}{\sigma^{\gamma} \operatorname{slog}\left(2^{-j}\right)^{\gamma}}
$$

and $\sigma$ is the constant occurring in (p4) in Lemma 2.1. We now bound $\mu\left(Q_{j}\right)$.
By assumption $d_{\mathrm{A}}^{\alpha, \beta}(X-X)<s$, and so $Z_{j}$ can be covered by

$$
\begin{equation*}
M_{j} \leq M \operatorname{slog}\left(2^{-j}\right)^{\gamma s} \operatorname{slog}\left(2^{-j}\right)^{\beta} \operatorname{slog}\left(\Psi_{-\gamma}\left(2^{-j}\right)\right)^{\alpha} \leq c_{2}(1+j)^{\alpha+\beta+\gamma s} \tag{5.7}
\end{equation*}
$$

balls of radius $\Psi_{-\gamma}\left(2^{-j}\right)$. Let the centres of these balls be $z_{i}^{(j)} \in Z_{j}$, where $i=$ $1, \ldots, M_{j}$. Given any $z \in Z_{j}$ there is a $z_{i}^{(j)}$ such that $\left\|z-z_{i}^{(j)}\right\| \leq \Psi_{-\gamma}\left(2^{-j}\right)$. Thus

$$
\begin{aligned}
|(L-f)(z)| & \geq\left|(L-f)\left(z_{i}^{(j)}\right)\right|-\left|(L-f)\left(z-z_{i}^{(j)}\right)\right| \\
& \geq\left|(L-f)\left(z_{i}^{(j)}\right)\right|-(K+\sqrt{N}) \Psi_{-\gamma}\left(2^{-j}\right)
\end{aligned}
$$

implies that

$$
Q_{j} \subseteq \bigcup_{i=1}^{M_{j}}\left\{L \in Q:\left|(L-f)\left(z_{i}^{(j)}\right)\right| \leq(K+2 \sqrt{N}) \Psi_{-\gamma}\left(2^{-j}\right)\right\}
$$

It follows, setting $k=j$ in Lemma 5.5, that

$$
\begin{aligned}
\mu\left(Q_{j}\right) & \leq \sum_{i=1}^{M_{j}} \mu\left\{L \in Q:\left|(L-f)\left(z_{i}^{(j)}\right)\right| \leq(K+2 \sqrt{N}) \Psi_{-\gamma}\left(2^{-j}\right)\right\} \\
& \leq M_{j}\left(d_{j}^{1 / 2} j^{1+\zeta}(K+2 \sqrt{N}) \Psi_{-\gamma}\left(2^{-j}\right)\left\|P_{j}\left(z_{i}^{(j)}\right)\right\|^{-1}\right)^{N}
\end{aligned}
$$

Now (5.7) and Lemma 5.3 imply that

$$
\mu\left(Q_{j}\right) \leq c_{2}(1+j)^{\alpha+\beta+\gamma s}\left(d_{j}^{1 / 2} j^{1+\zeta}(K+2 \sqrt{N}) 2^{j+3} \Psi_{-\gamma}\left(2^{-j}\right)\right)^{N}
$$

In particular (recall that $\left.d_{j} \leq C(1+j)^{\alpha+\beta+1}\right)$ there is a constant $c_{3}>0$ independent of $j$ such that

$$
\mu\left(Q_{j}\right) \sim c_{3} j^{\alpha+\beta+\gamma s+N(\alpha+\beta+3+2 \zeta-2 \gamma) / 2} \quad \text { as } \quad j \rightarrow \infty
$$

[^3]Since (5.3) implies that $N(2 \gamma-3-2 \zeta-(\alpha+\beta)) / 2>1+\alpha+\beta+\gamma s$, we have

$$
\sum_{j=1}^{\infty} \mu\left(Q_{j}\right)<c_{4}
$$

It follows from the Borel-Cantelli Lemma that $\mu$-almost every $L$ is contained in only a finite number of the $Q_{j}$; i.e. there exists a $J$ such that for all $j \geq J$, $2^{-(j+1)} \leq\|z\| \leq 2^{-j}$ implies that $|(L-f)(z)| \geq \Psi_{-\gamma}\left(2^{-j}\right)$. It follows from (p4) in Lemma 2.1] that

$$
|(L-f)(z)| \geq \sigma^{\gamma} \Psi_{-\gamma}(\|z\|)=\frac{\|z\|}{\operatorname{slog}(\|z\|)^{\gamma}} \quad \text { for every } \quad\|z\| \leq 2^{-J}
$$

Thus $L-f \in S_{1}$, and so $L \in S_{1}+f$ for $\mu$-almost every $L$.
Define $S=S_{0} \cap S_{1}$. Since the intersection of prevalent sets is prevalent (Fact $3^{\prime}$ in Hunt et al. 9 ), $S$ is prevalent. Let $f \in S$. Then there are $c_{1}$ and $\delta$ such that both (5.4) and (5.5) hold. Thus

$$
|f(x)-f(y)| \geq c_{5} \frac{\|x-y\|}{\operatorname{slog}(\|x-y\|)^{\gamma}} \quad \text { for all } \quad x, y \in X
$$

where $c_{5}=\min \left\{1, c_{1} \delta / \Psi_{-\gamma}(R)\right\}$ and $R>0$ is such that $X-X \subseteq B(0, R)$.
Note that for a space $X$ with $X-X$ homogeneous, i.e. $\alpha=\beta=0$ in the above theorem, for any $\gamma>3 / 2$ we can choose $N$ large enough to obtain a $\gamma$-almost bi-Lipschitz embedding into $\mathbb{R}^{N}$.

A Banach space version of Theorem 5.6, which requires in particular a significant extension of the ideas used by Hunt \& Kaloshin [11], is given in Robinson [20]. This result allows one to use the Kuratowski isometric embedding of $(X, d)$ into the Banach space $L^{\infty}(X)$ (given by $x \mapsto d_{x}$, where $d_{x}(y)=d(x, y)$ for all $y \in X$; see Heinonen [8]) to prove a new almost bi-Lipschitz embedding result for compact metric spaces.

## 6. Lipschitz approximating dimension of Hilbert subsets and Hölder-Lipschitz embeddings

The strong result of the previous section requires that $X-X$ is almost homogeneous, while for a general almost homogeneous metric space $(X, d)$ the embedding result of Theorem 2.3 only provides a subset $f(X)$ of a Hilbert space that is itself almost homogeneous.

Here we investigate further some of the properties of $f(X)$, and are led to define the 'Lipschitz approximating dimension' and the 'Lipschitz deviation'. In particular we show that it is possible to replace Hunt \& Kaloshin's thickness exponent with the Lipschitz deviation.
6.1. Further properties of the image $f(X)$. First we consider the almost biLipschitz image $f(X)$ of a compact almost homogeneous metric space $(X, d)$ in a Hilbert space, as provided by Theorem 2.3. We show that $f(X)$ can be very well approximated by linear subspaces: it has 'better than zero' thickness.

As remarked after the proof of Theorem[2.3] when $(X, d)$ is compact the function $f$ defined by the simplified series

$$
f(x)=\sum_{j=-k}^{\infty} \frac{2^{-j}}{(1+|j|)^{\delta} M_{j}} \phi_{j}(x) \otimes e_{j}
$$

still provides a $\gamma$-almost bi-Lipschitz embedding of $X$ into a Hilbert space (choosing a $k$ such that $d\left(x_{1}, x_{2}\right) \leq 2^{k}$ for all $\left.x_{1}, x_{2} \in X\right)$. Now, for $n \in \mathbb{N}$ any element of $f(X)$ can be approximated to within

$$
B \sum_{j=n+1}^{\infty} \frac{2^{-j}}{(1+|j|)^{\delta}} \leq B \sum_{j=n+1}^{\infty} 2^{-j} \leq B 2^{-n}
$$

by an element of the subspace

$$
U=\bigoplus_{j=-k}^{n} \mathbb{R}^{M_{j}} \otimes e_{j}
$$

which has dimension

$$
\begin{equation*}
\sum_{j=-k}^{n} M_{j} \leq(n+k+1) C(1+n)^{\alpha+\beta} \leq c_{1}(1+n)^{\alpha+\beta+1} \tag{6.1}
\end{equation*}
$$

Here $c_{1}$ depends on $C, k$ and the constants in Lemma 2.1 but is independent of $n$. It follows that

$$
\begin{equation*}
d(f(X), \epsilon) \leq c_{2}[\log (\mathrm{e}+1 / \epsilon)]^{\alpha+\beta+1} \tag{6.2}
\end{equation*}
$$

One consequence of this inequality is that the thickness exponent of $f(X)$ is zero, but (6.2) is significantly stronger than this.
6.2. The Lipschitz deviation. Inspired by the quantity $d(X, \epsilon)$ used to define the thickness, we now introduce a more general quantity, the $m$-Lipschitz deviation: we denote by $\delta_{m}(X, \epsilon)$ the smallest dimension of a linear subspace $U$ such that

$$
\operatorname{dist}\left(X, G_{U}[\phi]\right)<\epsilon
$$

for some $m$-Lipschitz function $\phi: U \rightarrow U^{\perp}$,

$$
\|\phi(u)-\phi(v)\| \leq m\|u-v\| \quad \text { for all } \quad u, v \in U
$$

where $U^{\perp}$ is the orthogonal complement of $U$ in $H$. We will write $G_{U}[\phi]$ for the graph of $\phi$ over $U$ :

$$
G_{U}[\phi]=\{u+\phi(u): u \in U\} .
$$

Clearly $\delta_{m}(X, \epsilon) \leq d(X, \epsilon)$ for all $m \geq 0$.
In Section 6.1 we showed that for the almost bi-Lipschitz embedding $f(X)$ of an almost homogeneous metric space into a Hilbert space,

$$
\alpha(f(X), \epsilon) \leq c_{2}[\log (\mathrm{e}+1 / \epsilon)]^{\alpha+\beta+1}
$$

We now show that Lemma 5.3 implies a bound of a similar form on $\delta_{8}(X, \epsilon)$ for any subset of a Hilbert space with $X-X$ almost homogeneous.

Proposition 6.1. Let $X$ be a compact subset of a Hilbert space with the set of differences $X-X(\alpha, \beta)$-almost $(M, s)$-homogeneous. Then there exists a sequence of linear subspaces $U_{k}$ with $\operatorname{dim} U_{k} \leq C(1+k)^{\alpha+\beta+1}$ and $U_{k+1} \supseteq U_{k}$, and 8-Lipschitz functions $\phi_{k}: U_{k} \rightarrow U_{k}^{\perp}$ such that

$$
\operatorname{dist}\left(X, G_{U_{k}}\left[\phi_{k}\right]\right) \leq 2^{-k}
$$

In particular

$$
\delta_{8}(X, \epsilon) \leq K[\log (\mathrm{e}+1 / \epsilon)]^{\alpha+\beta+1}
$$

Proof. Applying Lemma 5.3 to $X-X$ we obtain a nested sequence of linear subspaces for which
$\frac{1}{8}\|x-y\| \leq\left\|P_{k} x-P_{k} y\right\| \leq\|x-y\| \quad$ for all $\quad x, y \in X \quad$ with $\quad\|x-y\| \geq 2^{-k}$,
where $P_{k}$ is the orthogonal projection onto $U_{k}$.
Define $\phi_{k}: U_{k} \rightarrow U_{k}^{\perp}$ as follows. Let $N_{k}$ be a maximal $2^{-k}$ net in $(X, d)$ and set $\phi_{k}\left(P_{k} x\right)=\left(I-P_{k}\right) x$ for $x \in N_{k}$. Given $P_{k} x, P_{k} y \in P_{k} N_{k}$ we have

$$
\left\|\phi_{k}\left(P_{k} x\right)-\phi_{k}\left(P_{k} y\right)\right\| \leq\left\|\left(I-P_{k}\right)(x-y)\right\| \leq\|x-y\| \leq 8\left\|P_{k} x-P_{k} y\right\| .
$$

Therefore $\phi_{k}: P_{k} N_{k} \rightarrow U_{k}^{\perp}$ is an 8-Lipschitz function. Now, extend this $\phi_{k}$ to an 8-Lipschitz function $U_{k} \rightarrow U_{k}^{\perp}$.

Since $N_{k} \subset G_{U_{k}}\left[\phi_{k}\right]$, any point of $X$ lies within $2^{-k}$ of $G_{U_{k}}\left[\phi_{k}\right]$. Thus

$$
\delta_{8}\left(X, 2^{-k}\right) \leq c_{2}(1+k)^{\alpha+\beta+1}
$$

and the result follows.
We now show that this argument can be reversed, i.e. that the results of Lemma 5.3 and Proposition 6.1 are essentially equivalent.

Proposition 6.2. Suppose that $X$ is a compact subset of a Hilbert space $X$. For any $m \geq 0$ let $\left\{U_{k}\right\}_{k=1}^{\infty}$ be a sequence of linear subspaces such that for each $U_{k}$ there exists an m-Lipschitz function $\phi_{k}: U_{k} \rightarrow U_{k}^{\perp}$ with

$$
\operatorname{dist}\left(X, G_{U_{k}}\left[\phi_{k}\right]\right) \leq 2^{-k}
$$

Then there exists an integer $n$ and a constant $c_{m}>0$ (which depends on $m$ but is independent of $k$ ) such that for every $k$

$$
\left\|P_{k+n}\left(x_{1}-x_{2}\right)\right\| \geq c_{m}\left\|x_{1}-x_{2}\right\| \quad \text { for all } \quad x, y \in X \quad \text { with } \quad\left\|x_{1}-x_{2}\right\| \geq 2^{-k}
$$

Proof. First note that for any $x \in H$ we have

$$
\operatorname{dist}\left(x, G_{U_{k}}\left[\phi_{k}\right]\right)^{2}=\inf _{u \in U_{k}}\left(\left\|P_{k} x-u\right\|^{2}+\left\|\left(I-P_{k}\right) x-\phi_{k}(u)\right\|^{2}\right)
$$

and since for any $u \in U_{k}$ we have

$$
\begin{aligned}
\left\|\left(I-P_{k}\right) x-\phi_{k}\left(P_{k} x\right)\right\|^{2} & =\left\|\left(I-P_{k}\right) x-\phi_{k}(u)+\phi_{k}(u)-\phi_{k}\left(P_{k} x\right)\right\|^{2} \\
& \leq 2\left\|\left(I-P_{k}\right) x-\phi_{k}(u)\right\|^{2}+2\left\|\phi_{k}(u)-\phi_{k}\left(P_{k} x\right)\right\|^{2} \\
& \leq 2\left\|\left(I-P_{k}\right) x-\phi_{k}(u)\right\|^{2}+2 m^{2}\left\|u-P_{k} x\right\|^{2} \\
& \leq l_{m}^{2}\left(\left\|P_{k} x-u\right\|^{2}+\left\|\left(I-P_{k}\right) x-\phi_{k}(u)\right\|^{2}\right),
\end{aligned}
$$

where $l_{m}^{2}=2 \max \left(1, m^{2}\right)$, it follows that for $x \in X$

$$
\begin{equation*}
\left\|\left(I-P_{k}\right) x-\phi_{k}\left(P_{k} x\right)\right\| \leq l_{m} \operatorname{dist}\left(x, G_{U_{k}}\left[\phi_{k}\right]\right) \leq l_{m} 2^{-k} . \tag{6.3}
\end{equation*}
$$

Now suppose that $x_{1}, x_{2} \in X$ with

$$
\left\|x_{1}-x_{2}\right\| \geq 2^{-k}
$$

Let $n$ be the smallest integer such that $3 l_{m} \leq 2^{n}$ and set

$$
\tilde{x}_{j}=P_{k+n} x_{j}+\phi_{k+n}\left(P_{k+n} x_{j}\right) \quad \text { for } \quad j=1,2 .
$$

Clearly, $P_{k+n}\left(x_{1}-x_{2}\right)=P_{k+n}\left(\tilde{x}_{1}-\tilde{x}_{2}\right)$. Furthermore, it follows from (6.3) that $\left\|x_{j}-\tilde{x}_{j}\right\| \leq 2^{-k} / 3$ for $j=1,2$. Therefore, $\left\|\tilde{x}_{1}-\tilde{x}_{2}\right\| \geq\left\|x_{1}-x_{2}\right\| / 3$.

Now, since $\tilde{x}_{1}, \tilde{x}_{2} \in G_{U_{k+n}}\left[\phi_{k+n}\right]$,

$$
\begin{aligned}
\left\|P_{k+n} \tilde{x}_{1}-P_{k+n} \tilde{x}_{2}\right\|^{2} & =\left\|\tilde{x}_{1}-\tilde{x}_{2}\right\|^{2}-\left\|\phi_{k+n}\left(P_{k+n} \tilde{x}_{1}\right)-\phi_{k+n}\left(P_{k+n} \tilde{x}_{2}\right)\right\|^{2} \\
& \geq\left\|\tilde{x}_{1}-\tilde{x}_{2}\right\|^{2}-m^{2}\left\|P_{k+n}\left(\tilde{x}_{1}-\tilde{x}_{2}\right)\right\|^{2},
\end{aligned}
$$

and so

$$
\left\|P_{k+n}\left(x_{1}-x_{2}\right)\right\|=\left\|P_{k+n}\left(\tilde{x}_{1}-\tilde{x}_{2}\right)\right\| \geq \frac{\left\|\tilde{x}_{1}-\tilde{x}_{2}\right\|}{\sqrt{1+m^{2}}} \geq \frac{\left\|x_{1}-x_{2}\right\|}{3 \sqrt{1+m^{2}}}
$$

6.3. Almost homogeneous subsets of a Hilbert space. If we assume only the almost homogeneity of $X$, rather than of $X-X$, we can apply a simplified variant of the argument of Theorem 5.6 to obtain the following minor improvement to the embedding theorem of Hunt \& Kaloshin (under our stronger hypothesis). For a zero thickness set $X$ with $d_{\mathrm{F}}(X) \leq d$ they obtain an upper limit of $N /(N-2 d)$ for the Hölder exponent, while under the assumption that $d_{\mathrm{A}}^{\alpha, \beta}(X) \leq s$ we obtain $(N-s) /(N-2 s)$ as the upper limit. Note that we replace any assumption on the thickness by (6.4), which in particular is satisfied by the almost bi-Lipschitz embedding $f(X)$ of an almost homogeneous metric space with $m=0$ (see (6.2)).

Theorem 6.3. Suppose that $X$ is a compact subset of a Hilbert space $H$ with $d_{\mathrm{A}}^{\alpha, \beta}(X)<s$ and that for some $m>0, \sigma \geq 0$,

$$
\begin{equation*}
\delta_{m}(X, \epsilon) \leq K[\log (\mathrm{e}+1 / \epsilon)]^{\sigma} . \tag{6.4}
\end{equation*}
$$

Then for any integer $N>2 s$, if $\theta>(N-s) /(N-2 s)$ there is a prevalent set $S$ of linear maps $f: H \rightarrow \mathbb{R}^{N}$ such that for every $f \in S$ there exists $c>0$ such that

$$
\begin{equation*}
|f(x)-f(y)| \geq c\|x-y\|^{\theta} \quad \text { for all } \quad x, y \in X \tag{6.5}
\end{equation*}
$$

Proof. Set

$$
d_{j}=\delta_{m}\left(X, 2^{-j}\right) \leq K\left[\log \left(\mathrm{e}+2^{j}\right)\right]^{\sigma}
$$

and define $Q$ as in (5.2) with $\zeta=1$. Define the layers $Z_{j}$ as in (5.6) and

$$
Q_{j}=\left\{L \in Q:|(L-f)(z)| \leq 2^{-j \theta} \text { for some } z \in Z_{j}\right\} .
$$

Let $R>0$ be chosen so large that $X \subset B(0, R)$. Cover $X$ by

$$
\begin{aligned}
\mathcal{N}_{X}\left(R, 2^{-(j+1) \theta}\right) & \leq M\left(\frac{R}{2^{-(j+1) \theta}}\right)^{s} \operatorname{slog}(R)^{\beta} \operatorname{slog}\left(2^{-(j+1) \theta}\right)^{\alpha} \\
& \leq c_{1} 2^{j \theta s}(1+j \theta)^{\alpha}
\end{aligned}
$$

balls of radius $2^{-(j+1) \theta}$ centred at points $x_{i} \in X$. Denote these as

$$
X_{i}=\left\{x \in X:\left\|x-x_{i}\right\|<2^{-(j+1) \theta}\right\}
$$

Now consider the larger balls

$$
B_{i}=\left\{y \in X:\left\|x_{i}-y\right\| \leq 2^{-(j+1) \theta}+2^{-j}\right\}
$$

Cover each of these balls by at most

$$
\begin{aligned}
& \mathcal{N}_{X}\left(2^{-(j+1) \theta}+2^{-j}, 2^{-(j+1) \theta}\right) \\
& \quad \leq M\left(1+2^{(j+1) \theta-j}\right)^{s} \operatorname{slog}\left(2^{-(j+1) \theta}+2^{-j}\right)^{\beta} \operatorname{slog}\left(2^{-(j+1) \theta}\right)^{\alpha} \\
& \quad \leq c_{2} 2^{j(\theta-1) s}(1+j)^{\beta}(1+j \theta)^{\alpha}
\end{aligned}
$$

balls of radius $2^{-(j+1) \theta}$. Since

$$
Z_{j}=\bigcup_{i} \bigcup_{x \in X_{i}}\left\{x-y: 2^{-(j+1)}<\|x-y\|<2^{-j}\right\} \subseteq \bigcup_{i}\left(X_{i}-B_{i}\right)
$$

it follows that $Z_{j}$ can be covered by

$$
M_{j}=c_{1} c_{2} 2^{j s(2 \theta-1)}(1+j \theta)^{2 \alpha}(1+j)^{\beta}
$$

balls of radius $2^{-j \theta}$. Let $z_{i}^{(j)}$ denote the centres of these balls.
Applying similar estimates as in the proof of Theorem 5.6 (these rely on Proposition 6.2 to ensure that $\left\|P_{k} z_{i}^{(j)}\right\| \geq c\left\|z_{i}^{(j)}\right\|$ for some $c>0$ ) one can show that

$$
\mu\left(Q_{j}\right) \sim 2^{j s(2 \theta-1)} j^{2 \alpha+\beta}\left[j^{2+\sigma} 2^{j(1-\theta)}\right]^{N} \quad \text { as } \quad j \rightarrow \infty
$$

Thus $\sum \mu\left(Q_{j}\right)$ converges, provided that $\theta>(N-s) /(N-2 s)$. The argument is now concluded as in Theorem 5.6.

By combining this with Theorem 2.3 we obtain the following Hölder-Lipschitz embedding result for homogeneous metric spaces (cf. Lemma 9.1 in Foias \& Olson [4] which has a similar result for spaces with finite upper box-counting dimension).
Corollary 6.4. Let $(X, d)$ be an almost homogeneous metric space with $d_{\mathrm{A}}^{\alpha, \beta}(X)<$ s. If $N>2 s$ and $\theta>(N-s) /(N-2 s)$ there exists a map $\phi:(X, d) \rightarrow \mathbb{R}^{N}$ such that

$$
c^{-1} d(x, y)^{\theta} \leq|\phi(x)-\phi(y)| \leq c d(x, y) \quad \text { for all } \quad x, y \in X
$$

Of course one can prove finite-dimensional versions of Theorems 5.6 and 6.3 using very similar techniques.
6.4. The Lipschitz deviation. It is interesting that our argument shows that for any fixed $m>0$ the thickness exponent in the statement of Theorem 5.2 can be replaced by the $m$-Lipschitz deviation, $\operatorname{dev}_{m}(X)$, which we define by analogy with the thickness exponent (cf. (5.1))

$$
\operatorname{dev}_{m}(X)=\limsup _{\epsilon \rightarrow 0} \frac{\log \delta_{m}(X, \epsilon)}{-\log \epsilon}
$$

We note that $\operatorname{dev}_{m}(X) \leq \tau(X)$ and that this gives an indication of why the thickness exponent can be expected to play a rôle in determining the Hölder exponent in (6.5). We state without proof:

Theorem 6.5. Let $X$ be a compact subset of a Hilbert space $H$, let $D$ be an integer with $D>d_{\mathrm{F}}(X-X)$, and let $\operatorname{dev}_{m}(X)$ be the $m$-Lipschitz deviation of $X$. If $\theta$ is chosen with

$$
\theta>\frac{D\left(1+\operatorname{dev}_{m}(X) / 2\right)}{D-d_{\mathrm{F}}(X-X)}
$$

then for a prevalent set of linear maps $L: B \rightarrow \mathbb{R}^{D}$ there exists a $c>0$ such that

$$
c\|x-y\|^{\theta} \leq|L x-L y| \leq\|L\|\|x-y\| \quad \text { for all } \quad x, y \in X
$$

in particular these maps are injective on $X$.
The Lipschitz deviation is examined in more detail in Pinto de Moura \& Robinson 18.

## 7. The Relationship Between $d_{\mathrm{A}}^{\alpha, \beta}(X)$ And $d_{\mathrm{A}}^{\alpha, \beta}(X-X)$

In this section we give some results relating the homogeneity of $X$ and $X-X$. First, we give an example of a set $X$ for which $d_{\mathrm{A}}(X)=0$ but $d_{\mathrm{A}}(X-X)=+\infty$. It is easy to show that the set

$$
\begin{equation*}
X^{*}=\left\{a_{n} e_{n}: a_{n}=4^{-\left(2^{j}\right)}, n=2^{j-1}, \ldots, 2^{j}-1\right\} \tag{7.1}
\end{equation*}
$$

where $e_{n}$ is an orthonormal basis of a Hilbert space $H$, has $d_{\mathrm{A}}\left(X^{*}\right)=+\infty$. Note that $\left|a_{n}\right| \leq 4^{-n}$ for all $n$. Now consider the subset $X$ of $H \times H$ defined by

$$
X=\left\{\left(4^{-n} e_{n}, a_{n} e_{n}\right)\right\}_{n=1}^{\infty} \cup\left\{\left(4^{-n} e_{n}, 0\right)\right\}
$$

A simple argument shows that $d_{\mathrm{A}}(X)=0$, while $X-X$ contains a copy of $X^{*}$, and so $d_{\mathrm{A}}(X-X)=\infty$.

This negative result appears to be in some ways typical for almost homogeneous sets as well, as we will now show. We begin with two preparatory lemmas.
Lemma 7.1. The orthogonal sequence with algebraic decay

$$
X^{*}=\left\{b_{n} e_{n}: b_{n} \sim \epsilon n^{-\gamma}\right\}
$$

where $\epsilon, \gamma>0$ has $d_{\mathrm{A}}^{\alpha, \beta}\left(X^{*}\right)=+\infty$ for any $\alpha, \beta \geq 0$.
Proof. Let $n_{0}$ be chosen so large that

$$
\epsilon(2 n)^{-\gamma}<\left|b_{n}\right|<\epsilon(n / 2)^{-\gamma} \quad \text { for } \quad n>n_{0}
$$

Let $r_{n}=\epsilon(n / 2)^{-\gamma}$ and $\rho_{n}=\epsilon(4 n)^{-\gamma}$. Suppose, for a contradiction, that $d_{\mathrm{A}}^{\alpha, \beta}\left(X^{*}\right)<$ $s<\infty$. Then there exists an $M \geq 1$ such that

$$
\begin{equation*}
\mathcal{N}\left(r_{n}, \rho_{n}\right) \leq M\left(\frac{r_{n}}{\rho_{n}}\right)^{s} \operatorname{slog}\left(r_{n}\right)^{\beta} \operatorname{slog}\left(\rho_{n}\right)^{\alpha} \tag{7.2}
\end{equation*}
$$

On the other hand,

$$
B\left(0, r_{n}\right) \supseteq\left\{b_{k} e_{k}: n<k \leq 2 n\right\}
$$

where the points $b_{k} e_{k}$ with $n<k \leq 2 n$ are each a distance greater than $\left|b_{k}\right|>$ $\epsilon(4 n)^{-\gamma}$ apart from each other. Therefore,

$$
\begin{equation*}
\mathcal{N}\left(r_{n}, \rho_{n}\right) \geq \operatorname{card}\left(\left\{b_{k} e_{k}: n<k \leq 2 n\right\}\right)=n . \tag{7.3}
\end{equation*}
$$

Combining inequality (7.2) with (7.3) and applying (p1) of Lemma 2.1 we obtain

$$
n \leq M 8^{\gamma s}\left(\log 2+\left|\log \epsilon(n / 2)^{-\gamma}\right|\right)^{\beta}\left(\log 2+\left|\log \epsilon(4 n)^{-\gamma}\right|\right)^{\beta}
$$

Letting $n \rightarrow \infty$ yields a contradiction, and so $d_{\mathrm{A}}^{\alpha, \beta}\left(X^{*}\right)=\infty$.
Lemma 7.2. Given two unit vectors $v, w \in H$ set $e_{1}=v$ and choose $\alpha \in \mathbb{R}$ and $a$ unit vector $e_{2}$ such that $e_{1} \cos \alpha-e_{2} \sin \alpha=w$ and $\cos \alpha=(v, w)$. Note that $e_{2}$ is orthogonal to $e_{1}$. Extend $\left\{e_{1}, e_{2}\right\}$ to a basis for $H$, and define the rotation

$$
R_{x}=\left(\begin{array}{cc}
\cos (\alpha \psi(x)) & \sin (\alpha \psi(x)) \\
-\sin (\alpha \psi(x)) & \cos (\alpha \psi(x))
\end{array}\right) \oplus \mathrm{id}
$$

where $\psi: H \rightarrow \mathbb{R}$ is a fixed $C^{\infty}$ function such that

$$
\psi(x)= \begin{cases}0 & \text { if }\|x\| \leq 3 / 4 \text { or }\|x\| \geq 2 \\ 1 & \text { if }\|x\|=1\end{cases}
$$

Let $f(x)=R_{x} x$. Then $f \in C^{\infty}$ and $f(v)=w$. Moreover, $f_{\eta}(x)=\eta^{-1} f(\eta x)$ is uniformly bi-Lipschitz continuous for $\eta>0$ and different from the identity only for $x \in H$ such that $(3 / 4) \eta^{-1}<\|x\|<2 \eta^{-1}$.

Proof. By construction $f \in C^{\infty}, f(v)=w$ and $f(x)=x$ for $\|x\| \leq 3 / 4$ or $\|x\| \geq 2$. Rescaling shows that $f_{\eta}(x)$ is different from the identity only for $(3 / 4) \eta^{-1}<\|x\|<$ $2 \eta^{-1}$. We now show that $f_{\eta}(x)$ is uniformly bi-Lipschitz continuous for $\eta>0$.

Let $x, y \in H$ with $\|x\| \leq\|y\|$. If $\|x\| \geq 2 \eta^{-1}$, then $f_{\eta}(x)=x$ and $f_{\eta}(y)=y$, so we consider only the case $\|x\|<2 \eta^{-1}$. Then

$$
\begin{aligned}
\left\|f_{\eta}(x)-f_{\eta}(y)\right\| & =\left\|R_{\eta x} x-R_{\eta y} y\right\| \\
& \leq\left\|\left(R_{\eta x}-R_{\eta y}\right) x\right\|+\left\|R_{\eta y}(x-y)\right\| \\
& \leq\left\|R_{\eta x}-R_{\eta y}\right\|\|x\|+\left\|R_{\eta y}\right\|\|x-y\| \\
& \leq 2 \eta^{-1}\left\|R_{\eta x}-R_{\eta y}\right\|+\|x-y\| .
\end{aligned}
$$

Since

$$
\left\|R_{\eta x}-R_{\eta y}\right\|=\left\|\left(\begin{array}{cc}
\cos (\alpha \psi(\eta x))-\cos (\alpha \psi(\eta y)) & \sin (\alpha \psi(\eta x))-\sin (\alpha \psi(\eta y)) \\
-\sin (\alpha \psi(\eta x))+\sin (\alpha \psi(\eta y)) & \cos (\alpha \psi(\eta x))-\cos (\alpha \psi(\eta y))
\end{array}\right)\right\|
$$

it follows that

$$
\left\|f_{\eta}(x)-f_{\eta}(y)\right\| \leq\left(2 C_{2}+1\right)\|x-y\|,
$$

where the Lipschitz constant $2 C_{2}+1$ does not depend on $\eta$. Since $f_{\eta}$ is injective with inverse $f_{\eta}^{-1}$ formed by the same construction but with the roles of $v$ and $w$ reversed, we obtain the same bound for $\left\|f_{\eta}^{-1}(x)-f_{\eta}^{-1}(y)\right\|$.
Proposition 7.3. Let $X$ be a connected subset of a Hilbert space $H$ that contains more than one point. Then there exists a $C^{\infty}$ bi-Lipschitz map $\phi: H \rightarrow H$ such that

$$
d_{\mathrm{A}}^{\alpha, \beta}(\phi(X)-\phi(X))=+\infty
$$

for every $\alpha, \beta \geq 0$. Furthermore $\phi$ may be chosen such that $\operatorname{dist}_{\mathrm{H}}(\phi(X), X)$ is arbitrarily small.

Proof. Since $X$ contains more than one point, there exist two disjoint balls $B\left(x_{1}, R\right)$ and $B\left(x_{2}, R\right)$ of radius $R>0$. Moreover, since $X$ is connected, then there are points $x_{2+i} \in X$ for $i=1,2$ such that $\left\|x_{2+i}-x_{i}\right\|=R / 4$. Thus, the four balls $B\left(x_{i}, R / 8\right)$ with $x_{i} \in X$ for $i=1, \ldots, 4$ are disjoint. Moreover,

$$
\bigcup_{i=1}^{4} B\left(x_{i}, R / 8\right) \subseteq \bigcup_{i=1}^{2} B\left(x_{i}, 3 R / 8\right)
$$

Recursively define nested families of disjoint balls such that

$$
\bigcup_{i=1}^{2^{j+1}} B\left(x_{i}, R 8^{-j}\right) \subseteq \bigcup_{i=1}^{2^{j}} B\left(x_{i}, 3 R 8^{-j}\right)
$$

For $j=0,1,2, \ldots$ and $i=1, \ldots, 2^{j+1}$ let $a_{j}=(1 / 2) R 8^{-j}$ and $e_{i j}=e_{2^{j+1}-2+i}$, where $e_{i}$ is an orthonormal basis of $H$. Choose the points $y_{i j} \in B\left(x_{i}, R 8^{-j}\right)$ such that $\left\|x_{i}-y_{i j}\right\|=a_{j}$. Further define

$$
g_{i j}(x)=x_{i}+f_{\eta}\left(x-x_{i}\right)
$$

where $f_{\eta}$ is the function given in Lemma 7.2 for $v=\left(y_{i j}-x_{i}\right) / a_{j}, w=e_{i j}$ and $\eta=1 / a_{j}$. If $\left\|x-x_{i}\right\| \geq 2 a_{j}=R 8^{-j}$ or $\left\|x-x_{i}\right\| \leq(3 / 4) a_{j}=3 R 8^{-j-1}$, then $f_{\eta}\left(x-x_{i}\right)=x-x_{i}$ and $g_{i j}(x)=x$. Therefore the function $g_{i j}$ is $C^{\infty}$, bi-Lipschitz and different from the identity only on the annulus $B\left(x_{i}, R 8^{-j}\right) \backslash B\left(x_{i}, 3 R 8^{-j-1}\right)$. Moreover, by construction we have

$$
g_{i j}\left(y_{i j}\right)=x_{i}+f_{\eta}\left(y_{i j}-x_{i}\right)=x_{i}+a_{i} f(v)=x_{i}+a_{i} e_{i j}
$$

Set

$$
\phi(x)=\sum_{j=0}^{\infty} \sum_{i=1}^{2^{j+1}} g_{i j}(x)
$$

Since the $g_{i j}$ are different from the identity only on disjoint sets and the bi-Lipschitz constant of $f_{\eta}$ is independent of $\eta$, then the map $\phi$ is a bi-Lipschitz $C^{\infty}$ map of $H$ onto $H$. Since $\phi(X)-\phi(X)$ contains

$$
\begin{aligned}
& \left\{a_{j} e_{i j}: j=0,1,2, \ldots \text { and } i=1, \ldots, 2^{j+1}\right\} \\
& \quad=\left\{b_{n} e_{n}: b_{n}=(1 / 2) R 8^{-j}, n=2^{j+1}-1, \ldots, 2^{j+2}-2\right\}
\end{aligned}
$$

where $4 R /(n+2)^{3} \leq b_{n} \leq 4 R /(n+1)^{3}$, then $b_{n} \sim 4 R n^{-3}$ and hence Lemma 7.1 implies $d_{\mathrm{A}}^{\alpha, \beta}(\phi(X)-\phi(X))=\infty$.

Finally, note that $\operatorname{dist}_{\mathrm{H}}(\phi(X), X)$ may be made arbitrarily small by taking $R>0$ sufficiently small in step one.

A consequence of this result is that it is not necessary for $X-X$ to be homogeneous in order to obtain a bi-Lipschitz embedding of $X$ into some $\mathbb{R}^{k}$. Indeed, any set $X$ that can be so embedded has a bi-Lipschitz image that has $d_{\mathrm{A}}^{\alpha, \beta}(X-X)=\infty$. However, it may still be the case that $X-X$ has to be homogeneous in order to obtain a linear bi-Lipschitz embedding as in Theorem 5.6.

On a more positive note, if $X$ is an orthogonal sequence, then homogeneity of $X$ does imply homogeneity of $X-X$.

Lemma 7.4. Let $X=\left\{x_{j}\right\}_{j=1}^{\infty}$ be an orthogonal sequence in $H$. If $d_{\mathrm{A}}(X)<+\infty$, then $d_{\mathrm{A}}(X-X) \leq 2 d_{\mathrm{A}}(X)$.

Proof. Suppose that $X$ is $(M, s)$-homogeneous. We write $B_{X}(r, x)=B(r, x) \cap X$, and consider a ball $B=B_{X-X}(r, x-y) \subseteq X-X$ of radius $r$ centred at $x-y \in X-X$. Since $B \subseteq B_{X-X}(\rho, 0) \cup(B \backslash\{0\})$, we need only cover $B \backslash\{0\}$.

Suppose that $x=y$, so that $B=B_{X-X}(r, 0)$. Let $a-b \in B \backslash\{0\}$. Then $a \neq b$, and therefore $a$ is orthogonal to $b$. It follows that

$$
\|(a-b)-(x-y)\|^{2}=\|a\|^{2}+\|b\|^{2}<r^{2}
$$

Hence $a, b \in B_{X}(r, 0)$, and consequently

$$
B \backslash\{0\} \subseteq B_{X}(r, 0)-B_{X}(r, 0)
$$

Cover $B_{X}(r, 0)$ with $M(2 r / \rho)^{s}$ balls $B_{X}\left(\rho / 2, a_{i}\right)$ of radius $\rho / 2$ centred at $a_{i} \in X$. Then

$$
\begin{aligned}
\bigcup_{i, j} B_{X-X}\left(\rho, a_{i}-a_{j}\right) & \supseteq \bigcup_{i} B_{X}\left(\rho / 2, a_{i}\right)-\bigcup_{j} B_{X}\left(\rho / 2, a_{j}\right) \\
& \supseteq B_{X}(r, 0)-B_{X}(r, 0) \supseteq B_{X-X}(r, 0) \backslash\{0\}
\end{aligned}
$$

It follows that $B$ is covered by $1+M^{2}(2 r / \rho)^{2 s}$ balls of radius $\rho$.

Now suppose that $x \neq y$. Let $a-b \in B \backslash\{0\}$. Again $a \neq b$, and therefore $a$ is orthogonal to $b$. We have

$$
\|(a-b)-(x-y)\|^{2}=\left\{\begin{array}{l}
\|a-x\|^{2}+\|b-y\|^{2} \\
\|a+y\|^{2}+\|2 x\|^{2} \\
\|2 y\|^{2}+\|b+x\|^{2}
\end{array} \quad \text { if } \quad \begin{array}{l}
a \neq y, b \neq x \\
a \neq y, b=x \\
a=y, b \neq x
\end{array}\right.
$$

and so

$$
\left.\begin{array}{ll}
a \in B_{X}(r, x) & b \in B_{X}(r, y) \\
a \in B_{X}(r,-y) & b \in B_{X}(r, x) \\
a \in B_{X}(r, y) & b \in B_{X}(r,-x) \\
a \in B_{X}(r, y) & b \in B_{X}(r, x)
\end{array}\right\} \quad \text { if } \quad\left\{\begin{array}{l}
a \neq y, b \neq x \\
a \neq y, b=x \\
a=y, b \neq x \\
a=y, b=x
\end{array}\right.
$$

Therefore

$$
\begin{aligned}
B \backslash\{0\} \subseteq & \left(B_{X}(r, x)-B_{X}(r, y)\right) \cup\left(B_{X}(r,-y)-B_{X}(r, x)\right) \\
& \cup\left(B_{X}(r, y)-B_{X}(r,-x)\right) \cup\left(B_{X}(r, y)-B_{X}(r, x)\right)
\end{aligned}
$$

Cover each of $B_{X}(r, x), B_{X}(r,-x), B_{X}(r, y)$ and $B_{X}(r,-y)$ by $M(2 r / \rho)^{s}$ balls of radius $\rho / 2$. An argument similar to before yields a cover of $B$ by $1+4 M^{2}(2 r / \rho)^{2 s}$ balls of radius $r / 2$.

Since we have $N_{X-X}(r, \rho) \leq 1+4 M^{2}(2 r / \rho)^{2 s}$ it follows that $d_{\mathrm{A}}(X-X) \leq 2 s$.

## 8. Non-Existence of Bi-Lipschitz Linear Embeddings

In this section we give a simple example showing that if we require a linear embedding (as in Theorem 5.6), then we can do no better than almost bi-Lipschitz. First we prove the following simple decomposition lemma for linear maps from $H$ onto $\mathbb{R}^{k}$ (cf. comments in Hunt \& Kaloshin [10]).

Lemma 8.1. Suppose that $L: H \rightarrow \mathbb{R}^{k}$ is a linear map with $L(H)=\mathbb{R}^{k}$. Then $U=(\operatorname{ker} L)^{\perp}$ has dimension $k$, and $L$ can be decomposed uniquely as $M P$, where $P$ is the orthogonal projection onto $U$ and $M: U \rightarrow \mathbb{R}^{k}$ is an invertible linear map.

Note that the result of this lemma shows that Theorem 5.6 remains true with linear maps replaced by orthogonal projections. This gives a much more concise proof of the result in Friz \& Robinson [5].

Proof. Let $U=(\operatorname{ker} L)^{\perp}$ and suppose that there exist $m>k$ linearly independent elements $\left\{x_{j}\right\}_{j=1}^{m}$ of $U$ for which $L x_{j} \neq 0$. Then $\left\{L x_{j}\right\}$ are elements of $\mathbb{R}^{k}$; since $m>k$ at least one of the $\left\{L x_{j}\right\}$ can be written as a linear combination of the others:

$$
L x_{i}=\sum_{j \neq i} c_{j}\left(L x_{j}\right)
$$

It follows that

$$
\left(x_{i}-\sum_{j \neq i} c_{j} x_{j}\right)=0
$$

which contradicts the definition of $U$.
Let $P$ denote the orthogonal projection onto $U$, and $M$ the restriction of $L$ to $U$. Let $x \in H$, and decompose $x=u+v$, where $u \in U$ and $v \in \operatorname{ker} L$. Note that this decomposition is unique. Clearly $L x=L u=M u=M(P x)$. It remains to show that $M$ is invertible. This is clear since $\operatorname{dim} U=\operatorname{dim} \mathbb{R}^{k}=k$ and $M$ is linear.

Following Ben-Artzi et al. [2] we now prove
Lemma 8.2. Suppose that $X-X$ contains a set of the form $\left\{\alpha_{n} e_{n}\right\}_{n=1}^{\infty}$ with $\alpha_{n} \neq 0$ and $\left\{e_{n}\right\}_{n=1}^{\infty}$ an orthonormal set. Then no linear map into any $\mathbb{R}^{k}$ can be bi-Lipschitz between $X$ and its image.

Proof. We assume that $L(H)=\mathbb{R}^{k}$; otherwise it is possible to prune some redundant dimensions from $\mathbb{R}^{k}$. Suppose that $L$ is bi-Lipschitz from $X$ into $\mathbb{R}^{k}$. Write $L=M P$ as in Lemma 8.1. Since $L$ is bi-Lipschitz on $X$, for all $y \in X-X$ we have

$$
\|y\| \leq c|L y|=c|M P y| \leq C\|P y\|
$$

where $C=c\|M\|$. In particular we have

$$
\left\|\alpha_{n} e_{n}\right\| \leq C\left\|P\left(\alpha_{n} e_{n}\right)\right\| \quad \Rightarrow \quad C\left\|P e_{n}\right\| \geq 1
$$

However,

$$
k=\operatorname{rank} P=\operatorname{Trace} P \geq \sum_{n=1}^{\infty}\left(P e_{n}, e_{n}\right)=\sum_{n=1}^{\infty}\left\|P e_{n}\right\|^{2}=+\infty
$$

a contradiction.

We note that this result also follows from Lemma 2.4 in Movahedi-Lankarani \& Wells [16] which gives a characterisation of sets $X$ that can be linearly bi-Lipschitz embedded into some $\mathbb{R}^{k}$ : such an embedding is possible if and only if the weak closure of

$$
\left\{\frac{x-y}{\|x-y\|}: x, y \in X, x \neq y\right\}
$$

does not contain zero ("weak spherical compactness of $X$ ").
Now consider the homogeneous set $X=\left\{2^{-n} e_{n}\right\} \cup\{0\}$, which has $d_{\mathrm{A}}(X)=0$. Since $X$ is an orthogonal sequence, it follows that $X-X$ (which in particular contains $X$ ) is also homogeneous; but Lemma 8.2 shows that no linear map into any finite-dimensional Euclidean space can be bi-Lipschitz on $X$. This shows that, with the requirement of linearity, our Theorem 5.6 cannot be improved.

However, note that there is a simple non-linear bi-Lipschitz map $\phi$ from $X$ into $[0,1]$, given by

$$
\phi\left(2^{-n} e_{n}\right)=2^{-n}:
$$

For $n<m$ we have

$$
\underbrace{\frac{1}{4}\left(2^{-n}+2^{-m}\right)}_{\frac{1}{4}\left|2^{-n} e_{n}-2^{-m} e_{m}\right|} \leq 2^{-(n+1)} \leq \underbrace{\left|2^{-n}-2^{-m}\right|}_{\left|\phi\left(2^{-n} e_{n}\right)-\phi\left(2^{-m} e_{m}\right)\right|} \leq 2^{-n} \leq \underbrace{\left(2^{-n}+2^{-m}\right)}_{\left|2^{-n} e_{n}-2^{-m} e_{m}\right|}
$$

The relationship between linear embeddings and general bi-Lipschitz embeddings is delicate. Suppose that $X$ is a connected set containing more than one point. The result of Proposition 7.3 shows that even if $X$ can be linearly bi-Lipschitz embedded into some $\mathbb{R}^{n}$, it is nevertheless bi-Lipschitz equivalent to a space $\phi(X)$ that cannot be bi-Lipschitz embedded into any $\mathbb{R}^{n}$ using a linear map.

## 9. Conclusion

We have identified a new class of almost homogeneous metric spaces, and shown that such spaces enjoy almost bi-Lipschitz embeddings into Hilbert space. Furthermore we have shown that any compact subset $X$ of a Hilbert space with $X-X$ almost homogeneous can be embedded into a finite-dimensional Euclidean space in an almost bi-Lipschitz way.

Some outstanding problems remain:
(1) Is there a homogeneous subset of a Hilbert space that cannot be bi-Lipschitz embedded into any $\mathbb{R}^{k}$ ?
(2) Can any (almost) homogeneous subset of a Hilbert space be (almost) biLipschitz embedded into some $\mathbb{R}^{k}$ ?
(3) Can one construct an almost bi-Lipschitz embedding $f$ of a compact almost homogeneous metric space ( $X, d$ ) into a Hilbert space in such a way that $X-X$ is almost homogeneous? (This would answer (2) positively.)
(4) Is the exponent $\gamma$ in Theorem 5.6 (the power of the slog term) in any way optimal? (Pinto de Moura \& Robinson [19] show that one can do no better than $\gamma>\frac{1}{2}$ in general.)
(5) Can one bound the Assouad dimension of the attractors of dissipative PDEs (or preferably the set of differences of solutions lying on such attractors)?

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[^1]:    ${ }^{1}$ The introduction of a condition on the dimension of the set $X-X$ of differences, rather than on $X$ itself, is common in the literature on abstract embeddings. The proof of Mañé's 1981 embedding theorem requires the Hausdorff dimension of $X-X$ to be finite, a condition not ensured by the finiteness of the Hausdorff dimension of $X$. Foias \& Olson [4] and Hunt \& Kaloshin 11 treat the upper box-counting dimension, which is unusual in having the property that $d_{\mathrm{F}}(X)<\infty$ implies
     the minimum number of balls of radius $\epsilon$ needed to cover $X$.]

[^2]:    ${ }^{2}$ For bounded metric spaces (2.1) could be replaced by

    $$
    \mathcal{N}_{X}(r, \rho) \leq M^{\prime}\left(\frac{r}{\rho}\right)^{s} \log \left(\mathrm{e}+\rho^{-1}\right)^{\gamma}
    $$

    (in terms of our current definition we would have $M^{\prime} \geq M$ and $\gamma=\alpha+\beta$ ), while for compact spaces the factor of e in the logarithm could also be dropped by considering only $\rho \leq r \leq \epsilon$ for some $\epsilon>0$ (see Section (4). However, (2.1) allows us to treat general metric spaces.

[^3]:    ${ }^{3}$ Strictly speaking the union of the $Q_{j}$ forms a set strictly larger than the complement of $S_{1}$.

