

### Manuscript version: Author's Accepted Manuscript

The version presented in WRAP is the author's accepted manuscript and may differ from the published version or Version of Record.

#### **Persistent WRAP URL:**

http://wrap.warwick.ac.uk/133662

#### How to cite:

Please refer to published version for the most recent bibliographic citation information. If a published version is known of, the repository item page linked to above, will contain details on accessing it.

### **Copyright and reuse:**

The Warwick Research Archive Portal (WRAP) makes this work by researchers of the University of Warwick available open access under the following conditions.

© 2020 Elsevier. Licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International http://creativecommons.org/licenses/by-nc-nd/4.0/.



### **Publisher's statement:**

Please refer to the repository item page, publisher's statement section, for further information.

For more information, please contact the WRAP Team at: wrap@warwick.ac.uk.

Title: Evaluating the role of video in supporting reflection beyond INSET

## 1. Introduction

This article is concerned with the impact of video-based reflection in supporting the professional development of Thai primary and secondary state school teachers who had completed a three-week INSET course. The course (nicknamed 'bootcamp' by the Thai Ministry of Education) took place at Regional English Training Centres (RETC) and aimed to encourage a more communicative approach to English Language teaching. This article evaluates a three-month extension to this course which focused on video-based discourse and reflection. Supported by mentors, Thai teachers went through a process of reflecting on both videos of their own teaching and videos of other Thai teachers. Space for video-based discourse was provided both face-to-face and through an online platform (IRIS Connect).

In summary, this article has two objectives – it provides an evaluative perspective on the design of this INSET project and evaluates the extent to which the goal of helping Thai teachers to be reflective about their practice using video has been possible. In terms of the first aim, we hope that, in making features of the CPD design more transparent (i.e. making these steps and processes more evident) we can further our collective understanding of video-based support for CPD. Such understandings may enable teacher educators to consider video-based alternatives to current practices. In terms of the second aim, we hope that the article provides a contribution to our understanding of how a video-based CPD intervention might help to promote reflection in teachers. Borg (2018:13) in a recent paper on evaluating the impact of professional

development initiatives (PDI) warns that 'while reflective competence is a justifiable objective', for a professional development initiative 'its assessment does raise a number of theoretical and practical challenges' and so 'it tends to be given less systematic attention when a PDI is being evaluated'. This paper both details the challenges but also provides a thematic analysis of video-based reflection.

## 2. Context

## 2.1 RETC project

Numerous attempts have been made in Thailand since the 1980s to move away from traditional, teacher-led grammar translation and audio-lingual approaches and towards more student-centered methods (see Appendix 1). Following on from these, the Regional English Training Centre (RETC) Project began in October 2016 with the aim of improving student centered, communicative language teaching (CLT). Starting with four training centres, this number expanded to fifteen across Thailand from November 2017. Teachers attended a three-week intensive training course involving teaching methodology input, demonstration, and simulated micro-teaching (Wallace, 1991) in which other participants played the role of students. At the end of this training, teachers returned to their schools to perform a series of follow on tasks which encouraged them to experiment with aspects of CLT methodology. Five to eight weeks later, teachers attended a 1.5 day follow on where they had a final opportunity to reflect on the overall experience.

# 2.2 Mentoring trial

To provide more scaffolding of reflective skills and support for teachers implementing new approaches in actual classrooms, a mentoring pilot took place in the second year of the project.

Mentors consisted of three existing bootcamp trainers and three external recruits. All had a background in communicative language teaching (outside of the Thai public school system) and experience of training teachers in either Thailand or similar South East Asian contexts. Two had significant experience working within Thailand and spoke Thai. Fifty-seven mentees located in six locations (see Figure 1) were selected by their bootcamp trainers based on their performance during the three-week INSET. All had little or no experience of being observed, reflective discussion, or implementing more communication-based teaching methods into their classrooms outside of 'bootcamp' training.

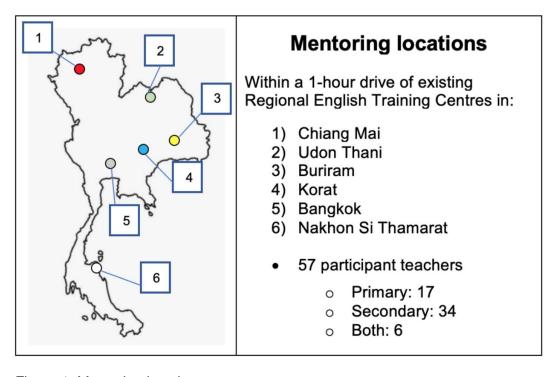


Figure 1. Mentoring locations

Six mentors worked with approximately ten disparate teachers each for around ten weeks. They created space for reflective discourse based around videos recorded and shared by participant teachers through an app and platform developed by IRIS Connect. This discourse took place both online, in the form of time tagged comments (see Figure 2) and group forums, and face-to-face during three school visits.

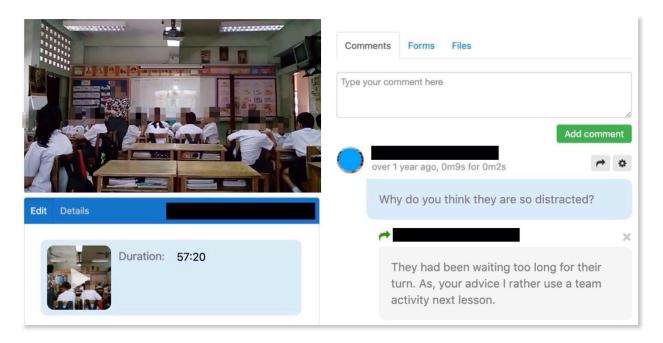


Figure 2. Time tagged video comments on IRIS Connect platform

This three-visit cycle built towards a 'video club' session in each teacher's school where they discussed selected video clips with non-participant teachers (some had completed 'bootcamp' training, others had not) for about ninety minutes (see Figure 3). Teachers had the option to share their own video recordings, if comfortable doing so, but most sessions reviewed video clips from other schools in Thailand. Where possible, these took place during existing but underutilized Professional Learning Community (PLC) meetings at schools (Ritman & Rohitsatian, 2017; Amornvuthivorn, 2018; Saengpassa, 2017).

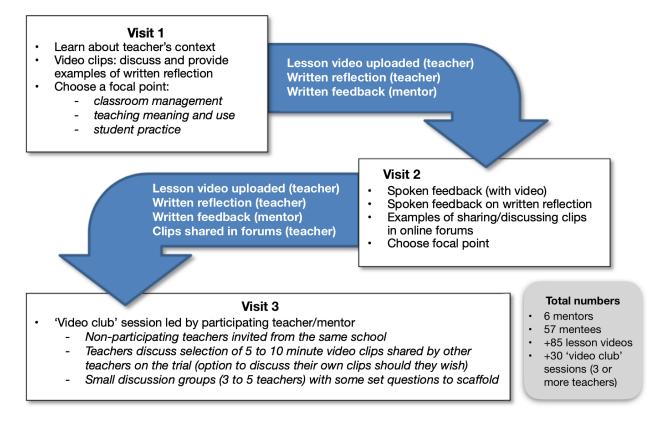


Figure 3. Complete three-visit cycle

## 3. Literature review

Video recording of teaching has long been established as a useful teacher development tool (e.g. Fuller & Manning, 1973). The use of video and visual media in supporting teacher professional development has also increased steadily (see Baecher et al., 2018; Major and Watson, 2018). Gaudin and Chaliès (2015: 42) outline a number of reasons for this growth: videos provide 'greater access to classroom events' and to the possibility of authentic and dataled discussion; recent technical progress has greatly facilitated video viewing (e.g. digitalization, storage, editing); video viewing is 'a means to facilitate the implementation of institutional reforms' (Wang & Hartley, 2003). The last reason is particularly relevant to INSET training in the Thai context where the aim is to develop a more communicative approach to English Language teaching by Thai state school teachers. Baecher et al. (2018) provide a comprehensive review

of video in relation to reflection on classroom practice and show, in education design terms, how video is now seen as a key part of professional development for teachers. The following sections detail the importance of reflection, especially collaborative and data-led reflection mediated and scaffolded by mentors using video as the basis for this intervention.

## 3.1 The nature and importance of reflection

There is widespread agreement about the value and importance of reflective practice (RP) to the teacher education landscape (Jay & Johnson 2002). Dewey (1933) was largely responsible for establishing the importance of RP. He argued that teachers should not be passive recipients of knowledge but should play an active role in materials design and curriculum development and innovation. He was concerned with articulating the relationship between experience, interaction and reflection. Others, such as Schön (1983) and Farrell (2004), have developed this rationale; providing a range of models and practices for implementing RP. Others have offered frameworks (e.g. Stanley 1998), levels (El Dib 2007), typologies (e.g. Jay & Johnson 2002) and phases (e.g. Zeichner and Liston 1996). According to Dewey (1933: 8) 'reflection is something that is believed in, not on its own account, but through something else which stands as evidence'. Author and Other (2013) argue that RP in the fields of applied linguistics, TESOL and education has achieved a status of orthodoxy without detail of how specific tools can encourage evidence-led description of its value, processes and impact. This article offers a specific account of the video platforms and tools that can support reflection.

One of the challenges facing research in reflective practice is the lack of a commonly agreed definition. Hatton and Smith (1995) argue that both reflection and critical reflection are often ill-defined. We are in broad agreement with Boud et al. (1985: 3) who talk about reflection as 'a generic term for those intellectual and affective activities in which individuals engage to explore their experiences in order to lead to new understandings and appreciation'. However, like most human activities, what is understood as reflection is locally contingent and reflexive with context. We would also add a collaborative dimension to reflection that is not explicit in Boud et al. (1985) so that reflection (for Thai teachers) is a scaffolded process of exploration in order to better understand teaching experience and beliefs about language teaching.

Hockly (2018) argues that the use of video recordings of classroom practice is an effective vehicle for supporting and developing reflection for teachers. In considering how video supports reflection, most of the literature identifies at least three levels of reflection (e.g. Day, 1993; Hatton and Smith, 1995; Larrivee, 2008). They work from an initial level, usually termed 'descriptive' to a second level that is characterized by articulating with a rationale, justification or evaluation. The most prized form of reflection is usually described at the moral, social and political level and is often characterized as 'critical'. Partly based on Hegarty (2011), we developed shared descriptors of video-based levels of reflection (see Appendix 4). These were derived from literature and what we have found useful in differentiating reflective levels in our discussion and analysis. They also foreground Schön's view of reflection as a 'process, both individual and collaborative' (1983:12), where we want to capture both inner dialogue and dialogue with others.

## 3.2 Collaborative reflection

Farrell (2014) and Author 1 and Another (2017) argue for a data-led approach where there is a movement away from individual written reflection to more dialogic and collaborative forms of reflection. Gelfuso (2016) also argues that video can provide more of a warrant for assertions and articulation of practice. Such interrogation of beliefs can be a useful basis for reflection on cognitive dimensions of teaching; i.e. what teachers know, believe and think (see Borg 2011).

We also draw on Mercer et al. (2017) in recognising the particular value of video in coming towards a more dialogic and collaborative version of the relationship between theory and practice and allowing teachers to consider alternatives in a collaborative way. This kind of dialogic reflection (Author 1 and Another, 2017) is a process of identifying questions and key elements of a matter that has emerged as significant. There is also dialogic potential in video for revealing incongruence between teachers' espoused and actual teaching practices (Orland-Barak and Rachamim, 2009).

## 3.3 Data-led reflection

Author 1 and Another (2017) argue that video has a key role in developing a data-led reflective process where video enables access to evidence and 'warranted assertability' (Gelfuso, 2016: 68, using a term originally put forward by Dewey). Reflection is more evidence based and data-led if it is tied to a tangible moment or incident. Assertions, articulations and arguments are more warranted and grounded with video (Baecher et al., 2018). One of the key affordances that video offers (compared with relying on memory) is being able to step back into practice and re-engage with particular moments and incidents (Tripp and Rich, 2012). Videos facilitate a process where teachers can notice the more subtle features of classrooms (e.g. aspects of teacher talk) and is particularly helpful for raising awareness of interactional features such as clarification requests, display questions, and teacher echo (Walsh, 2006). However, it also

enables a focus on the learner and learner thinking (Sherin and van Es, 2009; Luna and Sherin, 2017). Video-based discussion of classroom practice is more likely to address both the teacher and the learner (Borko et al., 2011; Forest and Mercier, 2011; Santagata and Guarino, 2011; Santagata and Yeh, 2014; Yeh and Santagata, 2015).

## 3.4 Spaces for Video-based reflection

In our intervention, mentors promoted collaborative and data-led reflection using videos of both other teachers' classrooms and the teacher's own classrooms. In this sense, we were consciously trying to create reflective spaces. We used both one-to-one sessions and these led to bigger groups which were based on video club design.

Video clubs are spaces for teachers to discuss viewed videos excerpts, usually from each other's classrooms but also from other sources. Published accounts of video-clubs suggest that they provide the basis for collaborative teacher development (Sherin and van Es, 2009; Moore, 2015) and can increase focus on student learning (viewing a classroom episode and discussing what happened based on their knowledge of students and context).

Video-based observation platforms (VBOPs) provide opportunities for teachers to connect and collaborate (Ally et al., 2014). These platforms can facilitate individualised mentor-trainee and peer collaboration within a group (Carlson and Gadio, 2002). VBOPs can enable video-based mentoring where teachers are supported in observing, reflecting and thinking critically on teaching (Kane et al., 2015) and this can help to avoid a transmission approach (Hobson and Malderez, 2013) whilst being an especially useful way to scaffold and provide space for teacher learning (e.g. Brunvand and Fishman, 2006).

# 4. Research Methodology

This section makes clear our theoretical position, clarifies aspects of the qualitative research design, provides details of data-sets, and lays out our approach to sampling and thematic analysis. It also details our consideration of ethical issues. The research is best characterized as a qualitative case study (Richards, 2003) that analyses transcripts of video-based talk, interviews, and questionnaires to evaluate the design of a CPD intervention and the nature of reflection made possible in this process.

## 4.1 Theoretical Contribution and Framework

In relation to the literature outlined above, our theoretical contribution in this paper is in evaluating the impact of video as a key affordance in encouraging reflection on 'a cycle of praxis' (Tilson et al., 2017: 460). Tilson et al. (2017) talk about the Vygotskian notion of praxis being a useful way of bridging the theory/practice divide (see Lantolf & Poehner 2014). We too see video as helping teachers to bridge INSET input and theory to their own practice. It gives teachers 'multiple opportunities to discuss their theories (personal and formal) in relation to their video recorded teaching' (Tilson et al., 2017: 460). Lok et al. (2018) say that 'while research has shown that video can be an effective tool in the professional learning of teachers in industrialized countries, it is unknown whether this is also true for other countries with distinctive cultural, political, and historical contexts, such as Cambodia'. Similarly, there is currently a lack of research into the use of video-based CPD in Thailand.

This paper adopts the theoretical framework of sociocultural theory (Vygotsky, 1978). Our work is related to studies where improvements in teaching are closely related to video use (e.g. Christ, Arya, & Chiu, 2016). Our specific concern is whether reflective practice can be enhanced

through supported use of video. Socio-cultural theory provides a theoretical framework for understanding features of professional development, video use, as well as various constraints and affordances related to technology use. This theoretical stance is suitable for understanding teacher identity, cognition and agency (Lasky 2005). It foregrounds social interaction as a means of supporting learning and its internalization (Lantolf & Poehner 2014). Such a process can be scaffolded (including various forms of support and modeling) and particular tasks and features of the design can support a ZPD (Zone of Proximal Development). This theoretical framework is central to the work of Christ et. al (2017:23) who say that 'Socio-cultural theory's focus on the social interactions, modeling and scaffolding in the ZPD, and how artifacts mediate learning explain some ways of learning occurs (*sic*) during professional development with the uses of videos'. Support for self-evaluation and learning through video use is based on theories of self-regulation as well as metacognition (Zimmerman, Mount & Goff, 2008) where supported self-observation can help teachers appraise their performance, self-monitor and lead to greater self-regulation (e.g. Mercado and Baecher 2014).

Above all, we recognize that teacher training and development is a social process that takes place in a specific sociocultural context, where knowledge is negotiated and co-constructed between teachers and mentors and between teachers in video-based CPD talk (Walsh, 2011).

## 4.2 Data set

This qualitative case study primarily analyses transcripts of video-based talk and interviews to evaluate the design of the CPD intervention. In particular it focuses on the nature of reflection made possible in this process. In doing so, the study draws the following data sets:

Data	Description	Quantity
'Video club' sessions	Audio recordings of video-based discussion amongst 3 or more teachers.  - In English and Thai - With and without mentor - Approx. 1.5 to 2 hours each	26
One-on-one discussions	Audio recordings of video-based discussion between a mentor and teacher.  - In English (some Thai) - Approx. 1 to 1.5 hours each	22
Interviews with mentors (in English)	<ul> <li>Audio recordings</li> <li>Conducted between 2<sup>™</sup> and 3<sup>™</sup> school visit</li> <li>Approx. 1 hour each</li> </ul>	6
Interviews with mentees (in English)	<ul> <li>Audio recordings</li> <li>Conducted after 3<sup>d</sup> school visit</li> <li>Approx. 1 hour each</li> </ul>	5
Questionnaire	Completed by teachers after the 3 <sup></sup> visit/completion of the trial	38
Video comments	Written online exchanges between mentors and teachers in the form of time-tagged comments added to videos (see Figure 2)	64 exchanges

Figure 4. Data set

Although this is a qualitative study, a limited amount of quantitative data was collected (a self-assessment questionnaire to establish some indications of teachers' engagement and perceptions alongside video engagement data gathered from the IRIS Connect platform). This quantitative data is supportive to the qualitative data and we do not seek to make quantitative statements about video use (cf. Major and Watson, 2018). Instead, the study seeks a detailed and practitioner-led account of how video is used in different ways by participants for teacher development purposes. Interviews were designed to elicit detailed descriptions of mentor and

mentee perceptions to gain an insider, or emic, perspective (see Copland and Creese, 2015:29-37) about video use and the value participants placed on the process.

## 4.3 Sampling and analysis

With so many teachers involved in this project it was not feasible to analyse all the data, detailed in Table 4 above, and so decisions were made about 'purposeful sampling'. Patton (1990:169) defines this as targeting those informants who are potentially 'information-rich' and from whom 'one can learn a great deal about issues of central importance to the purpose of the research'. We therefore targeted a representative range of Thai teachers, some working with mentors and some found in the video club groups. All mentors were interviewed. For these interviews, there were five blocks of questions focused on mentor's background, the project, the platform, the teachers (evidence of reflection), and the mentor role. Interviews were held face-to-face during field visits to schools in September 2018, or later through Zoom or Skype, and supported by e-mail exchange (sometimes clarifying details arising). Interview data was summarized and then selected parts were transcribed (using the conventions in Appendix 2).

In ensuring rigour, we undertook three elements of triangulation (King and Mackey, 2016): 'methodological' (e.g. collecting teachers' and mentors' experiences and views via interviews, survey data and analysis of professional talk), 'source' (using a common methodology in collecting data in different areas of Thailand), and 'analytical' (involving different researchers in analysis, joint-interview and coding meetings).

In order to evaluate the design of the project and the nature of reflection, transcripts were analysed using thematic analysis (TA), following Vaismoradi et al. (2013). Braun and Clarke (2006: 79) define TA as 'a method for identifying, analysing and reporting patterns (themes)

within data'. An initial coding scheme was drawn up by one of the researchers based on findings from existing literature. We then refined this during the analysis process. We looked for patterns or commonalities in the transcripts, where emerging themes become the categories for analysis (Fereday and Muir-Cochrane, 2006:82).

## 4.4 Ethics

Ethical approval was granted through the Humanities & Social Sciences Research Ethics Sub-Committee (HSSREC) at the University of Anonymous. It was also approved by the Ministry of Education in Thailand and by the British Council Thailand. Informed consent was obtained from the participants through participant information sheets and consent forms. School directors of participating teachers also gave permission. There were no evident risks for participants in taking part in this research and they had the right to withdraw their data at any stage. In terms of confidentiality, we have used pseudonyms and pixelated any images included in this paper to ensure anonymity. Only members of the research team had access to the interview data and recordings of video-based sessions. All consent forms and data have been stored on the University of Anonymous password protected M-drive. The team drew on guidance from BAAL (guidelines for Applied Linguistics, 2016) and BERA (4th Edition Guidelines, 2018). Written informed consent was obtained from all participants prior to interview and teachers gave permission for their videos, tagged comments and sessions with mentors to be recorded. The research team involves two British Council employees. Author 2 managed the design of the intervention. Author 3 has a wider role in the BC supporting digital teacher development projects. British Council Thailand also recruited an outside researcher (Author 1) from University of Anonymous to ensure objectivity and transparency in both the research process and reporting. We consciously developed a team approach where we were also reflexive about such team processes in the process of making 'meaning' (Creese and Blackledge, 2012).

# 5. Findings

## 5.1 Teacher perceptions and participation

Completed after the third visit, a survey asked teachers to recall and rate their habits, perceptions, skills, and knowledge both pre- and post-programme. 38 out of 57 responded. This data gives a positive indication of Thai teachers' self-reported perceptions and engagement (see Appendix 3 for the results in full). Most relevant to this discussion is the contrast between teachers who rated their ability to reflect on their teaching in the classroom as 'very good' or 'excellent' at the end of the trial when using video (53%) as opposed to when not (5%).

Teacher interviews also reflect positively on the process. One teacher, for example, points to the practical nature of recording themselves, noting how '[i]t's not only on paper. It's more (..) I do it and make it [the video]. I make it myself. I, I love that way'. Another teacher mentions the benefits of having evidence of their teaching to refer back to, 'last record and today record I can compare', whilst a third mentions the benefits of mentor feedback, 'When Ajarn (mentor name), she gives her feedback on, and 'yeah, should be like that', her idea is good so, when I listen other ideas, 'ah, yeah, I agree with her'. So, it's better when not just you.'

To what degree responses were affected by a desire on the teachers' part to validate the efforts of themselves and their mentor is unclear, but this data does reflect positively on the use of video evidence and mentor feedback in this context.

Of the 85 videos shared with mentors on the platform, 64 (75%) had at least some time-tagged, written exchanges between mentor and teacher. This level of engagement and participation is not insignificant when considering the obstacles. These included connectivity issues in more

remote areas and the challenges, expressed in mentor interviews, of getting busy teachers to record, watch and reflect upon a full lesson in advance of school visits. A tendency to wait for 'top-down' solutions (see figure 5) or simply describe their efforts (see figure 6) was often apparent and suggests that making this asynchronous online space one where more meaningful, reflective discourse takes place may take longer than in the face-to-face meetings that followed (where scaffolding can be handled more sensitively and in the moment). As one mentor noted, 'their own understanding of the pedagogy itself is not, you know, at the level where they can really see what they're looking for' but 'if you sat down with them and took them through it, they can do it'.

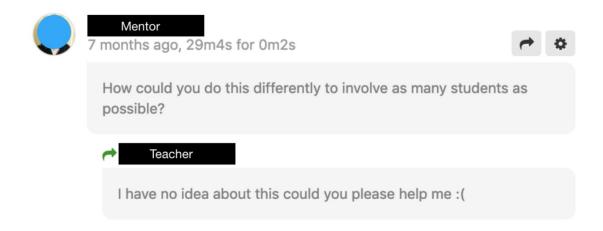


Figure 5. Tendency to wait for mentor input

## 5.2 'bootcamp' and reflection

Whilst the term 'reflection' did not feature heavily in the 'bootcamp' training, teachers were encouraged to consider their team-taught micro-teaching lessons, often in terms of good points and areas for improvement, before receiving feedback. The fact that this reflective stage came in such close conjunction with input sessions (i.e. where they were introduced to 'good' teaching practices and terminology) and micro-teaching (i.e. an arena to demonstrate or 'perform' these practices for others) clearly affected how participants approached reflection in this trial.

One mentor talks of their suspicion that teachers were performing to some extent during school visits, keen to 'show us what you've trained us is still actually here'. Indeed, teachers do appear conscious of and keen to reference the training and its content during video-based discourse but it appears to not just be for the mentor's benefit. For example, extract 1 shows a group of teachers joking about the recall of terminology from the training during a 'video club' discussion:

#### Extract 1

```
T1: ครูนี่ ICQ แบบ Cross Check หกหมด (มาก) เลย
        (the teacher is using ICQ with cross checking)
01
       ย่อมาจากอะไรนะ ICO
02
02
        (what does ICQ stand for again (?))
03
    T2: ICQ (..) instruction checking question
04
        ((applause and laughter))
   T1: นี่...เริศ!
0.5
05
        (wow (!) give her a round of applause (!))
   06
        (this is the only thing I can remember (!))
06
```

Whether for themselves, co-workers, or the mentor, there is a desire amongst teachers to demonstrate both their understanding and application of strategies from training. Figure 6 shows two teachers drawing attention to their own use and understanding of ICQs (instruction checking questions) when commenting on one of their lesson videos online.



Here I am checking understanding of instructions by asking ICQ () Instructions Checking Questions). RELEVANT ICQ! For example, do you have to run or sit? Do you have to write anything? \*\* "DO YOU UNDERSTAND?" IS NOT an ICQ!!

## Teacher 2

I love it. it is a good way to check the students understanding. I try to use ICQ in my class too.

Figure 6. Teachers referring to their application of bootcamp strategies online

Terminology like ICQ and KISS (keep instructions short and simple) are some of the more common examples of this 'received knowledge' (Wallace, 1991: 14) in the data set, along with strategies like pair and group work, communicative activities, and the appropriate use of Thai and English (see Appendix 5 for other common topics discussed). Extract 2 provides further examples from another 'video club' group discussion:

### Extract 2

```
01
    T1: for me when she start the lesson, she speak
02
        Thai it's okay because I think the students
03
        background is not that much good so maybe the
04
        students don't understand (.) but I think herself
        that's made the students confused (.)
05
    T2: (4.0) confused (.)
06
    T1: yeah, she makes her own students confused
07
08
        sometimes like, uh (...) she don't speak, uh,
```

```
09
        she mix everything together in the one time (.) by
10
        example, it's better if she, okay, let the
11
        students finish, uh, watch the presentation on
        the video and then ask them to do the (.)
12
13
        individual work in pair, but she says in one
14
        time what to do. blah blah blah blah blah::
15
    T2: quite, uh, quite quick instruction but, but she
16
        did good that she use, uh, uh, ICQ (.)
17
    T1: she did ICQ because she ICQ by, like uh, she
18
        spoke English first (.) after that, she
19
        crosschecks by Thai (.)
```

Teacher 1 starts by accepting the teacher's use of Thai in this context but goes on to question the clarity of their instructions. Teacher 2 agrees but counters by pointing out the use of ICQs (line 16). These teachers are aware, from 'bootcamp', that ICQs are a 'good thing' to do in class and so pick up on them when reaching for balance in their criticism. This seeking out of 'bootcamp' techniques is fairly common throughout the data set even if, at times, it leads to rather black and white judgements based on whether these have been used or not.

Such references can also be more nuanced, however:

## Extract 3

```
01 T1: and at the beginning, like, like, ah, in, ah,39
02 seconds, she use ICQ (.)
03 M: okay (.) let's have a look at that (.) Sorry!
```

```
T1: Second 39 (.)
04
0.5
        ah (.) okay (.) brilliant (.) ((plays video))
06
    T1: I think it's easy (.) no need to (.) it's simple (.)
        no need to check at this time because the thing
07
08
        that she needs to check instruction should be
09
        long instruction that she has to make it clear
10
        (5.0) but I am not sure, if I were her, if, how
11
        I give instruction at that time (.) counting A and
12
        B also, I think it takes time (.) something
13
        like 5 minutes (.)
14
    M: how could it be done quicker (?)
    T1: because if I were her (.) if I were her in this
15
        class (.) I would like (..) this side A and this
16
17
        side B (.) okay, I got A and B in few seconds
```

As in extract 2, this teacher identifies specific, learned approaches from the training but views them in light of evidence presented in the video and with broader principles in mind (time management, clarity of instructions). They evaluate the techniques in this specific context, deeming them unnecessary (line 7) and inefficient (line 12) rather than automatically applauding their inclusion. Such data-led reflection appears to provide an opportunity for teachers to develop a contextualised, local understanding of how newly learned techniques, strategies, and ideas are used, for better or worse. Ideally, this would lead to what Copland and Neokleous (2010:279), drawing on Kumaravadivelu (2001), call 'a particular, practical, and possible pedagogy' that is 'locally developed to respond to local problems'. Indeed, observations like '[t]his is a problem of the Thai education' were not uncommon in the data set.

## 5.3 Mentor role and reflection

The mentors have a more obvious role and presence in one-to-one meetings than in the 'video club' meetings (where they mostly try to distance themselves and leave the teachers to it).

Having said this, where mentors took a more 'hands-off' approach to planning 'video club' sessions, some came to resemble trainer-fronted sessions, dominated by the lead teacher, rather than reflective sessions. This matches one mentor's view that teachers 'need help with discussion questions, with the guidance' that most mentors provided. In one-to-one sessions mentors are often consciously and obviously scaffolding reflection, as this is an explicit part of their role. In interviews, mentors talk of either 'holding back' or being 'more direct', depending on the teacher involved. At the same time, a lot of the interaction feels like 'CELTA feedback' (Copland, 2013) where a fairly narrow range of learning objectives are being consolidated. However, mentors talk about 'avoiding simply imposing my agenda on the talk' and consciously 'using the video to show key moments' that open up more co-constructed discussion.

The following progression is typical of a lot of exchanges where the mentor (M) asks some kind of open question that allows both reflection on the lesson in the video and consideration of alternatives. The initial self-evaluation here is that the instructions needed to be clearer before the 'mingle activity':

#### Extract 4

```
01 M: all right, what would you do differently, if you're
02 going to do the class again (?)
03 T: you mean the same lesson (?) I think in the
04 process that I let them mingle (.) I will do better
```

```
than that because my student (.) some of them speak

Thai so I have to walk around the class to tell

them to speak 'English, English' please

(.) so maybe I should tell them more and—like before

doing that activity (.)
```

However, the teacher then goes on to reflect on how she might have demonstrated more. This enables her to consider the sequence of activities in relation to a picture prompt:

#### Extract 5

```
22
          yes maybe is it okay if I show the picture first
2.3
          yes and ask them what do you think we are going
24
          to learn today (?)
25
   M:
          yeah that will be fun (.)
26
          I'll say direct today we are going study about
   T:
27
          drinks (.) I think it's interesting (.) I read
2.8
          the comments this morning (.)
29
          oh excellent (!) you really thought about it (.)
   M:
          fantastic ok- yes the spelling do you think
30
31
          instead of writing it up and then asking them
          could you elicit the spelling from the students?
32
```

The mentor's role allows space but is also endorsing and evaluating the teacher's thinking (lines 25 and 29). T speculates ('maybe') but it becomes obvious that this is at least partly predicated on previous online comments from M ('I read the comments [online]'). She is clearly looking for

confirmation from M who both endorses T's ideas (line 29) and then goes on to make a suggestion (line 32). In other words, the mentor is leading but there is still space for the teacher to evaluate the video and their practice. In terms of the kind of 'productive discourse in video-based continuing professional development' discussion that Lefstein and Snell (2013: 181) foreground, mentors believe that they have been able to achieve a good balance between description, interpretation, analysis and judgement but that the mentor has a key role in helping Thai teachers to delay judgement until after thorough examination of what happened in the video has been completed.

## 5.4 Video type and reflection

Generally speaking, videos provided access to evidence unencumbered by the need to recall and describe events. In this way, mentors were able to, as one put it, 'show rather than tell', reducing the need for the use of descriptive meta-language still new to teachers. It also prevented any potential disagreements over recall. This was seen to help balance the power dynamic between mentors and teachers who were more familiar with top-down evaluation than co-construction and negotiation.

Whereas a full fifty-minute video was the focus for one-on-one interactions between the mentor and the mentee (visit 2), the 'video club' group discussions (visit 3) were focussed on shorter video clips. The rationale for this was that these abridged videos would maintain teachers' interest and that they could also be picked for a specific methodological focus (e.g. a teacher's use of L1). A feature of some of the video club discussion is teachers attempting to understand both the context and stage of the lesson, with some confusion as to how to judge what they were seeing without having seen the entire class. This was in spite of efforts to contextualise clips through the use of title cards and text overlay (see Figure 7).



Figure 7. Examples of video title cards and text overlay

The following extract is not untypical across the data set and is part of an extended group attempt to understand teacher action:

### Extract 7

O1 T I just didn't get it (.) has this clip been edited?

O2 like (.) we only see part of the video (.) the activity

O3 part but we didn't get to see the part that he taught

O4 the actual grammar (..) I am sure he taught that before

O5 doing this activity.

This exploration of lesson stage and purpose is a less focused precursor to higher levels of reflection (i.e. it is by necessity primarily descriptive in nature). To contrast, in the following extract we see how the 'snapshot' length of video can also lead to positive outcomes:

### Extract 8

```
01
   T: It's like she plans before. She anticipates that (.)
02
        so we will not misunderstand this point,
       Oh, so you think that she anticipated this problem
03
04
        so (.) they are not from her monitoring?
05
       Yes. Sometimes, I think that sentence comes from
07
        her monitoring, or maybe she anticipates that some
08
        students may (.) have this problem (.) she wants
09
        to make sure that everyone understands the same thing.
```

In line 1 we see a teacher attempting to interpret the videoed teacher's actions, drawing on their own experiences to make an assumption (pre-prepared language errors are used during the feedback stage) not evident from the clipped video evidence alone. By doing this the teacher is, consciously or otherwise, adding an element of personal reflection to what might otherwise be a more detached observation (i.e. they are projecting their own experiences of similar teaching moments onto the clip in order to understand it better). While the mentor seems surprised by this interpretation (line 3), they use it as a potential learning point around error correction approach and technique. As the discussion progresses beyond this extract there is a move to explanatory reflection as the teachers and mentor co-construct meaning.

As detailed in the project design description and referenced in the literature review (e.g. Gaudin and Chaliès, 2015) there were three types of video explored in this research: a teacher watching their own video, teacher(s) watching videos of peers and teacher(s) watching videos of other (unknown) Thai teachers. While mentor presence and approach was a primary determinant of

the overall form and substance of resulting discussion, the different video types also had an impact. Significantly, there were higher levels of superficial negative criticism evidenced when teachers watched videos of unknown Thai teachers. As one teacher stated about a video club discussion, '90% of our reflect [reflections on the clips] just bad . . . we see just the weak point'. This tendency is indicated in the following extract (from a different video club discussion) where a teacher is dismissive of another teacher's practice:

#### Extract 9

```
01
        I think she could have used the screen (.) put the
02
        pictures out there (.) she's got everything (.)
03
        it's not suitable. after she showed the pictures of
04
        signs, she could have put them on the wall or
05
        board somewhere (.) shouldn't leave them on the desk.
06
        She should have grouped the pictures < you know >
07
        'do and don't' (.) students can review these later
0.8
        after the lesson (.) just like what we learned in
09
        the training.
10
        (2.5)
       see! students forgot already I bet they don't remember.
11
```

Again, as with Lefstein and Snell (2013), judgement on the teachers actions is immediate and there is little balance to the overall discussion. Nevertheless, a degree of analysis and suggestion for alternative action is evident throughout. This level of negativity was not seen when watching peers' videos which is important given the need for 'video clubs' to be supportive environments for sharing practice.

## 5.5 Language choice and reflection

This section focuses on language choice in two ways. First of all, we consider the issue of reflection <u>in</u> Thai during video-based sessions. Secondly, we consider reflection <u>on</u> the use of Thai in classrooms.

In video-club sessions there are numerous examples where teachers code-switch and it's here that teachers are at their most humorous and revealing (as in extract 1 above). Indeed, mentor involvement can be counterproductive in video-club sessions. There are instances where successful reflection is happening in Thai but as the mentor joins the group, they repeat themselves in English. However, there is also evidence that mentors are conscious of this and they reinforce the message promoted in the materials (see Appendix 6) that reflecting in Thai might be better, as in this example where the teacher struggles to respond to M's prompt in line 02:

#### Extract 10

```
01 M: and think about...talk about how you
02    introduce new- (.)or you structures to your
03    classes. do you do use a similar method or
04    do it differently↑
05 T2: (7.0)for gramma- (1.2)
06 M: you can speak in Thai (.) it's fine.
```

The teachers then have a discussion in Thai about sequencing structures and vocabulary and eventually switch back into English:

#### Extract 11

```
คนไทยเราชอบขึ้นโครงสร้างก่อน แล้วให้เด็กเอาคำศัพท์มาใส่
15
    T3:
15
        (Thai teachers normally start with structures)
       แล้วให้เด็กเอาคำศัพท์
16
16
        (Then students would select vocabulary)
17
       มาใส่
17
        (to use in a sentence.)
    T1: she's talking about traditional teachers, traditional
18
19
       Thai teachers. we need to form first (.) okay1
20
       and then practice (.) drill the sentence and then
21
       later, students produce. but for this one I
22
       think it's good! she teach, ah (.) she show the
23
       picture it's the meaning of the language
24
       and students produce language.
```

Unsurprisingly, Thai dominates discourse when mentors are occupied with another group or stepping back. Some code-switching still occurs in these instances, as would be expected of bilingual speakers looking for the best way to express themselves. Nonetheless, it appears that these video-clubs were not viewed as English-centric spaces where teachers felt obliged to use English amongst themselves (whether out of respect for their mentor or because, as English teachers, they felt they should demonstrate their ability to do so). This was not the case in online exchanges between teachers where, although the use of Thai was promoted, contributors almost exclusively posted in English. The more permanent nature of written online

exchanges, along with the understanding that these exchanges were also visible to the mentor, appears to have restricted teachers to publishing their 'best selves' (i.e. capable of communicating in English and applying learned teaching skills in their classrooms). As a result, teachers did not move beyond sharing example video clips of their own 'best practice' and on to any level of reflective discussion in these forums, either in English or Thai (see Figure 7).

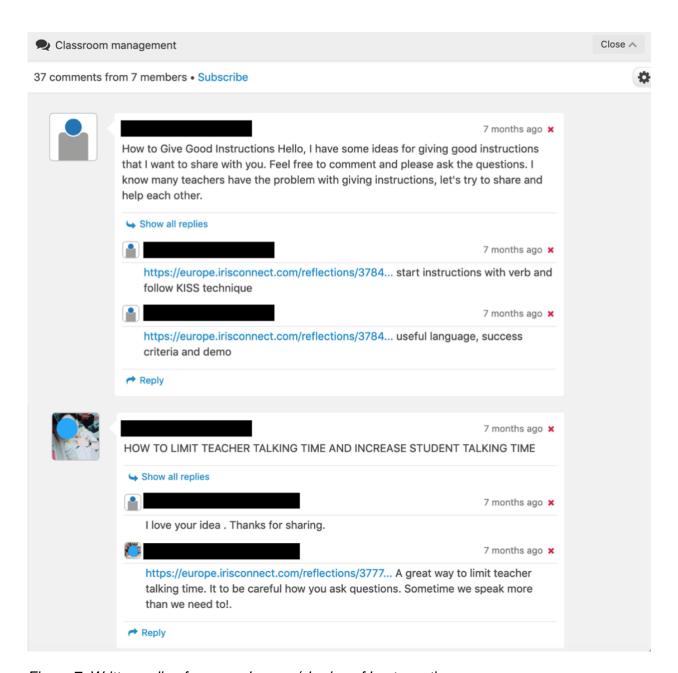


Figure 7. Written online forum exchanges/sharing of best practice

Across the data set there are examples where teachers are talking about Thai being used for translation, classroom management, explaining/revising language points, instructions, question and answer sequences, classroom discipline and control, jokes, expressing opinions, building empathy with students, and giving hints. There are both affective and cognitive reasons expressed for using or not using Thai in their classrooms. Overall there is evidence that teachers are developing a nuanced view of this L1 and L2 balance in video-based talk.

Certainly, teachers are aware that use of L1 can be necessary but should be limited (in line with Macaro, 2005) and that lower-level students want to revert to Thai, as this teacher explains to a mentor:

#### Extract 12

```
01
       if you say, okay, now we're telling the story
02
       to your friends, er,
03
   T: they ask me 'Can I use Thai?'
   M: right, what do you think about that?
04
05
   T:
       I said 'Okay, Thai and English' you should have
06
        some English words (.) <for example> they know
07
        cocoon, they know butterfly, they know the
0.8
        caterpillar eat through apple, pears, plums (.)
09
        they can say Thai and English mixed but
10
        actually (.) they like to say L1 ((laughs))
```

Mentors also work with teachers on ideas for minimising Thai in their classrooms. In this extract, the teacher has explained how she might use a puppet in a listening activity. The mentor

scaffolds the idea that the puppet might 'not understand' Thai (to increase the need for students to speak in English):

### Extract 13

```
01 M: you have a puppet for the classroom
02
   T: oh
   M: and the puppet only understands=
03
04
   T: =English
05 M: or speaks English.
06 T: oh I see
07 M: so what does that mean if the puppet only
08
       understands or speaks English↑
09
   T: they have to try to speak English to the puppet
10
       if they want to communicate with- (.) and the
11
       teacher will not translate for puppet
```

In one-to-one sessions with mentors there are numerous useful exchanges around the value of L1 at particular moments. However, one effect of having Thai in the teachers' videos is that this sometimes results in protracted recovery with the mentor about what was going on (explanations and translations).

# 6. Discussion

Videos give teachers 'greater access to classroom events' (Gaudin and Chaliès, 2015: 42) and to the possibility of authentic and data-led discussion. Our findings support this position and the views of Brunvand and Fishman (2006) that discussion and reflection around video extracts is a useful way to scaffold teacher learning. Teachers were able to use video to reflect on concrete details of lessons, relate their discussion to their INSET training, consider alternatives and contrast pedagogic choices (Sherin, 2007). In this Thai context, teachers are still heavily reliant on the input and main teaching points from INSET ('bootcamp') and there may even be an element of making 'bootcamp learning' visible to mentors and each other in order to validate the training and the mentor. More positively, the video appears to give them an opportunity to cement shared understanding, albeit often still supported and scaffolded by mentors. In terms of the criteria that Lefstein and Snell (2013: 181) suggest for 'productive discourse in video-based CPD' there was often 'balance between description, interpretation, analysis and judgement' but Thai teachers were less successful in 'delaying judgements and suggestions until after thorough examination of what had happened had been completed' especially in video-club sessions.

Our shared descriptors of video-based levels of reflection (see Appendix 5) were helpful in evaluating Thai teachers levels of description. Although there was a great deal of both descriptive reflection and negative evaluation of 'others' videos, there were also instances of more exploratory and speculative talk, building on personal judgement, particularly with 'own videos' supported by mentors. There were no instances of 'critical reasoning' (indexing the broader socio-political context). However, we found some evidence to support the view that video has value in moving towards a more dialogic and collaborative version of the relationship between theory and practice (Mercer et al., 2017).

In general terms, the design of this intervention helps the INSET avoid a one-off design by building in opportunities for video-based follow-up reflection, sharing and communication (Lamb, 1995; Wedell, 2009). Opportunities to engage further and reflect on the promoted pedagogy are important for any teacher education to have meaningful impact (e.g. Tomlinson, 1988; Waters, 2006). The main feature of the design is that it allows space and scaffolding for both confirmation and challenging of 'bootcamp' principles whilst also encouraging the development of teachers' own perceptions and articulations.

Mentors and teachers used video to identify relevant questions and points of discussion.

Mentors were conscious of balancing a transmission approach with a more reflective approach likely to result in autonomous development (Hobson and Malderez, 2013). Mentors were aware of both their role in terms of re-enforcing 'bootcamp' input and enabling more dialogic reflection (Another and Author 1, 2015). They aimed to set appropriate degrees of challenge, be empowering and be progressively non-directive in supporting mentees to become more autonomous and agentic. At the same time, they were conscious of supporting mentees' psychosocial needs and tailoring interaction to the individual's development and growth (Hobson, 2016). What is significant about our study is that mentors use the videos as a specific mediation tool. In Vygotskian terms, the video provides the opportunity for concrete social interactions which are embedded in the development activities scaffolded by the mentor. The analysis of our data responds to the challenge laid down by Ortlieb et al (2015: 36) to 'challenge researchers to consider examining video and language and scaffolding tools as mediators within video reflection'.

Our data confirms that video clips can provide teachers with opportunities to analyse specific learning situations and decisions and then implement changes (Tripp and Rich, 2012). In doing this, Thai teachers reflected on their role and the extent to which various classroom factors were

involved, as well as considering alternative approaches and options (Brophy, 2004). Kleinknecht and Schneider (2013) claim benefits of an individual focusing on their own video but also analyzing videos of other teachers' classrooms and we found that with 'own videos' mentors were conscious of helping teachers both relive the experience (Coffey, 2014) and then exploit video clips for developmental potential. The claim that observing videos of others' teaching encourages deeper reflection processes and leads to emotional and motivational involvement similar to or higher than that which occurs while observing videos of one's own teaching is also supported. Indeed, there is evidence of teachers projecting their own teaching practices onto that of others in a dialogic manner, at the same time achieving a fuller understanding of what they are watching (i.e. reflection on another teacher's video is not unconnected to reflection on one's own). Initial evidence in this trial is that video clubs can provide opportunities to focus on teaching skills in a positive environment and can help establish a fuller understanding of an innovation or training (Hayes, 2014).

Similar to Copland and Yonetsugi's (2016) study of Japanese teachers, these Thai teachers are aware of and reflect on specific ways L1 (Thai) is used to support learners. At the same time as showing awareness that they need to 'maximise the use of L2 inside the classroom' (Ellis and Shintani, 2013: 24), the use of video allows specific consideration of a variety of pedagogic factors in discussing L1 classroom practices with respect to learners. Evidence showed reflection was possible in both L1 and L2 but that, initially at least, reflection on video clips might be better in L1 (Thai).

#### 6.1 Recommendations

There should be further trials of video as the basis for teacher discussion in following up INSET provision. In Thailand the newly implemented weekly, in-school Professional Learning

Community (PLC) meetings would be a good site for this form of video-based CPD. Our interviews suggested that PLCs, where they exist, have not been characterised by open discussion, collective learning or professional reflective dialogue. Video with appropriate structured tasks might help in promoting more collaborative and reflective talk and help overcome some of the challenges raised by Amornvuthivorn (2018). There are CPD benefits in individuals focusing on their own video but also analyzing videos of other teachers' classrooms (Kleinknecht and Schneider 2013).

Teachers need support to establish norms of interaction before they can focus on video clips and analyzing segments (Ostrosky et al., 2013). It might be helpful to have examples of teachers on video discussing clips to model good reflective behaviours (e.g. withholding from instant judgement) as well as the kind of materials developed in this project (see Appendix 6). Task design should make sure there is a short explanation of the clip (either verbal or written) and perhaps scripted questions that help move a group of teachers to more useful dialogue.

Lastly, video-based groups without mentor support would need to consider how to ensure a supportive community with trust and respect so that feelings of vulnerability and face-threats would be mitigated (Borko et al., 2009).

# 7. Conclusion

This research confirmed that video clips enabled focused talk and reflection on Thai language learning classrooms and that video allows opportunities for meaningful and concrete discussion (Harford and MacRuairc, 2008; Beilstein et al., 2017). Given opportunities to observe and articulate connections between theory and practice (Harford, MacRuairc & McCartan 2010),

teachers can be encouraged to develop more evidence-based reflection. This is most clearly demonstrated when discourse is built around face-to-face social interaction between teacher and mentor and amongst peers. Given the length of this intervention was just three months and encompassed only three CPD sessions in various forms, there were qualified positive outcomes in terms of impact. Borg (2011: 379), in talking about impact in relation to the effect of DELTA on six teachers, says that

Judgements about the impact of teacher education depend on how 'impact' is operationalized. If impact implies a deep and radical reversal in beliefs, then we would conclude that the Delta did not have a significant impact on the beliefs of the six teachers. However, if we interpret impact more broadly to encompass a range of developmental processes then the impact of the Delta on the teachers' beliefs, though variable, was considerable.

The findings of this study show how video-based reflection can encourage a range of development processes. In interviews and questionnaire data the teachers involved were generally enthusiastic about both their involvement and opportunity to talk about videos and their ability to reflect, albeit with mentor support. Teachers were often animated and involved in both talking about their own and others' videos and in some cases saw it as a way to increase their chances of promotion or switching schools. Thai teachers showed both willingness to be involved in scaffolded video-based reflective practice and also evidence of clear engagement with the process. This was not unanimous but certainly indicates that INSET in contexts such as Thailand might consider the provision of video-based scaffolded support in order to encourage continued self-regulation as well as metacognition (Zimmerman, Mount & Goff, 2008).

The majority of video-based talk recorded in these sessions was descriptive in nature. However, there were instances of both explanatory, supported and dialogic reflection. Although the majority of talk about other teachers' videos was critical in nature, it did provide focused discussion on key learning points from INSET training. Consequently, the shared language established in the INSET course ('bootcamp') was prominent but there are also other areas of discussion.

In the Thai context, finding time for this kind of CPD innovation can be challenging if not supported by school directors. However, recently implemented PLC meetings are not currently providing spaces for teacher development and reflection and video-based CPD might offer a workable way forward. Thai teachers who were interviewed were positive about this video-based way of learning and we recommend that it form part of the design of future CPD initiatives. Most reports of interventions using video as the prompt for discussion (e.g. Kane et al., 2015) have established that it takes substantial time to develop a collaborative and open culture in which teachers are willing to talk freely about their practice. The extent to which Thai teachers might video themselves for individual reflection or group discussion remains to be seen but, at least for the majority, it is unlikely without further structured support.

### References

Ally, M., Grimus, M. and Ebner, M. (2014). Preparing teachers for a mobile world, to improve access to education. *Prospects*, *44*(1), 43–59.

Ambrosetti, A., & Dekkers, J. (2010). The interconnectedness of the roles of mentors and mentees in pre-service teacher education mentoring relationships. *Australian Journal of Teacher Education*, 35(6), 42-55.

- Amornvuthivorn, K (2018). Teaching reform needs more work. *The Bangkok Post*.

  Retrieved from <a href="https://www.bangkokpost.com/opinion/opinion/1517138/teaching-reform-needs-more-work">https://www.bangkokpost.com/opinion/opinion/1517138/teaching-reform-needs-more-work</a>
- Baecher, L., Kung, S.C., Laleman Ward, S. & Kern, K. (2018). Facilitating video analysis for teacher development: a systematic review of the research. *Journal of Technology and Teacher Education*, 26(2), 185-216.
- Beilstein, S. O., Perry, M., and Bates, M. S. (2017). Prompting meaningful analysis from pre-service teachers using elementary mathematics video vignettes. *Teaching and Teacher Education*, 63, 285-295.
- Blackwell, J. E. (1989). *Mentoring: An action strategy for increasing minority faculty. Academe*, 75, 8–14.
- Blomberg, G., Stürmer, K., & Seidel, T. (2011). How pre-service teachers observe teaching on video: Effects of viewers' teaching subjects and the subject of the video. Teaching and Teacher Education, 27(7), 1131-1140.
- Bolton, K. (2008). English in Asia, Asian Englishes, and the issue of proficiency. *English Today*, 24, 3-12.
- Bolton, K. (2008). English in Asia, Asian Englishes, and the issue of proficiency. *English Today*, 24, 3-12.
- Borg, S. (2011). The impact of in-service teacher education on language teachers' beliefs. System, 39(3), 370-380.
- Borg, S. (2018). Evaluating the impact of professional development. *RELC Journal*, *49*(2), 195-216.
- Borko, H., Jacobs, J., Eiteljorg, E., and Pittman, M. E. (2008). Video as a tool for fostering productive discussions in mathematics professional development. *Teaching and Teacher Education*, *24*(2), 417-436.

- Borko, H., Jacobs, J., Eiteljorg, E., and Pittman, M. E. (2008). Video as a tool for fostering productive discussions in mathematics professional development. *Teaching and Teacher Education*, *24*(2), 417-436.
- Borko, H., Koellner, K., Jacobs, J., & Seago, N. (2011). Using video representations of teaching in practice-based professional development programs. *ZDM*, *43*(1), 175-187.
- Boud, D., Keogh, R. and Walker, D. (eds). (1985). Reflection: turning experience into action. London:Kogan-Page.
- Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative* research in psychology, 3(2), 77-101.
- British Council (2015). Continuing professional development (CPD) framework for teachers. Retrieved from https://www.teachingenglish.org.uk/sites/teacheng/files/CPD%20framework%20for%20 teachers WEB.PDF
- British Educational Research Association [BERA]. (2018). *Ethical guidelines for*educational research (4th ed.). Retrieved from https://www.bera.ac.uk/researchersresources/publications/
- Brouwer, C.N. (2011). Imaging teacher learning. A literature review on the use of digital video for preservice teacher education and teacher professional development. at the annual meeting of the American Educational Research Association, New Orleans.
- Brunvand, S., and Fishman, B. (2006). Investigating the impact of the availability of scaffolds on preservice teacher noticing and learning from video. *Journal of Educational Technology Systems*, *35*(2), 151-174.
- Carlson, S. and Gadio, C.T. (2002). Teacher professional development in the use of technology. In W.D. Haddad and A. Draxler (Eds.), *Technologies for education:* potentials, parameters, and prospects (pp.118-132).

- Christ, T., Arya, P., & Chiu, M. M. (2017). Relations among resources in professional learning communities and learning outcomes. *Teaching Education*, *28*(1), 94-114.
- Coffey, A.M. (2014). Using video to develop skills in reflection in teacher education students. *Australian Journal of Teacher Education*, 86–97.
- Copland, F., & Neokleous, G. (2010). L1 to teach L2: Complexities and contradictions. ELT journal, 65(3), 270-280.
- Copland, F., & Yonetsugi, E. (2016). Teaching English to young learners: supporting the case for the bilingual native English speaker teacher. Classroom Discourse, 7(3), 221-238.
- Copland, F., and Creese, A. (2015). *Linguistic ethnography: collecting, analysing and presenting data.* London: Sage.
- Creese, A., and Blackledge, A. (2012). Voice and meaning-making in team ethnography. *Anthropology and Education Quarterly*, *43*(3), 306-324.
- Day, C. (1993). Reflection: A necessary but not sufficient condition for professional development. *British Educational Research Journal*, *19*(1), 83-93.
- Ellis, R., and N. Shintani. 2013. Exploring Language Pedagogy through Second Language Acquisition Research. London: Routledge.
- English Language Teaching in Thailand Today, Asia Pacific Journal of Education, 22:2, 107-116,
- Eraut, M. (2000). Non-formal learning and tacit knowledge in professional work. *British journal of educational psychology*, *70*(1), 113-136.
- Eraut, M. (2000). Non-formal learning and tacit knowledge in professional work. *British journal of educational psychology*, *70*(1), 113-136.
- Farrell, T. S. (2014). Promoting teacher reflection in second language education: A framework for TESOL professionals. New York: Routledge.

- Fereday, J., & Muir-Cochrane, E. (2006). Demonstrating rigor using thematic analysis: A hybrid approach of inductive and deductive coding and theme development.

  International Journal of Qualitative Methods, 5(1), 80-92.
- Fernquest, J. (2016). New test for English teachers & students. *The Bangkok Post.*Retrieved from <a href="https://www.bangkokpost.com/learning/advanced/1095440/new-test-for-english-teachers-students">https://www.bangkokpost.com/learning/advanced/1095440/new-test-for-english-teachers-students</a>
- Forest, D., & Mercier, A. (2011). Classroom video data and resources for teaching: Some thoughts on teacher education. *From Text to 'Lived' Resources*, 215-230.
- Franz, J. and Teo, A. (2017) A2 is Normal Thai Secondary School English Teacher' Encounters with the CEFR. *RELC Journal*, 2017.
- Fuller, F.F. & Manning, B.A. (1973). Self-Confrontation Reviewed: A Conceptualization for Video Playback in Teacher Education. Review of Educational Research, 43(4), 469-528.
- Gaudin, C. & Chalies, S. (2015). Video viewing in teacher education and professional development: a literature review. *Educational research review*, 41–67.
- Gelfuso, A. (2016). A framework for facilitating video-mediated reflection: Supporting preservice teachers as they create 'warranted assertabilities' about literacy teaching and learning. *Teaching and Teacher Education*, *58*, 68-79.
- Harford, J., and MacRuairc, G. (2008). Engaging student teachers in meaningful reflective practice. *Teaching and teacher education*, *24*(7), 1884-1892.
- Harmer, J. (2015). *The practice of English language teaching* (5<sup>th</sup> ed.). Harlow: Pearson Longman.
- Hatton, N., and Smith, D. (1995). Reflection in teacher education: Towards definition and implementation. *Teaching and Teacher Education*, *11*(1), 33-49.
- Hayes, D (1995). In-service teacher development: some basic principles, *ELT Journal*, Volume 49, Issue 3, 252–261.

- Hayes, D. (ed.). (2014). Innovations in the continuing professional development of English language teachers. London: British Council.
- Hegarty, B. (2011). Is reflective writing an enigma? Can preparing evidence for an electronic portfolio develop skills for reflective practice? In G. Williams, P. Statham, N. Brown, B. Cleland (Eds.), *Changing Demands, Changing Directions. Proceedings* (pp.580-593). Available at <a href="http://www.ascilite.org/conferences/hobart11/downloads/papers/Hegarty-full.pdf">http://www.ascilite.org/conferences/hobart11/downloads/papers/Hegarty-full.pdf</a>
- Hobson, A. J., and Malderez, A. (2013). Judgementoring and other threats to realizing the potential of school-based mentoring in teacher education. *International Journal of*

Mentoring and Coaching in Education, 2(2), 89-108.

- Hobson, A. J., Ashby, P., Malderez, A., & Tomlinson, P. D. (2009). Mentoring beginning teachers: What we know and what we don't. *Teaching and Teacher Education*, 25, 207-216.
- Hobson, A.J. (2016) Judgementoring and how to avert it: introducing ONSIDE Mentoring for beginning teachers, *International Journal of Mentoring and Coaching in Education*, 5(2), 87-110.
- Hockly, N. (2018). Video-based observation in language teacher education. *ELT Journal*, 72(3), 329-335.
- Hoffman, J. V., Wetzel, M. M., Maloch, B., Greeter, E., Taylor, L., DeJulio, S., & Vlach, S.
  K. (2015). What can we learn from studying the coaching interactions between cooperating teachers and preservice teachers? *A Literature Review. Teaching and Teacher Education*, 52, 99-112.
- Joyce, B., and B. Showers. (1980), "Improving Inservice Training: The Messages of Research." *Educational Leadership*, 43(3), 30-33.
- Joyce, B., and B. Showers. (1996). The evolution of peer coaching. Improving Professional Practice 53, 12-16.

- Kachru, B. (1998). English as an Asian Language. Links & Letters, 5, 89-108.
- Kane, T.J., Gehlbach, H., Greenberg. M., Quinn, D. and Thal, D. (2015) The Best Foot Forward Project: Substituting Teacher-Collected Video for In-Person Classroom Observations. First Year Implementation Report Harvard University, Center for Education Policy Research, Cambridge MA. Available at <a href="https://cepr.harvard.edu/video-observation-toolkit">https://cepr.harvard.edu/video-observation-toolkit</a>
- Kane, T.J., Gehlbach, H., Greenberg. M., Quinn, D. and Thal, D. (2015) The Best Foot Forward Project: Substituting Teacher-Collected Video for In-Person Classroom Observations. First Year Implementation Report Harvard University, Centre for Education Policy Research, Cambridge MA. Available at <a href="https://cepr.harvard.edu/video-observation-toolkit">https://cepr.harvard.edu/video-observation-toolkit</a>
- Kaur, A., Young, D., & Kirkpatrick, R. (2016). English Education Policy in Thailand: Why the Poor Results?. In *English language education policy in Asia* (pp. 345-361).
  Springer, Cham.
- King, K. A., & Mackey, A. (2016). Research methodology in second language studies:

  Trends, concerns, and new directions. *The Modern Language Journal*, 100(S1), 209-227.
- Kleinknecht, M. & Schneider, J. (2013). What do teachers think and feel when analysing videos of themselves and other teachers teaching? *Teaching and Teacher Education*, 33, 13–23.
- Krone, A., Hamborg, K. C., and Gediga, G. (2002). Zur emotionalen reaktion bei fehlern in der mensch-computer-interaktion. Zeitschrift für Arbeits-und Organisationspsychologie, 46(4), 185-200.
- Kumaravadivelu, B. 2001. 'Towards a post-method pedagogy'. TESOL Quarterly 537-60.

- Kustati, M. (2013). The shifting paradigms in the implementation of CLT in Southeast Asia countries. Retrieved from
  - http://journal.tarbiyahiainib.ac.id/index.php/attalim/article/download/23/31/pdf
- Langdon, F. (2013). Evidence of mentor learning and development: an analysis of New Zealand mentor/mentee professional conversations. *Professional Development in Education*, 40(1), pp.36-55.
- Lasky, S. (2005). A sociocultural approach to understanding teacher identity, agency and professional vulnerability in a context of secondary school reform. Teaching and Teacher Education, 21 (8), 899–916.
- LeFevre, D. M. (2004). Designing for teacher learning: video based curriculum design. In J. Brophy (Ed.), Using video in teacher education: Vol. 10. Advances in research on teaching (pp. 235e258). Oxford, UK: Elsevier.
- Lefstein, A., & Snell, J. (2013). Better than best practice: Developing teaching and learning through dialogue. London: Routledge.
- Lok, L., Schellings, G., Brouwer, N., & Den Brok, P. (2018). Investigating effects of using digital video in teacher training in Cambodia. *Journal of Technology and Teacher Education*, *26*(2), 75-298.
- Luna, M.J. & Sherin, M.G. (2017). Using video club to promote teacher attention to students' ideas in science. *Teaching and Teacher Education*, *66*, 282–294.
- Macaro, E. 2005. 'Code Switching in the L2 classroom: a communication and learning strategy' in *Non-Native Language Teachers: Perceptions, Challenges and Contributions to the Profession*. New York: Springer
- Major, L., and Watson, S. (2018). Using video to support in-service teacher professional development: the state of the field, limitations and possibilities. *Technology, Pedagogy and Education*, *27*(1), 49-68.

- Author 1, and Another (2017). Reflective practice in English language teaching: research-based principles and practices. London: Routledge.
- Masats, D. & Dooly, M. (2011). Rethinking the use of video in teacher education: a holistic approach. *Teaching and Teacher Education*, 27(7), 1–12.
- Maxwell, D. (2015). Thai schools adopt European framework to boost English language proficiency. *Asian Correspondent*. Retrieved from <a href="https://asiancorrespondent.com/2015/04/thai-schools-adopt-european-framework-to-boost-english-language-proficiency/">https://asiancorrespondent.com/2015/04/thai-schools-adopt-european-framework-to-boost-english-language-proficiency/</a>
- Mercado, L. A., & Baecher, L. (2014). Video-Based Self-Observation as a Component of Developmental Teacher Evaluation. *Global Education Review*, 1(3), 63-77.
- Mercer, N., Hennessy, S., and Warwick, P. (2017). Dialogue, thinking together and digital technology in the classroom: Some educational implications of a continuing line of inquiry. *International Journal of Educational Research*. Available at <a href="https://www.sciencedirect.com/science/article/pii/\$0883035517303877">https://www.sciencedirect.com/science/article/pii/\$0883035517303877</a>
- Moon, J.A. (2001). Short courses and workshops: improving the impact of learning, training and professional development. London: Kogan Page.
- Nomnian, S. (2014) 'English as the ASEAN Lingua Franca in Thai Higher Education',
- Orland-Barak, L. (2012). Learning to mentor as praxis: Springer-Verlag New York.
- Ortlieb, E., McVee, M. B., & Shanahan, L. E. (Eds.). (2015). Video reflection in literacy teacher education and development: Lessons from research and practice. Emerald Group Publishing.
- Ostrosky, M. M., Mouzourou, C., Danner, N., and Zaghlawan, H. Y. (2013). Improving teacher practices using microteaching: Planful video recording and constructive feedback. *Young Exceptional Children*, *16*(1), 16-29.
- Patton, M.Q. 1990. Qualitative evaluation and research methods. Newbury Park, CA: Sage Publications.
- Professional Development Needs. In English Language Teaching; Vol. 6, No. 11

- Richards, K. (2003). Qualitative inquiry in TESOL. London: Palgrave Macmillan.
- Ritman, A. and Rohitsatian, B. (2017, March 2*). ขาวสำนักงานรัฐมนตรี* Retrieved from http://www.moe.go.th/websm/2017/mar/106.html
- Saengpassa, C. (2017, December 5). Education policy given a failing grade. *The Nation*.

  Retrieved from http://www.nationmultimedia.com/detail/national/30334704
- Santagata, R., & Guarino, J. (2011). Using video to teach future teachers to learn from teaching. *Zdm*, *43*(1), 133-145.
- Schön, D. (1983). The reflective practitioner: How professionals think in action. New York: Basic Books.
- Scrivener, J. (2011). Learning teaching (3rd ed.). Oxford: Macmillan Education.
- Seidel, T., Sturmer, K., Blomberg, G., Kobarg, M. & Katharina, S. (2011). Teacher learning from analysis of videotaped classroom situations: does it make a difference whether teachers observe their own teaching or that of others? *Teaching and Teacher Education*, *27*(2), 259–267.
- Sherin, M. G., and Han, S. Y. (2004). Teacher learning in the context of a video club. *Teaching and Teacher Education*, 20, 163–183.
- Sherin, M., and Van Es, E. A. (2009). Effects of video club participation on teachers' professional vision. *Journal of Teacher Education*, *60*(1), 20-37.
- Sompong, S., & Erawan, P. Dharm-tad-sa-na-non, S.(2015). The development of professional learning community in primary schools. *Educational Research and Reviews*, *10*(21), 2789-2796.
- Sompong, S., Erawan, P. and Dharm-tad-sa-na-non, S. (2015). The development of professional learning community in primary schools. Retrieved from https://files.eric.ed.gov/fulltext/EJ1084139.pdf

- Strong, M., & Baron, W. (2004). An analysis of mentoring conversations with beginning teachers: suggestions and responses. *Teaching and Teacher Education*, 20, 47-57.
- Suwanwong, A. (2016). Characteristics of Professional Learning Communities in Thai Educational Context. *Panyapiwat Journal*, *8*(1), 165.
- The British Association for Applied Linguistics. (2016). Recommendations on good practice in applied linguistics. Available from https://baal.org.uk/wp-content/uploads/2016/10/goodpractice\_full\_2016.pdf
- Tripp, T. & Rich, P. (2012). Using video to analyse one's own teaching. *British Journal of Educational Technology*, *43*(4), 678–704.
- University Press.
- Vaismoradi, M., Turunen, H., and Bondas, T. (2013). Content analysis and thematic analysis: Implications for conducting a qualitative descriptive study. *Nursing and health sciences*, *15*(3), 398-405.
- Van Es, E. A., & Sherin, M. G. (2006). How different video club designs support teachers in "learning to notice". *Journal of Computing in Teacher Education*, 22(4), 125-135.
- Veridian E-Journal 7(4): 75–84.
- Wallace, M.J. (1991) *Training foreign language teachers: A reflective approach.*Cambridge University Press, Cambridge.
- Walsh, S. (2006). Investigating classroom discourse. London: Routledge.
- Walsh, S. (2011). Exploring classroom discourse: Language in action. London: Routledge.
- Wang, J., and Hartley, K. (2003). Video technology as a support for teacher education reform. *Journal of Technology and Teacher Education*, *11*(1), 105-138.
- Wongwanich, R., Sakolraka, S, and Piromsombat, C. (2013) Needs for Thai Teachers to Become a Reflective Teacher: *Mixed Methods Needs Assessment Research*.

Yeh, C. and Santagata, R. (2015). Pre-service teachers' learning to generate evidence-based hypotheses about the impact of mathematics teaching on learning. *Journal of Teacher Education*, 66(1), 21-34.

# **Appendices**

### Appendix 1: A summary of historical perspective on CLT in Thailand

#### **CLT and PISET**

According to Kustati (2013), the Ministry of Education first introduced communicative language teaching (CLT) into secondary schools in 1984, supported by the PISET (Project for Improving Secondary English Teachers) from 1985.

#### **ERICs**

In-service training based out of fixed English Resource and Instruction Centres (ERICs) (see Hayes, 1995) continued into the 1990s when funding cuts led to their gradual disuse.

### **Educational Policies**

Bilingual programs in public and private schools were started in 1995 and a series of top down government policies led up to the Basic Education Curriculum of 2001 and Basic Education Core Curriculum (BEC) of 2008. These policies re-emphasised that English teaching should focus on communicative competence and confirmed English as a compulsory, core language in schools (Kaur, Young & Kirkpatrick, 2016).

### **PLC** meetings

In early 2017, weekly, in-school Professional Learning Community (PLC) meetings were announced (Ritman & Rohitsatian, 2017; Amornvuthivorn, 2018; Saengpassa, 2017). Characteristics including collective learning and collaboration, focus on student learning, and professional reflective dialogue have been recognised as important to the Thai PLC context (Sompong, et al., 2015; Suwanwong, 2016; Wongwanich et al., 2013) but the challenges of implementing these into established school routines and the need for training and support have also been raised (Amornvuthivorn, 2018).

# **Appendix 2: Transcription conventions**

Transcription conventions (based on Richards 2003: 173-4). Where there is Thai code-switching we have repeated the line with the +Thai version followed by the English translation. We use 'T' for teacher and 'M' for mentor in the extracts.

? ! (2.0) () ()	Falling intonation Continuing contour Questioning intonation Exclamatory utterance Pause of about 2 seconds *Pause of about 1 second *Pause of about 0.5 second micropause	That was foolish. I took bread, butter, jam and honey Who was that? Look! So (2.0) what are we going to do? In front of () the table Then () she just () left Put it (.) away
[]	Overlap	A: He saw it □to □ and stopped
		B: □oh □
[[	Speakers start at same time	□□A: And the-
		□□B: So she left it behind.
=	Latched utterances	A: We saw her yesterday.= B: =And she looked fine.
	Emphasis	Put it a <u>way</u> .
-	Cut off	All over the pl- the floor
:	Sound stretching	We waited for a lo:::ng time
(xxx)	Unable to transcribe	We'll just (xxxxxxxxxxx) tomorrow
(send) (( ))	Unsure transcription Other details	And then he (juggled) it Leave it alone ((moves book))
(( <i>)</i> //	Prominent rising intonation	It was ↑wonderful
<b>↓</b>	Prominent falling intonation	That's the end of ↓that
-	abrupt cut-off	If you go- if you leave
(x)	hitch or stutter	I (x) I did
CAPS	louder than surrounding talk	It's BILL I think
hhh	aspirations	That's hhhhh I dunno
∙hhh	inhalations	hhhh well I suppose so
(h)	breathiness (e.g laughing, crying)	So we w(h)e(h)nt
0 0	quieter than surrounding talk	Let him see it owhy don't youo
> <	quicker than surrounding talk	>I'd just< leave it where it is

# **Appendix 3: Survey results**

Question	no.	Pre-programme	Post-programme	% difference +/-
Teachers who rated their understanding of what reflection was as very good or excellent	n38	8%	78%	+70%
Teachers who rated their ability to improve their own teaching as very good or excellent	n38	24%	53%	+29%
Teachers who rated their ability to help other teachers as very good or excellent	n38	16%	29%	+13%
Teachers who rated their ability to reflect on their teaching in the classroom as very good or excellent	n38	3%	53% (with video) 5% (without video)	+50%

### **Appendix 4: Levels of video-based reflection**

LEVEL	DESCRIPTION
Descriptive	Describing, stating, self-questioning, lacking in attention to why things have happened in the video (non-reflective)
Explanatory reflection	Maybe personal, but able to be detailed about teaching experience, either from a personal or professional perspective
Supported reflection	Focused on evidence in the video. Reflecting on evidence in the video – perhaps connected to INSET training or other professional sources.
Dialogic reflection	Analysis, relating, new perspectives, more dialogic in nature or forward looking. Considering alternatives in context.
Critical reflection	Application of learning with evidence, multiple perspectives and consideration of wider professional issues, how learning will be used. Potentially emancipatory.

# Appendix 5: Indicative topics covered in video-based reflection

The discussions based on the clips were varied but included these topics:

- working with low level or mixed level students;
- engaging students and keeping them motivated;
- balancing the use of English/Thai (e.g. eliciting vocab using L1, giving instructions in L1);
- encouraging full sentences and talking about the value of chunks not just individual words;
- using metalanguage appropriately;
- focusing on teacher talk (especially cutting down teacher talking time);
- evaluating suitability of tasks;
- value of knowing individual students (e.g. knowing their names)

- being 'clear, slow and simple';
- managing feedback after a speaking activities and handling it in a way that 'saves face';
- use of technology (for example one clip featured a kahoot quiz);
- pronunciation and whether to correct or not;
- leading into a story;
- classroom language for classroom management (and a special guest leading to unexpected distractions/incidental language);
- considering storytelling stage;
- literacy skills: segmenting words throughout lesson in different activities (drilling & cut up word boards).

### **Appendix 6: Materials**

# 6.1 - Mentor notes, handouts, and materials for mentees (excluding video clips of teaching)

### Visit 1

https://drive.google.com/open?id=1d5XJj9GSQpa-kMNxTtDc706wU50FE8QR

### Visit 2

https://drive.google.com/open?id=1jdP-J8xOPsKe3PqsGDhnpPkzPbRhQ42j

### Visit 3

https://drive.google.com/open?id=1quPZ0PV IGV-6AT C0RcqO8ey7gaJePv

# 6.2 - Scaffolding prompts for 'video club' and promotion of Thai in materials

#### Help them discuss - Thai

เป้าหมาย	ตัวอย่าง
เพื่อให้กล้าที่จะพูดสื่อสาร	<ul> <li>คุณสังเทศถึงอะไรบ้างในวีดีโอ</li> <li>ในช่วงใหนของวีดีโอคุณเห็นว่าน่าสนใจและทำไม่ถึงเป็นเช่นนั้น</li> <li>เมื่อเวลาที่คุณคุร ทุกคนมีความเห็นว่าอย่างใช้บางครับ/ค่ะ</li> </ul>
เพื่อให้ความสนใจกับวิดีโอ	<ul> <li>เอาล่ะครับค่ะ กลับมาที่วีดีโอกัน</li> <li>คุณทูดถึงส่วนใหนของวีดีโอครับค่ะ</li> <li>คุณมีความเห็นอย่างไร่ในช่วงของวีดีโอทั้นกเรียนกับคุณครูร่วมกัน</li> </ul>
เพื่อให้ทุกคนมีส่วนร่วม	แป้ง คุณหิดว่าอย่างให้บาง     หญิง เหมือนว่าคุณจะอยากพูดอะไหนะดรับเค่ะ
เพื่อให้พวกเขาอธิบายสิ่งที่คิดออกมา	<ul> <li>ทำไมถึงคิดแบบนั้นครับ/ค่ะ</li> <li>คุณเห็นประโยชน์ต่อการสอนบ้าง</li> <li>ช่วยชนิบานมากกว่านี้ได้ลัยสรับ/ค่ะ</li> <li>คุณคิดมัยครับ/ค่ะว่า สิ่งนี้จะช่วยใต้นึกเขียนทำความเข้าใจได้ดีขึ้น</li> </ul>
เพื่อตรวจสอบความคิดเห็น	<ul> <li>ตรงนี้เป็นแนวคิดที่น่าสนใจเช่นกัน</li> <li>ตรงนี้เป็นประเดที่น่าสนใจและก็มีมากกว่า 1 วิธีที่จะทำได้ ใช่มั้ยครับค่ะ</li> <li>ข้ายได้พุดประเด็นที่น่าสนใจเกี่ยวกับนี้ยลลักครู่ ทุกคนคิดว่าอย่างใช่บ้างครับค่ะ</li> </ul>
เพื่อให้กล้าที่จะตั้งคำถาม	<ul> <li>พุกคนมีคำถามเกี่ยวกับวีดีโอการสอนก็เมี้ยครับ/ค่ะ</li> </ul>

### Help them discuss - English

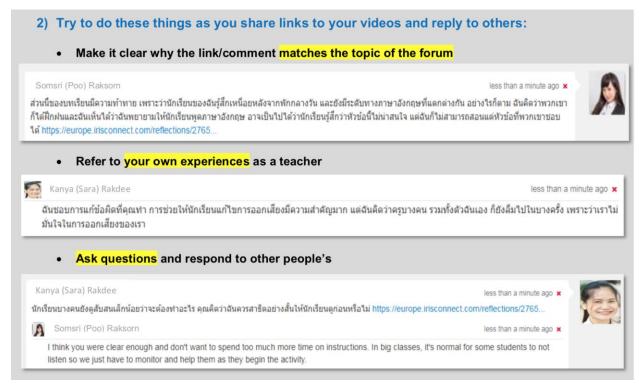
Aim	Examples
Get people speaking	To what did you notice?*  Which moments did you find interesting and why?*  Whow about when the teacher XXX. What did you think about that?*
Stay focussed on the video	Tokay, let's get back to the video."  "Which part of the video are you talking about?"  "What did you think about the part where the teacher/the students?"
Keep everyone involved	"Paeng, what do you think?"     "Ying, it looked like you wanted to say something."
Get them to explain their thinking	To why do you think that?  "Can you see any benefits of doing it the way this teacher did?"  "Can you explain that a little more?"  "But don't you think (this helped the students understand better)?
Validate opinions	That's a good idea as well" Interesting point. There's more than one way to do this, isn't there?"  ''Aye made a good point about XXX earlier. What does everyone think about that?"
Encourage questions	"What questions do you have about this video?"

# Stage 1 - reflect by yourself

 Record your lesson as before. Watch it and think about what you and your students did, focusing on the area you chose (classroom management, meaning and use, student practice). Post comments about things you notice or find interesting.

Do this *in Thai* if you like (don't worry about us understanding, this is for *you*)





Note: None of the names or pictures featured are those of actual participant teachers.